# Native plants are the best plants for Central Oregon

BY LIZ DOUVILLE

For The Spokesman

🕇 very year for the past 20 plus years, I start watching my forsythia bush for fattening buds. Then I look over to the emerging daffodils. Why? I need to have the visual that phenology is still in place and the world hasn't gone "to heck in a handbasket" over the winter.

Phenology is the study of the cyclic relationship between climate, plant and animal life. In the case of the forsythia/daffodil relationship it has been the same time clock over the years. First, the forsythia blooms followed by the daffodils blooming within two weeks.

In the mid-west, the old-time farmers watched for "when the oak leaves are the size of a squirrel's ear," as the indicator to sow their corn. Another was "when apple trees shed their petals it is time to sow corn." With soil science information becoming more available to the home gardener, we have learned that proper soil temperature is what drives seed germination. Some seeds do germinate at soil temperatures of 45 to 50 degrees. However, the crops most gardeners want in their summer vegetable garden: tomatoes, corn, cukes, beans, require the optimum soil temperature of 75 degrees for inground seed planting. The moral of the story: If you want success, buy a soil thermometer.

Now that I am assured spring gardening in Central Oregon is on its normal path, I will continue on with my yearly shopping list of perennials. That's the list that usually starts in the middle of winter when you are suffering from insomnia



Forsythia shrubs grow well in Central Oregon.

and you get out of bed and look at a nursery catalog. By the time April arrives, the wants and desires list is extensive and needs to drastically be cut back. That's hard to do when you want it all.

The sensible and economical process is to think about and make a list of what your criteria are for your landscaping plants. I have the "friendly five" deer that visit almost daily. Needless to say, I look for deer resistance knowing full well they will probably nibble, especially the young ones, but won't have a feast. Also high on my list is a low-water requirement. These two criteria limit the choices somewhat but it does make the best use of my landscaping budget.

The selections increase when I refer and sort through the native plants for Central Oregon that are available and will meet my desire for color and texture.

Desert sweet, chamaebatiariar millefolium, a deciduous shrub listed on the Native Plant for Central Oregon list is one that I am planning on adding this year.

Desert sweet is also known as fernbush for its fern-like leaf appearance. The small shrub produces white flowers that are sweetly aromatic. In addition to the aromatic flowers, the leaves have a sticky quality which is also a deer deterrent feature.

The preferred growing condition for the irregular, un-kept-looking shrub is in full sun. Desert Sweet is listed in the OSU publication "Water-wise Gardening in Central Oregon," EM 9136.

I will also be looking for agastache berberi or hummingbird mint, which is considered to be a magnet for butterflies and hummingbirds. This group has many common names. Hummingbird mint and anise hyssop are two of the more hardy varieties. I have 'golden jubilee' anise hyssop, which has overwintered in a planter for at least five years.

Salvias are on my list for their pollinator quality and attraction for bees. The varieties are cold hardy, deer resistant, and listed on the water-wise plant list. With the exception of "east friesland," most varieties will not reseed. The plant benefits by deadheading to encourage a second bloom.

The air temperatures may be going the full range of unpredictable spring weather but plant growth is happening. Every day I discover something new has popped out of the soil. The alliums are showing strong growth which reminds me to add more bulbs to the fall shopping list. The lists never end.

Resources: Selecting native plants for home landscapes in Central Oregon, https://catalog. extension.oregonstate.edu/ec 1623 Reporter: douville@bendbroadband.com

#### **POLICE & FIRE REPORT**

The Spokesman will update items in the Police Log when such a request is received. Any new information, such as the dismissal of charges or acquittal, must be verifiable. For more information, call

**Redmond Police Department** March 29 Burglary — An arrest was made on suspición of burglary following a pursuit at 12:11 a.m. in the 400 block of SW Forest Avenue. The suspect was also charged with criminal mischief, theft from a building, interfering with a police officer

mischief was reported at 3:18 p.m. in the 2700 block of NW Elm Avenue Thefts — Thefts were reported at: 9:47 a.m. in the 400 block of SW Veterans

and a probation or parole violation.

Criminal mischief — An act of criminal

12:26 p.m. in the 300 block of NW Oak

Tree Lane.

2:18 p.m. in the 200 block of SW Pumice

3:44 p.m. in the 700 block of SW Kalama

DUII — Jacob Craig Rehmer, 37, of Redmond was arrested on suspicion of driving under the influence of intoxicants at 8:04 p.m. in the area of SW Ninth Street and SW Evergreen Avenue, and was also charged with hit and run property damage and reckless driving. March 31

Criminal mischief — Acts of criminal mischief were reported at: 8:38 a.m. in the 4100 block of SW Rhyolite

10:30 a.m. in the 4500 block of SW Elkhorn

Thefts — Thefts were reported at: 9:54 a.m. in the 100 block of SW 10th Street. 1:30 p.m. in the 700 block of NW Sixth Street. 7:03 p.m. in the 800 block of NE Oak Place. Vehicle crashes — Noninjury accidents were reported at:

2:02 p.m. in the area of SW Fifth Street and SW Black Butte Boulevard.

3:43 p.m. in the 900 block of SW Veterans

Criminal mischief — An act of criminal mischief was reported at 2:04 p.m. in the 4500 block of SW Elkhorn Avenue. DUII — Phillip Royce Metcalf II, 48, of Redmond was arrested on suspicion of driving under the influence of intoxicants at 7:07 p.m. in the area of SW Fourth Street and SW Evergreen Avenue, and was also charged with driving while suspended or

on an in-state warrant. Thefts — Thefts were reported at: 2:15 p.m. in the 900 block of SE Fourth

with a revoked license and was arrested

2:59 p.m. in the 900 block of SW Veterans 4:57 p.m. in the 3300 block of NW Birch

6:30 p.m. in the 800 block of NW Popular

7:24 p.m. in the 1600 block of NW Larch 7:42 p.m. in the 1000 block of NW Teak

April 2

Thefts — Thefts were reported at: 9:43 a.m. in the 900 block of SW 13th Street.

2:42 p.m. in the 600 block of NW Hemlock Avenue

Unauthorized use — A vehicle was reported stolen at 11:34 p.m. in the 2900 block of S. U.S. Highway 97, and an arrest made. The suspect was also charged with reckless driving, reckless endangering and resisting arrest.

Vehicle crash — A noninjury accident was reported at 12:02 p.m. in the area of SW 27th Street and SW Highland Avenue. April 3

Criminal mischief — An act of criminal mischief was reported at 12:27 p.m. in the 1900 block of SW Reindeer Avenue. Theft — A theft was reported at 9:28 a.m. in the 3100 block of SW Salmon Place. April 4

Hit-and-run — A hit-and-run incident was reported at 5:14 p.m. in the 2000 block of

SW Canyon Drive.

Thefts — Thefts were reported at: 7:44 p.m. in the 1200 block of SW 28th

9:06 p.m. in the 1000 block of SW Cascade

11:09 p.m. in the 1300 block of NE Fifth Street.

#### **Redmond Fire Runs**

March 29 5:30 p.m. Building fire, 4280 Northwest

March 30 1:44 p.m. Unauthorized burning, 481 SW Helmholtz Way.

March 31 6:32 a.m. Motor vehicle accident, noninjury, in the area of N. U.S. Highway

97, Terrebonne. 4:54 p.m. Motor vehicle accident with injury, in the area of NW Lower Bridge Way, Terrebonne.

6:58 p.m. Natural vegetation fire, 835 E. state Highway 126. April 1

10:36 a.m. Authorized controlled burning, 3836 SW Highland Ave.

12:13 p.m. Unauthorized burning, 10803 NW 27th St., Terrebonne. 12:48 p.m. Natural vegetation fire, in

the area of SW Helmholtz Way and SW Wickiup Avenue. 1:25 p.m. Natural vegetation fire, 7171 SW

5:51 p.m. Barkdust fire, in the area of SW

Veterans Way and SW Canal Boulevard. 10:54 a.m. Authorized controlled burning,

in the area of Old Bend-Redmond Highway and 93rd Street, Bend. 2:58 p.m. Brush or brush-and- grass mixture fire, 875 SE Veterans Way. 3:40 p.m. Authorized controlled burning. 7821 SW Canal Blvd.

4:21 p.m. Special outside fire, 7531 NE

March 29-April 4: 74 Medical aid or transfer calls







### **CROSSWORD**



### **ACROSS**

- 1 Long-tailed parrot 10 Sacred bird of Egypt
- 14 Skylighted lobbies 15 Mother of Apollo 16 Open to discussion 17 Dance craze of the Twenties 19 Italian family of art
- patrons 20 Currently in voque 21 Turkey or fox follower 22 Mexican sauces 24 Chicago-to-Norfolk dir.
- 25 Change channels 26 F. Scott Fitzgerald's 27 Torme or Brooks 28 Dance with castanet
- accompaniment 31 Spanish appetizers 34 Slow: mus.
- 35 Like Methuselah 36 Stratford's stream 37 Some wordsmiths
- 38 Metamorphoses author
- 39 Mountain pass 40 Miss prim-and-proper 41 Snatches 42 Some ballroom dances
- 1 Papier
- Greece 3 Junkyard car 4 Broadcast
- 5 Viennese dances 7 Riga native
- 8 WWII zone 9 Acquiesces
- 6 American journalist
- Philippines 11 Brazilian dance

Answers on Page 6

- 44 Oberon's spouse 45 English hymnologist 47 Electrical unit 50 Latin American quick step
- 52 Italian aloha 53 NT book 54 Legatee 55 Italian whirl 58 Abate
- **59** Black 60 \_\_\_ Me Rough 61 Interlaced design

### DOWN

- 31 Diplomacy

#### 62 Religious group 63 Admittance

- 2 Mountain in northeast
- 10 Former first lady of the

12 Greek letter 13 Theresa and Bernadette: abbr 18 Of an epoch 23 Actor Ray 26 One of the Ionian

Islands

- **27** Friday, e.g. 28 Nurtures 29 At no loss for words 30 Ends' occasional com panion
- 32 Acknowledge 33 Chopin opus 34 Eye piece 37 Church dignitaries
- **38** Moon, *e.g.* **40** Ancient Egyptian deity 41 Old French dance 43 Arcane 44 Average

46 Cheerful

47 Shoelace tip

48 Cheekbone

49 Freshwater fish 50 Culinary maven 52 Tropical reptile, for

## 56 The "honest" one 57 Sea eagle

### SUDOKU

Fill in the grid so every row, every column and every 3x3 box contains the numbers 1 through 9, with no repeats.

	6 3							
	3				9	1		2
		7	8		6	3		4
					7		4	
		2		6		9		
	5		3					
7		9	2		5	4		
3		9	7				2	
							7	

Answers on Page 6

## WEATHER

FORECAST	HIGH	LOW	
Wednesday	57	28	Sunny
Thursday	62	31	Sunny
Friday	69	33	Sunny
Saturday	75	37	Sunny
Sunday	80	41	Sunny
Monday	76	39	Partly cloudy
Tuesday	70	38	Partly cloudy
LAST WEEK	HIGH	LOW	PRECIP
LAST WEEK  Monday, April 5	HIGH 55	<b>LOW</b> 17	PRECIP 0
Monday, April 5	55	17	0
Monday, April 5 Tuesday, April 6	55 71	17 21	0
Monday, April 5 Tuesday, April 6 Wednesday, April 7	55 71 68	17 21 24	0 0 0
Monday, April 5 Tuesday, April 6 Wednesday, April 7 Thursday, April 8	55 71 68 51	17 21 24 24	0 0 0 0 T

Mailing Address: P.O. Box 6020, Bend, OR 97708 Office Number: 541-548-2184

National Weather Service broadcasts are on 162.50 mhz.

Precipitation to date this year: 1.17 inches

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- E-edition alone: \$52 per year
- · Mailed in Oregon: \$60 per year
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