

# MT. SCOTT HERALD

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**PROSPECTS** for permanent prosperity for Portland were never better. The worst drawback the city has ever had is the need of extensive payrolls. The lumber business has given employment to several hundred, and other lines of business each considerable less. The opening up of the ship building business here has the advantage already of employing more men than have heretofore followed lumbering, and prospects are favorable for additional business. It is reasonable to suppose the ship-building business will be permanent, or at least that it will last for many years. Relatively the commercial world has never felt the shortage of shipping facilities as it does today and there are indications that the want will not be soon supplied. If the business of supplying this demand is found profitable and lasting, it is to be hoped that Portland will gradually become the home port for many locally owned vessels, and ultimately a great shipping point. If there is profit for foreign ship owners in handling American products there ought to be profit for Americans. We at least ought to carry our own products to the Orient and return with crude ores or rough timber from the Philippines for home manufacturing. The most eminent need in Portland is an iron and steel producing plant. Give us that and we will be able to hold our own against the commercial world.

**THE** movement to appropriate \$25,000 by the state for promotion of Tourist travel into Oregon sounds good. Oregon might just as well have some of the vacation money that is spread around the world as not and we can give the people their money's worth. But the fellows who are most benefitted by the tourist exploitation ought to take care of the most of the advertising. The fellow who is selling overcoats or shoes or groceries doesn't expect the state to pay for his advertising. Neither should the railroads, the hotels and the auto dealers of the state. If these businesses that get first whack at the Tourists' cash share proportionately by putting up half the \$25,000, or deposit another \$25,000 with the state before the state enters into the exploitation it would look like a safe and fair venture.

**COLUMNS** of "dope" is being served to the public concerning a dozen people of the windy city are living on 40 cents a day table board and getting fat. Such effusions are the rankest sort of nonsense, invented simply to fill up space in metropolitan papers. Anyone can live and get fat on 40 cents a day. But let them feed a family of five on 20 or 25 cents or even 20 cents. Such a family has as an income \$1.50 to \$2.50 per day. Ten dollars goes for rent; \$6.00 for fuel; \$3.00 for car fare; \$1.00 for taxes; \$2.00 to the doctor; \$22; food at \$1.00 per day per family would make \$30. With an income of \$56, we have spent \$52 and incidentals without number have been disregarded, including lights, water and clothing.

If these people, who after a sample of economy would take advice from some one who had to economize, then they would have something to talk about.

Why should a woman who can chew gum wish to vote?

With hogs at \$9.85, lambs at \$9.00, sheep at \$7.50, steers at \$10.00, calves at \$9 to \$12.75, it begins to look as though the "ruinous" tariff of today was going to put the farmer and stockman out of business.

Residents of the Firland and Kern Park section are combining to promote mutual interests in securing local improvement. Their example might be followed profitably by people of other sections, for instance Lents.

It will be a maiden speech in every respect when Miss Jeanette Rankin rises in her seat to address the House for the first time.

It had to come. We learn definitely that the high price of eggs is due to the increased cost of living for hens.

Considering all that Poland has been through lately, no wonder the United States has not recognized it.

New Hampshire remembered that Mr. Wilson used to be a "summer boarder" up there.

It is reported that the Colonel has not said "Bully" since election night.

## Clean Teeth Saves Lives

"The science of orthopedics has some amazing features. Many men and women have been rescued from living the lives of hopeless cripples simply through having their teeth cleaned. It seems incredible; yet it is true. The easiest way to bring it home to you is to tell you the stories of some of the sufferers who have been cured by this extremely simple means.

A detective who had to walk much, suddenly began to experience trouble with his feet. For two years he was treated for fallen arches. He could not obtain relief. His feet became more painful every day. At last he was advised to go to the Hospital for Deformities and Joint Diseases. By that time his pain had become well nigh unbearable. He could not move about even with the aid of a cane, and was forced to give up his work. At the hospital his teeth were cleaned. Two weeks later he was free from pain. He discarded his cane and arch supports and returned to work without suffering the slightest inconvenience from his feet.

This case was diagnosed as infectious arthritis, which means an inflammation of the joints caused by an infection. The infection which caused all the trouble had its origin in septic pyorrhea, a disease of the gums, sometimes called Riggs' disease, caused by an infection of the tissues surrounding the teeth. Particles of food lodge in the crevices of the teeth, decay, and become breeding grounds for germs. Tartar forms at the base of the teeth in little pockets. If this is neglected, small pockets of pus develop which fill with bacteria. The pus discharges in minute quantities, passes into the throat and enters the intestines. Sometimes the micro-organisms it carries establish themselves in the tonsils. The result? Tonsillitis. If the bacteria pass into the alimentary canal they are absorbed by the system and set up inflammation at the point offering least resistance. This frequently is found in the knees, elbows, or the joints in the feet. Do you wonder now what was the matter with the detective?

Sometimes people suffer for years from what they consider inflammatory rheumatism. They resign themselves to a life of pain when all that is necessary to obtain relief is to have their teeth cleaned. One woman, treated at the Hospital for Deformities and Joint Diseases, suffered so from this form of joint infection, which she thought was rheumatism, that she twice tried to commit suicide. For nine months she was without the use of both knees, both wrists and the left ankle. She was bedridden. She was carried into the hospital on a stretcher. Ten days after her teeth were cleaned she walked out a well woman."—Popular Science Monthly

With \$15,000,000 less valuations, tax rate for 1917 is not increased in Portland.

## NOTES OF THE W. C. T. U.

Mrs. Mary D. Russell, state corresponding secretary of the W. C. T. U., whose office has been for two years or more at state headquarters at Portland moves next week to Troutdale. Mr. Russell, who has been sick for the greater part of the past year has secured the management of a large fruit farm near Troutdale and there the Russells will make their home.

It is expected that the Thanksgiving service at Grace Evangelical church this week will be a great meeting. Some of the ministers taking part—all the churches of Lents will be represented. They have never been heard here except by their own congregations, because they have but recently taken up the work in this community. The thought of celebrating the magnificent anniversary of the people on the temperance question originated with the able secretary of Mt. Scott Union, Mrs. Inez Richardson, who has the happy faculty of thinking out many splendid propositions.

A temperance factor of considerable strength passed away within the week. Jack London, through his book, "John Barleycorn" opened the eyes of many indifferent people to the terribly destructive work of the liquor traffic. London's appeal was that the youth of the country be spared the experiences which he and others like him had endured; experiences which any child, under liquor rule, would be likely to meet. At no time did he intimate to himself would abandon the use of liquor. A man of stalwart frame and naturally rugged constitution, London died at the age of forty-one years.

The next meeting of Mt. Scott Union will be held at the home of Mrs. Schaeferman, 6017 8th St., on Tuesday, Dec. 5. A fine program is in preparation and refreshments will be served.

## Open Air and Exercise Best Tonic

Dog fanciers have long noted that when a house-dog begins to get fat and wheezy it is pretty apt to be attacked by a stubborn skin disease. In such a case they cut down the diet and increase the open air exercise, thus relieving the over-burdened body of poisonous substances.

The sin of gluttony is common and therefore much condoned, but like every other violation of Nature's laws has a penalty. Fat inefficiency, sluggish mentality, the reddened nose, the pimply face, certain of the chronic skin eruptions, and much fatigue and nervousness are due to the abuse of the digestive apparatus. Rich, indigestible foods in large quantities, highly seasoned to stimulate the jaded palate, are forced into a body already rebellious from repetition. Exercise is largely limited to walking to and from the table and bodily deterioration proceeds rapidly. Many an overfed dyspeptic, suddenly dragged by the stern hand of circumstances from a life of physical ease and plenty and forced to work out of doors suddenly discovers that his semi-idleness has gone, that a chronic skin derangement of many years standing has disappeared and that a new vigor and zest of life has been given him.

Not everyone can spend his whole time in the open air, but a certain amount of exercise and plain wholesome food in an amount not exceeding the body's needs can be had by almost everyone. Simple, moderate diet and exercise make health. These are not faddish food theories. They are just plain common sense.

## The Hot-Water Wagon

A cup of hot water on rising.  
A cup of hot water at noon.  
A cup of hot water on going to bed.  
Sipped leisurely out of the spoon.  
Will act as a tonic for anything chronic.  
And keep every organ in tune.

A cup of hot water reduces.  
A cup of hot water adds fat.  
A cup of hot water will fill out your curves.  
Or make you as slim as a slat.  
And even for cancer you get the same answer—  
A cup of hot water cures that.

A cup of hot water with lemon.  
A cup of hot water with salt.  
A cup of hot water with pineapple juice.  
Or mint, or molasses, or malt.  
If your nerves are unstrung or you've bitten your tongue.  
The system 'twill superexalt.

—From Town Topics.

## Stop The First Cold

A cold does not get well of itself. The process of wearing out a cold wears you out, and your cough becomes serious if neglected. Hacking coughs drain the energy and sap the vitality. For 47 years the happy combination of soothing antiseptic balsams in Dr. King's New Discovery has healed coughs and relieved congestion. Young and old can testify to the effectiveness of Dr. King's New Discovery for coughs and colds. Buy a bottle today at your Druggist, 50c.

Shipbuilding is a natural industry for Pacific Coast ports and freight car building is a good interior industry.

## YOU DON'T HAVE

To borrow money, and you don't  
Have to pay it back.

## YOU COLLECT

Interest instead of PAYING it.  
If you have a bank account at  
**THE MULTNOMAH STATE BANK**  
4 per cent on Time Deposits  
Savings Deposit Boxes for rent

## The Multnomah State Bank

Lents Station, Portland, Oregon

## NOTICE OF GUARDIAN'S SALE OF REAL ESTATE

Notice is hereby given that in pursuance of an order of the County Court of the State of Oregon for Multnomah County made and entered therein on the 10th day of November, 1916, in the Matter of the Guardianship of Freeman Smith, Edna M. Smith, John R. Smith, Valentine Sylvester Smith and Lloyd McMillen, minors, the undersigned, the guardian of the estates of said minors, will sell at public auction to the highest bidder for cash Gold Coins of the United States of America, and subject to confirmation by said County Court, on Saturday the 16th day of December, 1916, at 9:30 o'clock in the forenoon of said day, at the front door of the County Court House of the County of Multnomah and State of Oregon, all the right, title, interest and estate of said minors in and to all those certain lots, pieces or parcels of land situated, lying and being in the County of Multnomah and State of Oregon, to-wit: Lot Five (5) and Six (6) in Block Four (4), Midway, now within the corporate limits of the City of Portland, in said County and State.

Terms and conditions of sale: Cash, Gold Coins of the United States. 10 per cent of the purchase money to be paid on the day of sale, balance on confirmation of sale by said County Court.

C. F. GROCE,  
Guardian of the Estates of Freeman Smith, Edna M. Smith, John R. Smith, Valentine Sylvester Smith and Lloyd McMillen, Minors.  
First publication Nov. 18, 1916.

Notice is hereby given that the undersigned has been appointed administrator of the estate of Philip Lawton, deceased, by the County Court of the State of Oregon for Multnomah County, and has qualified. All persons having claims against said estate are hereby notified to present the same to me at 314 Spaulding Bldg., Portland, Oregon, with proper vouchers duly verified, within six months from date hereof.

First Publication November 2, 1916.  
GEORGE TUTHILL,  
Administrator.  
JOHN VAN ZANT, Attorney.

## MILITIA OF NATION.

The organized, uniformed militia or national guard of the United States consists of 9,103 officers and 123,105 enlisted men, a total of 132,208, divided among the states as follows:

State	Officers	Enlisted	Total
Alabama	152	2,215	2,367
Arizona	45	889	934
Arkansas	118	1,644	1,762
California	255	2,277	2,532
Colorado	125	1,205	1,330
Connecticut	194	2,711	2,905
Delaware	61	471	532
District of Columbia	145	2,202	2,347
Florida	89	1,772	1,861
Georgia	203	2,846	3,049
Idaho	82	831	913
Illinois	523	6,028	6,551
Indiana	189	2,508	2,697
Iowa	216	2,607	2,823
Kansas	121	1,052	1,173
Kentucky	179	2,302	2,481
Louisiana	64	1,605	1,669
Maine	110	1,258	1,368
Maryland	124	1,328	1,452
Massachusetts	149	2,402	2,551
Michigan	220	2,431	2,651
Minnesota	220	2,027	2,247
Mississippi	91	1,116	1,207
Missouri	223	2,454	2,677
Montana	37	527	564
Nebraska	121	1,529	1,650
Nevada	...	...	...
New Hampshire	91	1,275	1,366
New Jersey	303	4,272	4,575
New Mexico	69	815	884
New York	1,024	15,450	16,474
North Carolina	225	2,589	2,814
North Dakota	67	723	790
Ohio	605	6,556	7,161
Oklahoma	75	1,059	1,134
Oregon	109	1,498	1,607
Pennsylvania	792	10,697	11,489
Rhode Island	94	1,329	1,423
South Carolina	152	1,546	1,698
South Dakota	71	977	1,048
Tennessee	115	1,702	1,817
Texas	196	3,135	3,331
Utah	31	454	485
Vermont	79	758	837
Virginia	265	2,731	2,996
Washington	82	1,197	1,279
West Virginia	116	1,702	1,817
Wisconsin	189	2,508	2,697
Wyoming	35	590	625
Total	9,103	123,105	132,208

**Munitions Men Needed at Home.**  
Howard E. Coffin, chairman of the industrial preparedness committee of the naval consulting board, will call the attention of the war department to the inadvisability of calling for military duty skilled workmen of industrial plants manufacturing war munitions. A representative of one of the largest manufacturers spoke to Mr. Coffin of the matter.

**Buck Attacks Cattle.**  
Altosna, Pa.—A four pronged buck has been annoying cattle on farms in Frankstown township. It was first seen at the Hagshaw farm, where it mingled with the herd in the barnyard. When the kind objected to this intrusion the antlered monarch gored several of them slightly and disappeared in the mountains. A day later the buck joined the cattle in a field of the Eli Moore farm and after an encounter with them was driven off with difficulty. He did not seem to be in the least timid.

## HURRY TRIPS BY ACTORS.

Mansfield's Record Quick Jump From New Orleans to Chicago.

Everyone knows the actor who thinks that his life is not all roses and she. Many years ago we thought the link had been reached when E. L. Davenport acted at a matinee in Philadelphia and duplicated the performance in New York the same night. Later came the sensational jump of Lawrence Barrett by special train from New York to San Francisco in less than four days and the Joseph Brook-Jannusch leap from Milwaukee to Philadelphia between Saturday midnight and Monday in time for a regular performance in the latter city.

Once Richard Mansfield's energies compassed a hurry trip between New Orleans and Chicago. On a Saturday evening he presented "Julius Caesar" in the Crescent City and on the next succeeding Monday evening he repeated the experience in Chicago. Meanwhile he had traveled a thousand miles and transported all the ponderous impediments of his well remembered production of the Shakespearean classic. This is how it was done.

A special train in ten cars was under steam in New Orleans at the close of the engagement. As soon as a scene of the play was worked off it was conveyed on trucks to the waiting special. When the curtain fell on the last act the players who appeared in it, without changing their costumes, were driven to the railway station, and the train was out of sight of New Orleans before midnight. Right of way was given for the entire distance, and relays of fresh engines were provided from division to division. Thus a new record between the gulf and Lake Michigan was made. The running time for the thousand miles was twenty-three hours.—Kansas City Journal.

## ROGUES' GALLERY IN EYE.

Bayonne Police Captain Picks Out Former Sing Inmate.

Bayonne, N. J.—Eight years ago Police Captain Edward M. Griffin took a trip to Sing Sing prison to memorize the faces of the men from New Jersey imprisoned there. Recently he picked Edward Gouka of 188 Court street, Newark, from a group of prisoners just brought in, and accused him of being a Sing Sing graduate.

When confronted with his finger prints, the police of New York confirmed the judgment of the captain, whose "camera eye" is now being duly admired by his subordinates.

**Wants to Go Back to Cell.**

Oakland, Cal.—"Put me back in jail, where I can be decent, before I do something I'll be sorry for," begged William Lamereaux the other day of the desk sergeant at the central police station. "Ever since I left San Quentin the brand of prison has been upon me, and I can't get a job."

## At The Churches

**Arleta Baptist Church**  
9:45 a. m. Bible School.  
11 a. m. Morning service.  
8:00 p. m. Evening services.  
7:00 p. m. B. Y. F. U. meeting.  
8:00 Thursday Prayer meeting.  
Everybody welcome to any and all of these services.  
W. T. S. Spriggs, pastor.

**Millard Avenue Presbyterian Church**  
10 a. m. Sabbath School.  
11 a. m. Morning worship.  
7:30 p. m. Y. P. S. C. E.  
7:45 p. m. Evening worship.  
7:30 p. m. Thursday, midweek service.  
8 p. m. Thursday, choir practice.  
Rev. Wm. H. Amor, Pastor.

**St. Peter's Catholic Church**  
Sundays:  
8 a. m. Low Mass.  
10:30 a. m. High Mass.  
8:30 a. m. Sunday School.  
12 M. Choir rehearsal.  
Week days: Mass at 8 a. m.

**Seventh Day Adventist Church**  
10 a. m. Saturday Sabbath School.  
11 a. m. Saturday preaching.  
7:30 p. m. Wednesday, Prayer meeting.  
7:45 p. m. Sunday preaching.

**Kern Park Christian Church**  
Corner 6th St. and 46th Ave. S. E.  
10 a. m. Bible School.  
11 a. m. and 7:30 p. m. preaching services.  
1:30 p. m. Christian Endeavor.  
7:30 p. m. Thursday, mid-week prayer meeting.  
A cordial welcome to all.  
Rev. G. K. Barry, Pastor.

**St. Paul's Episcopal Church**  
One block south of Woodmere station.  
Holy Communion the first Sunday of each month at 8 p. m. No other services that day.  
Every other Sunday the regular services will be as usual.  
Evening Prayer and sermon at 4 p. m.  
Sunday school meets at 2 p. m.  
Bostwright, Supr. L. Maffett, Sec.  
Rev. G. W. Taylor Rector.

**Lents Evangelical Church**  
Sermon by the Pastor, 11 a. m. and 7:35 p. m.  
Sunday School 9:45 a. m., Albert Fankhauser, Superintendent.  
Y. P. A., 6:45 p. m. Paul Bradford, President.  
Prayer meeting Thursday 8 p. m.  
A cordial welcome to all.  
T. R. Hornscomb, Pastor.

**Lents Friend's Church**  
9:45 a. m. Bible School, Clifford Barker Superintendent.  
11:00 a. m. Preaching services.  
6:30 p. m. Christian Endeavor.  
7:30 p. m. Preaching Services.  
8:00 p. m. Thursday, mid-week prayer meeting.  
A cordial welcome to all these services.  
John and Nettie Riley, Pastors.

**Lents Baptist Church**  
Lord's Day, Bible School 9:45 a. m. Morning worship, 11 a. m. Elmo Heights Sunday School, 2:30 p. m.  
B. Y. F. U., 6:30 p. m.  
Evening worship, 7:30 p. m.  
A cordial welcome to these services.  
J. M. Nelson, Pastor.

**Fifth Church of Christ**  
Fifth Church of Christ, Scientist, Portland, Ore. Myrtle Park Hall, Myrtle Park.  
Services Sunday 11 a. m.  
Sunday School 9:30 and 11 a. m.  
Wednesday evening testimonial meeting 8 p. m.

**Lents M. E. Church**  
Sunday School 9:45 a. m.  
Preaching 11:00 a. m.  
Bible Study Class, 5:30 p. m.  
Epworth League 6:30 p. m.  
Preaching 7:30 p. m.  
Prayer meeting Thursday evening at 7:30.  
F. M. Jasper, pastor.  
Residence 5703 8th St.

**Laurelwood M. E. Church**  
9:45 a. m. Sunday school.  
11:00 a. m. preaching.  
12:30 a. m. class meeting.  
6:30 p. m. Epworth League.  
7:30 p. m. preaching.  
8:00 p. m. Thursday evening, prayer service.  
Dr. C. R. Carlos, pastor.

**German Evangelical Reformed Church**  
Corner Woodstock Ave., and 87th St.  
Rev. W. G. Lienkaemper, pastor.  
Sunday School 10 a. m.  
Morning Worship, 11 a. m.  
Y. P. S. at 7:30 p. m.  
German School and Catechetical Class Saturday 10 a. m.

**Free Methodist Church**  
Sunday School, 10 a. m.  
Preaching, 11 a. m. and 7:30 p. m.  
Prayer meeting, Wednesday 7:30 p. m.  
All are cordially invited to attend these services.  
Robert H. Clark, pastor.

**LODGE DIRECTORY**  
Magnolia Camp No. 4026, Royal Neighbors, meets regular Second and Fourth Wednesdays of each month at L. O. O. F. Hall. Second Wednesdays social meeting. Neighbors bring your families and friends. Fourth Wednesday, business. All Neighbors requested to come. By order of the Camp.

Oregon wool has recently sold in Portland for the highest price in the history of the state.