

Stroke is a **BRAIN ATTACK!**

and the 5th leading cause of death in Oregon.

As you consider your year-end donations, please join us in the fight against stroke.

- We are committed to stroke education (80% of strokes are preventable)
- To make F.A.S.T. a household safety word (time in brain)
- To stroke survivors and their families through support groups, resources and one-on-one conversation.



Toni Metherall,
Executive Director
541-275-0328

SPOT A STROKE CALL 9-1-1



F
A
S
T

FACE
DROOPING

ARM
WEAKNESS

SPEECH
DIFFICULTY

TIME
TO CALL 911

TRAIN OFF-GUIDE AND PUT ON YOUR REFRIGERATOR - It could save a life!



STROKE AWARENESS OREGON

Your donation will help us save lives!

StrokeAwarenessOregon.org

695 SW Mill View Way, Bend, OR 97702 541.323.5641



PRCCO.ORG

FREE PREGNANCY SERVICES

- Pregnancy Testing
- Fatherhood Coaching
- Parenting Education
- Ultrasounds
- Baby & Maternity Clothing
- Options Consulting
- Prenatal Vitamins
- Car Seats
- Diapers & Baby Wipes

 **Pregnancy Resource Centers**
OF CENTRAL OREGON