

# Free COVID-19 testing at fairgrounds today

For the Spokesman

Deschutes County Health Services is partnering with Oregon Health Authority to offer a free drive-thru COVID-19 testing event from 11 a.m.-2 p.m. on Wednesday, Jan. 13, at the Deschutes County Fair & Expo Center.

The testing event is open to anyone and participants will receive a polymerase chain reaction (PCR) test, with test results available in two to three days. Participants are not required to provide ID or have symptoms, but are asked

to wear a mask and register online at [doineed-acovid19test.com/Redmond\\_OR\\_4369.html](https://doineed-acovid19test.com/Redmond_OR_4369.html). Staff will be onsite to register those who are unable to preregister.

"We are grateful to be able to provide an opportunity for our community to easily access free COVID-19 testing," said Deschutes County Public Health Director Nahad Sadr-Azodi, in a press release. "This event will also allow our teams to prepare for future vaccine clinics at the Deschutes County Fair & Expo Center."

## Gateway

Continued from P1

No matter what the property becomes, it is important that it meets design standards and is appealing as a gateway to the city, Snead said. The city wants buildings that don't look industrial and have creative elements, such as covered entrances, he said.

"We want development that

reflects the way we think about our great community," Snead said.

Jefferson County Commissioner Wayne Fording, who owns Madras Paint & Glass just south of the "Y" property, said he wondered what ODOT would do with the property and was pleased to see the county take ownership. Before ODOT bought the property, it was used as an administration office for

the Crooked River National Grassland, Fording said.

Fording is eager to find out who wants to develop the property.

"I will be really interested to see what kind of interest there is in it," he said. "Hopefully we'll find a nice project that suits that end of town and makes that gateway look nice."

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Submitted photo

**Know Place** — Writing about Home with Elizabeth Wetmore will take place at 6:30 p.m. online Jan. 19 through the Deschutes Public Library website.

## Calendar

Continued from P1

**New Year's Resolution Preparation Party:** Rock your movement-based 2021 Resolution! A physical therapist and a health coach will guide you to creating a strong body and a clearly defined plan for resolution success during a FREE Zoom party; 7-8 p.m.; registration required; online; [go.evvnt.com/723815-2](https://go.evvnt.com/723815-2) or 503-481-0595.

### THURSDAY 1/14

**Aqua Wellness Cardio Surprise:** A combination of no to low impact cardio plus the instructor's choice of stretches, core work, balance, coordination, Pilates, or yoga, to keep you ready to re-enter the resistive forces of the water in the pool; 9-10 a.m.; \$3.50; online; [raprd.org](https://raprd.org) or 541-548-7275.

**Balance & Core with Marnae:** This class is a blend of Pilates and Yoga moves. Along with the added strength and core conditioning, this class designed to help with flexibility, posture, and focus on the core muscles; 9:15-10:15 a.m.; \$3.50; online; [raprd.org](https://raprd.org) or 541-548-7275.

**Know Place — Botany Meets Biology, the Plight of the Sage Grouse:** Learn about the unusual biology of the sage-grouse and how it has adapted to the challenging ecology of the sagebrush steppe with Dr. Stu Garrett, sage-grouse coordinator for the East Cascades Audubon; 6-7 p.m.; registration required; online; [go.evvnt.com/726772-1](https://go.evvnt.com/726772-1) or 541-312-1029.

**Zoom Author Event:** Gideon by Grant Rosenberg. Join local author Grant Rosenberg to discuss his debut novel "Gideon"; 6-7 p.m.; online; [go.evvnt.com/723301-0](https://go.evvnt.com/723301-0) or 541-306-6564.

### FRIDAY 1/15

**Virtual Coffee Clatter with Brightside Animal Shelter:** The Redmond Chamber of Commerce will host a virtual discussion with the animal shelter on Facebook; 8:30-9:30 a.m.; online; [go.evvnt.com/726780-0](https://go.evvnt.com/726780-0) or 541-923-5191.

**Zumba Gold with Marianne:** Experience the dynamic energy of Zumba in a low impact version. This class is great for active older adults or a true beginner with no previous experience who wishes to add the fusion of Latin moves to their workout; 7:45-8:45 a.m.; \$3.50; online; [raprd.org](https://raprd.org) or 541-548-7275.

### SATURDAY 1/16

**Mentor a Child with an Incarcerated Parent:** 3½ hour training covers program policies, establishing a mentor relationship, the impact incarceration has on families, communication skills, and safety/best practices for mentoring in a COVID world; 9 a.m.-12:30 p.m.; online; [go.evvnt.com/717542-0](https://go.evvnt.com/717542-0) or 541-388-6651.

### SUNDAY 1/17

**Beginners Workshop:** Join Stephanie Salafia for a beginners workshop focusing on yoga fundamentals. You'll learn foundational postures, sun salutations, and breathwork/meditation techniques; Noon-3 p.m.; \$35; online; [go.evvnt.com/726805-1](https://go.evvnt.com/726805-1) or 541-527-4463.

### MONDAY 1/18

**Fantasy Ballet, New Dance Class**  
Online for 2021: Dance in your own

home online with a live, interactive instructor for ages 4-6; 2:40-3:20 p.m.; \$81; online; [go.evvnt.com/725156-2](https://go.evvnt.com/725156-2) or 541-382-4055.

**Redmond Planning Commission Meeting:** A regular meeting will be held; 4:30-6 p.m.; online; [go.evvnt.com/726759-0](https://go.evvnt.com/726759-0) or 541-923-7724.

### TUESDAY 1/19

**Redmond Committee for Art in Public Places Meeting:** A regular meeting will be held; 4:30-6 p.m.; online; [go.evvnt.com/726764-0](https://go.evvnt.com/726764-0) or 541-923-7763.

**Aqua Wellness Cardio Tone:** A combination of no to low impact cardio and toning exercises, to keep you ready to re-enter the resistive forces of the water in the pool; 9-10 a.m.; \$3.50; online; [raprd.org](https://raprd.org) or 541-548-7275.

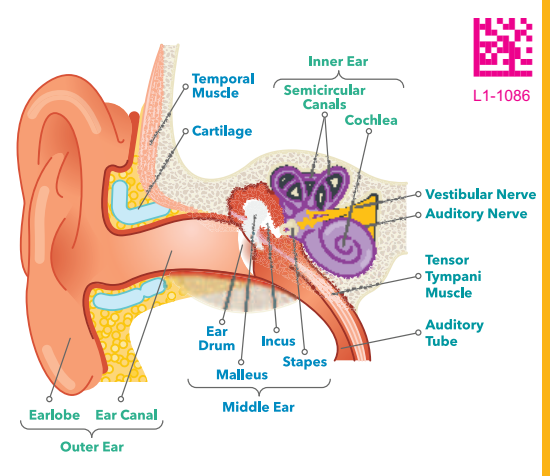
**Tuesday Night Trivia:** A trivia night will be held outdoors on the socially distanced patio, weather permitting; 6-8 p.m.; Immersion Brewing, 550 SW Industrial Way, Bend; [go.evvnt.com/726799-0](https://go.evvnt.com/726799-0)

**Know Place — Writing about Home with Elizabeth Wetmore:** This is a live webinar. Native Texan and author of Valentine, the bestselling debut set in the oil fields of Texas in the 1970s, discusses the influence of place in her work; 6:30-7:30 p.m.; online; [go.evvnt.com/720941-0](https://go.evvnt.com/720941-0) or 541-312-1063.

**Wellness Enhancement — Back & Posture:** Join Robin Gaudette, RN, Aquatic Exercise Specialist for a series of three virtual classes learning about three areas of your body that need extra attention as we age or have physical challenges; 3-5 p.m.; online; [raprd.org](https://raprd.org) or 541-548-7275.

## HEARING HEALTH ALERT!

Scientific studies have proven that if hearing loss goes untreated, a condition called "auditory deprivation" occurs. Hearing loss starves the auditory centers of your brain of acoustic information, affecting your ability to understand speech. The longer you hearing loss goes untreated, the more likely it is your brain will actually "forget" how to hear.



### DON'T IGNORE HEARING LOSS SYMPTOMS



WARNING SIGNS

1. Frequently ask people to repeat themselves
2. The volume on the TV so loud, family members complain
3. Hear but don't understand certain words
4. Have difficulty hearing on the phone



WARNING SIGNS

If you've experienced any of the above, get your hearing tested immediately.

## HEALTH NOTIFICATION

### Are You Hard of Hearing?



A major name brand hearing aid provider wishes to let you try a remarkable new digital hearing instrument in the area. This offer is FREE OF CHARGE and you are under no obligation.

These revolutionary 100% digital instruments use the latest technology to comfortably and almost invisibly help you hear more clearly. This technology solves the "stopped-up ears" and "head in a barrel" sensation some people experience.

If you wish to try this new technology, you will be required to have your hearing tested in our office FREE OF CHARGE\* to determine candidacy and review the results with the hearing instruments with our hearing care specialist. Your trial will begin in the office. If you are satisfied with the improvement in your hearing and you wish to test the hearing aids further, you will be allowed to try them RISK FREE.\*\* If you wish to keep the instruments, you may do so at a great savings.

Benefits of hearing aids vary by type and degree of hearing loss, noise environment, accuracy of hearing test, and proper fit. This is a wonderful opportunity to determine if hearing help is available for your hearing loss while you evaluate your performance with this technology.

**IF YOU ARE INTERESTED AND YOU WISH TO BE INCLUDED, CALL TODAY FOR YOUR APPOINTMENT!**

PEOPLE WILL BE SELECTED by Jan 20, 2021.

## WANTED

### 30 GRANDPARENTS

who want to hear their grandchildren

IF YOU'RE INTERESTED AND YOU WISH TO BE INCLUDED

PEOPLE WILL BE SELECTED by 1/20/21

### DON'T IGNORE HEARING LOSS SYMPTOMS

## Another Great Way to Save

Hurry!  
Offer ends  
1/20/2021



**MEMINI Audiotone for ONLY \$39/mo**

Save on our full line of digital hearing solutions. Valid on one hearing device.

Good only from participating Miracle-Ear® representatives. One coupon per purchase.

No other offers or discounts apply.

Discount does not apply to prior sales. Offer on MEMINI Audiotone. Cannot combine with any other offers. Cash value 1/20 cent. Offer expires 1/20/2021.



# \$1,000 OFF

## THE PURCHASE OF A SET OF DIGITAL HEARING AIDS

Offer valid on ME-1 and ME-2 only.

Offer expires 1/20/2021



Partners In Care

Community Education— A Virtual Presentation

### Scam and Fraud Prevention

Join our free virtual workshop to learn about protecting yourself from financial exploitation, computer and phone scams, identity theft, and more! We'll learn about news on current fraud trends, including disaster relief and COVID-19, honing prevention skills, and participate in a Q&A with an expert. *Presented by Ellen Klem, JD.*

**January 15**  
**Friday**  
**noon-1pm**

Open to the community at no cost!  
RSVP through [communityevents@partnersbend.org](mailto:communityevents@partnersbend.org) and a Zoom registration will be emailed to you.

(541) 382-5882 [PartnersBend.org](https://PartnersBend.org)

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No other offers or discounts apply. All discounts do not apply to prior sales. Good only from participating Miracle-Ear representatives. \*\*Hearing aids do not restore natural hearing. Individual experiences vary depending on severity of hearing loss, accuracy of evaluation, proper fit, and ability to adapt to a hearing aid. Only your Miracle-Ear® representative can determine if a Miracle-Ear® hearing aid is right for you. ©2012 Miracle-Ear, Inc. 14548R0PA/HP4CCYEL