

Herald Home Corner

Housewives may mail requests for recipes or ask any questions concerning recipes published. A Herald subscriber, a woman versed in cookery, who desires to remain anonymous, will be delighted to publish requested recipes or answer questions.

—The Editor

Summer Mince Pie

Two cups rhubarb, chopped fine, 1 cup raisins, chopped; one cup molasses, one cup sugar, one cup water, a little melted butter, 4 crackers rolled fine. Stir in the last thing all kinds spice. Makes enough for three pies.

Pie Crust

Three cup flour, one tablespoon sugar, one teaspoon baking powder and one-half teaspoon salt. Sift three times and then work in one cup lard until it is like meal. Add one-half cup cold water (ice water preferred) and roll out; wet with butter and milk or cold water, top crust. This makes enough for three small pies or two large ones.

Celestial Fruit Sauce

Cut up 1 pound of rhubarb, with the skin left on, place in stew pan without water, but cover very closely to steam it well. After 15 minutes of steaming add a large box of strawberries and cook ten minutes together, then sweeten to taste. This is much better than either fruit cook singly.

Strawberry Conserve

Two pounds raisins, 1 cup candied citron chopped fine, 1/2 cup candied ginger, juice of four oranges, juice of one lemon, two pounds of sugar, two pounds of strawberries crushed. Cook all together slowly for one-half an hour, then add the candied ginger and cook again until thick. Put up in glasses with wax on top and tied down with waxed paper. Different fruits may be used instead of strawberries. Raspberries, blackberries, huckleberries, etc.

Potato Puff

Beat two cups of hot mashed potatoes, stir in one beaten egg, one teaspoon grated onion, a little milk if needed. Season with salt and pepper and drop from spoon on buttered tin and bake in a quick oven. Put bit of butter on top just before serving.

ANENT PUP-NURSES

Portland, Or., May 25.—(To the Editor.)—This "Advice to Pup-Nurses" is what a friend of mine asked me to get you as a favor to republish in my issue of the Herald.

I do not agree with the article about being less care and less food for a baby, than for a pup, as I have cared for both and personally know that a baby could not thrive well on the food I would feed the pup, nor with the care I would give the pup—but the baby would have the best that I could get or give within my means, also better care than the pup would get, but the pup would be treated kindly just the same, as next to children I love animals.

If I have been told correctly the immediate act of adopting a child, large or small, is quite an amount, as the would-be foster parent must own a home and have income enough to guarantee a comfortable home, also an education besides extensive questions pro and con about your private affairs.

Now I know, Mr. Editor, that if they could take the little one home and let it have what their own would have, (the best they could give), many a child would have a happy and loving home, without the frills, for an honest working couple could love a child where they were willing to divide their all, more than some eccentric rich person.

ADAH L. CONINE.

Advice to Pup-Nurses.

Dogs are all right, but let your ambition in life be for something higher than to become a "pup-nurse." —Pythian Guest.

It takes less care and less food to keep a baby than a lap dog, and we have often wondered at the heart of a childless woman who would prefer to spend her affection on a dog when there are countless beautiful baby orphans who would fill her soul with the most wonderful love in the world. It would seem that an intelligent woman could love another woman's baby if she could love any dog's pup.

How much more interesting it ought to be for a woman of leisure to undertake to rear a tiny human being, which could respond to every effort at training and eventually become a benefit to society than to undertake to rear a dog that could never be anything but just a dog.

If little orphans were to take the place of lap dogs, there would not be an orphanage in the world—not one!—Contributed.

Some people are content to drift through life at the pace at which other people push them along.

FOOD FOR THE CHILD—FROM SIX TO TWELVE MONTHS

By Margery M. Smith, Nutrition Specialist, O. A. C., Extension Service. (Feed the baby regularly, if possible at the same hours each day.)

At Six Months

6 A. M.—Breast feeding.
9 A. M.—Fruit juice, orange or tomato juice, 1/2 teaspoon at first, increasing to two tablespoons. (Dilute the juice with an equal amount of water.)

10 A. M.—Cereal, one to two tablespoons well cooked and strained, wheat, oat, or barley cereal followed by breast feeding. (Give cereal from spoon without milk or sugar increasing from one teaspoon at first to two tablespoons.)

2 P. M.—Breast feeding.
6 P. M.—Thoroughly dried and crisp toast or zwieback, 1/2 slice followed by breast feeding.

10 P. M.—Breast feeding.

At Seven Months

(Add to the foregoing)
2 P. M.—Strained vegetable soup (see recipe) 1 to 4 ounces followed by breast feeding. (Soup may be given in bottle or from cup or with finely divided stale bread crumbs.)

6 P. M.—Cereal as at 10 A. M. followed by breast feeding.

At Eight Months

(Add to the foregoing)
2 P. M.—Strained vegetable pulp, 1 to 2 teaspoons in the soup at first. Later increase amount of pulp and decrease amount of soup, or give the pulp undiluted.

At Nine Months

(As above except that)
9 A. M.—Strained prune or baked apple pulp and juice, one tablespoon, may be given occasionally in place of orange or tomato juice.

10 P. M.—Omit feeding. Begin weaning baby from breast to bottle feedings of modified cow's milk.

At Ten to Twelve Months

Gradually increase amounts of foods already introduced.

Points to Remember

1. Add to the baby's diet only one new food at a time and in very small

A black-headed albatross followed a steamship across the North Pacific for 3000 miles without once furling its wings. It started from a small island near Japan and when the ship was 1900 miles from the nearest Alaskan port, it turned abruptly and flew toward the west.

FUNERAL NOTICES

Andrena Martin, aged 75 years, died May 23, at the late residence, 3403 Seventy-first street. She was the mother of Mrs. J. M. Hanson of Lyle, Minn.; Mrs. Anna Paulson of Los Angeles, Cal.; Mrs. Jennie Ziegler, Alf and Henry Martin of Aurora, Or., and Mrs. Clara Vail of Portland. The funeral service will be held today at 2:30 at Finley's mortuary. Friends invited. Concluding services in Multnomah cemetery.

Dorothy Alice Brown, aged 1 year 7 months, died May 20. She was the beloved daughter of Mr. and Mrs. Carl H. Brown of 6108 92d street. Funeral services were conducted Monday. Interment in Mount Scott Park cemetery.

Maria Arntsen, aged 76 years, died at her late residence, 8018 40th avenue. Funeral services will be held today at 2 P. M. Friends invited.

Adam Zollner, aged 8 years, died at the residence of his parents, Mr. and Mrs. Adam Zollner. Funeral services were held May 22, at 9:30 A. M., at the home. Interment in Mount Calvary cemetery.

Constance Johnson, aged 72 years, died at the home of his daughter, Mrs. Minnie C. Jamieson, 5736 86th street, May 23. Funeral services were conducted May 25, at 11, in the chapel of A. D. Kenworthy & Co. Interment Multnomah cemetery.

The funeral services for the late John S. Gibbons, of 6412 87th street, will be held today at 10:30 A. M. Concluding services at Mount Scott cemetery.

William Fred Congdon, aged 57 years, died May 16, at 6504 96th street, of phrophrositis-cystitis.

Minerva J. Turner, aged 53 years, died May 8, at 5752 37th avenue, of pulmonary tuberculosis.

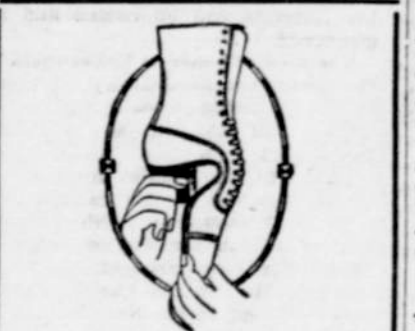
Clara E. Stutevoss, 55 years, died May 10, at 4719 42d avenue, of cerebral hemorrhage.

Swimming from Colonia, Uruguay, to Buenos Aires, recently, an Argentine student made a new record. The distance was 27 miles. The swimmer was in the water 24 hours, 30 1/2 minutes, beating the previous record by 30 minutes. This is believed to be a world's record for endurance swimming.

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Why Do So Many People Have Weak Arches?

If shoe clerks are correct in saying that 60 per cent of the women they wait on have weak arches; if the army examiners were correct in rejecting, on account of flat foot—then it does seem strange that so many people should have to suffer from failure of the foot to hold up under the weight of the body. They're not all fat people, either.

The Answer

Broadly speaking, the reason is this: Every part of the body is always clad so as to permit reasonable muscular freedom, except the foot. Here the ligaments and muscles which should hold the arch bones in place, become atrophied through restricted circulation and lack of exercise in shoes that are rigid, tight, ill-fitting. Down goes the arch. There are other special causes, but the bulk of the sufferers can blame the shoes they have worn.

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If you have been ailing for any length of time and do not get any better, do not fail to call, as improper measures rather than disease are very often the cause of your long standing trouble.

Remember above date, that consultation on this trip will be free and that his treatment is different.

Married women must be accompanied by their husbands.

Address: 336 Boston Block, Minneapolis, Minn.—Adv.

IN THE COURT OF DOMESTIC RELATIONS OF THE STATE OF OREGON FOR THE COUNTY OF MULTNOMAH.

In the matter of the change of name of John Boroff to John Vogel.

Order: Now at this time, the above cause coming on for hearing, Petitioner appearing by his attorney of record, for a decree changing his name from John Boroff to John Vogel, and alleging facts and reasons in support thereof.

Now, therefore, it is hereby considered and ordered that all persons desiring to object to such change of name appear before this court on the 14th day of June, 1922, at the hour of 10 o'clock A. M. thereof, at the court room of the above entitled court, in the courthouse, in the county of Multnomah, State of Oregon, to show cause, if any there be, why a decree for such change of name should not be granted and entered of record in this court, and that notice of this order and of the application of the petitioner herein be published for two weeks prior to said date in The Mount Scott Herald, a newspaper of general circulation in said county and state, the first publication to be made on the 19th day of May, 1922, and the second publication to be made on the 26th day of May, 1922, and the third publication on the 2d day of June, 1922, and the fourth publication on the 9th day of June, 1922.

JACOB KANZLER,
Judge of the above entitled court.

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Rice—Extra Fancy Blue Rose Head Rice 7 1/2c lb., 2 lbs. 15c, 5 lbs. 35c.
Folger's Golden Gate Coffee, 2 1/2-lb. cans 85c, 5-lb. cans \$1.65.

Bloekers Cocoa—Direct importation from Holland to us. Ask for circular with recipe how to make—Small cans 15 cts., half-pound cans 28 cts. Highest type cocoa in America.

Excelo Cake Flour, full lb. pkg.	5c	California Small White Beans, fancy stock, 6 lbs.	48c	Argo Corn Starch 7 1/2c full lb. pkg.	7 1/2c
Del Monte Prepared Mustard, 15c size	10c	Large Can Instant Postum	39c	Devilled Meats, Small cans 4c, Large cans	8c

Crisco—Highest type of shortening, 1-lb. cans 23c, 1 1/2-lb. 34c, 3-lb. 68c, 6-lb. \$1.30, 9-lb. \$1.90.

Baked Beans—Del Monte High Quality, 1/2-lb. cans, 4 for 25c; No. 2 cans, 2 for 25c.

Grated Pineapple, No. 2 cans	15c	Royal Baking Powder, 12-oz. car	40c	Lima Beans, best grade 2 lbs.	25c
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Roasting Coffees—Every pound of bulk coffee sold in our stores is roasted in our own plant, just before you get it—It's fresher, stronger and costs less:

Plantation Coffee, a lb.	25c	Peaberry Coffee, best of the male berry, a lb.	30c
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20th Century Coffee—Really the best of all, pound 33c, 5 pounds \$1.60.

Broom sale with free package Gold Dust. Saturday and Monday we offer Beaver Brooms—Portland manufactured—a four sewed, natural varnished handle, weighing over one and one-half pounds to the broom, for 49 cents. With each broom, we will give free one 10-cent package Gold Dust Washing Powder.



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Let us show you this remarkable machine—this washer that cannot break buttons or fasteners, that washes and dries heavy blankets and comforts as well as the daintiest pieces, that makes it possible for you to do an entire washing without putting your hands in the water even once.

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