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The Redmond Spokesman

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H. H. & C. L. PALMER
AT REDMOND, OREGON

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Redmond, Oregon, April 6, 1911

The Spokesman is in receipt of the initial number of the Deschutes Valley Tribune published at Culver by Chandler & Young. The paper is five column, four pages, and the first number contains a large amount of good interesting news.

Not a vacant store room or residence in Redmond. That speaks well for the city. Every building occupied, and many more contracted for and will be built as soon as the necessary building material arrives.

Railroad mail service via Madras to begin on the 10th of this month. Sounds good, doesn't it? And now we will be relieved from the every other day and some times every three day mail service that has been obtaining this spring.

When the new comers in this section see the good land around in the Redmond District it is not much use for them to look any further—and the big majority of them do not. They buy right here, and make preparations to go onto the land and make improvements.

The delay of the manufacturers in the building of the bridge for the Oregon Trunk to cross Crooked River is a big disappointment for all the people in this section of the state. It had been stated by prominent railroad officials that the railroad would be into Redmond before July, and the people were banking on that date. As stated in The Spokesman last week, it looks as if August first would be at least the earliest possible date the road could reach here now.

I. P. Hewitt recently traded ten acres one mile northwest of the city to J. A. Norwood for his undivided one half interest in the lot and building on 6th street where the Red Cross Drug Store is situated.

Best line of post cards in the city. Everything in this line from the lowest price to the highest. Norwood's. 28tf

The bread baked at the Home Bakery and Restaurant always gives the best of satisfaction. 27tf

WE MUST GROW OLD.

Problem That Has Tormented Men of Science is Still Unsolved.

Every living being of adult age begins to grow old. In the case of man the weight of years makes itself felt more or less heavily. It is a matter of heredity and of good hygiene. But, although certain persons are old before their time, there are none who, having reached a certain age, are not old. Old age is a physiologic state.

It would seem that if we could penetrate the mechanism of old age we ought to be able to retard its effects and to remain young for a correspondingly longer time. The alchemists sought long to solve this problem, and it has always tormented scientific men. The ancients thought that by infusing into an old man's veins the blood of a youth new vigor might be given to him. They tried such transfusion of blood, but without success, as it is scarcely necessary to say. We find in various authors a proof of the antiquity of this process. In modern times we have taken it up again, but in a totally different class of cases. The transfusion of blood cannot postpone the effects of old age on the organs.

The living being takes from his environment the substances necessary for the performance of his functions. He transforms them, assimilates them and excretes them after he has finished with them. In a culture of microbes the waste substances accumulate and are one of the causes of the aging of the microbes. Transport some of these microbes into fresh bouillon and they will take on new activity. They will become young again.

In more complex organisms life may be reduced essentially to the same physicochemical changes, with more complex machinery of co-ordination and elimination. The waste materials, more or less completely oxidized, are eliminated through natural channels. When the activity of the organs is such that the elimination is not rapid enough there is a sensation of fatigue, need of rest and sleep. During rest and sleep the changes are slower, the waste is eliminated, the sensation of fatigue is felt no longer until new efforts bring it on again. But there are insoluble substances of the nature of tendon or bone which are continually formed during the working of the organism and which are either not eliminated at all or are eliminated incompletely during repose. They progressively clog the organism and are the cause of old age.

As is remarked by Le Dantec, who is the author of this hypothesis, the muscles of old animals are much more cartilaginous because of this accumulation of tendinous substances, but it is not generally in the muscles that this incrustation becomes injurious to the organism. The effect on the walls of the blood vessels is more dangerous, because these vessels, becoming fragile, may break. "Every one," it is said, "is as old as his arteries."—From Translation Made For Literary Digest of an Article by Dr. L. Me-nard in Cosmos, Paris.

Worrying About His Gas Bill.
"Madam, your husband has gas-trills."

"Well, I do my best, doctor, to keep him away from the meter, but he will spend a lot of time in that damp cellar studying it."—New York Press.

So There.
"Of course you will get a flat when you are married and keep house?"
"George isn't such a flat as some people who are envious think he is, and it's none of your business if we keep house or board."—Exchange.

One is Enough.
"Before she married him, you know, she used to say there wasn't another man like him in the world."
"Yes; and now she says she'd hate to think that there was."

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