Herald Home Corner

· Housewives may mail requests * for recipes or ask any questions * · lighted to publish requested rec- and serve hot on buttered toast. · ipes or answer questions. -The Editor *

Old-Fashioned Pudding

Take five or six cups of rich milk, small cup uncooked rice, pinch salt, the milk is not rich enough add a of smell. spoonful of butter. Bake in a slow oven for several hours, by the end of which time it should be very creamy. Can be eaten with milk or some good pudding sauce.

Frothed Eggs

One lemon, eight eggs, one tablespoon water, sugar and salt. Mix the juice of the lemon with the water, beat with it the whites of four and the yolks of eight eggs, add sugar and salt. Cook carefully in an omelet pan. Have ready four whites of eggs whipped with a pound of white sugar to a high froth, flavor with vanilla or lemon. Place the omelet on a dish and heap the frothed eggs over it. Brown it lightly in an oven or before the fire. Sufficient for four persons. The sugar may be as little as desired, some persons not liking so much sweet.

Potatoes and Codfish

One pint of diced cold potatoes, onehalf cup of picked codfish, one-half cup of cracker crumbs, one-half level teaspoon salt, one-eighth level teaspoon of pepper, one level tablespoon of flour, one rounded tablespoon butter, one and one-half cups milk. Take a piece of dried codfish and pick small pieces from it until you have enough. Put them into a small basin, cover with cold water and put on the stove. As soon as the water heats throw it away and add fresh water. Do this until the fish is fresh enough. Melt the butter and then add to it the salt, pepper and flour, and blend together until there are no jumps. Scald the milk and then add the butter and flour. Cook all these ingredients together until smooth and creamy. Put. the codfish in the bottom of a buttered baking tin, then the potatoes

ers over the top and bake in a quick even about 15 minutes.

Tomato on Toast One-half onion fried brown in butconcerning recipes published. A ten, one-half can tomatoes, two eggs · Herald subscriber, a woman · beaten and one tablespoonful corr-• versed in cookery, who desires to * starch and one cupful of milk. Searemain anonymous, will be de- son with mustard, pepper and salt

> The conquest of self is the grandest triumph that man can achieve .-St. Ignatius Lovola.

What is the difference between a carpenter's shop and a fish shop?

Daily Fashion Hint



A DAYTIME FROCK

There is no smarter model for the ever-serviceable and always adorable tricotine frock than this one. The dress features the long-waisted blouse and side opening. Flat silk braid is used for the trimming, with fancy buttons added to the skirt decoration. The collar, cut in one with the revers, is notched and, if preferred, may be ter-minated at the base of the V-shaped neck. Medium size requires 3 yards 54-inch material. Pictorial Review Dress No. 1397.

Sizes, 34 to 48 inches bust. Price, 35c. sary for that to be done is for the baired temperature, may be kept.

"The American foot has been peculiarly the plaything of those who make and sell shoes. In a period of a single generation they do all manner of things to it—change the toes simplify manufacture and distribudown on the instep and then let up on it and squeeze the heel. If an average adult American could see a motion picture that would display the changes made in his own foot by the ever-occurring variations which have taken place in the designs and styles of shoes, he no longer would feel superior to the Chinese in the matter

Three little words we often see Are Articles—a, an, and the A noun's the name of anything; As school, or garden, hoop or swing.

in foot sense."

The man who thus spoke is a specialist in the bureau of foreign and domestic commerce, United States | Adjectives tell the kind of noun; As great, small, pretty, white or brown. grating of nutmeg, a very scant cup Because in one there is a smell of department of commerce. Neither he of sugar and a cup seeded raisins. If deal, and in the other there is a deal nor his establishment is interested particularly in your foot or my foot. Either of us, as far as he is concerned, can do what we please with out pedal extremities. Nor is he an orthopedic expert, a professional largely the result of the conditions which the trade specialist mentions. That trade specialist is interested only in saving shoe money for you; that your foot also would be conserved is a merely incidental equa-

served is a merely incidental equa-For shoe waste inevitably involves foot waste. And shoe waste is on of the biggest economic vices of which as a nation we are guitly.

This waste isn't owing to any notable falling off in the lasting qualities of shoes produced and marketed in America. In fact, in that sense shoes steadily have grown better, as primary manufacturing of shoes has improved—even to the point whereby we are the most effi-cient shoemakers in the world. The waste is due to something else than the lack of efficient shoemaking

machinery and processes It is due chiefly to the inordinate variations in types, designs, styles and in the exorbitant changes of them that ever are taking place in the realm of shoes manufacturing and distribution—all made ostensibly in an effort to sell more shoes than the people need or want.

se variations and changes have not had to do only with the esthetic side of shoes; they have had to do almost as much with the dimensions, which, under no sane arrangement, can be dependent on taste; it is a matter solely of foot size, build and need-which belong to nature and not "There probably are several hun-

dred more designs and styles of shoes than there is any need whatver for," says the same specialist. The economic result is a 25 to 50 needless waste in shoemakng and distribution. Designs limited only to actual need, which can be determined scientifically as has been when one just hates to buy ice. There repeatedly demonstrated, would cut is just space enough between the doors he national shoes bill at least onefourth, even without restriction put

on those factors having to do with

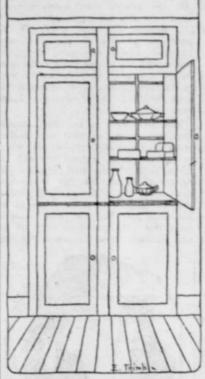
\$1.75 \$1.25

and the cream. Sprinkle the crack- SHOE WASTE AND FOOT WASTE shoe manufacturers to agree to produce shoes of only certain standard dimensions, the same to be subject to the right and then to the left, then left tion and assure to the American foot relief from the strain put upon it by for awhile and then freely; they bear the ever-changing shape of shoes.—

Three little words we often see

Instead of nouns the pronouns stand

SAVE BUYING ICE



This "cold window" will be found most useful during the cold months when one just hates to buy ice. There and the window at the back of the cupboard for narrow shelves, and by raising or lowering the window the de-

of our schools to train children to pronounce their words properly and to enunciate clearly," the New York Globe quotes him as declaring, "Not only is this true, but experience with

applicants for positions with the telephone companies is constantly

proving that young people cannot even read aloud properly." The remedy, in Mr. Cartter's opinion, lies in individual training, both in the home and at school. Each child should

be studied to discover his or her de-ficiencies or needs, and should then

be given such drills as will be indivi-dually beneficial. Exercises for the

proper control of the lips, tongue and teeth in speech should be conducted regularly. Training in reading aloud, now confined to the first few grades, should, he declares, be continued through a child's school career.

Our grand business undoubtedly is,

not to see what lies dimly at a dis-

tance, but to do what lies clearly at

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hand.-Carlyle.

Schools Slight Training in Speech
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WANTED—Man, with car, to sell complete line low pricd TIRES and TUBES; \$100 per week. Sterlingworth Tire Co., Sterling, E. Liverpool, Ohio. in the opinion of Allan M. Cartter, superintendent of training of the New York Telephone company. Mr. Cartter does not insist that courses in accounting and business methods Patronize our advertisers. be begun thus early, but argues that the age of 5 or 6 is not too soon to the age of 5 or 6 is not too soon to begin teaching the correct pronoun-ciation of words and clear enuncia-tion, which he declares are a very important part of the child's training for efficiency in business and for success in life, "There seems to be a lack of any real effort on the part Geo. W. Grockwell, M. E

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POPULAR CONCERT AND OPERATIC	
of the Volga Boatmen (Arr. by Chalipin and Koenemann) Feodor Chaliapin 88663	12
Bells of Scotland Emilio de Gogorza 66126	10
-Mad Scene-Part 2 (Donizetti) In Italian	10
Chapter Va di all' agruppo anggio (Claudena) In Italian Reniamina Cigli (74799	19

Andrea Chenier-Un di all' azzurro spazio (Glordano) In Italian. Benjan Tannhauser-Dich, tenure Halle (Oh, Hall of Song) (Wagner), in German. Moonlight Sonata (Beethoven) (Vocal adaptation, Irving Caesar) (With Male Quartet)

SACRED SELECTIONS

Ride on! Ride on in Majesty! (Milman-Eville).

Christ the Lord Is Risen Today (Charles Wesley)

Jesus, My Lord, My God, My All.

Not a Sparrow Falleth.

Merle Alcock
My Task.

O Sacred Head Surrounded.

John McCormack
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Merle Alcock
Trinity Quartet

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