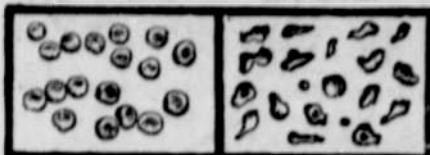


BLOOD CELLS.

IN HEALTH. IN DISEASE.



Man is a millionaire many times over in the possession of blood cells. Woman is not quite so rich, for scientists have proven that the normal number of red blood cells in adult men is five million; in women four and a half million, to the square millimeter. The normal cell is not absolutely round in health, but, in disease, becomes extremely irregular in shape. Every one can be in perfect health and possess the millions of rich red blood corpuscles if they only know how to go about it. Dr. R. V. Pierce, consulting physician to the Invalids' Hotel and Surgical Institute, at Buffalo, N. Y., advises every man and woman to prepare for a long life by observing nature's laws. In the first place, if your digestion is faulty, and the food you eat is not taken up by the blood and assimilated properly, you need a tonic and digestive corrector, something that will increase the red blood corpuscles; he believes in going about this in nature's own way. Years ago, in his active practice, he found that an alterative extract of certain herbs and roots, put up without the use of alcohol, would put the liver, lungs and heart into fuller and more complete action. This medicine he called Dr. Pierce's Golden Medical Discovery. By assimilating the food eaten, it nourishes the blood, and, instead of the ill-shaped corpuscles, the person's blood takes on a rich red color and the corpuscles are more nearly round. Nervousness is only the cry of the starved nerves for food, and when the nerves are fed on rich red blood the person loses those irritable feelings, sleeps well at night and feels refreshed in the morning.

KNOWLEDGE IS POWER.

If you want to know about your body, read Dr. Pierce's Common Sense Medical Adviser, which can be had for the cost of mailing, 31 cents in one-cent stamps for the cloth-bound book, or 21 stamps for the paper-covered volume, 108 pages. Address Dr. R. V. Pierce, Buffalo, N. Y.

Dr. Pierce's Pleasant Pellets cleanse the bowels and stimulate the sluggish liver.

LIVER TROUBLES

"I find Theford's Black-Draught a good medicine for liver disease. It cured my case after he had spent \$100 with doctors. It is all the medicine I take."—MRS. C. A. OLIVE MARTIN, Parkersburg, W. Va.

If your liver does not act regularly go to your druggist and secure a package of Theford's Black-Draught and take a dose tonight. This great family medicine frees the constipated bowels, stirs up the torpid liver and causes a healthy secretion of bile.

Theford's Black-Draught will cleanse the bowels of impurities and strengthen the kidneys. A torpid liver invites colds, biliousness, chills and fever and all manner of sickness and contagion. Weak kidneys result in Bright's disease which claims as many victims as consumption. A 25-cent package of Theford's Black-Draught should always be kept in the house.

"I used Theford's Black Draught for liver and kidney complaints and found nothing to excel it."—WILLIAM COFFMAN, Marshall, Ill.

THEFORD'S BLACK-DRAUGHT

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AN ILLUSTRATED MAGAZINE for ALL the FAMILY.

STORIES OF FAIRBANKS

Glimpses of the Republican Nominee For Vice President.

BOYHOOD DAYS ON AN OHIO FARM

Adventure With a Runaway Team. Crack Shot With a Rifle and His Favorite Recreation Was Squirrel Hunting—His Dislike For Milking. Incidents of His College Life.

By the time he was six years old Charles Warren Fairbanks, Republican nominee for vice president of the United States and senior senator from Indiana, could drop corn and pumpkin seeds, could drive the cows to pasture, feed the chickens, hunt the eggs, chop "kindlings" and do all the light chores that are usually put off on the younger members of a farmer's family, says the Kansas City Star.

When he was ten years of age a tremendous event occurred in his life. He was taken from the district school and sent for the winter to a higher institution in Woodstock, a nearby town. This enlarged the boy's vision of the world and was an important experience in his life. He felt grateful to his father for having shown so much consideration as to give him unusual educational advantages for a boy of his age, and he went back home determined to exhibit his gratitude by increased usefulness on the farm.

About this time his father promoted him from light chore work and gave him charge of two spirited young horses. Charles was an intense lover of animals, especially horses, and he was proud to be entrusted with the management of a good team.

One day there came a test of his capabilities as a driver. With a younger brother he had been sent to a neighboring town to deliver a large load of farm produce. For a considerable distance the road he had to travel ran parallel with a railroad track. On their return home a train overtook the boys in the big farm wagon. The young horses became frightened at the noise behind them, reared, plunged and attempted to run away. Young Fairbanks handled the reins so skillfully that the frightened animals were kept on the road, although going at a terrific pace.

To make things worse, a chain in the rear of the wagon became loose and its clatter further terrorized the horses. Other vehicles on the road were hastily pulled out of the way and their occupants gazed in horror, expecting to see Farmer Fairbanks' team and his two young sons, perched up on a high seat, hurled to destruction. But Charles, with a courage and skill worthy of a Hank Monk, guided his steeds along the rough country road until they were exhausted and calmed down. The coolness exhibited by the future senator when a baby had this time saved his own life and that of his brother.

The event in his boyhood which is most firmly fixed in the senator's mind, and he recalls with the greatest pleasure, was when his uncle presented him with a fine muzzle loading rifle, which is still retained and sometimes used by the distinguished statesman. Young Fairbanks was not yet twelve years old when this much coveted firearm was given him. It is a heavy rifle and was considerable of a load for a lad of his age. His muscles, however, were well developed by farm work and he soon acquired the knack of handling the gun with ease. He practiced constantly and became one of the best shots in the neighborhood.

When a boy Mr. Fairbanks developed an intense fondness for out of door sports, but none of them was more attractive than hunting with his rifle. He was a sure shot within the range of his gun, and his favorite recreation was hunting squirrels. He became so expert that he could "bark" a squirrel—that is, send a bullet so near the squirrel's head that the little animal would be stunned by the shock and killed by the fall to the ground without the skin being broken.

Shortly after he came in possession of the rifle he met with an accident. While driving his father's cows home from pasture a stampede occurred, and he was thrown against a partly opened gate and his arm broken. Even while carrying his arm in a sling he would not part company with his rifle, but managed with his sound arm and an occasional rest to bring down squirrels and rabbits. Nowadays, when the senator visits his old home in Ohio, where his aged mother lives, he will occasionally show the farmer boys in the neighborhood some fancy shooting with his old muzzle loading Kentucky rifle.

One of the Ohio delegates to the recent Republican national convention at Chicago says that Senator Fairbanks, who was born on a farm in Union county, O., always hated to milk the cows, states the New York Tribune.

"Charlie Fairbanks never dodged anything in the line of work but milking the cows," said the Buckeye man. "He was long and ungainly when he was a boy, and I guess his head must have come right up against the cow. Anyway, he would not milk if he could dodge it. One day he was thrown off a horse and broke his arm. As soon as his arm was out of the sling he was

ordered to milk the cows. He suddenly discovered that he had weakened his wrist and that he could not milk cows any more. His brothers waited for that wrist to get well, but it never got well, or at least it never seemed to get strong enough to milk the cows again."

Mr. Fairbanks is in that long line of Americans who have worked their own way through college. Leslie's Monthly for July has an account of his

career in search of the higher education, from which it appears that the young Fairbanks, by farm work and wagon making, had saved \$41 by the time he reached the age of fifteen years. With it and one suit of clothes he traveled to Delaware, O., where he entered Ohio Wesleyan university. He turned to account his rudimentary knowledge of carpentry by working on Saturdays for a local contractor for \$1.25 a day.

A few weeks after young Fairbanks arrived at college he fell and split his only trousers beyond immediate repair. It was necessary for him to borrow a pair from a fellow student, and the loan had to be continued because he was denied credit for a new pair at the stores in the town. He had to send home for his mother to make him another pair.

Working in college during the college year and in the harvest fields in vacation, he was graduated from the college and its law course at twenty. At twenty-two he was admitted to the supreme court of Ohio, and later he went to Indianapolis.

Senator Fairbanks was at the Waldorf-Astoria in New York recently, says the New York Globe. When asked if he had seen a statement by Senator Boies Penrose, Republican state chairman of Pennsylvania, who declared that Fairbanks would stand for the vice presidency, the senator replied:

"Yes, I read his remarks. It is good of Penrose to nominate me for the office, but I have, as you know, repeatedly and publicly stated my refusal to become a candidate for the post, and I still have no intention of becoming one."

"Who do you think, then, would be a good man for the office?"

"Well, I really can't say. Seeing that Penrose, however, has been kind enough to proclaim me for the place, perhaps I cannot do better than reciprocate. I believe in reciprocity."

BREWER DRUG CO.

asks the readers of this paper who are suffering with indigestion or dyspepsia to call on them, at once and get a bottle of Kodol Dyspepsia Cure. If you knew the value of this remedy as we know it, you would not suffer another day. Kodol Dyspepsia Cure is a thorough digestant and tissue building tonic as well. It is endorsed personally by hundreds of people whom it has cured of indigestion, dyspepsia, palpitation of the heart and stomach troubles generally. Kodol Dyspepsia Cure digests what you eat. It is pleasant, palatable and strengthening.

How Wisconsin Man Laid In His Ice.

"I came across a farmer near Tomahawk, Wis., recently who has a unique plan for saving ice and one that might be used with advantage by city people to escape the clutches of the ice trust," said A. F. Lane, who recently returned from an outing in the woods of northern Wisconsin, says the Milwaukee Sentinel.

"This fellow needed ice, being in the dairy business, so he dug a hole under the front porch of his home, making it seven feet deep and three feet long and five feet wide. Then when the real cold weather came he poured about two feet of water in the hole and let it freeze, first covering the bottom with sawdust. Then as the winter progressed he continued the process, and before the first thaw warned him of the coming of warm weather he covered the ice surface with sawdust and made a trap door through the floor of the porch. Now when he needs ice he has it handy."

No Pity Shown.

"For years fate was after me continuously," writes F. A. Gullledge, Verbena, Ala. "I had a terrible case of piles causing 24 tumors. When all failed Bucklen's Arnica Salve cured me. Equally good for burns and all aches and pains. Only 25c at all drug stores."

Asiatic Baseball League.

The great American game of baseball has been introduced into the far east by the jacks of American warships, says a Washington special to the St. Louis Republic. Teams made up from the crews of the vessels in Admiral Cooper's command have formed the Asiatic Fleet Baseball league, and a copy of their schedule of games has been received at the bureau of navigation. The series consists of fifteen games, the first of which is scheduled as the "Oregon versus Flotilla." The marines also are represented by a nine and will take a prominent part in the struggle for the championship.

The Smart Set

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One Lady's Recommendation Sold Fifty Boxes of Chamberlain's Stomach and Liver Tablets.

I have, I believe, sold fifty boxes of Chamberlain's Stomach and Liver Tablets on the recommendation of one lady here, who first bought a box of them about a year ago. She never tires of telling her neighbors and friends about the good qualities of these tablets.—P. M. Shore, Rochester, Ind. The pleasant purgative effect of these tablets makes them a favorite with ladies everywhere. For sale by Brewer Drug Co.

His Waterloo.

Hewitt—Gruet has lost all his money. Jewett—But I thought he was a Napoleon of finance. Hewitt—He was, but he met a Wellington.

Take a good book slowly. You see much finer country in a mover's wagon than you do from a car window.

Brutally Tortured.

A case came to light that for persistent and unmerciful torture has perhaps never been equaled. Joe Golobick, of Colusa, Calif., writes: "For 15 years I endured insufferable pain from rheumatism and nothing relieved me though I tried everything known. I came across Electric Bitters and it's the greatest medicine on earth for that trouble. A few bottles of it completely relieved and cured me." Just as good for liver and kidney troubles and general debility. Only 50c. Satisfaction guaranteed by all druggists.

Excursion Rates to Yaquina Bay

On June 1st the Southern Pacific Co. will resume sale of excursion tickets to Newport and Yaquina Bay. Both season and Saturday-to-Monday tickets will be sold. This popular resort is growing in favor each year, hotel rates are reasonable and the opportunities for fishing, hunting and sea bathing are unexcelled by any other resort on the Pacific Coast.

Night Was Her Terror.

"I would cough nearly all night long," writes Mrs. Chas. Applegate, of Alexandria, Ind., "and could hardly get any sleep. I had consumption so bad that if I walked a block I would cough frightfully and spit blood, but, when all other medicines failed, three \$1 bottles of Dr. King's New Discovery wholly cured me and I gained 58 pounds." It's absolutely guaranteed to cure coughs, colds, la grippe, bronchitis and all throat and lung trouble. Price 50c and \$1. All druggists.

Stage Gossip.

The Actress—Lottie Lightfoot has had a row with her press agent. The Actor—What's the trouble? The Actress—Why, when she was examined in supplementary proceedings the papers only gave her a paragraph when she expected a column.—Judge.

Piles Upon Top of Piles.

Piles upon top of piles of people have the piles, and DeWitt's Witch Hazel Salve cures them. There are many different kinds of piles, but if you get genuine and original Witch Hazel Salve made by E. C. DeWitt & Co., of Chicago, a cure is certain. H. A. Tisdale, of Summerton, S. C., says "I had piles 20 years and DeWitt's Salve cured me after everything else failed." Sold by Brewer Drug Co.

Real Estate FOR SALE

80 acres 4½ miles east of Lyons. Small house and barn. First-class timber ranch, on the river. \$900.

A fine, well improved farm of 130 acres, near Stayton. Stock, machinery, etc. goes with the place.

50 acres fine unimproved land near Dallas, Or. All tillable. A bargain for some one wanting a small place.

294 acres, about 100 acres in cultivation, balance timber, 2½ miles west of Stayton. Good house, barn, etc. \$18 per acre.

80 acres, house, barn, 10 acres orchard, one mile from Mehama.

160 acres timber land two miles west of Stayton. No improvements except fence. \$16 per acre.

List Your Property Now.

Call on or address

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Keep it in your mind that The Mail prints Letter Heads, Bill Heads, Envelopes, Shipping Tags, Trespass Notices, Cards, Bills, Or anything else you may want at very low prices.

Weak Hearts

Are due to indigestion. Ninety-nine of every one hundred people who have heart trouble can remember when it was simple indigestion. It is a scientific fact that all cases of heart disease, not organic, are not only traceable to, but are the direct result of indigestion. All food taken into the stomach which fails of perfect digestion ferments and swells the stomach, puffing it up against the heart. This interferes with the action of the heart, and in the course of time that delicate but vital organ becomes diseased. Mr. D. Kauble, of Nevada, O., says: "I had stomach trouble and was in a bad state as I had heart trouble with it. I took Kodol Dyspepsia Cure for about four months and it cured me."

Kodol Digests What You Eat and relieves the stomach of all nervous strain and the heart of all pressure. Bottles only. \$1.00 Size holding 2½ times the trial size, which sells for 50c. Prepared by E. C. DeWITT & CO., CHICAGO.

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