

EDITORIAL PAGE

Mt. Scott Herald

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J. SANGER FOX, Editor.
J. ALLEN DUNBAR, Associate

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A Disappointment.

We are glad to present to our readers this week a new Mt. Scott Herald, larger in size, and we hope better arranged. The increase to six pages has only been made after much laborious effort, but we will have to confess that, to us, it is a great disappointment that we are not yet able to publish the full eight page paper with the serial story and all the other little attractions which we have in our mind to give our people. We have always tried, in a practical way, to hitch our wagon to a star, and we're not going to quit until our objective is accomplished and we have an eight page paper, on a solid financial basis, with a large subscription list, and above all a paper eagerly read and looked for each week on account of its filling the needs of its readers in a way that no other medium can do. We desire to express our appreciation to those who have contributed from time to time to our columns, and assure one and all that local and personal items, accounts of meetings, births, marriages, deaths and the thousand and one daily happenings that go to make up community life will be greatly appreciated. We can't get too much news!

Portland.

We are indebted to Reed College for some very valuable and enlightening statistics with reference to the showing made by various American cities. The comparisons include Wage Rates, Cost of Living, Death Rates, Infant Mortality Rates, Population Married, Church Membership, Child Labor, Parks, Pavement, Fire Loss, Public Properties, Library Books, School Attendance, School Property, Teachers' Salaries, Pupils to a Teacher, Illiteracy, Unable to speak English. Seattle ties with Salt Lake City for first place, and Portland is sixth. Thirty-six towns are compared. Portland ranks second for death rates, child labor, number of pupils to a teacher and in illiteracy, and is third in wage rates and infant mortality. Its biggest black eye is its Church Membership where it is disgraced by a place at the foot of the entire list; a surprise to many. It's next worse sin is in its unmarried population in which its rank is 35th. Are we to believe that married folk are better church attenders? Other bad showings were made by Fire Losses and Pavements, but in view of the fact that figures for these comparisons were taken from 1910 statistics it is reasonable to suppose that Portland would now make a much better showing as it has been active upon these lines since 1910. President Foster concludes his foreword by saying, "The significant facts are that all Western cities are in the first quarter, nearly all Southern cities in the last quarter." We're glad we live in Portland anyway, and if Portland would hurry up and get married and go to church, get its streets paved and its fire losses eliminated we would have no difficulty in reaching the head of the list.

Our Flag.

A short time ago, when war was first declared, it was inspiring to count the flags displayed on every hand. It would probably be equally inspiring now—were there any to count! The weather, and wear and tear on

flags is probably the reason for their retention in doors, but a good many people seem to think that upon our public buildings, such as the Post Office, a flag should continue to be displayed. It is true our post office at Lents has very poor accommodation, but if the rules governing the flying of flags were followed—up and down with the sun—a flag could still be flown with propriety. Later: P. O. flag is flying all right now!

Grocers Must Be Good.

Portland, Ore. Feb. 4.—Grocers who ignore the new regulations of the United States Food Administration governing the sale of wheat flour, will speedily find themselves in trouble, according to Assistant Federal Food Administrator W. K. Newell.

"Every retailer in the state has had personal and full instructions" said Mr. Newell, "and where it can be proven that any retailer is selling wheat flour in violation of the rules, such retailer's supply of flour will be immediately cut off, as the Food Administration is authorized, in such cases, to forbid the wholesalers from making further sales to the retailer. With every 24 lb. sack of wheat flour, every retailer must sell 8 lbs. of substitute, and this ratio of three-and-one must be rigidly adhered to in every case, no matter how small the purchase of flour. The list of substitutes specified in the regulations give the customer a wide choice, and the rule will work no hardship on anyone. There is no excuse for attempted evasion by any consumer, nor for violation by the retailer. Any merchant who breaks the rules risks having his source of supply shut off, which would automatically put him out of business as to the buying and selling of flour.

Easily Explained.

Mistress—How do you manage to make such a noise here in the kitchen?
Cook—Well, just you try to break four plates without making a noise!—London Ideas.

YOU CAN'T LOOK BRIGHT

or feel right if your bowels aren't right. The laxative properties of Figs as improved in SAN-TOX Fig Cascaros (tablets). For Sale by LENTS PHARMACY The SAN-TOX Store.

Pershing Praises Soldiers.

In a recent communication to Secretary of War Baker, the commander of the American Expeditionary Forces said: "There has never been a similar body of men to lead as clean lives as our American soldiers in France. They have entered this war with the highest devotion to duty and with no other idea than to perform these duties in the most efficient manner possible. They fully realize their obligation to their own people, their friends, and the country. A rigid program of instruction is carried out daily with traditional American enthusiasm. Engaged in healthy, interesting exercises in the open air, with simple diets, officers and men, like trained athletes, are ready for their tasks. Forbidden the use of strong drink and protected by stringent regulations against sexual evils, and supported by their own moral courage, their good behavior is the subject of most favorable comments, especially by our allies. American mothers may rest assured that their sons are a credit to them and to the Nation, and they may well look forward to the proud day when on the battle field these splendid men will shed a new luster on American manhood."

NOT "OUR BIT" BUT "OUR BEST."

"Besides the sacrifices at the front, there must be sacrifices at home in a thousand ways I need not enumerate. Every man, woman, and child must help to sustain those who fight. I do not like the phrase 'do your bit.' We must do vastly more than a 'bit.' We must do our best."—Clarence Ousley, Assistant Secretary of Agriculture, in address at St. Louis.

The Woman's Excuse.

"One woman," says a police commissioner, "crossing the street at the wrong time can block up two street cars, a half dozen motors and a whole procession of wagons, besides giving every one who sees her heart failure."

"Well," replies the woman, "what business have all these vehicles on the street just when I want to go across?"—Kansas City Star.

A Victim of Habit.

Wife—But why have you put your friend's things in the dining room?
Hub—Oh, he's used to restaurants; he won't enjoy his dinner unless he can watch his hat and coat.

Never use water from a stone reservoir for cooking purposes.

FACE the FACTS

LET us face the facts. The war situation is critical. Unless the Allies fight as they never yet have fought, defeat threatens. Hungry men cannot fight at their best; nor hungry nations. France, England, and Italy are going hungry unless we feed them.

Wheat Savings—They must have wheat. It is the best food to fight on. It is the easiest to ship. We alone can spare it to them. By saving just a little—less than a quarter of what we ate last year—we can support those who are fighting our battles. And we can do it without stinting ourselves. We have only to substitute another food just as good.

The Corn of Plenty—Corn is that food. There's a surplus of it. Providence has been generous in the hour of our need. It has given us corn in such bounty as was never known before. Tons of corn. Trainloads of corn. Five hundred million bushels over and above our regular needs. All we have to do is to learn to appreciate it. Was ever patriotic duty made so easy? And so clear?

America's Own Food—Corn! It is the true American food. The Indians, hardest of races, lived on it. Our forefathers adopted the diet and conquered a continent. For a great section of our country it has long been the staff of life. How well the South fought on it, history tells. Now it can help America win a world war.

Learn Something—Corn! It isn't one food. It's a dozen. It's a cereal. It's a vegetable. It's a bread. It's a dessert. It's nutritious; more food value in it, dollar for dollar, than meat or eggs or most other vegetables. It's good to eat; how good you don't know until you've had corn-bread properly cooked. Best of all, it's plentiful and it's patriotic.

Corn's Infinite Variety—How much do you know about corn? About how good it is? About the many delicious ways of cooking it? And what you miss by not knowing more about it? Here are a few of its uses:

There are at least fifty ways to use corn meal to make good dishes for dinner, supper, lunch or breakfast. Here are some suggestions:

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| HOT BREADS | DESSERTS |
| Boston brown bread. | Corn-meal molasses cake. |
| Hoecake. | Apple corn bread. |
| Muffins. | Dumplings. |
| Biscuits. | Gingerbread. |
| Griddle cakes. | Fruit gems. |
| Waffles. | |
| HEARTY DISHES | |
| Corn-meal croquettes. | Corn-meal fish balls. |
| Meat and corn-meal dumplings. | |
| Italian polenta. | Tamales. |
- The recipes are in Farmers' Bulletin 565, "Corn Meal as a Food and Ways of Using It," free from the Department of Agriculture.

The Man Whose Balance at the Bank

is small, sometimes says to himself, "my account isn't worth much."

That's the wrong point of view.

Your fifty dollar account of to-day will become a thousand dollar one if you use it right.

We are optimistic, that's why we grow.

Multnomah State Bank

Lents, Station

Does Trouble Trouble You?

If you have electrical trouble on your car, then come to us and we will fix it in a short time and at low cost, by means of the

Ambu Electrical Trouble . . . Shooter . . .

FREE TEST MONDAY

Ambu is an instrument of a highly scientific character, which we have installed at our shop at great expense as evidence of our sincere endeavor to give our customers the very best service by means of the latest and best time and labor saving devices.

Bring Your Car Monday

To acquaint the car owners of Lents with the merits of this instrument, we will test out absolutely free of charge the electric starting and lighting system on any car that is brought to us on Monday, February 11th.

LENTS GARAGE

AXEL KILDAHL, Prop.

Tabor 3429 D 61

8919 Foster Road

What Next?

This is the way the agent got a less on in manners. He called at a business office and saw nobody but a prepossessing though capable appearing young woman. "Where's the boss?" he asked abruptly.

"What is your business?" she asked politely.

"None of yours!" he snapped. "I got a proposition to lay before this firm, and I want to talk to somebody about it."

"And you would rather talk to a gentleman?"

"Yes."

"Well," answered the lady, smiling sweetly, "so would I. But it seems that it's impossible for either of us to have our wish, so we'll have to make the best of it. State your business, please."

A COATED TONGUE

signals the need of a good laxative. That is when you'll be glad you know of SAN-TOX Fig Cascaros (Tablets). For Sale by LENTS PHARMACY, The SAN-TOX STORE.

To remove the smell of fresh paint put a pail of cold water in the room and change it every three hours.

NOTICE OF APPOINTMENT

Notice of appointment of administratrix in the matter of the estate of Ernest T. Rehfeld deceased. Notice is hereby given that the undersigned has been appointed administratrix of the estate of Ernest T. Rehfeld deceased, by the County Court of the State of Oregon, for Multnomah County, and has qualified. All persons having claims against said estate are hereby notified to present same to me at 816 Lewis Bldg., Portland, Oregon, with vouchers and duly verified within six months from the date hereof.

FAYLISE REHFELD, Administratrix.
Date of first publication Jan. 10, 1918.
Date of last publication Feb. 7, 1918.
W. K. Royal, Attorney, Suite 816, Lewis Bldg.

QUESTIONNAIRE

MATTIE M. SLEETH

Are we sure that we will never bow to evil, be unjust?

That we will be led forever by the right, e'en through the dust?

Are we brave because 'tis duty, Or to gain the world's applause?

Do we glimpse the rays of beauty That illumine all God's laws?

Are we strong to face the clamor, Which the wrong does often make?

Would we flinch beneath the hammer, Or turn coward at the stake?

Could we stand alone if need be, 'Mid antocracy's cringing throng,

Hymning the praise of Liberty,

If no one joined in our song?

A red hot iron will soften old putty so that it can be easily removed.

HERMANNA DYKSTRA ESTATE.

Notice is hereby given that the undersigned, as administratrix of the estate of Hermanna Dykstra, deceased, has filed her final account in the County Court of the State of Oregon, for Multnomah County, and that Monday the 18th day of February, 1918, at 9:30 o'clock in the forenoon of said day, and the court room of said Court has been appointed by said Court as the time and place for the hearing and settlement of said account.

Date of first publication Jan. 17, 1918.

Date of last publication Feb. 14, 1918.

MARIE D. MILLER, Administratrix.

JOHN VAN ZANTE, Attorney.

JEEN DYKSTRA ESTATE

Notice is hereby given that the undersigned, as administratrix of the estate of Hermanna Dykstra, deceased, has filed her final account in the County Court of the State of Oregon, for Multnomah County, and that Monday the 18th day of February, 1918, at 9:30 o'clock in the forenoon of said day, and the court room of said Court has been appointed by said Court as the time and place for the hearing and settlement of said account.

Date of first publication Jan. 17, 1918.

Date of last publication Feb. 14, 1918.

MARIE D. MILLER, Administratrix.

JOHN VAN ZANTE, Attorney.

The Lugubrious.

Hokus—Why do women cry at weddings and funerals? Pokus—I suppose the uncertainty of the future has something to do with it.—Town Topics.