

EDITORIAL PAGE

Mt. Scott Herald

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Forward.

With the adopting of the Road Budget of Multnomah County this week, dreams at last seem about to come true; Lents is to become coupled up in earnest with Portland; Foster Road, or at least a portion of it, is to be hard-surfaced. The day when this should be an accomplished fact has been the dream of many a business man. It is fitting that the taking of this step should be appropriately recognized. Not only should the commencement of actual work be recognized by a celebration, but it should be the signal for a forward movement all along the line. Almost every part of Portland is crowded almost to overflowing; the solicitors for the City Directory announce the greatest increase of names for many a day; our own houses are rapidly being filled up, and real estate agents are busy as they have not been in years. Why should we, under such circumstances, any longer be content with the inadequate protection from fire loss offered by our willing but sadly handicapped Volunteer Department? Why should our residents longer have to wade in mud instead of walking upon paved sidewalks? Why should it be a practical impossibility for automobiles to reach our side streets? Why should Woodstock Avenue as viewed from the car windows be any longer allowed to resemble so closely the Slough of Despond? In fact, is it not time to transfer Lents to the City map in deed and in truth instead of in name? We repeat, it is time a constructive, progressive, but careful and prudent program be adopted by our community as a whole, looking to such a betterment of our external conditions that new comers may be attracted, not repelled, that business may be encouraged not penalized, that home-owning may be made easy and practicable instead of being accompanied by difficulties and discomforts. As we raise the flag at our new Community Centre on Sunday in honor of the absent ones, and as we put our shoulders to the wheel to make that little spot attractive in our efforts to keep green the memory of loved ones, let us "Rally Round the Flag" for many a community undertaking and make 1918 a year long to be remembered in the history of our community. Hurrah! Boys, All together—PUSH!!

VEGETABLE SEEDS SCARCE, USE LEFT OVER STOCKS

Some Retain Vitality for Years.

Corvallis, Ore., Feb. By using the best of vegetable seed stocks left over from last season a good deal can be done to overcome the present seed shortage. The O. A. C., offers the following suggestions:

Beets, cabbage, cauliflower, rutabagas, turnips and related plants may grow well even if four or five years old. Spinach does not give so good results in the second or third years. Tomatoes, peppers and egg plants are usually good for three years; squash and pumpkins, five to eight; beans and sweet corn three; peas and lettuce, three.

Onions, parsley, carrot and parsnip seed usually should be fresh, although two-year old seed sometimes gives good satisfaction. Onions and parsnips will not usually germinate more than 50 to 60 per cent the second year. All of the short-lived left over seed should be tested for germination.

The amount of seed of various kinds required to plant a hundred-foot row are given in "The Home Vegetable Garden," No. 287, prepared by Professor Bouquet. Copies may be had on request to O. A. C., Corvallis.

PATRIOTIC WORK IN LENTS SCHOOL

Pupils Make Good Showing in All Patriotic Drives.

The pupils of Lents School have about as good an all-around showing as could be made, the amount for patriotic purposes totalling \$3,470.75 to date.

Of this sum \$2,750 is the amount of Liberty Bonds held by school pupils. \$379.15 represents the Thrift and W. S. S. sold to date, \$94 was subscribed by 94 pupils to the Red Cross, there are 320 Junior Red Cross members totalling \$80, \$74 was subscribed to the Y. M. C. A., \$50 was raised by the graduating class in January for the Red Cross, \$27.60 was subscribed to the Quaker Drive for reconstruction work in France, and \$7.00 for the Knights of Columbus Fund.

Jesse Smith was the first to enter the Rainbow Division, having raised to date over \$60 for the Thrift Stamps. Lois Sheets is second in line and will no doubt win the honor also. Room 13, Miss Chapman, teacher, has the honor of 100 per cent Membership in the Junior Red Cross, and Rooms 3 and 4, under the Misses Full and S. Smith are giving a 5c entertainment today that will no doubt put them both in the same class.

Fine Red Cross Program.

If any one had entertained any doubts as to the patriotic spirit of this community they should have been out to the regular Red Cross meeting held last Monday evening.

It was one of the largest audiences that has assembled at this place for some time. Prof. McCormac, of the Gresham schools delivered the principal address. Mr. McCormac's message was on educational and patriotic lines and those who were fortunate enough to hear him will be encouraged and strengthened in the prosecution of the task before them. That Pleasant Valley is still on the map is attested by the results of the drive for the sale of war savings stamps which was started last Friday afternoon by the pupils of Pleasant Valley school and is still in progress. Already the forty-seven pupils now enrolled in this district are entitled to a place in Superintendent Churchill's "Rainbow Regiment."

Pleasant Valley school was one of the first schools in the state to make a report on the drive for food conservation, that report shows one hundred per cent for this community, then came the drive for the Red Cross, and today this organization has a membership of one hundred and thirty to its credit, and the work of the woman's auxiliary has elicited expressions of commendation from those in charge of the work at headquarters.

If every community in our land can be aroused to the importance of getting behind these drives with their influence and money there can be no question as to the final outcome of the titanic struggle that is being waged for the emancipation of the human race from militarism.

A COATED TONGUE

signals the need of a good laxative. That is when you'll be glad you know of SAN-TOX Fig Cascaras (Tablets.) For Sale by LENTS PHARMACY, The San-Tox Store.

CATERERS PROMISE TO STAND BY FOOD ADMINISTRATION

Membership Cards to be Displayed.

Restaurant men of Portland have united in support of the Food Administration and cards to that effect may be seen in the windows of all restaurants. At the request of Food Administrator Ayer patrons of restaurants are requested to promptly report any restaurants not complying with the rules and regulations prescribed by the Food Administration. Leaflets to this effect have been printed and are distributed upon the tables of all eating houses. It is seriously debated whether or not the sugar bowls shall be moved from the table, but for the present the administration is content to leave it to the patriotism of the restaurant men and the self control of their patrons.

It is reported that the Germans are wearing clothes made of paper. If the price of paper should ever come down in this country the people here might afford paper clothes, too.—Gresham Outlook.

The fishing fleet landing fishery products at Boston and Gloucester, Mass., and Portland, Me., during September, included 242 steam and sail vessels. The total for the three ports during the month amounted to 638 trips, aggregating 18,977,222 pounds of fresh and salted fish, having a value to the fishermen of \$965,674.

W. C. T. U. NOTES

The next meeting of the Mt. Scott W. C. T. U. will be held on Tuesday at the residence of Mrs. Clyde E. Sager, 6116, 94th St. next Tuesday afternoon at 2:00 p. m. It was originally intended to hold this meeting at Mrs. Scheurman's, but the change was found necessary. This meeting will be Frances Willard Memorial Day.

As this is written the County Institute is being entertained by the Mt. Scott Union in the Lents Baptist church. This is the first time for many years that the local union have been hosts to the County Institute. At the morning session Rev. E. A. Smith of the Baptist Church led the devotionals, Mrs. F. M. Jasper sang, and Mrs. Mattie Sleeth conducted the Bible Study. At the noonday luncheon over 50 sat down. Without hesitation we are safe in saying that the prevailing subject was not prohibition, regulation, law enforcement, anti-narcotics, or any one of the dozen lines of work with which the W. C. T. U. has identified itself so successfully; no the chief topic was War bread, and substitutes for wheat and the thousand and one problems that come up before the housewife in endeavoring to be loyal to the Food Administration and still keep peace in the family at home. Some excellent samples of new recipes were in evidence and showed that careful study had already been amply rewarded in many cases.

Of the 17 local unions in the County 11 were already represented by noon although the chief session was expected to be held in the afternoon and other representatives were confidently expected. The unions represented with delegations were: Mt. Scott, Arleta, Brooklyn, East Side Central, Woodstock, Deborah Livingston, Willard, Mattie Sleeth, Central, University park and Sunnyside.

The chief topic for the afternoon session will be "Presidents' Problems." Mrs. Zehrung, the County Superintendent for Anti-Narcotic Work emphasized the Blue Ribbon which is being offered all school pupils from the 4th to 9th grade on "The Conservation of Health." Contest lasts for the month of March. The local Union was out of course in force having something over a dozen ladies hard at work welcoming the guests. Arleta was next in line with eight delegates Mesdames Swope, Jolly, Lockwood, Collins, Zehrung, Service, Cauthorne, and Merry.



L. J. SIMPSON.

With the announcement of the candidacy of J. L. Simpson for the Governorship of Oregon, an interesting character is brought to the front. His patriotic activities have put his home district, Coos and Curry Counties, in the limelight.

Since this country became involved in the war he has taken an active part in the Red Cross drives, the selling of Liberty Bonds and in the raising of funds for the Y. M. C. A.

Mr. Simpson was chairman for Coos and Curry counties in the first Red Cross drive when this territory doubled its quota and raised \$36,500. He held the same office in the Christmas Membership Campaign when \$5000 was raised, and also headed the Y. M. C. A. work.

During the second Liberty Loan campaign Mr. Simpson stamped parts of Oregon in the interests of the bonds.

Mr. Simpson has also been made a vice chairman for Oregon in the war savings campaign and has charge of the first congressional district, comprising seventeen counties.

His friends claim that his abilities as shown by his activities at home would grace the gubernatorial chair well.

Evening dress is not abolished in London, but it is becoming much less customary in theatres and restaurants. Stiff white collars are disappearing, and the soft collar is worn by all classes.

Among many other useful and beautiful things for which we are indebted to the Chinese wall paper is not the least. This seems to have first appeared in Europe toward the end of the seventeenth century. It was brought to France by overseas traders, and the French immediately perceived the possibilities thus offered.

WHEN A BANK IS SAFE

It is when its loans are collectible. Capital and surplus are a protection, but the fundamental thing is the character of its assets.

Our loans and investments are regularly inspected and have been approved both by the bank examiner and examining committee of our board of directors.

Multnomah State Bank

Lents, Station

Bang! Goes A Tire, But We Can Fix It

YOU would be surprised to see some of the tires we have repaired and restored to service. Don't despair of a tire until you have shown it to us. If we say it is gone there is no hope for it, but if we say we can repair it there are many more miles in it for you at very small expense.

TRY US FOR VULCANIZING of both Tubes and Outer Cases

Bring us your old worn out casing and tubes, we allow highest cash price for them

LENTS GARAGE

AXEL KILDAHL, Prop.

Tabor 3429 D 61

8919 Foster Road

PAY YOUR WATER BILLS AT THE San-Tox Store LENTS PHARMACY

"We have always had a great margin of food and never appreciated its significance. We have wasted food as a symbol of our success and progress. A man who could order a meal and only eat part of it felt he had gotten a little further up the scale than the man who had to eat all he ordered. That is a fundamental sin in America. We must recognize the sanctity of food."—U. S. Food Administration.

A FEW DISHES THAT ARE GOOD TO EAT

FISH BALLS—Mash some potatoes to a cream; allow half as much potato as cooked fish; mix and heat by setting in a pan of boiling water over the fire, stirring frequently; when hot beat in an egg, whip the mixture smooth; let the paste get cold, make this into balls, roll in flour and set on ice; fry in smoking hot fat, drain and serve hot.

JUNKET—Dissolve 1 rennet in a tablespoonful cold water; stir this into a quart of milk that is just lukewarm and has been flavored with a teaspoonful of vanilla; set in warm room until firm, then put in a cool place till needed; serve with sugar and cream.

BUTTERMILK PUDDING—One pint buttermilk, 2 tablespoonfuls cream, 1 teaspoonful salt, a pinch of soda, and flour sufficient to mix a stiff batter; steam for 2 hours; serve with a liquid sauce.

PINEAPPLE ICE CREAM—Use any good recipe for ice cream; to it add, when almost frozen, 1 cupful grated canned pineapple for each quart of the cream.

ROAST MUTTON—In roasting mutton, allow 10 minutes for heating

through and from 10 to 12 minutes to the pound if liked rare; 15 minutes per pound if desired well done.

FANCONIA POTATOES—Pare 12 medium sized potatoes and parboil them for 7 minutes; place them under the roast mutton and baste with fat; bake from 20 to 30 minutes, turning often.

CRESS SANDWICHES—Wash and dry watercress thoroughly; put with a teaspoonful of mayonnaise between 2 slices of thin buttered bread. These are nice made of brown bread.

CUCUMBER AND WATERCRESS SALAD—Pare the cucumber and cut in the thinnest of slices and let stand in ice water until crisp; drain quickly on a cloth, mix with the cleaned cress and over all pour a French dressing.

You Can't Look Bright

or feel right if your bowels aren't right. The laxative properties of Figs as improved in SAN-TOX Fig Cascaras (tablets) For Sale by LENTS PHARMACY The SAN-TOX Store.

To avoid disastrous depletion of herds of cattle and sheep in western Canada, the government is arranging with railroads to carry breeding animals westward at reduced rates, or in some cases free, the government bearing a part of the burden.