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**Funeral Directors**  
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First-Class Service given Day or Night.

Close Proximity to Cemeteries Enables us to hold Funerals at a Minimum Expense

## G. A. MORRISON LUMBER COMPANY

### Specials On Doors This Week

A few doors with 2 upright panels and one flat panel on top  
Regular price, \$3.50. **Special \$2.00**

Regular \$1.75 Four panel doors. **Special \$1.00**

We specialize in sash and doors, glass, paints, oil, finish lumber and wood

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Mt. Scott Car Line      PORTLAND, ORE.

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## Our War Governor

# JAMES WITHYCOMBE

Re-Elect The Man Who Has Made Good

From the Re-Elect Withycombe Committee, 527 Chamber of Commerce.

Is It Well To Change In War Time?



Vote For

## A. W. ORTON

Republican Candidate for  
**Circuit Judge**  
Department No. 4  
Primaries, May 17, 1918



VOTE FOR

## JOHN E. OWEN

Republican Candidate  
FOR  
**Circuit Judge**  
Department No. 6  
Primaries, May 17, 1918

Paid Advertisement

## GROCERS HELP IN 50-50 PLAN

**SIGN PLEDGE TO CARRY OUT FOOD ADMINISTRATION PROGRAM.**

**POST CARDS IN STORES.**

**Explain New Wheat Ruling to Thousands of Customers—Insures Greater Food Saving.**

Grocers of the nation have accepted enthusiastically the 50-50 basis for the purchase of wheat flour and are doing their utmost to explain the new regulation to the housewife. This ruling by the U. S. Food Administration requires each purchaser of wheat flour to buy one pound of cereal substitute, one kind or assorted, for every pound of wheat flour. It was necessary to restrict the use of wheat flour in order that the allies and our fighting forces abroad might be assured of an adequate supply of wheat to meet their vital needs. This supply must come from our savings because we have already sent our normal surplus.

Wheat saving pledge cards were forwarded by the Food Administration to all retail food merchants, and these are being signed and posted in stores throughout the country. This card states, "We pledge ourselves loyally to carry out the Food Administration program. In accordance with this order we will not sell any wheat flour except where the purchaser buys an equal weight of one or more of the following, a greater use of which in the home will save wheat:

"Cornmeal, corn flour, edible corn starch, hominy, corn grits, barley flour, potato flour, sweet potato flour, soy bean flour, feterita flour and meals, rice, rice flour, oatmeal, rolled oats and buckwheat flour."

Some confusion has resulted on the part of the consumer in construing this "50-50" ruling to mean that an equal amount in value of substitutes must be purchased with wheat flour. This is a mistaken idea. The ruling states that the consumer in purchasing flour shall "buy at the same time an equal weight of other cereals."

One exception to this ruling is concerning graham flour and whole wheat flour, which may be sold at the ratio of three pounds to five pounds of wheat flour. This provision is made because approximately 25 per cent. more of the wheat berry is used in the manufacture of these flours than standard wheat flour.

Another exception is that concerning mixed flours containing less than 50 per cent. of wheat flour, which may be sold without substitutes. Retailers, however, are forbidden to sell mixed flours containing more than 50 per cent. of wheat flour to any person unless the amount of wheat flour substitutes sold is sufficient to make the total amount of substitutes, including those mixed in flours, equal to the total amount in wheat flour in the mixed flour. For instance, if any mixed flour is purchased containing 60 per cent. wheat flour and 40 per cent. substitutes it is necessary that an additional 20 per cent. of substitutes be purchased. This brings it to the basis of one pound of substitutes for each pound of wheat flour.

A special exception may be granted upon application in the case of specially prepared infants' and invalids' food containing flour where the necessity is shown.

Some misunderstanding seems to exist on the part of consumers in assuming that with the purchase of wheat flour one must confine the additional 50 per cent. purchase to one of the substitutes. This is not the case. One may select from the entire range of substitutes a sufficient amount of each to bring the total weight of all substitutes equal to the weight of the wheat flour purchased. For instance, if a purchase of 24 pounds of wheat flour is made a range of substitutes may be selected as follows:

Cornmeal, 8 pounds; corn grits, 4 pounds; rice, 4 pounds; buckwheat, 2 pounds; corn starch, 1 pound; hominy, 2 pounds; rolled oats, 3 pounds.

These substitutes may be used in the following manner:

Cornmeal, 8 Pounds.—Corn bread, no flour; corn muffins or spoon bread one-fourth flour or one-third rice or one-third hominy; 20 per cent. substitutes in whole bread.

Corn Starch, 1 Pound.—Thickening gravy, making custard, one-third substitute in cake.

Corn Grits, 4 Pounds.—Fried like mush, used with meal in making corn bread.

Roller Oats, 3 Pounds.—One-fourth to one-third substitutes in bread, one-half substitute in muffins; breakfast porridge, use freely; oatmeal cookies oatmeal soup.

Buckwheat Flour, 2 Pounds.—One fourth substitute in bread, buckwheat cakes.

Hominy, 2 Pounds.—Baked for dinner, baked for dinner, with cheese sauce.

Rice, 4 Pounds.—One-fourth substitute in wheat bread, one-third substitute in corn bread, boiled for dinner (s bread cut), as a breakfast food, to thicken soups, rice pudding instead of cake or pie, rice batter cakes.

Several grocers have stated that their customers who strictly observe the 11 wheatless meals each week find it necessary to buy substitutes in addition to those ordered under the 50-50 plan.

## NEWSY ITEMS FROM DOWN THE LINE

Rev. Spriggs former pastor of the Arleta Baptist Church, now of Roseburg, Ore., has been visiting friends here. He reports himself and family enjoying good health now.

A reception will be given for Mrs. W. E. Whitman at Blasore's residence, Thursday evening. Mrs. Whitman and two little daughters will leave Friday for a two months outing at Seaside.

An entertainment will be given soon at the Arleta school to raise funds to help carry on the patriotic work which the teachers and pupils are engaged in.

Last Thursday evening the Ladies Gymnasium Club held their closing meeting. Under the leadership of their instructor, Mrs. Shockey, they gave a program of fancy dances, exercises, music, etc. Refreshments were served. The club presented Mrs. Shockey with a handsome bouquet of carnations.

### Death of Pleasant Valley Woman

Mrs. Mattie Beard Jenne, of Pleasant Valley wife of Eugene S. Jenne and mother of Corporal W. G. Jenne, Co. C, 116th Engineers, U. S. A., dropped dead at the residence of her sister Mrs. Mary E. Hammond, 31 E. Seventy-ninth St. N. Wednesday evening, May 1st. The funeral services will be held Saturday, May 4th, at 10:30 A. M. at the Mt. Tabor Presbyterian Church, E. 55th and Belmont Sts. Internment will be in the Mt. Scott Park Cemetery. The plan is to have her buried in a steel vault so that when the son returns he may be able to see her.

### Sports At The Front.

Under the direction of the Y. M. C. A. a half mile track for athletics has been constructed near the sector which American troops in France are guarding exclusively.

### Poet Creates Record

In nine months James W. Foley, poet humorist, has spoken to 200 audiences of soldiers, sailors, aviators and marines in Y. M. C. A. buildings in the western cantonments.

### True American Spirit.

American soldiers are playing baseball in France where the crash of the bat against the ball vies with the bursting of German abrapnel shells.

### Baseball Star Serves.

David Fultz, one time member of the New York Americans, who starred in football and baseball at Brown University, is among the noted athletes who have gone overseas for the Y. M. C. A.

### French Drink Chocolate.

Chocolate is becoming a most popular drink with French soldiers since it has been introduced in the Y. M. C. A. huts over there.

### Enters War Work.

Dr. Carl G. Doney, president of Willamette University, Salem, Oregon, has sailed for France to engage in Y. M. C. A. war work.

### Athletes Needed.

One hundred physical directors are needed immediately by the Y. M. C. A. for work among the soldiers overseas.

### Star Runner To Serve.

Archie Hahn, star performer in the Olympic games in St. Louis, in 1904, and at Athens in 1908, national 100 yard champion in 1903, is going overseas in Y. M. C. A. service among American troops.

### From The War Savings News Bulletin.

"If you smoke or if you chew,  
Buy a Stamp!  
Each day skip a weed or two, to  
Buy a Stamp!  
Sacrifice should a pleasure be  
When the cause is Liberty,  
That's the way it looks to me—  
Buy a Stamp!  
—Loyal American.

## William A. Carter

—FOR—

County Commissioner  
Re-Election

—

For

—

Republican Nomination

For

—

Circuit Judge, Department No. 6. To succeed Judge C. U. Gantenbein.

Paid Adv.

## WOODMERE SCHOOL

Miss Florence George one of the teachers in the school was married to Mr. Chas. Brown last Sunday afternoon at the home of her parents Mr. and Mrs. M. D. George, 829 E. Stark St. She returned to her classes Monday. Her fellow-teachers in the school gave her a surprise dinner during the noon hour Monday. It was prepared by the teachers and served in the sewing room which was beautifully decorated for the occasion with apple blossoms and sweet peas. Besides the teachers and the guest of honor there were present the bride's mother and Prin. and Mrs. Dickson. A silver teapot was presented to Mrs. Brown a wedding gift from the School faculty.

The girls indoor baseball team will play the Franklin Freshman team in Woodmere Assembly hall next Tuesday afternoon. These grammar grade girls have developed an excellent team and so far have not lost a single game. Come and see them play.

### Becomes 'Y' Worker.

Dr. Philip Marshall Brown, professor of international law at Princeton University, for ten years in the diplomatic service and who was with Henry Vanduyke in the American Legation to Holland when the war broke out, has volunteered his services in the work of the Y. M. C. A. overseas.

## VOTE

x | 111 | G. B. THOMAS |

## REPUBLICAN CANDIDATE

for

—

## COUNTY COMMISSIONER

Paid Adv.

## GANTENBEIN

REPUBLICAN



Fifteen years active practice, ten years Circuit Judge, sixteen years Guard and volunteer service.  
To Succeed Himself **CIRCUIT JUDGE**  
Department No. 6  
Paid Adv.

—FOR—

## County Commissioner

Re-Election

—

## PHILO HOLBROOK

Republican

—

PRIMARIES MAY 17

—

## Ballot No. 107

Paid Adv.



## Eye Comfort for Reading and Distance

KRYPTOK Glasses are a wonderful convenience to middle-aged men and women who wear glasses.

You can see both near and far objects through KRYPTOKS with equal distinctness. Yet KRYPTOKS cannot be distinguished from single vision glasses.

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and the nuisance of removing your reading glasses every time you look across the room or at a distance. They relieve the tiring strain upon your eyes caused by frequently looking through your reading glasses, at objects three or four feet away.

KRYPTOKS are solid lenses without seam, line, or blur. They are the only bifocals with smooth, even surfaces—no age-revealing, vision-blurring lines, seams or shoulders.

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Optometrist

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W. W. HALL  
Republican Candidate for  
COUNTY CLERK

Graduate of the O. A. C., Class Ex-County Clerk of Marion County Resident of Portland for 10 years Educated, Qualified, Experienced and Fearless. Makes No Promises of Positions.

Judge R. P. Boise, for thirty years Judge of the First Judicial District, said that W. W. Hall was the best qualified County Clerk he had ever known and had made the best record.

Paid Advertisement.