

## Herald Home Corner

Housewives may mail requests for recipes or ask any questions concerning recipes published. A Herald subscriber, a woman versed in cookery, who desires to remain anonymous, will be delighted to publish requested recipes or answer questions.

—The Editor.

### Hot Cross Buns

One yeast cake, one cup milk, scalded and cooled, one tablespoon sugar, 3/4 cups sifted flour, 1/4 cup butter, one egg, 1/2 cup raisins or currants, 1/4 teaspoon salt. Dissolve the yeast in the luke warm milk. Add enough flour to make a sponge, beat until smooth, cover and let rise until light, about one hour. Now add the butter and sugar creamed, more sugar may be used if the buns are wanted sweeter, egg well beaten, raisins which have been floured first, now the rest of the flour and salt. Have a moderately soft dough that can be kneaded lightly. After kneading place in greased bowl, cover and let rise for about two hours. Shape into round buns, place in greased pan about two inches apart. Cover and let rise again about one hour or until light. Glaze with egg diluted with water. With a sharp knife cut a cross on top of each. Bake 20 minutes. Just before removing from the oven brush with sugar moistened with water. While hot fill the cross with plain white frosting.

### Plain Frosting

One cup fine powdered sugar with just enough milk or water added to form a thick paste. Flavor with vanilla. Water will make a more transparent frosting than milk.

### Fig Layer Cake

Butter size of a small egg, warm a little, add one cup sugar, beat until light, two eggs beaten in one at a time, 1/2 cup milk, 1 1/4 cups of flour, with 1 1/2 teaspoonfuls of baking powder sifted in. Beat until light and smooth. Bake in two tins.

### Filling

One cup of figs cut fine, 1/2 cup water, 1/4 cup sugar, a little lemon juice; cook until tender, cool and put between the cakes. Make a frosting for the top with the white of an egg and powdered sugar. A few chopped walnuts added to the filling is very nice.

### Dainty Sponge Cake

One cup sugar, three well-beaten eggs, 1/2 teaspoon soda dissolved in three teaspoons hot water, one teaspoon cream tartar sifted in one cup flour, pinch of salt. Lastly add a dessert spoon of vinegar. Beat briskly, flavor. Bake 25 minutes in not too hot oven. This is fine with whipped cream filling.

### THE YOUNG BARBARIAN

For nearly an hour, a growing dread had been spoiling Nancy's happy evening—the dread of Jimmy's coming home. It had been such a happy evening; she liked Lieutenant Haddam so much, and they were having such a wonderful talk about all sorts of things. If only "the crowd"—Jimmy's crowd—meeting this evening at Hal Baker's, would stay late! But Jimmy was on his honor not to stay later than 9:30, and he rarely forgot. Well, then, if he would only go straight in!

A shrill disjointed whistle sounded down the road. Nancy's heart sank. She tried to follow Lieutenant Haddam's story, but in reality she was silently struggling with Jimmy. "Please go into the house—there's a dear! O, Jimmy, do please go!"

Jimmy came up the path, kicking pebbles and whistling blithely. Once he stopped to make experiments with fire-flies. If he would only go round the back way! Almost it seemed as if he were going to; then he swerved and darted up the steps.

"Why, hello, lieutenant! Say, Nan, I heard some new conundrums tonight. Why do people whitewash the inside of henhouses?"

"Chestnut, Jimmy," the lieutenant replied. "Try again."

"I bet Nan doesn't know; do you, Nan?" Jimmy insisted.

"I don't believe I do," Nan replied, weakly. "But, Jimmy—"

"To keep the chickens from the grain in the wood—see? And I heard another. There was a great scrap this afternoon down at Liggett's—their cat licked its paw."

"O, Jimmy!" Nan implored. But the lieutenant's laughter was cheerful.

"Good enough, Jimmy. I didn't know that one," he said.

Jimmy perched himself on the railing, pleased and encouraged.

"Say, lieutenant," he continued, "why is your hat like the state, war and navy building at Washington?"

"Jimmy!" Nancy cried, horrified. "Don't fuss, Nan," replied Jimmy, turning to her pleasantly. "Us fellows don't mind a joke. It's because it covers a block."

Apparently the lieutenant did not mind. He jerked Jimmy off the railing and held him, wriggling, at arm's length.

"So that's what you think of me, young man, is it?" he asked.

"Jimmy," Nancy interrupted, desperately. "I made some cookies for you today, and there's a stamp from India I got for you—"

Jimmy wriggled supinely out of his captor's grip.

"Whoopee!" he shouted. "Bully for you, Nancy! You're all right! See you later, lieutenant."

Nancy drew a sigh of relief. She knew that mother would help her out now. Only what would Lieutenant Haddam think?

Lieutenant Haddam was still chuckling.

"I was just like Jimmy when I was his age. I reckon most young barbarians are as alike as peas in a pod. But there's something else," he added, with a smile at the little white figure in the shadow, "and that's—they show pretty plainly, the young barbarians, what kind of sisters they have. Youngsters that race home to try out conundrums and find cookies and postage stamps waiting, well, they're the lucky chaps, that's all."

And suddenly little Nancy's world was all singing with happiness.

In the glorious light of morn Let heaven sound forth its praise, Let earth exultingly rejoice, Let worldly tears not dim our days.

We pray Thee, Lord of all, At this, Thy sacred grave, From death's dread pain and fear, Do Thou Thy people save!

**The KITCHEN CABINET**

(© 1922, Western Newspaper Union)

Who does not do some creative work with brain or hands, lives a mendicant, dies a pauper, and lies buried in the Potter's field, no matter what mausoleum marks his tomb.—Dallas Love Sharp.

### "COME TO DINNER"

Let us have a good old-fashioned vegetable soup. From the market get a veal knuckle (have it cracked) and a good beef shank with meat on it. Cover with cold water after wiping the soup bones and meat and simmer for two or three hours before adding the vegetables. Add a carrot diced, a piece of celery root finely minced or a few stalks of celery, an onion or two, a half cupful of cabbage, the same amount of turnip and a few potatoes with a half-cupful of tomato or a fresh tomato cut into bits. Cook and season well with salt and pepper and serve when the vegetables are tender. The meat may be taken from the bones, finely minced, mixed with egg and cracker crumbs made into small balls and dropped into the soup.

**Baked Round Steak.**—Put a good thick cut of tender round steak in a baking pan after pounding into it as much seasoned flour as it will hold. Sprinkle with bits of butter or suet and add cold water to cover. Cover tightly and bake in a moderate oven for about two hours; add water as needed.

**Bavarian Steamed Dumplings.**—Soak a cake of compressed yeast in a cupful of lukewarm milk, adding a teaspoonful of sugar and a teaspoonful of salt. Sift a pint of flour into a bowl, add a cupful of milk, the yeast, a beaten egg and work in flour to make a soft dough. Cover the bowl and let rise for two hours in a very warm place. When double its bulk knead and mold into small biscuits. Let these rise for half an hour. Butter a round pan and set in the dumplings, brushing well with melted butter on top. Pour in enough milk to reach half way up on the dumplings; set into the oven on a brick to bake a light brown. Eat with a sauce of prunes.

**Russian Tomato-Sardine Salad.**—Arrange a bed of lettuce in a salad bowl. Peel four tomatoes of medium size, cut fine and mix with six sardines chopped and skinned and bones removed. Place on lettuce and serve with either mayonnaise or French dressing.

*Nellie Maxwell*

## TRY RUNNING PEOPLE UP INSTEAD OF DOWN?

The Wednesday Evening Reading club, a club of six girls who met at each other's homes every Wednesday evening to read for an hour and a half, had met at the home of Lucy Warner. While the girls were enjoying the simple refreshments and social hour that always followed their reading, Mary Endes said:

"Have any of you seen Emma Rodman lately?"

"Yes, I saw her in the postoffice yesterday," said Minnie Smythe. Then she laughed and added:

"As usual, she was running everything, and some of the people in the town down. I asked her why she didn't try running people and things up a little just for a change."

"What did she say to that?"

"She said that there wasn't anything to run up in the town, and I called her attention to the fact that we had many of the kindest and best people in the world in our town and that visitors had said that it was one of the prettiest towns in its situation that they ever saw. I called her attention to our library, the best of any town the size of ours in the state. I pointed out our fine modern school-house and our clean streets and well-kept lawns and backyards and so forth. Oh, I went into the running up business great!"

"It was a good thing to do—lots better than running things and people down, Minnie," called out Mr. Warner, who was in the next room reading.

"It is always so much better to run things and people up than it is to run them down."

### Frogs That Bark

Frogs that bark like foxhounds and squeal like frightened pigs, according to the American museum of natural history, are among the more than 200 living and preserved specimens of reptile life brought to it by an expedition just returned from a year in the wilds of Santo Domingo.

Capture of the barking frogs was thus described by members of the expedition:

"Hunting was chiefly carried on at night and it was a weird experience to penetrate the blacknesses of these tropical forests and to hear as one would suppose dogs barking high over one's head in the tree tops. The first barking frog that was captured startled the members of the party considerably. Instead of wiggling like a frog, or even growing like a dog, it opened its mouth wide and gave a terrific squeal such as a pig in agony might make.

"Later it was discovered that this tree frog left the trees in breeding season and laid its eggs on the ground. The eggs, which were very large and about twenty in number, did not hatch out, as the general rule among our northern frogs, into tadpoles, but instead into tiny froglets of the same form as their parents."

The first giant tree frog was found taking a mist bath beside a mountain torrent. Its capture was not without hazard as when touched it exuded a milky secretion which inflamed the hands and filled the air with a pungent and irritating vapor.

### MARRYING ON \$20 A WEEK

One-third of the young couples who marry in Omaha, Neb., have only \$20 a week to live on and a number of the most prominent men in town say that that's enough for a starter. It is true that these prominent citizens include lumber dealers, real estate agents and furniture merchants, who might be expected to have an interest in the household economy of the

newlyweds. It is also true that, out of 57 persons polled by an enterprising local paper, the Omaha World-Herald, 27 favored the idea of marriage on a \$20 a week basis, 21 were doubtful or opposed, and the other nine were noncommittal. Even in Omaha, it appears, there are those who believe that the budget should be larger to insure happiness.

Here are some of the suggested things that the \$20-a-week man will have to do if he wishes successfully to support a home on his salary:

First—Cut out smoking and drinking.

Second—Wear shirts made by his wife.

Third—Forego most amusements.

Fourth—Give up associates who are making higher incomes.

And here are some equally interesting suggestions for his wife:

First—Do her own cooking, sewing, washing and ironing, and make shirts for her husband.

Second—Walk down town to save carfare.

Third—Buy in quantity and in person.

Fourth—Do gardening, raise chickens, and if possible, keep a cow.

### EYE AS CAUSE OF HEADACHES

By Dr. F. V. Sauvie

Headache has almost assumed the position of a national malady. Everyone seems to suffer more or less from it and a very large number are chronic sufferers; that is, persons who are troubled with repeated attacks, despite their most careful preventive measures to avert it, and the medicine taken to cure it. Most of these are regarded as "bilious subjects," that is, being constitutionally subject to biliousness. No doubt there is a great extent of truth in this, yet the large majority who can acquire little or no relief from medicine leads us to turn the eyes elsewhere for possible causes.

### About the Eyes

Our eyes are furnished with certain delicate muscles which make it possible for us to obtain a clear image, when the eye refuses to yield such unassisted. When the eye cannot without effort give a distinct picture of the object looked at, these muscles are brought into play, the result is that the eye is enabled to render clear vision. It is necessary to thoroughly understand that this muscular action is quite unconscious. Everyone knows that when a muscle is used excessively it will ache—and

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This often happens with the eye muscles. The nerves of the head are closely linked with the optic nerve and any pain in the eyes is communicated to them.

### Telephone Facts

There are more telephones in the Pacific coast states of California, Oregon and Washington than there are in the whole of Great Britain.

Telephonically speaking Washington is by far the best developed capital city in the world. In proportion to population, it has four times as many telephones as London or Paris.

"In matters of illumination, communication and transportation," says the Boston Transcript, "the United States has become a country transformed. In all three directions, the practical common sense of the American people has made possible progress undreamed of in other countries. Two-thirds of all the telephones in the world are in the Bell system. It adds each year more telephones than there are in all France. America is the only country in the world in which the farm telephone is accepted as a matter of course and a valuable aid in agricultural operation."

It was Irvin S. Cobb who remarked that when a man used to reach back under his coat tail it was a threat; now it is a promise.

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Distaste for suggestion is frequently a handicap to progress.—Vulcan Bulletin.

Leaders are ordinary persons with extraordinary determination.—Hurty-Peck Idea.

"I note the paragraph on your menu wherein you state that the orchestra will play anything on request. Can

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We have just bought a tremendous stock of Army Munson last shoes to be sold to the public direct. These shoes are 100 per cent solid leather with heavy double soles sewed and nailed. The uppers are of heavy tan chrome leather with bellows tongue, thereby making them waterproof. These shoes are selling very fast and we advise you to order at once to insure your order being filled.

The sizes are 6 to 11 all widths. Price \$27.50. Pay Postman on receipt of goods or send money order. Money refunded if shoes are not satisfactory.

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you prove the assertion?"

"Yes," replied the manager. "Their repertoire is very extensive. What do you wish them to play?"

"Tell 'em to play plincolle until I have finished my meal, and I shall be very grateful."—Everybody's Magazine.

Colored Rookie—I'd lark to have a new pair of shoes, sub.

Sergeant—Are your shoes worn out!

Colored Rookie—Worn out! Man, the bottoms of mah shoes are so thin that ah can step on a dime and tell whether it's heads or tails.—Dyer-grams.

It was Irvin S. Cobb who remarked that when a man used to reach back under his coat tail it was a threat; now it is a promise.

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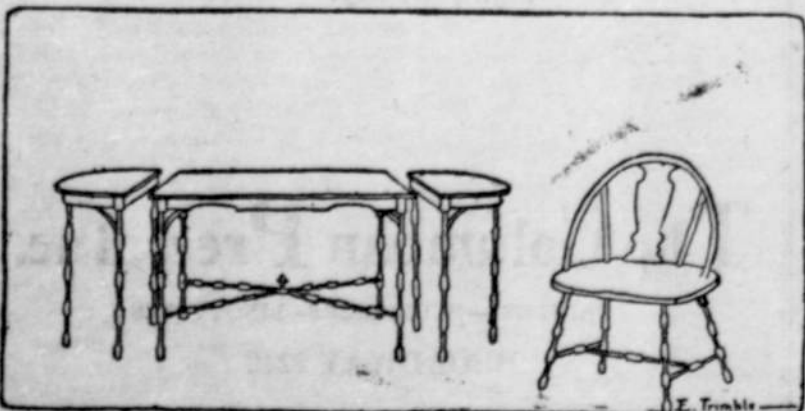
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This little breakfast set has innumerable uses. It may be used as a small square breakfast table and two wall tables for serving. It may be converted into two tables, a round and a square, for cards, or it may be used as one long table as shown in the sketch. Four chairs come with the table,