Herald Home Corner

Housewives may mail requests for recipes or ask any questions concerning recipec published. A Herald subscriber, a woman versed in cookery, who desires to remain anonymous, will be delighted to publish requested recipes or answer questions.
—The Editor.

Mutton Soup

Take the left-over broth in which the mutton was boiled. To three pints of broth add one can of tomatoes, which have been heated and highly seasoned with salt and pepper, and one pint of hot milk. Let boil up once and serve.

Brown Stew

Cut the left-over ends of steak or pieces of any uncooked meat into cubes of one inch. Put a couple of tablespoons of suet into a saucepan. When rendered, remove the cracklings; dust the bits of meat with a tablespoonful of flour; throw them into the hot suet and shake until brown; draw the meat to one side and add to the fat in the pan a second tablespoon of flour; mix; add one pint of water or stock; stir until boiling; add a teaspoon of salt, a bay leaf, slice of onion, a teaspoon of browning or kitchen bouquet; cover and simmer gently until the meat is tender, about an hour and a half. The proportions given are for one pound of beef. This may be served plain or with dumplings. If dumplings, put a pint of flour into a bowl, add a teaspoon of salt and one of baking powder, mix thoroughly and add sufficient milk just to moisten; drop by spoonfuls over the top of the stew, cover the sauce pan and cook ten minutes. Do not lift the cover during the ten minutes or they will fall.

Apple Pudding

Mix 1½ cups soft bread crumbs with ¼ cup melted butter. Cover the bottom of a baking dish with crumbs. Add two apples sliced; sprinkle with ¼ cup of sugar and a slight grating of nutmeg. Now add more crumbs and then another layer of apples. Have two layers of apples and three of crumbs. Bake about 25 minutes in a moderate oven. Serve with whipped cream.

Oven Broiled Bacon

Put ¼ pound of bacon on a broiler and cook over a dripping pan in a hot oven until delicately browned. The bacon is much sweeter and does not have that burnt taste when broiled over coals. You also save all your fat.

SPENDING MONEY

In order to teach children to save it is wise to give a very little sum at first; the child will value it quite as much as a large one; even with 5 cents, very little people can learn to plan and save for special things.

One mother that we know has her little girl pay for all her lost handkerchiefs, says an exchange. Her allowance is small, but so are the handkerchiefs, and they cost very little. It is astonishing how that child keeps watch for the little bills of squares in her possession and how few she loses! She will not be one of those fascinating creatures we see who go through life dropping their handkerchiefs here and there for attentive men to pick up.

That child's parents planned out her allowance as carefully as they did her education. Next year she is to have a bit larger allowance and buy her hair ribbons. Later will be added gloves or stockings, and so on, till the girl is managing all the expenses of her living. To be sure, in this case it is her father's money, but how much better it is than for her to just take the money and spend it without thought.

Her mother was brought up in this way and the management of her household expenses shows the same principle and the same efficiency.

Children should be taught how to value and handle money. They should never be allowed to "charge" things at the stores; that is schooling for extravagance and debt. They should be required invariably to pay for all purchases in cash.

Admitted His Guilt

According to a news item in the Chicago Tribune, a gentleman by the name of Patrick Short recently was expelled from the Ku Klux Klan in Dallas, Tex. The letter of expulsion was dated "the desolate day of the weeping week of the terrible month of the year of the Klan LVI" and was addressed "to all genii, grand dragons and hydras." Mr .Short's reply follows:

"It is true, your Royal Highness, that I sinned grievously against your Imperial Empire, for I did actually on the desolate day of the weeping week of the terrible month of the year of the Klan LVI, in the city of Dallas, in the county of Dallas, and in the state of Texas, being a part of your Imperial Domain, tell a bunch of your imperial slaves who were then and there assembled in room 921 of the Adolphus hotel in said city, in said county, in said state, of said realm, to 'Take a good running start and go to hell,' when they demanded of me, a native-born Texan, that I submit to their dictation as to how and for whom I should cast my ballot, and demanded that I surrender to them my rights as a citizen and support a gang of men for office whom a small clique of political wardheelers had secretly selected—and of this act I again admit I was and am guilty."

The KITCHEN CABINET

(©, 1924, Western Newspaper Union.)

To thine own self be true, and it must follow as the night the day, thou canst not then be false to any man.—Hamlet.

FOOD FOR OCCASIONS

A tasty breakfast dish is always appreciated, for most cooks find the preparation of breakfast the most difficult of meals to escape monotony.

Cuban Eggs.—Cook together five minutes one-fourth cupful of sausage meat and one teaspoonful of grated onion. Add to the pan six beaten eggs, one-fourth of a teaspoonful of salt, a dash of pepper, and stir until the eggs are creamy. Pour over slices or rounds of buttered toast on a platter and garnish with slices of fresh tomato sprinkled with chopped green pepper.

Terrapin Chicken.—Chop together two cooked chicken livers, two cooked eggs and mix with two cupfuls of cooked chicken, cut into small pieces. Season with salt and pepper to taste and a small grating of nutmeg.

Melt three tablespoonfuls of butter in a frying pan, add two tablespoonfuls of flour and one cupful of mixed chicken stock and cream. Cook until smooth, add the chopped mixture, cover and simmer for ten minutes. Before serving add the yolk of an egg beaten with two tablespoonfuls of cream, one teaspoonful of lemon juice; stir this into the hot mixture and pour into timbale cups, crustades or into a pretty deep dish.

A cornstarch pudding, or a plain cottage pudding is good with:

Butterscotch Sauce.—Melt two tablespoonfuls of butter, add two tablespoonfuls of browned flour, stir to a paste, then add three-quarters of a cupful of water and cook until smooth. Add one-fourth cupful of molasses, one tablespoonful of vinegar and one cupful of brown sugar; let boil up once and it is ready to serve. This sauce is delicious served poured over ice cream.

Thousand Island Dressing.—Add one cupful of olive oil to one cupful of mayonnaise dressing; add one teaspoonful of vinegar, one-fourth teaspoonful of salt, a dash of cayenne, one teaspoonful each of chopped pimentoes and green pepper and olives. Mix well, beat in one-half cupful of chili sauce. This dressing will keep.

Nellie Maxwell

A LITTLE PERSONAL SERVICE

Frederick D. Stricker, M. D., of the Oregon State Board of Health

While passing an automobile service station the other day, I heard a motorist upbraiding the attendant and sarcastically proclaiming the fact in a loud voice: "Where is the service that you are talking about all the time?" Now, Mr. Citizen, while you are on the alert for service, why not apply it to yourself. Do you know that you are running your human mechanism at high speed and are neglecting the personal service that is essential to maintain efficiency? Are you going to wait until you are 40, or await the time when serious damages have been done, and the best you can look for is a little patching up.

Every spring every careful man has his automobile overhauled and adjusted because he knows that this is a good investment and not an expense. This you recognize as a prudent measure. The man that waits until his machine breaks down is "penny wise and pound foolish." You can replace the automobile with a new one when the old one is worn out. The human mechanism is the greatest machine that we know of and is the result of many ages of development, but has this handicap that when once worn out it cannot be replaced.

The importance of properly caring for this intricate and automatic mechanism cannot be overestimated. A careful examination of the records of human bookkeeping reveals the fact that the greatest number of deaths are due to degenerative diseases which are to a great extent preventable. These lives could have been extended had the human mechanism been given intelligent care.

The best rule is to have a thorough physical examination made every spring by a competent expert who can advise you how best to tune up your vital forces for the ensuing year. Now is the time! Make 1923 your best year!

By Autolycus

The Christian Advocate has a story which aims at knocking the pride out of us. A bishop confesses that as a country curate he thought very highly of a sermon he had preached on atheism, and imprudently asked a farmer, with whom he walked from church, how it had struck him. "Well, sir," the farmer replied, "for all you did say, and no doubt it was very clever, I still believe there is a God."

She walks in beauty like the night
Of cloudless climes and starry skies;
And all that's best of dark and bright
Meet in her aspect and her eyes;
Thus mellowed to that tender light
Which heaven to gaudy day denies.
—Byron.

Let us then be up and doing,
With a heart for any fate;
Still achieving, still pursuing,
Learn to labor and to wait.
—Longfellow.

PALESTINE HAS 757,182

Census Shows 10 Per Cent of Population Is Christian.

Jerusalem, Palestine.—Palestine has a total population of 757,182, according to the figures of the recent census. This figure equals approximately the population of the city of Boston. Ten per cent of the people in Palestine are given as Christians, 11 per cent as Jews and 79 per cent as Mohammedans. The figures for Christians and Jews are regarded here as about correct, but there was such strong opposition to the census on the part of the Mohammedans that their number, it is believed, is considerably underestimated.

In two cities only is there a preponderant Jewish population—Jerusalem and Tiberias. In the former city, out of a total of 62,000, 34,000 are Hebrews and the rest are about equally divided between Christians and Mohammedans.

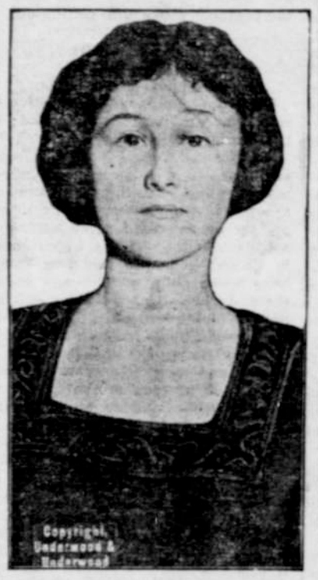
It is interesting to note that Bethlehem is the only town in the land in which Christians predominate. Here there are 5,838 of this faith, with 818 Mohammedans and two Jews.

Nazareth has a population of 7,424, of which nearly two-thirds are Christian, one-third Moslem and only 53 Jews.

The principal seaport, Jaffa, has about 47,000 people, of whom there are 20,000 each of Jews and Mohammedans and about 7,000 Christians. The other large centers of population are very largely Mohammedan.

The Palestine Weekly, a Zionist organ, declares that according to Roman figures this country has supported a population of 7,000,000, but when one considers that the area of Palestine is about equal to that of Vermont and that it has about an equal amount of arable land one questions seriously whether, with the highest development of her natural resources, it will be possible for Palestine ever to support a greatly augmented population. Vermont in 1920 counted 352,428 people within the state.

Girl's Vision Impaired; Has Remarkable Memory



Miss Enid Miller of Oklahoma City, a senior of the school of speech at Northwestern university, Chicago, who, though handicapped with impaired eyesight, is proving to be one of the best scholars in the university.

Miss Miller has so mastered the art of concentration that she gets a firm grasp of any subject in one reading. To save her eyes, she has mastered the touch system of typewriting, and makes all her reports and keeps her notebooks up to date in this manner. She has won a place on the varsity debate team.

Billion Use Gotham Cars in '22.

New York.—A billion nickels were paid into the elevated and subway turnstiles of the Interborough Rapid Transit company during 1922. A report shows its mileage has more than doubled since 1905, and that its passenger traffic had tripled during the same period.

Russian Toys in Germany.

Petrograd.—Russia recently began sending toys to Germany. The first shipment was valued at $25,000. The toys were all made by peasants and differ from the mechanical playthings manufactured extensively by the Germans.

Bumped by Sign, Gets $5,000.

White Plains.—A verdict for $5,271 against the city of Yonkers and Charles Ward was returned by a jury in favor of Evelyn M. Haines of Yonkers, who testified that her head struck a sign extending from the building and projecting over the sidewalk.

Would Arrest Wife for Non-Support

The usual order was reversed in a police court in Baltimore, Md., when Joe Vazalles, thirty-three, asked a warrant charging his wife with desertion and non-support. He protested that she left him with no one to help care for his son. Magistrate Johannsen, however, denied his plea for a warrant.

A Better Job.

"Do you take me for a natural-born fool!" exclaimed the quarrelsome passenger to the mild man who had contradicted him.

"I did, yes," replied the mild man.

"Well, I'll let you know that I'm not!" cried the speaker.

"Then I congratulate you," said the other calmly, "for if you did the job yourself you've got nature beat to a standstill."—Boston Evening Transcript

Gobbler Lost Fight With His Reflection

A turkey gobbler lost his life when he engaged in a savage attack upon his image reflected in the polished surface of a new automobile belonging to Mrs. C. C. West of Delmar, Del.

The gobbler, inspecting the car, discovered what he evidently believed a replica of himself. With the fury of a game cock he swooped down upon the supposed rival. A few minutes later the disheveled and bleeding gobbler, his neck broken, was found dead in the road.

Devote each day to the object then in time, and every evening will find something done.—Goethe.