



It Bends!

Can you do this with your shoes? Your feet should have as much chance to keep strong as your hands. Only a flexible, snug-fitting arch can assure this muscular exercise with the proper support.

The Cantilever Shoe does this — is dignified and good looking as well.

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Daily trips to Mount Scott and
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Naturopath, "Spineologist"
The wonder cure for Rheumatism
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SPECIALTIES
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No matter what your trouble is
I can help you.
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No knife. No operations. No in-
curable case taken.

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miles from Winlock, Wash., a chicken,
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Or I will sell cheap, for cash.
For particulars write
MRS. L. MORSE
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DRY GOODS, NOTIONS, SHOES
Small Store, Small Expense,
SMALL PRICES
BARGAIN STORE
6344 Foster Road

LADY! Did you ever see any-
one just like you?
Clothes designed and made to your
own individuality. Correct fitting
brassiers and corsets made to measure,
using any kind of boning. Did you
know that that out-of-date, discarded
suit will make over into a smart
street dress? ASK ME.
MRS. GRAY, CALL 616-09

REDUCTION SALE
F. E. JIGGAR & SON.
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Comer Mfg. Co.—Rubberized All-
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Herald Home Corner

Housewives may mail requests
for recipes or ask any questions
concerning recipes published. A
Herald subscriber, a woman
versed in cookery, who desires to
remain anonymous, will be de-
lighted to publish requested rec-
ipes or answer questions.
—The Editor

Chantecler Salad

The white meat of a cold boiled
chicken, 1/2 of the same bulk of
chopped celery, two hard boiled eggs,
one raw egg well beaten, one tea-
spoon each of salt and pepper, one
teaspoon of made mustard, 3 tea-
spoons of salad oil, two teaspoons
white sugar, 1/2 each of vinegar.
Mince the meat well, removing every
scrap of fat, gristle and skin, cut the
celery into pieces 1/2 inch long. Mix
and set aside to cool while you pre-
pare dressing. Rub the yolks of eggs
to a fine powder, add the salt, pepper
and sugar; then add the oil, grinding
hard and putting in but a few drops
at a time. The mustard comes next
and let all stand together while you
beat the raw egg to a froth. Beat
this into the dressing and pour into
the vinegar, spoonful by spoonful,
whipping the dressing well as you do
it. Sprinkle a little dry salt over the
meat and celery, toss it up lightly
with a silver fork, pour the dressing
over it, toss and mixing until the
bottom of the mass is as well satu-
rated as the top. Turn into a salad
bowl and garnish with a row of white
of egg and beets. Cut the white of
the egg in rings, then cut through
one side of the ring and lace them
together in form of a chain; inside
this chain put a row of beets cut in
pretty shapes with a vegetable cut-
ter. Salads should be served the day
they are made. In using oil as a
mixture, always use it before putting
in the vinegar, to avoid curdling, then
add the vinegar, stirring all the time.
Melted butter may be substituted if
oil is disliked.

Feather Coconut Cake

One and one-half cups of flour,
seven-eighths cup sugar, two tea-
spoons baking powder, two table-
spoons melted shortening, one egg,
one-half cup milk, one teaspoon lemon
extract, one-half cup fresh grated
coconut. Bake in moderate oven 25
minutes; sprinkle with powdered
sugar or grated coconut.

Coffee Cake

One cup sugar, one cup molasses,
2 cups raisins, one teaspoon cinnam-
on, one-fourth teaspoon cloves, one
teaspoon soda. Put the soda in the
coffee, one cup of butter, one cup
black coffee, one egg and five cups
flour. Bake in moderate oven about
25 minutes.

HOW TO MAKE BEST OF LIMITED SPACE



For the woman who must use her
bedroom as a living room, a day bed
will be convenient. Dressing table may
be hidden by a screen and with a few
chairs and a table, a cozy living room
will result. Pink satin is used for the
window draperies.

THE HURIED GIRL

I know a certain little girl
Who's always in a hurry;
When there is work that she must do
She gets in quite a flurry.
She worries over all her tasks,
So very hard she takes them;
She hurries 'round and upsets things,
Or knocks them down and breaks
them.

I often wonder why it is
She has to hurry so.
Perhaps because she leaves her work
Till it has time to grow;
And when it's very very big,
Flies at it hasty-scurry.
If she would just do things on time,
'Twould save, oh, save, so much
worry!

The KITCHEN CABINET

Between the printed words that are so
wise
And march so easily across the page,
Sometimes quite suddenly I catch the
looks
Of him who wrote, toiling in lowly
guise
To keep his pen undulled by woe or
age—
And then I think, "What precious
things are books."—Hilda Morris.

SOUPS AND GARNISHES

Soups will never grow passe, for
with too many a soup is the attrac-
tive dish of the
meal. There are
such varieties
that he is indeed
hard to please
who cannot find
one to his liking.
—Vermont Chicken
Soup—Take six
cupfuls of well-seasoned chicken
stock, add a little grated onion, a
head of lettuce shredded and one cup-
ful of peas. If the peas are fresh,
simmer until they are done. Beat an
egg, add enough bread crumbs to
make a paste and shape into balls.
Drop the balls into the soup and sim-
mer until well heated; serve hot.

Quick Bouillon.—Cut fine one pound
of fresh beef and a slice of fat pork.
Put into a saucepan with one cupful
of cold water, one carrot, one onion
finely minced, and cook fifteen min-
utes; then add two cupfuls of boiling
water. Simmer for an hour, then
press through a fine sieve. Season
with salt, pepper and celery salt.

Cheese Balls.—Take one-half cup-
ful of flour, half a cupful of milk, a
tablespoonful each of butter and
cheese. Mix in a double boiler, cook
until smooth and thick, add one egg
well beaten and cook long enough to
set the egg. Set aside to cool. Form
into balls the size of hickory nuts,
drop into boiling soup, cook five min-
utes and serve immediately.

Leftover Meat Dish.—Put through
the meat grinder two or three med-
ium-sized potatoes, season well, add
one small onion also ground through
the meat grinder. In a little pork
sausage fat cook the potato and onion
until well scalded then place in a well-
buttered baking pan with a layer of
chopped roast beef and garnish with
halves of cooked pork sausages. Bake
until the potato and onion are cooked.
Serve from the dish. See that all the
potato water and onion juice is added
for it will be needed for moisture.

Nellie Maxwell

For the first time in history a
woman, Mrs. Annie L. Swynerton, a
painter, has been elected an associate
of the Royal Academy of England.

Grays Crossing Barber Shop
6007 82d street, next the metal works
Children's haircutting, 25c
John J. Conboy, Prop.

Why were "Walsh's"

**Electrical Fixtures Selected
by the School Board?**
They found them more efficient
and effective than several other
competitive samples shown.
Phone Broadway 5781 and have
sample light installed. Wiring
service and estimates given.

Walsh Electric Co.
106 FOURTH ST.
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BDWY. 5781

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THE CITIZENS BANK
Grand Ave. at E. Alder Street
32 years old
Interest Paid on Savings

"We Would Appreciate Your Business"

PRICE WAR IS ON

BATTERIES RECHARGED 50c

We specialize on battery and auto electrical equipment. We also
carry accessories and radio supplies. Yours for better service

Red Top Battery & Electric Service Co.

Phone 625-52

Eighty-second and Foster Road

Classified Ads.

CALL R. HEYTING, phone 625-67,
for sand and gravel delivered at a
reduced price. 17-4

WANTED—Man, with car, to sell
complete line low priced TIRES
AND TUBES; \$100 per week and
expenses. Sterlingworth Tire Co.,
3691 Sterling, E. Liverpool, O. 17-

TAILORING AGENTS—All-wool
suits tailored to order, \$39.50. All-
wool tropical worsteds, two-piece
suits, \$19.50. Wonderful values.
Big money for hustlers. Write J. B.
SIMPSON, Inc., Dept. 483, 831 W.
Adams St., Chicago.

Position Wanted By
Practical Nurse
Specialist in
Maternity Cases
Phone Automatic 613-08

When you want to borrow money
on your property see
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Let us write your
INSURANCE

**Don't Forget Our
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\$1.85 a Sack

My-T-Nice Corn.....10c
**Milk, Federal, Carnation,
Bordens**.....10c

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6360 FOSTER ROAD
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given us some work
we'll please you so we
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MODERN PHOTOGRAPHY
"Every Sitting a Study"
View Work, Home Portraits, Kodak
Finishing
6455 FOSTER ROAD

How to Make a Call From a Machine Switching Telephone After Saturday Midnight, Jan. 27

1. Obtain the correct number from the NEW
Telephone Directory
2. Remove the receiver carefully and listen for the dialing tone.
3. Dial the first two letters of the office name (they are in capitals) and the four figures of the number in order.

FOR EXAMPLE:
to call BEacon 2981
dial B-E-2-9-8-1.
to call TAbor 3407
dial T-A-3-4-0-7.

to call SUNset 0425
dial S-U-0-4-2-5.
to call Long Distance,
Information or Repair Clerk
refer to the front cover of directory
to determine the proper code.

Read the booklet "Directions for use of the Machine Switching Tele-
phone" delivered to you by the representative who demonstrated the use
of the dial.

The Pacific Telephone and Telegraph Company

January Clearance Sale

Almost every article reduced. These prices are as long as lots last and for
JANUARY ONLY

Outing flannel, 27 inches wide,
per yard..... 17c and 8c
35c outing flannel, 36 inches
wide, daisy cloth, now per
yard..... 25c
Percale, 36 inches wide, now
per yard..... 14c
25c gingham and cloth, 36
inches wide, now per yard..... 20c
25c cretonne, 36 inches wide,
now per yard..... 18c
45c Pillow Tubing, 42 inches
wide, linen finish, now per
yard..... 38c
20c Muslin unbleached, 36
inches wide, now per yard..... 15c
25c muslin bleached, 36 inches
wide, now per yard..... 19c
Calico, 25 inches wide, now per
yard..... 8c
Cheese Cloth, 36 inches wide,
now per yard..... 4c
Blankets, pair..... \$1.50 up
25c Cotton Hose for women,
now a pair..... 20c
75c Silk-Lisle hose for women,
now a pair..... 30c
\$1 Silk Hose for women, now
a pair..... 70c
\$1.25 Union Suits for women,
now..... 95c
\$2 Union Suits for women..... \$1.50
30c Mercerized Hose for men,
two pair..... 45c
75c Silk Hose for men, now a
pair..... 50c
30c Wool Mixed hose for men,
now a pair..... 20c
50c Wool Hose for men, now
three pairs..... \$1.00
75c Wool Hose for men, now a
pair..... 45c
25c Ribbed Hose for girls and
boys, sizes 5 to 6, now a
pair..... 20c
35c Ribbed Hose for girls and
boys, sizes 7 to 10, now a
pair..... 25c
25c Ribbed Hose for boys, sizes
5 1/2 to 7 1/2, now a pair..... 15c

**50 pairs Shoes
for Women
and Misses**
Sizes 2 1/2 and 3 only
\$5 value, now a pr.
75c

**100 pairs
Fine Shoes
for Women**
including the finest
Kid Leather Shoes
formerly priced at
\$12 a pair, now
they go at
\$2 a pair

FREE
with purchase
of \$1 or over
1-lb 35c
baking powder
FREE

\$4 Corduroy Pants for men,
now..... \$2.95
\$5 All-Wool Pants for men,
now..... \$3.25
\$1.50 Overalls for men (Union
Made), now..... \$1.30
\$1.75 Union Suits for men,
now..... \$1.35
\$4 Union Suits for men, wool
mixed, now..... \$2.95
\$1 Shirts and Drawers for men,
now..... 60c
\$3.50 Wool Shirts for men,
now..... \$2.50
10c Arm Bands for men, now..... 6c
25c Garters for men, now..... 20c
35c and 50c Collars for men,
soft, sizes 14 and 16 1/2, now..... 10c
Collars for men, stiff and rub-
ber, sizes 14 and 17, now..... 5c
50c Ties for men, now..... 25c
75c Ties for men, silk and silk
knit, now..... 45c
25c Bow Ties for men, now two
for..... 25c
\$3.50 Hats for men, now..... \$1.15
\$4.50 Hats for men, now..... \$1.95
50c Hats for boys, now..... 15c
\$1 Hats for boys, now..... 35c
\$1.50 Plush Hats for boys and
girls, now..... 50c
\$2 Caps for men, now..... 75c
\$1.50 Caps for men, now..... 50c
\$2 Dress Shirts for men, size
14 only, now..... 50c
15c Canvas Gloves, now a pair 11c
25c Warm Gloves for women,
men and children, now a pair 15c
50c Heavy Gloves, now..... 30c
\$2 Corsets, size 19 only, now..... 25c
\$1.50 Corsets and Brasiers, all
sizes, now..... 50c
25c Children Waists, all sizes,
now..... 20c
Leather Soles..... 15c up
Rubber heels, a pair..... 25c
100 Pairs Rubbers for women,
now..... 50c and 20c
\$1.40 Cotton Hatts, ready
stitched, 72x90, 3-lb, now..... \$1.00
15c Cotton Hatts, 1/2 lb, now..... 11c
Shoe Laces, three pairs..... 5c
Darning Cotton, ball..... 2c

SELLING OUT ALL SECOND-HAND GOODS AT PRICES THAT MEAN NEARLY GIVEN AWAY

Long Coats for women, now..... \$1.00
Short Coats for women, now..... 15c
Shoes for women, now..... 35c and 15c
Overcoats for men, now..... \$1.00
Every-day Coats for men, now..... 25c
Working Pants, Overalls and
Coats for men and boys, now..... 15c
Under Shirts and Union Suits
for men and women..... 15c
Shoes for men, now..... 50c and 25c
Hats and Caps for men, now..... 15c
300 pieces of women and chil-
dren's wear, now..... 5c
Handbags for women, now..... 5c
Leggings for women and men,
now a pair..... 5c

REMEMBER--These prices are for January only. Do
not miss this sale. You save 25c to 50c on the dollar

BARGAIN STORE
6344 Foster Road