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IMPROVEMENT CLUB TO MEET REGULARLY

May 3rd Next Date Annual Election of Officers. Merchants to Agree Upon Closing Hours Lents Stores.

Last Friday the Lents Improvement Club met at Kenworthy's Chapel. It was expected that there would be a full attendance as several important issues were to be discussed, however, but few put in an appearance and they were not all present at one time, some coming early and departing before the others arrived.

The first Friday in each month was decided upon as a regular meeting night. May 3rd, being the first Friday in next month, the next meeting will be held at that time and the annual election of officers will be the chief business of the evening.

Another subject that will probably engage the attention of the Club will be an attempt upon the part of the local merchants to agree upon certain hours for closing.

Now is the time to not only do your bit, but to do your darndest.—St. Johns Review.

ENLISTED MEN TO BE GIVEN FURLONGS TO DO FARM WORK

Application Blanks. County Agent. Gresham.

General orders have just been received from the War Department by the County Agent to the effect that enlisted men will be furloughed for agricultural work during the present farming season in order that production may be increased and the crops all harvested without waste or spoilage. Furloughs granted by this order will be given for short periods during seeding and harvesting and will be given by the commanding officers of posts, camps, cantonments, divisions and departments.

There are several restrictions under which men may not be furloughed but these apply in cases where it will interfere with military movements.

In order to secure furloughs for enlisted men applications must be made by relatives or farmers on a blank prepared by the Government, this submitted to the local board, then to the County Agricultural Agent, who will forward it to the post at which the soldiers are stationed. Application blanks and instructions may be secured at the County Agent's office at Gresham.

LOCAL MAN HONORED.

The February Elevator Constructor Magazine, published in Pittsburg, Pa., had a fine two toned picture of W. O. Ash and family, formerly of Lents, now residing on their farm near Scappoose. Mr. Ash is a well known authority in his line of work, having been employed by Otis Elevator Co. for ten years. He has been president E. V. O. E. Constructors, No. 23 of Portland, Ore.

DUFFY-BOLAND.

Wednesday morning at the 9 o'clock Mass at St. Peter's church, Lents, Father Beutgen officiating, Miss Margaret A. Boland became the bride of Thos. J. Duffy. Miss Nelly Boland attended her sister as bridesmaid and Eugene Duffy, brother of the groom, acted as groomsmen.

The bride's gown was of white satin and Georgette crepe and she wore a wedding veil and wreath. She carried a bouquet of pink and white carnations. The bridesmaid wore gray silk elaborated with Georgette crepe.

Immediately after the ceremony the bridal party and invited guests were entertained at a wedding breakfast at the home of the bride and in the evening they all enjoyed a delicious dinner with a beautiful wedding cake centering the table. The young couple were the recipients of many useful and beautiful presents.

The bride is the daughter of Mrs. M. J. Boland and the groom's parents are Mr. and Mrs. J. Duffy. They will make their home at Delahunt Court, E. 28th and Sandy Boulevard.

Only the relatives and close friends of the couple were invited to the wedding reception.

CHEERFULNESS UNDERFIRE.

What's for breakfast, Bill?" "Well, if we 'ad hegs we might 'ave 'am and hegs, except we ain't 'ad no 'am!"—Passing show.

FRANKLIN HIGH

Bill Hart! BILL Hart! Long Live Bill Hart.

Franklin students felt quite honored when Big Bill Hart came Monday afternoon to the assembly in the Liberty Loan drive.

Bill Hart is a very picturesque figure in his bright shirt, and his handkerchief, waving his big cow boy hat and Franklinites appreciated it fully.

The ice cream was enjoyed by all who brought from the sale by the seniors Tuesday.

An indoor track meet will be held at the ice palace April 26th for the benefit of soldiers and sailors. High school students are eligible for one relay.

Food Value of Potatoes.

The idea that the potato is difficult of digestion, and thus gives rise to fermentation in the stomach is erroneous, says Dr. J. H. Kellogg, of Battle Creek Sanitarium, one of the best authorities on foods in this country.

The fault is not with the potato, but with the manner of eating.

When acted upon by the saliva, the starch of the potato is converted into maltose and dextrin; these two substances Palow, of St. Petersburg, has shown to be powerful stimulants of the stomach.

Properly cooked and well chewed, the potato is not only a good food but an aid to the digestion of other foods.

In persons whose stomachs have a tendency to produce excessive acids, the stimulating effect of the potato may be so great as to produce the symptoms characteristic of hyper-acidity, heartburn, tenderness over the stomach, regurgitation of gas and acid liquid, and other well known symptoms.

The difficulty is not likely to occur, however, except where chewing is neglected. The gastric juice has little effect on the potato. In eating potato, every morsel should be chewed until reduced to a smooth paste in which no coarse particles can be detected by the tongue.

The remedy is simple. Palow has shown that fats lessen the acidity of the stomach in the secretion of the gastric juice. Hence it is only necessary to increase the amount of fat eaten with the potato. In extreme cases the potato should be eaten in the form of a puree with the addition of butter or a rich cream.

The great food value of the potato may be best shown by comparing it with other foods:

- One pound of baked potato is equivalent in total food value to—
 - 1 5-8 pounds of boiled potato.
 - 5 7-8 ounces of boiled beef.
 - 1 pound of chicken.
 - 3 pints of skimmed milk.
 - 8 eggs.
 - 7 ounces of bread.
 - 9 ounces of baked beans.
 - 1 pint of boiled rice.
 - 4 pounds of boiled cabbage.
 - 5 pounds of tomatoes.
- Penn. Grange News.

OREGON SERVICE FLAG OF 651 STARS DEDICATED

Impressive Ceremonies Marked Presentation of the Flag.

Six hundred and fifty-one stars gleam forth from the University service flag which now floats in the breeze above the entrance to Johnson hall, the administration building. Each star represents a University man who has gone forth in the service of his country. Six of the stars are golden, for the six students who gave their lives while wearing the khaki. They are: Kenneth Kellems, James Gurney, Dale Melrose, Frederick Kingsbury, John Kelley and Irvin Brooks.

Simple yet impressive ceremonies marked the presentation of the flag. J. E. Hedges of Oregon City, a member of the Board of Higher Curricula; Walter Winslow of Salem, president of the alumni association, and James Sheehy, president of the associated students, each spoke a few words of appreciation on the sacrifices the men have made.

Miss Dorothy Collier, chairman of the committee which superintended the making of the flag, unfurled the banner, while the University battalion stood at present arms. Many townspeople attended the exercises also.

Enlistments, since the flag was designed have run the total number of sons of the University in the service close to 700.

Mr. and Mrs. Haworth, whose wedding occurred at the Friends' church on Easter Sunday, are now residing at 6104 88th St. S. E.

FORMER LENTS WOMAN ADDRESSES CLUB

National Topics Subject of Interesting Address.

Mrs. Lucia F. Addison, well known in Lents, recently addressed the Corriente Club at the home of Mrs. A. F. Fliegel, 501 Jarret St. She spoke interestingly on "Immigration" and other matters of National importance, and also discussed some of the measures to be submitted to the people at the approaching special election.

Miss Adina Morterude has recovered from an attack of the grip and is again at her position with the Mt. Scott Drug Co.

QUAKER GIANTS GIVE PARTY FOR MAIDENS.

Games, Music, Readings Features of Entertainment.

Last Friday evening the "Giants," the young boys' class of the Friends Church, with their teacher, Geo. L. Carr, entertained the Quaker maidens at the home of Raynor Heacock, 10,003 Foster Road. The boys were excellent hosts and presented an entertaining program of games, readings and musical numbers. Theodora Dunbar gave an amusing reading entitled, "The Goat and the Swing;" Mildred Heacock and Alice Carr gave a vocal duet, "Mammy's Little Coal Black Rose;" Bessie Fitch played piano selections, Jesse Smith sang "Joan of Arc" and joined Gordon Mann in rendering "Liza Jane," which brought forth much applause. Mr. Carr proved his versatility by launching out as the star soloist of the evening with his comical Indian-dialect song. Wafers and bananas were served as refreshments by the boys.

Something Sinister.

Dr. William H. Crawford, President of Allegheny College, said on his departure to do war work at the front:

"Don't ask me for an interview. There is something sinister about an interview. It suggests that I'm never coming back."

"Yes, you make me feel almost as blue as the rich old fellow whose little nephew said:

"Uncle will you please make a noise like a frog?"

"Why, Willie!" said the rich uncle, laughing heartily, "Why on earth do you desire me to make a noise like a frog?"

"Because," said Willie, "whenever I ask papa to buy me a pony or bicycle or anything, he always says: 'Wait till your uncle croaks.'"—Exchange.

SEEDS AND BULBS WANTED FOR BEAUTIFYING CAMP LEWIS

Dahlia Bulbs Will Be Especially Appreciated.

An appeal has been sent out by the Patriotic Conservation League, with headquarters at 728 Corbett building, for all who have either flower seeds or bulbs to spare to send them to league headquarters, so that they may be sent to Camp Lewis, to be used in beautifying the camp.

All seeds sent in should be carefully wrapped and plainly labeled. Dahlia bulbs will be especially appreciated, say members of the league.

W. C. T. U. NOTES

Mt. Scott W. C. T. U. met with Mrs. Shinn, 9503 59th Ave., Tuesday at 2 P. M., Mrs. Dunbar presiding. Much interest is being taken in the Red Cross work of the United States. While discussing plans of how to make our country dry, fingers were busy with needles and thread, making up handkerchiefs and dish towels for the soldier boys. Retiring President Mrs. Somerfeldt read a letter from her son in France. He spoke very highly of the care Uncle Sam takes to keep the boys clean morally as well as physically. The French wines are so sour there is not much attraction in them, while in every line the army discipline makes it easier to live straight than otherwise.

The recent change in officers having left the Union without a president, Mrs. Shinn was elected to the office. A meeting of the executive board was called for next Tuesday, when definite plans for an aggressive campaign will be developed.

The next regular meeting will be with Mrs. Rowley, corner Foster Road and 9th Ave.

BOYS TO ENROLL FOR WORK ON THE FARMS

Oregon to Recruit 9500 Boys.

A National Drive to recruit boys for farm labor which began April 15th gives Oregon the task of enrolling at least 9500 boys for work on Oregon's farms, fruit ranches and dairies.

The recruiting is being conducted by the State Office of the Boys' Working Reserve, 309 Corbett Building, in cooperation with the State Council of Defense and through the Public Schools, Private Schools, Y. M. C. A's., Boy Scouts, Play Grounds and every organization that deals with boys. It is expected to reach every boy in the State between the ages of 16 and 21.

MENTAL CULTURE CLUB MET WITH MRS. WM. STOUT.

Entertained by Reading and Vocal Numbers.

The Mt. Scott Mental Culture Club met with Mrs. William Stout, 5603 Seventy-seventh St., S. E., Thursday afternoon, April 18th. The regular literary program was dispensed with and in the way of a treat the members and their guests were delightfully entertained by Mrs. Helen Miller Senn, who gave a reading, "The Blindness of Virtue," by Cosmos Hamilton, and several vocal selections by Mrs. Belle Ober. Light refreshments were served. Mrs. E. Thomo, Mrs. A. Harford, Mrs. M. Johnson, Mrs. Reyer and Mrs. Senn were guests of the club. The next meeting will be at the home of Mrs. S. F. Baily, 4836 74th St. S. E., May 2d at 2:00 P. M.

BOOKS FOR SOLDIERS.

If you are sending books to the soldiers try to choose works that you would read yourself. Suppose you were caught in a barn in the rain you would read "Postal and Telegraph Code of the Argentine Republic," "Annual reports of Episcopal and Throat Hospital" (twenty years old), "Annual Reports of the Bureau of Ethnology," the "Elsie" books or a file of "The Undertakers' Review?" Yet all of these books have been sent to the library at Camp Meade. They are not occupying prominent places on the shelves there. The Ethnologic report might have something in it which would aid in explaining the Hun, and the "Undertakers' Review" should be full of helpful suggestions as to his final disposition and undoubtedly dwells on the best methods of laying out, but it is hardly a cheerful book for round-the-campfire reading. Nobody would get the Happy Habit from its pages.

NUISANCE NEAR CITY LIMITS AROUSES INDIGNATION OF PUBLIC

Action Must Be Taken Soon.

Public indignation is becoming aroused over the nuisance being maintained by Joe Kirkley under the name of the Oregon Bone Meal Co., located at 100th st. and Powell Valley Road. The stench arising from this factory is revolting to those who are so unfortunate as to be residents of the vicinity. The fact that most of these residents are home owners has kept them from leaving the neighborhood long ago.

Numerous complaints have been made to the City and County authorities, but no results have been obtained so far. Those most deeply concerned feel that some action must be taken soon to relieve them of this torment.

HAS LIMB AMPUTATED.

Mrs. Sarah Fankhauser, mother of Albert Fankhauser, with whom she resides, south of Lents, had one leg amputated to the knees as a result of gangrene. The operation was performed at her home a week ago by Dr. Holden of the Portland Sanitarium, assisted by Dr. Browning a specialist in the administering of anesthetics. She is resting well and it is felt will recover successfully from the operation.

Quite Sociable.

In the neighborhood of 42d Ave. and 96th St. cows are allowed by their owners to roam at random about the roads and unfenced tracts, often doing damage to gardens, shrubs and lawns. One resident says they come right up onto her porch at night looking for forage. Nice neighborly spirit, eh? This refers to the owner, not the cow.

SCHOOL-FOLK, TAKE NOTICE.

In an effort to enlist interest in the sale of war securities, Mrs. Mary C. C. Bradford, president of the National Educational Association, will present a bronze tablet to the school that leads in the war savings movement. The tablet will bear an inscription showing that this particular school "led all the rest" in the patriotic endeavor to furnish Uncle Sam with funds to prosecute this war.

Many of the schools have already engaged in a friendly rivalry of this sort," writes Mrs. Bradford, "and some of the states have given prizes for the school with the best showing." Illinois presented a silk flag to the Frances Willard School, of which Miss Grace Reed is the principal. After a conference with Miss Reed, following the Atlantic City meeting of the superintendents' Branch of the N. E. A., Mrs. Bradford decided to offer this reward for similar endeavor to be taken up by the schools of the nation. The tablet will be a perpetual memorial to be affixed to the outside of the school building that leads in this competition.

EXCHANGES

The Bee, Sellwood—Applications for Liberty Bonds to the amount of \$32,750, have come into the Bank of Sellwood.

Eastern Clackamas News—Griffith of P. R. L. P. Co. denies rumor of big dam and power plant to be built on Clackamas above Estacada.

Gresham Outlook—Industrial Dept. for students in the county schools has been created by the Multnomah county fair board with offers of premiums.

Oregonian—In two weeks one-third of the liberty loan is taken. The region west of the Rocky Mts. is in the honor roll. "What's the matter with the East that it has to be shown?"

Oregon Farmer—Better Fruit, a horticultural magazine published at Hood River for the past 15 years by E. H. Shepherd, hereafter will be issued in Portland. Mr. Shepherd will continue as editor.

St. Johns Review—Spurred into action by the sudden increase in room rent, shipyard workers employed in the Northwest Steel Co. plant have proposed a "tent house" cantonment to be established within the next two months.

Crook County Journal—Apr. 18—The quota for the Third Liberty Loan for Crook County was 91,000. The subscriptions to date are \$150,000.

Worldly Wisdom.

The dull man borrows and the sharp one skins you.

About the only force some people have is the force of habit.

The man who tries to live beyond his means usually winds up by having to live without his friends.

When smiles can do so much, why are we not more liberal with them?

Portland Botany Class Begins Spring Course

Prof. Sweetzer, U. of O. Instructor Will Direct Studies.

Friday, April 12th, Professor A. R. Sweetzer began his eight weeks' spring course in botany in Portland. Meetings are held in the Fulton Park school, following excursions into the field for the purpose of collecting material for class analysis. Twenty-five students are in the course, which is one of the regular extension classes.

STORK KEPT VERY BUSY.

The stork has been very busy out here the past week. A baby boy arrived at the home of Mr. and Mrs. H. Preble 102d St. and 46th Av., on Wednesday and on Thursday Mr. and Mrs. C. H. Hays, 9023 55th Av., became the proud parents of a 10 pound boy. Out in Happy Valley early Friday morning twin girl babies were left to gladden the hearts of Mr. and Mrs. Jack Dearlord. Dr. McSloy was the attending physician in each case and reports the mothers and babies doing nicely.

ENOUGH WALLPAPER FOR ALL.

This being National Wall Paper week, the Lents Hardware Co. is observing it by making wall paper a prominent part of their display and backing it up with a new and select shipment of 6175 rolls.

URGENT DEMAND FOR VOLUNTEER WORKMEN

U. S. Army Needs Men for Sixty-five Skilled Occupations.

Portland, Or., April 17—The United States army must have immediately, for service in France under General Pershing, 12,000 men skilled in special lines of work.

So great is the emergency, declares a message from the War Department, that there is no time to select the men through the occupational card system recently put into effect, but not as yet completed in all the states.

The men are needed so greatly and quickly that the war department calls for volunteers from those qualified in Oregon.

They are urged by the War Department to present themselves voluntarily, and at the earliest moment, to their local draft boards to be listed as available, preparatory to being voluntarily inducted later into the military service.

This call is described by the War Department as being "urgent". With the allied armies engaged in a death grapple in France, the American troops over there must be kept supplied with the skilled men needed in various lines.

WOMEN OVERCOME HANDICAP

For War Work They Wash, Card, Spin, Knit, Wool for Soldiers.

The Red Cross Auxiliary of Williams, near Grants Pass, have overcome the handicap of yarn shortage by buying wool from the farmers, washing, carding and spinning it by hand for use in their knitting for the soldiers. They have turned out a quantity of sweaters, scarves, helmets and wristlets. Some of the boys in France will be wearing strictly made-in-Oregon knitted goods.

Rhode Island Johnny Cakes.

The recipe and all suggestions which are necessary are given here:

1. Place in mixing bowl the desired amount of white cornmeal (one cup will make from 15 to 18 cakes). (The meal must be very finely ground. Success will not follow the use of a meal that is at all coarse. So far, I have found the "TP" and the "Gold Coin" brands good, although different sacks of the same brand vary considerably and now and then a sack of these brands will prove too coarse. Yellow corn meals cannot be used.)

2. Moisten the meal with boiling water, adding the water slowly, turning and stirring the meal until not a dry particle of it is to be seen. (The water absolutely must be boiling. Use enough to moisten all the meal, but do not continue to dilute the mixture with it.)

3. Dilute the mixture with cold, sweet milk until you have a batter, which, when dropped from the spoon will not spread. (At this point you have a thick, lumpy mixture. It should be lumpy. If smooth, something is wrong.)

4. Drop the batter upon the griddle by the tablespoonful, making cakes about one-half inch thick. Fry and turn these as you would pancakes. (The griddle should be very hot—so hot that nearly as soon as the last cake is dropped upon it, the first is ready to turn, having a golden brown crust.)

5. When browned on both sides, lay the cakes side by side in shallow tins and place in a very hot oven for about 15 minutes—more or less, as experience will teach; according to the meal, amount of moisture used, thickness of cakes, crispness desired, etc. (Again I emphasize the need for great heat. The oven must be very hot. Upon this condition the success of the cakes largely depends. The change which takes place in them while in the oven is what gives them their unusualness and charm. There the moisture in the meal is converted into steam and this, seeking to escape from between the two crusts, puffs them outward. If left in the oven long enough there will be little left of each cake but the two flaky, crispy crusts. Some prefer them this way, others prefer to remove them from the oven before all the soft meal in the center of the cakes has dried out.)

6. Serve piping hot with butter slipped in between the crusts (which come apart very easily) and allowed to melt. No salt is needed.—Mrs. C. L. Lewis.

GRANGE MEETING POSTPONED.

The annual meeting of the Oregon State grange which was scheduled for May 14, has been postponed to June 4-7. The session will be held at Salem.