

Herald Home Corner

Housewives may mail requests for recipes or ask any questions concerning recipes published. A Herald subscriber, a woman versed in cookery, who desires to remain anonymous, will be delighted to publish requested recipes or answer questions.

—The Editor

Pineapple Shortcake

Sift together one quart of flour, one teaspoon of salt, three rounding teaspoons baking powder; chop in two-thirds cup shortening until the mixture is like coarse meal; wet as soft as can be handled with cold milk; roll out, divide in two layers, spread with melted butter and bake to a golden brown. Lift off top layer, spread with butter and put preserved or finely chopped canned or fresh pineapple between layers and on top; whip one-half pint rich cream, sweetened and flavored with juice of pineapple and pile it over the top.

Maine Doughnuts

One cupful of sour milk, one cup sugar, one egg, one tablespoon of butter, one teaspoon soda, salt, ginger and nutmeg, flour to roll soft. Fry in deep hot fat.

Crullers

Two eggs beaten till creamy, then beat in one cup sugar, one tablespoon of soft butter, a square of grated chocolate and two level teaspoons of cinnamon. Mix well, then add two-thirds of a cup of sweet milk, three cups of flour sifted with two level teaspoons of baking powder, more flour if needed. Roll out one-fourth of an inch thick and cook in a kettle of smoking hot lard. When done drop on crumpled paper to absorb the grease. While still hot roll in powdered sugar.

Plain Gingerbread

One cupful of sour cream, one cup-

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ful of molasses, one-half cupful of sugar, one egg, one teaspoon each of soda, ginger, cinnamon, allspice, salt, two cupfuls of flour. Bake in flat tin and frost.

Tomato Salad

Twelve tomatoes, peeled and sliced; four eggs, boiled hard; one egg raw, well beaten; one teaspoon salt; one-half teaspoon cayenne pepper; one teaspoon sugar; one teacup of vinegar; set on ice to become perfectly cooled. Mix all together with the sliced eggs on top.

Corn Bread

One pint of sweet milk, one pint of sour milk, one pint flour, two pinches of salt, one tablespoon syrup, one teaspoonful salt, one teaspoonful soda dissolved in the milk. Steam three hours.

French Biscuits

Two cups of butter, two cups sugar, one egg (or the whites of two), half a cup of sour milk, half a teaspoon of soda, flour to roll; sprinkle with sugar. Bake.

Saving Pennies

"The war has brought one benefit to the world at least—it has given a new birth to thrift. Prime ministers are preaching this virtue now, as setting the example for cottages. In this country, also there is hardly any household to which the war, in its present effects or its ultimate possibilities, has not given a new dignity to a family savings account.

"But thrift is a virtue which ought not to depend for its popularity upon catastrophe. It should be taught by every mother to every child. And there are few things which can be more easily spoiled in the teaching. To draw the line between thrift and penuriousness, to teach a boy or girl how to save for the future without impoverishing the present, is not always easy. We remember a certain mother, a farmer's wife, who brought her boy up in the worship of thrift, only to have him die of pneumonia in early manhood because he could not endure the expense of proper medical attention.

"Childhood should learn thrift as a game. The boy's allowance of 10 or 15 or 25 cents a week ought to begin in his very early years, and he should be helped to divide it—so much for necessary things, so much for church, so much for giving pleasure to others, so much for personal pleasure and so much to put away every week in the bank. So the fun of finding out what money will buy and the fun of learning how much money can earn more money go hand in hand.

"Such a training will cultivate thrift without covetousness—and it cannot be started too early."—Woman's Home Companion.

WHERE FOOD COMES FROM

To trace to their sources many staples edibles found on the American dinner table one must go beyond state, national lines and frequently across the ocean, it is pointed out in a bulletin of the National Geographic society. The bulletin quotes from a communication to the society from William Joseph Showalter as follows:

"Could we turn loose our fancy as we dine, we could see a great army of men and women working that we might eat. The appetites of men now levy tribute upon all the continents and all the seas, and where once all roads led to Rome, now they come directly to our dinner tables.

"Let us sit down to dinner and cover the menu and try to list those who have assisted in the preparation of our meal.

"At the top of the list come olives and salted nuts. The olives mayhap are from Spain, the almonds from California and the pecans from Texas. The salt on the nuts was prepared in New York state. Also we have celery that came from Michigan.

"Then comes the soup. Without a cookbook at hand, this writer will not pose as an authority on the ingredients of soup, but it may be Chesapeake bay clam chowder, which certainly has some pepper from Africa in it, and other ingredients from far and wide.

"Our fish is salmon from Alaska, and our prime ribs of beef came to our table through the Kansas City 'packing town.' Our potatoes came from Maine, our boiled rice from China, our string beans from Florida and our tomatoes from Maryland.

"Next comes our salad, and it contains—if a man may guess at the contents of salads and dressings—Mexican peppers, Hawaiian pineapple, Sicilian cherries, Pennsylvania lettuce, Iowa eggs, Spanish olive oil, Ohio vinegar, California mustard and Georgia red pepper.

"When we get down to the ice cream, we eat Virginia cream, Cuba

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sugar, Ecuadorian vanilla and Mexican chocolate. The cake that goes with it is made of butter from Wisconsin, flour from Minneapolis, made from wheat grown in North Dakota; baking powder from Pennsylvania and other ingredients.

"When it comes to coffee, if we are fastidious we will have issued a draft on both Turkish Arabia and Dutch Java, or if we are only folk of everyday taste we will content ourselves with the Brazilian product.

"And so, when we come to reckon up those who have helped produce the raw materials of which our foods are made, we find the eluted African savage and the American stock grower; the South American Indian and the California truck farmer; the Japanese coffee picker and the Virginia dairyman; the turbaned Arabian and the New York orchardist; the Chinese coolie and the Dakota wheat farmer; the Mexican pea and the Chesapeake bay fisherman; the Porto Rican planter and the Hawaiian sugar grower; the Spanish olive packer and the Alaskan Eskimo fisherman.

"Yet all these neglect the matter of transportation. Our food comes to us on the heads of Indians, on the backs of donkeys, drawn in carts by huge water buffaloes, aboard the 'ships of the desert,' on wheelbarrows propelled by Chinese coolies. Steamships, railroad trains, auto trucks, and delivery cars have all played their part in the great work of catering to discriminating appetites.

"Truly the man who dines well ought to be a deep student of geography, for all races, all nationalities, all types of peoples, all points of the compass, all latitudes—continent, island, river and sea—all must come to him as he looks over the things that delight his palate."

Two Golden Days

There are two golden days of the week upon which and about which I never worry—two carefree days kept sacredly from fear and apprehension. One of these days is yesterday. Yesterday with all its cares and frets with all its pains and aches and all its faults, its mistakes and blindness, has passed forever beyond the reach of my recall. Save for the beautiful memories, sweet and tender, that linger like the perfume of roses in the heart of the day that is gone, I have nothing to do with yesterday. It was mine. It is God's.

And the other day that I do not worry about is tomorrow. Tomorrow with all its possible adventures, its burdens, its perils, its large promise and poor performance, its failures and

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mistakes, is as far beyond the reach of my mastery as its dead sister—yesterday. Its sun will rise in roseate splendor from behind a mass of weeping clouds. Tomorrow! It is God's day. It will be mine.—Robert Burdette.

Social Activities

Oklahoma City.—Of all the several hundred Rotarians who drew for a 150-pound pig offered as a gift at a Rotary club picnic yesterday, the porker fell to the lot of Rabbi Joseph Blatt of Temple B'Nai Israel, who held the winning number. The Rabbi offered the prize to Father A. F. Monnot, pastor of the Church of Our Lady of Perpetual Help. It was Friday, but the pig was alive and would keep for another day, so Father Monnot took the porker.

"Did you hear that Jimmy Jones has got a new baby up to his house?" "What is it?" "A flapper!"—New York World.

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