

Entered as Second Class Matter February 19, 1914. At postoffice, Lents, Oregon, Under act of March 3, 1879

Published Every Thursday at Lents, Ore., by the Mt. Scott Publishing Co. J. SANGER FOX, MANAGING EDITOR. MRS. MINNIE I. HYDE, NEWS EDITOR. J. ALLEN DUNBAR, (of Long Beach, Cal.) ASSOCIATE. Phones: Tabor 7824 and D-61.

WITH this issue of the Herald the management passes into other hands. The new proprietors, Messrs. J. Sanger Fox, Jas. Allen Dunbar, and Mrs. Minnie Hyde, are well known to most of you, and all who know them are competent to pass judgment on their ability and reliability. We have many reasons to think they will give the Herald readers a better service than ever before. They seem particularly adapted to the work and have had experience in newspaper work that will stand them in good stead. Mrs. Hyde is an old hand at the particular sort of local newspaper work that is necessary to supply the field a local paper should cover. She enjoys collecting and publishing the news items that make a local paper successful. Mr. Fox has also been connected with several papers as reporter and business manager. Mr. Dunbar is a good business getter. With their wide acquaintance in Portland they ought to conduct a very successful business. Let us all wish them well and make the wish possible of realization by giving them the support due a local paper.

A paper in the Mt. Scott district has a necessary function. The amount of attention our particular interests receive from the city papers is a mere fraction of that due us. We need it as an advertising medium. Every business firm ought to give it better support than it ever has received. It pays to advertise. If you have had certain unsatisfactory experiences this is not the fault of the principle of publicity. Don't advertise things he public does not want and then charge up the failure to get results to the advertising. If you fail to get results perhaps you have failed to judge the public needs.

There are thousands of people in the Mt. Scott district who ought to take the local paper. It needs your support, your subscription and your commendation. Instead of speaking lightly of it, commend it to your customers, your friends and acquaintances, help to make its subscription list a lengthy one, and then you will feel assured when you want to give yourself a little publicity through its columns that all the people in town are going to see what you have to say. Too many people seem to think a paper can be run for nothing, and expect the management to send them a copy free. Right here we suggest you reverse that position and to start the change we have put down our dollar for a year's subscription to the Herald. We will never live in a community again where a local paper is published without taking the paper and paying for it. If you want to get good cheerful service you have to pay for it and newspaper editors are just as responsive as any one else.

We thank the people of the county and of Mt. Scott for such assistance as they have given us and hope they will show their appreciation of these remarks by giving the Herald and its new managers undivided support, and insure them a successful business experience.—H. A. Darnall.

Mrs. Ella Finney, in a recent letter appearing in the Journal, frantically appeals to the public to attempt something to check the onward march of prohibition for the sake of the farmers, whom she declares face ruin

otherwise. Strange to relate news dispatches of the same date record the fact that the National Grange, in session assembled, passed resolutions memorializing Congress to favorably act upon the National Prohibition Amendment now before that body. Evidently there is a screw loose somewhere. We would suggest that Mrs. Finney join the Grange and set the farmers' viewpoint. In the face of the great world need of bread stuffs there is no danger of any grain becoming a drug upon the market because a few breweries go out of business.—M. I. H.

Our apologies are due those merchants who were not included in this week's write-up of the local stores. Time and space are all that precluded them and every business institution will receive complimentary mention in these columns within the next few weeks. We trust that those merchants also who were not given an opportunity to express Christmas wishes to their customers through our columns will pardon us. We did the best we could physically, but such work necessarily takes considerable time—and we're not twins.—J. S. F.

The new news editor of the "Herald" will greatly appreciate it if the people of the Mt. Scott district will kindly phone in their local news and personals. A little time is required to become acquainted with the various sources of information and a hearty co-operation on the part of residents of Lents and vicinity will greatly assist us in our desire to give our patrons a live, newsy sheet. We wish to cover every phase of community life—church, school, commercial, industrial, fraternal, social, and also such rural news as will meet the demands of those of our constituency residing within the county outside of the city proper. If the secretaries of the various organizations will make themselves known to us it will help very materially. A Pacific phone is being installed in addition to the Home phone already in operation. We will be able to give our phone number next week. We expect to get in and boost every interest in the community and will be pleased if, in return, the residents of this district will speak a kindly word for the paper—subscribe for it yourself and speak of it to your friends.

The information has percolated into this office that some sort of a business men's organization in Lents is in the embryonic stage with a possibility of bursting from its chrysalis most any time and emerging upon the stage of action. The new management of the "Herald" has not yet become sufficiently familiar with conditions to feel warranted in making any suggestions as to immediate needs for such an institution, but we do know that no town or community ever progresses very far on the road to success without a live wire organization of similar character. For the benefit of the community we hope in the process of time to be able to report progress regarding the evolution of the "Lents Commercial Club."—M. I. H.

GIRL MAY GET \$15,000,000. San Francisco.—If Sally Nickel, the year-old great-grandchild of Henry Miller, shall be alive at the death of the late cattle king's three grandchildren she will become the richest woman in California. She will inherit an estate valued at \$15,000,000.

On the other hand, according to the will of the late cattle baron, should she not survive the three grandchildren and should there be no other issue, the money will go to California schools and charitable institutions.

Champion Melon Eater. Berkeley, Cal.—Thomas S. Vanaaszk, world's champion, is in training. Vanaaszk, a senior in the College of Letters and Science at the University of California, says that next summer he will either break his own record or burst something trying. He holds the title of world's champion cantaloupe eater. Last summer he worked in the Imperial valley. Before his tent he put a marker, and every time he ate a cantaloupe he added a notch. When he got through there were 789 notches, an average of twenty-six a day. Now he is practicing on oranges and cup custard just to keep his hand in.

HEALTH IN THE SUBURBS

By Lora C. Little

Grip and pneumonia prevail. Everybody should know how to deal with such cases. The first requirement is fresh, cool air to breathe. There is but one thing worse for the patient than hot re-breathed air, and that is the cold stagnant air of an unused room, a shut-up, unventilated unheated room. An out door sleeping room will shorten these attacks, providing the bed is right and the patient's head is well wrapped—all but the nose and mouth being warmly covered.

The first thing to do is to give a hot footbath, in a vessel deep enough to immerse the legs to the middle of the calf at least. After the feet have been in the water a few minutes, add more hot water, and keep it as hot as can be borne comfortably for fifteen minutes. Let the patient drink a glass or two of hot lemon and water. While feet are in bath, get a chest pack ready. Take a roller towel, wring out of cold water. Wrap it double around the chest, pinning smoothly and as snug as you can. Over this pin a strip of woolen blanket, or wool cloth of some kind. See that it covers the edges of the wet towel. Put a similar pack around the neck. Pin the neck pack and the chest pack together across the collar bone. Put the patient to bed in well aired and boney-dry bedding—the bedding should be aired by a stove for an hour just before making the bed up for immediate occupancy, providing the bed is in an unheated room or out on porch. Protect the patient's head as previously directed, and if indoors open wide all the windows so that a draft will blow through the room.

No food but grape or berry juice, or oranges. When better, baked apples and cream are all right. Eat no bread or grain food in any form until well. Handled in this way, there is little danger, if taken in time. But the little details are important. A hot toothbath, or a pack, half done; or a bed that is damp, or a room with stagnant air, or just a little food at the wrong time,—any one of these may aggravate the disease and even cause death.

Diseases are not incurable, but patients sometimes are.

The double breath is useful in pneumonia and threatened pneumonia. Take as full a breathe as you can, and with a quick, strong gasp take in a little more. Repeat many times.

When one is recovering from a cold the cure is greatly hastened by an outdoor life, the feet being kept dry and warm.

Few chronic ailments are cured by the sole efforts of the sufferers. There is infirmity of will or want of knowledge. It is this that has made them chronic in the first place, and they need the boost of a steadier will and a more thorough understanding. There is only about one exception in a thousand cases.

The High Cost of Living

Greenville (Ohio) Tribune—Paper is now so high that people are beginning to understand why the ancients inscribed their messages on clay or stone tablets.

Rochester (N. Y.) Post Express—Our notion is that the next best thing to a political job is a place on a diet squad.

Pittsburg Gazette Times—Now days it is the New England boiled down dinner.

Seattle (Wash) Post-Intelligencer—The old timer stops long enough in his pursuit of a dollar to observe that the midnight oil our young men are now burning appears to be gasoline.

AT 90 SHE LEARNS TO READ.

Woman Never Had Time Before; Too Busy on Farm.

Danville, Ill.—"Aunt Mary" Norcross, age ninety, whose sixteenth child was married last spring, is learning to read. "I've always wanted to read," she said over the top of a newspaper as she rocked on the porch at her country home, "but until now I've never had time."

During her childhood she assisted with the farm work and after marriage helped her husband in making sufficient money to rear their large family. "I had no time when young to read the weekly papers because of my large family. But now, with plenty of time on my hands and the daily newspapers being delivered at my gate, I've just got to learn to read and get the news while it is fresh."

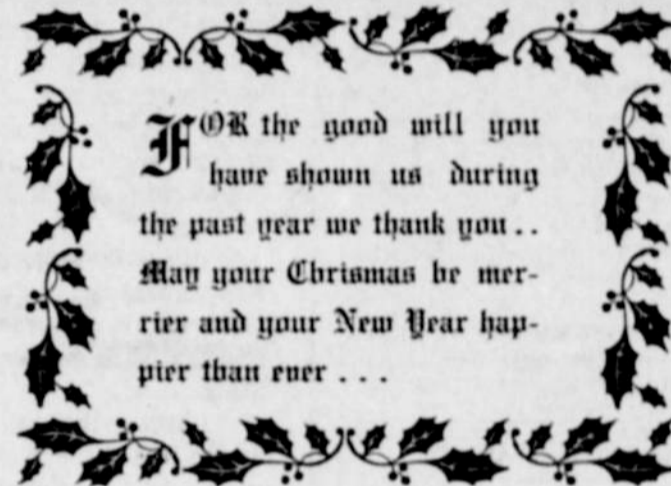
Sloan's Liniment Eases Pain

Sloan's Liniment is first thought of mothers for bumps, bruises and sprains that are continually happening to children. It quickly penetrates and soothes without rubbing. Cleaner and more effective than musky plasters or ointments. For rheumatic aches, neuralgia pain and that grippy soreness after colds, Sloan's Liniment gives prompt relief. Have a bottle handy for bruises, strains, sprains and all external pain. For the thousands whose work calls them outdoors, the pains and aches following exposure are relieved by Sloan's Liniment. At all Druggists, 25c.

RESOLVED

That from the Good-Will Spirit of the Christmas-time we shall absorb a warmth of friendly feelings and courtesy that will extend from January first, Nineteen-seventeen, to January first Nineteen-eighteen, with the privilege of renewal with greater interest on that day, and particularly expressed toward customers and prospective customers during every day of the coming year.

The Multnomah State Bank LENTS STA., PORTLAND, OREGON



Lents Hardware Company

NOTES OF THE W. C. T. U.

The growth of prohibition sentiment in California during the past two years, as shown by a study of the election returns, is truly marvelous. The San Francisco "Call" in a recent issue points out the fact that California, outside of the city of San Francisco, gave a prohibition majority of 29,000. Two years ago Southern California gave a wet majority of 3,000. This year the same territory gave the large majority for the dry amendment of more than 48,000. It would seem that the only thing necessary to be done now to place California in the dry column is to arouse the good people of San Francisco to the dangers which beset her people. Of the condition as it now exists the "Call" says:

"The saloons of San Francisco are open 20 hours of the 24 every day in the week including Sunday. Resorts and cafes sell liquor from 6 o'clock in the morning to 6 o'clock in the morning, and there is very little pretense of observing in the slightest degree the 2 o'clock in the morning closing hour."

"Any high school boy can go into any saloon in San Francisco and get whatever he wants to drink and as much as he wants, so long as he has the money to pay for it. And any high school girl or eighth grade grammar school girl, for that matter, can go into any of the well known cafes in this city at practically any hour of the day and night and get whatever the man who is with her wants her to drink."

On Wednesday, January 27th, a meeting will be held in Room A, Central Library, in honor of the pioneer workers of the W. C. T. U., under the auspices of Central Union. All persons having been engaged in W. C. T. U. work for twenty-five years or more are to be the guests of honor. All Union workers are invited to be present.

The State President, Mrs. Jennie M. Kemp, addressed the members of Mt. Scott Union at their meeting last Tuesday, relating the most interesting events of the National Convention recently held in Indianapolis, Ind. It was Mrs. Kemp's duty at this Convention to supply the pulpits for the Sunday services. This she did, sending out one hundred women. She was informed that men were not wanted as supplies. She carried with her to the Convention the banner of the Bartender's Union of the Dalles, which the members presented to Dr. Anderson, of that city, because of his activity in the passage of the prohibition law which had put them out of business.

An immense bouquet of Chrysanthe-

mums presented the Convention by Tom Taggart, who at one time ran a notorious gambling house at French Lick, Ind. created considerable interest as well as some amusement.

Mrs. Kemp announced that the State organization will hold a bazaar after the holidays, for which each White Ribboner in the State is expected to furnish at least one article. Also, the State has arranged for the sale of old papers and magazines. Each Union is expected to collect the paper and share in the profits. All persons having old papers and magazines which they are willing to give to Mt. Scott Union will kindly leave them with Mrs. Scott, 6630 82nd St., S. E., or with Mrs. McKinley, at Lents.

The next meeting of Mt. Scott Union will be held at the home of Mrs. Miller, 92nd St., Tuesday afternoon, Jan. 2nd.

The Oregon Prohibition State Committee has moved its headquarters out to Lents. They now have desk room in The Herald office 5812, 92nd St., S. E. Miss Edna Burns is in charge as office secretary.

Patrons of the Herald will be glad to learn that a Pacific phone has now been installed. Tabor 7824.

Daily Mails

Mails at the Lents postoffice arrive and depart daily, except Sunday, as follows:

Arrive	Depart
6:00 A. M.	7:15 A. M.
12:50 P. M.	12:30 P. M.
3:30 P. M.	5:30 P. M.

Constipation Causes Bad Skin

A dull and pimply skin is due to a sluggish bowel movement. Correct this condition and clear your complexion with Dr. King's New Life Pills. This assure you a full, free, non-gripping movement in morning. Drive out the mild laxative taken at bedtime will dull, listless feeling resulting from over-colded intestines and sluggish liver. Get a bottle today. At all Druggists, 25c.



At The Churches

Arleta Baptist Church
9:45 a. m. Bible School.
11 a. m. Preaching service.
8:00 p. m. Evening services.
7:00 p. m. B. Y. P. U. meeting.
8:00 Thursday Prayer meeting.
Everybody welcome to any and all of these services.
W. T. S. Spriggs, pastor.

Millard Avenue Presbyterian Church
10 a. m. Sabbath School.
11 a. m. Morning worship.
7:15 p. m. Y. P. S. C. E.
7:45 p. m. Evening worship.
7:30 p. m. Thursday, midweek service.
8 p. m. Thursday, choir practice.
Rev. Wm. H. Anon, Pastor.

St. Peter's Catholic Church
Sundays:
8 a. m. Low Mass.
10:30 a. m. High Mass.
8:30 a. m. Sunday School.
12 M. Choir rehearsal.
Week days: Mass at 8 a. m.

Seventh Day Adventist Church
10 a. m. Saturday Sabbath School.
11 a. m. Saturday preaching.
7:30 p. m. Wednesday, Prayer meeting.
7:45 p. m. Sunday preaching.

Kern Park Christain Church
Corner 90th St. and 40th Ave. S. E.
10 a. m. Bible School.
11 a. m. and 7:30 p. m. preaching service.
6:30 p. m. Christain Endeavor.
7:30 p. m. Thursday, mid-week prayer meeting.
A cordial welcome to all.
Rev. G. K. Berry, Pastor.

St. Pauls Episcopal Church
One block south of Woodmere station. Holy Communion the first Sunday of each month at 8 p. m. No other services that day.
Every other Sunday the regular services will be as usual.
Evening Prayer and sermon at 4 p. m. Sunday School meets at 3 p. m. B. Boatwright, Supt., L. Maffett, Sec. Rev. O. W. Taylor Rector.

Lents Evangelical Church
Sermon by the Pastor, 11 a. m. and 7:15 p. m.
Sunday School 9:45 a. m., Albert Fankhauser, Superintendent.
Y. P. A. 6:45 p. m. Paul Bradford, President.
Prayer meeting Thursday 8 p. m.
A cordial welcome to all.
T. R. Hornsuech, Pastor.

Lents Friend's Church
9:45 a. m. Bible School, Clifford Barker Superintendent.
11:30 a. m. Preaching services.
6:25 p. m. Christian Endeavor.
7:30 p. m. Preaching Services.
8:00 p. m. Thursday, mid-week prayer meeting.
A cordial welcome to all these services.
John and Nettie Riley, Pastors.

Lents Baptist Church
Lord's Day, Bible School 9:45 a. m. Morning worship, 11 a. m. Elmo Heights Sunday School, 2:30 p. m. B. Y. P. U., 6:30 p. m. Evening worship, 7:30 p. m. A cordial welcome to these services.
J. M. Nelson, Pastor

Fifth Church of Christ
Fifth Church of Christ, Scientist of Portland, Ore. Myrtle Park Hall, Myrtle Park.
Services Sunday 11 a. m. Sunday School 9:30 and 11 a. m. Wednesday evening testimonial meeting 8 p. m.

Lents M. E. Church
Sunday School 9:45 a. m. Preaching 11:00 a. m. Bible Study Class 5:30 p. m. Epworth League 6:30 p. m. Preaching 7:30 p. m. Prayer meeting Thursday evening at 7:30. F. M. Jasper, pastor. Residence 5703 83rd St.

Laurelwood M. E. Church
9:45 a. m. Sunday school.
11:00 a. m. preaching.
12:30 a. m. class meeting.
6:30 p. m. Epworth League.
7:30 p. m. preaching.
8:00 p. m. Thursday evening, prayer service.
Dr. C. R. Carlos, pastor.

German Evangelical Reformed Church
Corner Woodstock Ave., and 87th St. Rev. W. G. Lienkaemper, pastor. Sunday School 10 a. m. Morning Worship, 11 a. m. Y. P. S. at 7:30 p. m. German School and Catechetical Class Saturday 10 a. m.

Free Methodist Church
Sunday School, 10 a. m. Preaching, 11 a. m. and 7:30 p. m. Prayer meeting, Wednesday 7:30 p. m. All are cordially invited to attend these services.
Robert H. Clark, pastor.

LODGE DIRECTORY
Magnolia Camp No. 4026, Royal Neighbors, meets regular Second and Fourth Wednesdays of each month at I. O. O. F. Hall. Second Wednesdays social meeting. Neighbors bring your families and friends. Fourth Wednesday, business. All Neighbors requested to come. By order of the Camp.

Begin the New Year right by subscribing for the Herald. Only \$1.00 a year. It should be in every home in Lents.