



Spokesman file photo

A view of the Cascades from Smith Rock State Park.

If you're looking for a challenging 18-hole, executive public golf course, The Greens at Redmond is located on the city's south side. The mid-iron course was designed by Robert Muir Graves. (www.thegreensatredmondgc.com)

Eagle Crest Resort lies just east of town and offers a variety of courses with four sets of tees on each course. The Ridge Course and The Resort Course are its championship courses. Also available is a tough, 18-hole, par-63 course, The Challenge Course, and a popular 18-hole putting course. The Ridge Course is open all year. (www.eagle-crest.com)

On foot

Redmond's central location is near trails leading to forests, waterfalls, mountain peaks or urban areas.

The Dry Canyon Trail consists of four miles of paved hiking paths, shared with cyclists. The trail connects many public parks and notable landmarks such as the wide-arched Maple Avenue Bridge and Hope Playground.

Steelhead Falls Trail is an easy hike along the Deschutes River near Crooked River Ranch and leads to a popular swimming hole and golden eagle viewing area.

On water

Central Oregon's waterways provide residents and visitors ample opportunity for fishing, swimming or just enjoying the wildlife.

Just over an hour to the north, Lake Billy Chinook features just about every water recreation type imaginable. Swimming, fishing and boating are all available to families looking for summer fun. Camping and deluxe log cabins are available for overnight stay.

Haystack Reservoir, Prineville Reservoir and Ochoco Reservoir are all within an hour of Redmond and offer

fishing, boating and swimming. Check with the Oregon Department of Fish and Wildlife for information and restrictions.

On horseback

There are a multitude of horseback-riding opportunities centered in Redmond and throughout Central Oregon, including BLM and national forest areas. Many ranches and stables offer guided tours and lessons.

On snow

Both a little over an hour away, Mt. Bachelor and Hoodoo ski areas offer downhill and nordic skiing as well as sledding and other snow sports. Also dotted throughout Central Oregon's Cascade Mountains are 14 sno-parks for nordic skiing, snowmobiling, snowshoeing, sledding and dog sledding.

With the family

Redmond has a host of activities to please the entire family. The Cascade Swim Center on Rimrock Way has swimming and lessons, water polo and water aerobics. Fireman's Pond, near downtown, is known for sitting back, relaxing and watching the wildlife and offers free fishing for children ages 14 and under.

Centennial Park, in downtown Redmond, has a splash fountain in the summer and ice skating in the winter. In the fall, pumpkin patches D & D Ranch and Smith Rock Ranch offer activities. A little closer to Redmond, Petersen's Rock Garden & Museum offers funky clues to Central Oregon's past in the form of rock sculptures and displays. If your child is into skateboarding or biking, then take them to the Redmond Skate Park in the Dry Canyon or the BMX tracks on SW Canal Boulevard or Negus Way.