

**PORT ORFORD LOCAL NEWS BRIEFS**

Mrs. Frank Carter and Mrs. Hans Adolphsen started Friday evening to attend the meeting of the Women of Woodcraft at Bandon, but were prevented arriving there by their car breaking down at Langlois. C. C. Wright and wife, returning from an evening at the Bandon natorium, brought the disappointed ladies home.

Wm. Howe, superintendent of the Clayton Mark mill on Euchre creek, attended Masonic lodge here Saturday night.

The many friends of Alf Gauntlett, better known to most as "Uncle Alf," were shocked Saturday evening to hear of his sudden death. Mr. Gauntlett had hosts of friends in Port Orford, who extend to the bereaved widow and family their most sincere sympathy in the loss of husband and father.

Miss Jackie Braden of Marshfield and Mr. Earl McDonald of Myrtle Point were guests of Mrs. Magnolia Zumwalt Sunday. Mrs. Zumwalt and Miss Braden were chums at Salem during the last legislative session, where both were employed as stenographers.

Louis L. Knapp motored to Marshfield Saturday morning, accompanied by Mesdames Gertrude Zumwalt, Mabel Clinton and Miss Elizabeth Rice. The ladies returned to Bandon in the evening, where they enjoyed the dance at the Silver Spray Gardens.

John Hakansen and Ora Woody of Oakland, Ore., were in town Saturday. Mr. Hakansen is to do the graveling of the Gold Beach-Hunters' creek stretch of the Roosevelt Highway, which contract was awarded to D. P. Plymale of Bandon.

The Christian Endeavor held its regular meeting Thursday evening with Mr. Kinkaid as leader, using as his topic, "How Shall I Invest my Life?" Twelve members were present. After the meeting the usual singing practice was enjoyed.

Mr. and Mrs. Gray of Marshfield spent Saturday night at the Knapp ranch. They brought a portable radio set with them, and the ranch folk enjoyed several hours listening to music from the air.

The Misses Eleanor Purdin and Grace Willis left Saturday for Corvallis, Oregon, to attend the short term of Summer school at the O. A. C. One of the vessels from the Trinidad whaling station was in the harbor last Wednesday.

Col. B. K. Lawson and wife of Wedderburn passed through Port Orford Saturday, to meet Governor Pierce and the State Highway commission, and act as part of their escort from the Bay into and through Curry county.

H. M. Axtell, who is fast getting matters in shape looking to the completion and opening of his new movie picture house, made a business trip to Gold Beach Saturday, returning Sunday.

Mike Limpach, C. C. Ponting and boys went to the rocks Thursday on a fishing trip, returning in the evening with a heavy catch of sea fish. Jesse Ponting was the proud catcher of a 34 pound ling.

Rev. and Mrs. W. S. Smith returned home from Coquille Wednesday, accompanied by the daughter Mrs. Lois Oerding, who will spend a week visiting Port Orford friends.

Robert Floca and wife of Newberg, have moved into the Zumwalt house on Jackson street. Mr. Floca is employed on the Highway bridge maintenance crew.

County Game Warden John F. Adams spent the week-end in town. Mr. and Mrs. Lininger of Marshfield spent Sunday at the Lakeside park.

Mr. and Mrs. W. T. White, Sr., and Mrs. Christina Fromm were dinner guests of Mrs. Grinnell at the auto park Thursday.

A number of our young people attended the dance and entertainment given by the Bandon Beachmen at the Silver Spray Gardens Saturday night.

Roy Ostrander is having the space between his barber shop and the Loggers' pool hall enclosed, making a good room for an office or small shop.

Ellis Dement and Carl Miller drove a bunch of Rogue River cattle through town Friday morning, taking them to Myrtle Point.

Mr. Shield of Portland, one of the owners of the Madden mine, north of Sixes, was a Port Orford visitor Thursday.

Mrs. Orris Knapp has opened a dancing class for the little folk, Wednesday afternoons at the Woodman hall.

Mrs. Ina Christy of Klamath Falls is spending a couple of weeks with her parents, Mr. and Mrs. Aikins at their Sixes River ranch.

F. F. Friant is improving his recently purchased home by the addition of a covered porch on the front of the house.

Stewart Whitsett of Bandon passed through town Monday on his way to attend the funeral of Alf Gauntlett at Gold Beach.

John Marsh has been confined to the house several days with a bad attack of flu.

Ames S. Johnston returned Monday from Portland where he attended the Masonic Grand lodge as delegate from Port Orford lodge No. 170. Lowell returned to Port Orford with his father.

T. H. Dollar of Cedar Fork passed through town Monday on his way to Bandon. Mr. Dollar reports himself and family just recovered from the flu.

The Rev. W. S. Smith went to Coquille Monday, where he expected to remain several days attending to business affairs.

Mrs. Rachel Marsh and son, Fred, attended the funeral of Alf Gauntlett in Gold Beach Monday.

Master Donald McKenzie is suffering from a badly crushed foot, caused from a horse stepping on it.

Chas. McGill has moved into the Bennett house recently purchased from Pete Pederson.

County Fire Warden Gene White made a trip Sunday to the county seat.

Mrs. Dorothy Mansell and children of Coquille are visiting her mother, Mrs. Rachel Marsh.

Henry Patton, who purchased a home last fall on Middle Elk, spent the week-end at the seaside.

Mr. and Mrs. George Fromm will move soon to Bandon, where George has a log trucking contract.

A large crowd enjoyed the dance given at the Bert Williams home Saturday night.

Mrs. Mabel Gillings has returned to town from the Sea View ranch, and is in greatly improved health.

County Assessor Fred Moore passed through town Thursday on his way to Langlois.

Nick Marsh is busy trucking lumber from the Stout mill at North Bend to be used in Port Orford building.

Roy Bechtel left Thursday for Concrete, Washington, where he expects to be employed this summer.

Pete Pederson left Saturday morning on a trip to Mexico, where he expects to locate. Good luck, Pete.

C. M. Sauer spent several days last week on Coos Bay looking after business matters.

Come try our coffee. The BEST to be had. Port Orford Cafe.—adv.

Mrs. Grant, who resides between Powers and Myrtle Point, is visiting Mrs. Leutwyler. The two ladies were school chums.

L. B. Hatton of Myrtle Point was in town Tuesday.

Dan Oxley is hauling 80 tiers of wood to the Port Orford Cafe.

Mrs. Adolph Hardegger, who has been in the Keizer Bros. hospital at North Bend for several weeks returned to her home the first of the week.

Fire Warden Gene White and John Weld went out to Rocky Peak station Wednesday.

MRS. GILLINGS THANKS FRIENDS

I wish to express my appreciation to all my friends for their many kindnesses and beautiful flowers sent me during my recent illness. Such deeds of comfort will never be forgotten.

MRS. MABEL A. GILLINGS.  
Send us your Job Work orders.

**YOUR HEALTH**

**STRONG HEALTHY TEETH.**

The responsibility for growing strong healthy teeth rests largely with mothers. The expectant mother occupies the stage position in this endeavor, for her unborn baby has already started to build its first teeth by the fifth month of gestation. The general health of the mother previous and subsequent to the birth of the child, and especially the food she eats, have a direct bearing upon the quality of the tooth structure the baby is building. If the mother suffers no serious illness during this period, if her food contains in proper proportion the growth elements known as vitamins, it is probable that the baby will have a set of first teeth that are well formed, hard, and resistant to decay. If, however, her food is deficient in these factors, or if her general health is impaired, the baby's teeth almost certainly will be defective when they appear; that is, the tooth structure will not be hard and dense enough to resist the processes of decay.

The expectant mother should drink at least one pint of milk daily since milk is the best source of organic lime. She should have a daily allowance of a leafy vegetable such as spinach, lettuce, greens or cabbage. In addition to this, her diet should include fruits, butter, eggs, whole bread and whole grain cereals. It is also important that the mother should visit the dentist regularly throughout her pregnancy.

The mother's duty is not, however, completed when the baby is born. Maternal nursing gives the baby the best food for healthy tooth development. Nursing also aids in the development of the baby's gums, necessary for subsequent growth of the teeth.

As the baby grows older he should be given orange juice. About the fifth or sixth month other foods may be added to the baby's diet, such as cereals, vegetable juices, milk soup etc., all of which help to improve the quality of the teeth even after they have been cut. Any illness of the baby may interfere with the normal development of the teeth. If the baby is weak and backward, see a doctor who will advise on the necessary treatment.

A careful supervision of the baby's diet is necessary. This should contain plenty of milk, fruit juice, well cooked whole grain cereals, fresh vegetables, and some hard whole wheat bread, or toast to induce chewing so as to develop the gums and thus provide sufficient space for the second teeth.

By paying attention to the diet both for the mother and the baby, and by observing the rules of cleanliness during infancy and childhood most children should grow up with a set of good, strong, hard and healthy teeth which will not decay or abscess easily.

**SWIMMING EXPERT GIVES GOOD ADVICE**

"It is easy enough to stay on top of the water if you want to get ashore, just reach for shore, first with one hand and then the other. That's all swimming is, but if you want to draw yourself and go to Heaven reach for it with both hands." This statement made by Commodore W. E. Longfellow, Assistant National Director, American Red Cross Life Saving Service, in an address in Portland, accounts for a large number of the preventable drownings every year.

"The human body is lighter than water," the Commodore explained, "and very little effort will enable anyone to lie on his back and paddle easily with the hands. In this way one can stay up for a long time. To rescue another by swimming usually requires either a good side stroke or a good breast stroke, as these have a kick efficient enough to enable a swimmer to propel both himself and another person who is being controlled by the hands of the swimmer. In default of a better hold, the hair offers a splendid place to grasp with one hand while you swim with the other and both legs.

"If over-turned from a boat or canoe, stick to the boat. If the rest of the body is kept submerged a wooden row boat or wood and canvas canoe will hold up the heads of a number of persons for hours." Commodore Longfellow said that canoists around Portland, however, are rated among the most expert in the Whole United States.

Most swimming fatalities occur during the months of May and June, because the water is still cold from the winter snows and ice and people are still soft from their indoor inactivities of the winter. Those who have been swimming all winter in swimming pools have kept up their endurance in the water and are more nearly ready for emergencies. It is the opinion of Commodore Longfellow that every good swimmer should practice life-saving every time he goes swimming.

The American Red Cross is endeavoring to make the water safe for young and old by courses in swimming and life saving.

The Malays for centuries have domesticated monkeys and have trained them to climb coconut trees and pick the nuts.

**"Fresh" Eggs in France**

When is an egg fresh? After three days' deliberation, which shows how serious the question is, a French court has decided that an egg is fresh when it is not more than two weeks old in summer or more than three weeks old in winter. Hereafter eggs in France will bear in red ink the date when they were laid.—Youth's Companion.

**Color in the Household**

Color has decided effect on the apparent size of a room. Light shades give an effect of space; also a distribution of colors will have this same effect; for example, a room with light walls and dark rugs and hangings will look larger than one done in dark color. Also a sense of space is created by using the same color on the walls of adjoining rooms.

"Not fire, but the owner of the hand that lights it, is the public's enemy," said E. T. Allen, Forest Economist, in a recent Chicago address on forest fires. His hand has been set against society as surely as that of the pervert, the killer, the thief. He may plead thoughtlessness, instead of dereravity, but this does not compensate his victims."

Residents of Berlin find it cheaper to ride in suburban trains than to sit at home using fuel.

Buy your coffee in Denmark. Special all fine grades, 1 lb. to 5 lb. cans, 55c per lb. At Nodine Cash Grocery—the store you pass to pay more.—Adv.

**Annual Shoe Week**  
SATURDAY, JUNE 20—SATURDAY, JUNE 27  
AT  
**Golden Rule Store**

Tables will be loaded with special assortments of Bargain Prices. Attractive display of Correct Footwear featuring Selby Arch Preserver for Ladies; Buster Brown Shoes for Children; "Brown-bilt" and "Star A" for Men.

Shop Early for 4th of July.

**GOLDEN RULE STORE**  
BANDON, "Just a little better for less" OREGON  
"It's a pleasure to wait on you."

**The KOZY**  
FOR CIGARS, TOBACCO AND LUNCH GOODS  
Confectionery and Pool Room  
R. R. SMITH, PORT ORFORD

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IF YOUR money is worth working for it is worth saving. Saved money, deposited in this bank works for you. Open your account in our Savings Department. Do it today, tomorrow you may forget it—the next day you may regret it.

Start a Bank Account for your boy. One of the most vital lessons is that taught by the Bank Book. A marked step in your boy's life is recorded when you show him the value of a Savings Account.

**Bank of Bandon**  
BANDON OREGON

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**Meals and Rooms Unsurpassed**

**Port Orford Cafe**

Under New Management  
**CHICKEN DINNER ON SUNDAYS**  
COME ONCE AND YOU WILL COME OFTEN  
JAMES W. BARTON, Prop.



**Business Stationery**

Every business and professional man, and rancher and dairyman, too, should have letterheads and envelopes printed especially for him. And it is a matter that he should not economize on by buying the cheapest he can get. Good stationery pays big dividends. Let us show you samples.

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Port Orford, Oregon



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The very newest in  
**Coats, Suits, Dresses, Hats**

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Will be in Port Orford June 2 and 3, and visit Gold Beach and other parts of Southern Curry before the Fourth of July.