

### AN EARLY START IN PAPER BOXES

Convenience Available in Various Sizes: Can Be Unfolded Away From Roots.

#### THE PLANT NOT DISTURBED

Arrangement of Container Saves In Jury to Growth; Can Be Placed in Ground Under the Most Favorable Conditions.

No greater gardening convenience has been devised in many years than the paper flower pots now available In various sizes which can be unfolded away from the roots of the plant when it comes time to transplant. By the use of these paper pots which are fairly durable, plenty lasting enough to raise seedlings to sufficient size, great advantages can be secured in growing such vegetables as peppers, egg plants and cucumbers and melons for an early start. One or two seeds to a pot of the two-inch size may be planted and the stronger of the two seedlings retained to grow along.

For plants which cannot be transplanted readily if the roots are dis- fruit and fruit products at relatively turbed in the operation these paper pots are ideal. If cucumbers can be given two or three weeks start by this



to withstand the ravages of the early bugs which annually take heavy toll of the seeding plants in the open ground and make it necessary to plant more seeds to the hill than could be cannot withstand the long hot sumgrown should they all survive.

In the larger-sized paper pots, gladiolus bulbs as well as tuberoses may be sprouted and placed in the ground with an advantage of a month's growth over the earliest date it would be possible to plant them in the open. The pots are so cheap in price that they can be thrown away after using with no real loss.

One precaution is necessary in using these pots. They should not be allowed to stand in water or the bottoms will rot out while the sides remain intact. It is necessary to provide drainage in all but the smallest sizes with pieces of broken earthen flower pots, crockery or a few pebbles.

Castor beans may be given a fine start with these paper pots which will bring them to majestic proportions much earlier than if planted in the open. Planting the seeds in these little pots saves the work of transplanting which will become imperative if the seed is planted in the usual way in a seed box indoors or in rows in a hothed or cold frame.-National Garden Bureau.

#### ART OF GROWING RADISHES

One of the Earliest Products of the Home Garden is One of Easiest to Grow.

The radish patch usually is the first to be planted by the majority of home gardeners. The product in most instances is the first to grace the fam-1ly table. The United States Department of Agriculture tells how:

For the home garden, radish seed should be sown in the open ground as soon as the soil is moderately warm. Plant in drills 12 to 18 inches apart. and as soon as the plants are up thin them slightly in order to prevent crowding. Radishes require to be two or three weeks after planting. If ples are sometimes recommended. fit for table use. For a constant supply successive plantings should be made every two weeks, as the roots lose their crispness and delicate flavor if allowed to remain long in the open ground. As a rule a large percentthus making room for those that will

HOW TO GROW PEPPERS

Seeds of peppers should be own in a hothed or in a box in the house about 8 weeks before the time for setting the plants in the garden. The plants are tender and should not be transplanted until the ground is warm and all danger of frost is past. Set the plants 15 to 18 inches apart in rows 214 to 3 feet apart. The cultivation and treatment of peppers should be the same as tomatoes and eggplants. There are a large number of varieties of peppers, including the sweet kinds and the hot pep-

### PLAN FOR FRUIT IN HOME GARDEN

Trees and Bearing Bushes Should Be Raised in Addition to the Vegetables.

#### GROW CROPS BETWEEN TREES

Strawberries, Raspberries, Blackberries, Gooseberries, Currants and Others May Occupy Same Space and Do Well.

The more general planting of both standard and small fruits in addition to the home vegetable garden would contribute materially to the health and pleasure of the average family and furnish a supply of very desirable small cost. In many localities it is extremely difficult to secure a continuous supply of fruits in pleasing vamethod, they are in much better shape riety by purchasing on the market, and one of the most important features of the plan for the home fruit plantation is the selection of kinds of fruits and varieties of those kinds which will do well in the given locality and which will serve best the purpose for which they are desired.

The home fruit plot will necessarily be planned from the standpoint of the | teachers for the others. These chilavailable space, the soil and climatic limitations, and the needs of the fam- Practically all the work of my orphily throughout the year. In many cases it may be feasible to grow all the fruit needed, but only that which can be most readily produced. Among the hospital work and clinical treatthe fruits that may be grown throughout the greater part of the country American money must go for their supare apples, pears, peaches, plums, port and to help other children keep strawberries, blackberries and dewberries. Raspberries, currants, cher- when they wanted a swimming pool, fruits are more or less restricted to special localities. In colder sections the winters are too severe for peaches and all the fruits requiring a warm climate, while in the warmer sections, apples, currants, gooseberries, raspberries and certain varieties of several of the other fruits fail because they

mers and winters. The plan of the home fruit garden will, therefore, depend largely upon the kind of fruits adapted to the locality. On the whole, however, the



plantings should be so arranged that the larger growing trees such as apple, peach and pear will interfere the least with the cultivation of the smaller fruits or the vegetable garden. In some of the most successful home fruit gardens the larger trees are headed rather high, that is, 5 or 6 feet to the lower branches, and a row of small fruits are grown directly in the row of fruit trees. Between the rows of fruit trees, raspberries, blackberries, dewberries and strawberries are planted in rows which are about 8 or 9 feet apart. The vegetables are then grown in the space between these rows of berries. Peach trees are, as a rule, planted as fillers between apple and pear grown on a quick, rich soil, and some trees. Where the area is extremely of the earlier sorts can be matured in limited the semi-dwarf varieties of apthe radishes grow slowly they will Care should be taken, however, to have a pungent flavor and will not be provide plenty of distance between the large-growing trees, say 40 to 48 feet for apples and 20 to 30 feet for peaches, pears and cherries.

Apples, pears, cherries and plums may be planted as combination fruit and shade trees, and by heading them age of radish seed will grow, and it is 5 to 7 feet above the ground, a lawn often possible by careful sowing to may be maintained underneath them. avoid the necessity of thinning, the Plum trees are particularly adapted first radishes being pulled as soon as to planting in a poultry yard, but must they are sufficient size for table use, be headed reasonably high and the trunks protected by wire netting until the trees are four or five years old. stricken races."

#### ORPHANS ARE HOPE OF THE NEAR EAST

Oregon Teacher Tells of the 110,000 Children in American Orphanages "Over There."

The hope of the entire Near East ountry, according to Miss Margaret Reid, teacher in Jefferson High School of Portland, who recently returned from a term of service in the Near East Relief orphanages in Russian Armenia, is bound up in the 110,000 orphans being fed, clothed, educated and trained for farming and the industrial trades.

The continuous wars which have swept this unfortunate country since 1914, she says, have left it devastated and its people helpless, starving and in espair before the staggering task of

reconstruction. "They are plodding on as best they can," says Miss Reid, "but are centering all their hopes for the future of the Armenian and Syrian races upon 110,000 children in the American orphanages who are receiving careful American training. Outside the orphanages there is practically no schooling or training to be had. Every effort must be directed towards the difficult objective of mere physical survival. Many 12 year old children can neither read nor write. This is because war has swept that country ever since 1914. These boys and girls are from well-educated families, and realizing how handicapped they are, they come to the orphanages and offer to give up part of their food if they can be given schooling. From the destitute families come mothers in rags and tatters, thin and hollow-eyed from hunger, offering to make any sacrifice if we will only establish schools for their children. \* \* \* In all the orph anages the children are being taught to read, write and figure in their own language. The older and brighter children receive instruction in geography, history and English. Because bread is needed so much more than education, we cannot afford a sufficient number of teachers to teach personally all the children, so our few teachers give their extra time to the bright pupils, who are able, in a short time, to serve as dren are marvelously industrious. anage was carried on by the children, who did all the cleaning, sewing, cooking and laundry work, also helping in ments. They realize that every penny of alive, so the boys of our orphanage "When the little refugee children

ries, quinces, apricots, figs and citrus dug the hole themselves and then went without supper twice a week for many weeks in order to buy the cement and the labor of the workmen to finish it. ome into our orphanages they are always in a most pitiable conditionfirty, covered with vermin, clad only in filthy rags, and many of them afflicted with scables, trachoma and other diseases resulting from starvation, exposure and lack of care. The first task is to clean the child thoroughly, shave its head, and treat the eyes and scables sores. Next comes a system little bodies. In about two weeks the little waifs are able to run about, but It takes a year or more to make them over into normal, wholesome children. Their joy and happiness in the paradise of an American orphanage is the thing that makes it possible for an American worker to endure the sights that must be seen on the outside of the orphanage walls every day. But happy as they are, these little ones never eem to forget the awful things they have been through. We had one little boy named John, four years old, who for weeks after being admitted, would steal the shoes of the other boys, their books, food from the kitchen, everything. This was because the only way te had of keeping alive all his life, had been by stealing. Another boy of six years would sit by the door, for days after he came, with his hands out begging for food, despite the fact that e was receiving three meals a day. It was hard to make him understand that he still did not have to beg for food. A four-year-old boy who had spent the previous winter begging in a rufned village and sleeping at night among the sheep, had a perfect horror of being sent away from the orphanage. One day he recognized two women visitors who came from the ruined village where he had begged when scarcely more than a baby, and he ran to me sobbing and in terror, pleading

> he was rescued by the English and brought to our orphanage. "The personal history of each little orphan is a tragedy in itself and no one but those in close touch with these little ones can know their deep gratitude and reverence for anything Amer ican. This gratitude and reverence universal throughout all that land of sorrow, where the helping hand of America, through the Near East Relief, has saved hundreds of thousands from death by starvation and today offers the only hope for the survival and rehabilitation of these tragically

with me not to let them take him away.

The boy who ran my errands was 12

years old, an Armenian. He had seen

his entire family killed before his eyes

in a Turkish massacre. Hiding among

next day was found by some Arabs

who took him into the desert and made

him their slave for two years. Then

the ruins, he escaped massacre, but



Now all occasions do inform against And spur my dull revenge! What is If his chief good and market of his

time

Be but to sleep and feed?

—Shakespeare. FISH DISHES As canned fish is available in any

market, these dishes are seasonable at any time. Salt codfish is in the market, put up li boxes and a most satisfying dish of this is easy to pre-Salt Cod en

Casserole.-Wash and soak one pound of salt codfish in water to cover for several hours. Drain and flake in small pieces. Cover with boiling water and simmer before flaking. Melt three tablespoonfuls of butter, add one small onion cut in slices and cook slowly for five minutes. Add the fish which has simmered ten minutes, one cupful of bottled rice and two cupfuls of canned tomato. Pour into a casserole, cook for thirty

minutes. Season well before serving. Fish Cutlets.-Melt three tablespoonfuls of butter, add one-half tablespoonful of finely chopped onlon and two tablespoonfuls of chopped pineapple. Cook slowly for five minutes, stirring constantly. one-third of a cupful of flour and when well mixed stir in one-half cupful of milk and the same amount of cream or condensed milk. Cook until smooth and thick, add two cupfuls of flaked fish, salt and paprika to taste. Shape into small cutlets, dip in egg and crumbs and fry in deep fat. Drain on soft paper and serve with a good

Molded Fish Salad .- Flake one-half pound of tuna fish or salmon. Mix with one cupful of diced celery, one tablespoonful of chopped green pepper, two tablespoonfuls of chopped olives and three-fourths of a cupful of salad dressing. Add two tablespoonfuls of vinegar and season with salt and pepper. Soak two tablespoonfuls of gelatine in one-fourth of a cupful of cold water for five minutes, dissolve by placing over hot water, then stir into the mixture of fish. Turn into small molds rinsed with cold water and set away to chill. Serve on lettuce or water cress and garnish with celery, strips of green pepper or parsley.

#### Nellie Maxwell

Juvenile Delinquents Need Scientific here for a scientific HAIRCUT. Study

"A much larger proportion of men tal defectives is to be found among delinquents as they appear in court than in the ordinary population, perhaps ten times as many," says Dr William Healy, director of the Judge Baker Foundation in Boston, in a report just made public by the U. S Department of Labor through the Children's Bureau. But Dr. Healy points out that individuals mentally normal are misdoers quite apart from matters of mental capacity and that many feeble-minded people live decently and do their work well. Determining the causes of criminal tendencies and "deciding treatment that s tremendously influential at the formative period of life," Dr. Healy says, "vastly outweighs in import ance \* \* \* any decision of a criminal case that may take weeks in court or perhaps fill the pages of the newspa-

The report, entitled "The Practical Value of Scientific Study of Juvenile Delinquents," declares that all delinquent children need scientific treat ment, and that mental tests alone do not suffice to give a true picture of the child's personality without study of his home, companions, play, employment, special temptations and bad examples, quality of schooling and other conditions of environment taken together with his whole mental life, his lack of knowledge or his misinformation, his habits, secrets, grudges, and ideas.

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