

# MT. SCOTT HERALD

Entered as Second Class Matter February 10, 1914.

At postoffice, Lents, Oregon, Under act of March 3, 1879

Published Every Thursday at Lents, Ore., by the MT. SCOTT PUBLISHING CO.  
H. A. DARNALL, EDITOR AND MANAGER.

Office Phone: Home D-61. Residence: Tabor 2813

THE impression exists in some minds that the approaching campaign is going to be a walk a way for some one. Even some Republicans say that Wilson will be elected by the Republican states. There are a lot of Republicans who are just as sure that Hughes will be the winner, and there are some Democrats who are willing to stake their best on Hughes. A politician of this country who has been circulating among the people recently says that more than half the Republicans he meets state they will support Wilson, and he says he would not be surprised if the county were carried by Wilson by 2000 majority. We may be badly mistaken but we believe that politician is scared. This campaign is not going to be a walk a way for any one. The Republicans have named the most likely man in the country and they are pitted against as good a man as the Democrats ever enrolled in their ranks. He is an able man. He is a skilled politician. He has the support of a lot of people who are wise enough to see through a lot of the trumped up opposition, far-fetched ridicule, and unsubstantiated abuse that has been thrown at Mr. Wilson, and they admire him for his conservative handling of many of the questions that have vexed the administration. It will be hard to convince these people that some one else will do the same sort of thing as well or better. But those who are best informed believe that Mr. Hughes will do all these things just as well, and that Republican management will revive public confidence and prosperity. No one ever will be able to convince us absolutely of the truth on either side. We have two good men to consider and we will not go far wrong in supporting either of them.

SO the governor will support a bill for the purpose of increasing the annual apportionment for state road funds. In that we are inclined to think the governor will make a serious mistake. Perhaps the Legislature will attempt to pass such a law. Perhaps it may pass and the governor may endorse it. But it is not so certain if the people of the state will let it rest at that. When the law was passed to give the state highway commission one-fourth of a mill for state road funds it was a sort of trial appropriation. The voters of the state are not altogether pleased with the way that has been handled and the suggestion of an increase in the size of the fund will not improve the degree of their confidence. If the present fund were being handled in a way that indicated the motive were to secure the best ends for the state the people would look on the matter in a different way. The best end is recognized today more than ever to be the encouragement of practical roads that will improve the relations between the farming districts of the state and the towns adjacent thereto and to studying those types of roads best fitted for use in this state. The construction of roads in any district may be encouraged in that section by the state's building samples of various sorts adaptable to the various localities and these samples need not be high priced hard surfaced roads either. A well graded roadway spread over with crushed granite serves the people of the vicinity of Grants Pass in a most satisfactory man-

ner. Other sections of the state will find a favorable experience with other forms of surfacing. There are a few sections near the larger towns, where the traffic is exceedingly heavy both for practical business purposes and pleasure drives, where the higher priced hard surfaces are practical and economical. But in a new state like Oregon, where the population as a whole is so sparse, it is irrational to suggest the building of cross state highways with a high priced hard surfacing. Away from a few of the largest towns there are few roads that are not well built when they have a good grade and a coat of crushed rock, with the addition of an oil dressing once a year. We do not need a state highway fund for that.

Another thing with which the governor is going to have more trouble is the highway engineer. In place of abrogating the law vesting the State Engineer with the duties of highway engineer, the law should be clarified so the duties and privileges of the state engineer as highway engineer are definite and unquestionable. To keep the road business in hands that are experienced and competent the State Highway Commission should be composed of members representing the country interests, for instance farmers and persons using the country roads. If there were a state board of street inspectors in this state we would not expect to see it composed of farmers. There is even more reason for having country people on a state highway board. There are plenty of competent farmers in this state to handle a state highway board when they are permitted to have the consultation of a competent engineer. There is no rationality in having the governor of the state on the highway board. He can't do everything. His office is largely political and social and he has enough to do without trying to build the roads of the state. The same is true of putting other state officers on the highway board. They spend too much time in political dickering.

THE week began with a call to arms, the first that has stirred the country's blood for the last eighteen years. From the attitude apparent from reports from all directions the call is popular and will get ardent support. The people of this country are tired of the Mexican problem. It has been harrassing them for a quarter of a century or more and aside from the mere fact that American rights have been abused to a limit justifying intervention, the feeling has long existed in this country that the Mexican government and system worked inhuman hardships upon about nine-tenths of the people of that country. In fact the history of Mexico from the days of its Spanish conquerors has been one long catalog of crimes and abuses of the most outrageous nature. If the whole native Mexican population had been exterminated the brutality of the abuse sustained would have been no worse than that which has been suffered. Illiteracy has been promoted as a means of keeping the native population in a condition of dependence. The poverty and beastliness of the majority of the peon class has kept them perpetually on the verge of starvation. Disease has found them easy victims. They have been absolutely at the

The best "theory of infection" yet is that of Thomas Powell, M. D., which appeared in September 1915 Health Culture. It is substantially as follows: Imperfectly digested food finds its way into the circulation, in globular masses, which have heretofore been mistaken for leukocytes, or white blood cells. The motion these bodies have is due to the generation within them of carbon dioxide, which forms as the masses decay. The "cells" (which are not really cells after all) grow by the accretion of other masses and of bacteria undergoing fermentation.

Dr. Powell calls this waste substance pathogene, because it generates disease. It does this by smearing the walls of vessels and blocking capillaries. Pathogene from starch is soluble and convertible into glucose and easily discharged from the body. Pathogene from albumens is not got rid of so easily. It coats the walls of the stomach with a slime which chokes the gastric glands, thus reducing the quality and quantity of digestive juices, producing inflammation, even favoring cancerous growth.

It is pathogene in a changed state that is thrown off by mucous surfaces in all forms of catarrh. The sputa of consumptives is not wasting tissues as supposed, but pathogene which is thrown off to prolong the patient's life. He becomes emaciated because his system is

mercy of those upper classes who enslaved them in many instances for the purpose of swelling their own unmeasurable wealth. In many instances, it is believed, the government officials actually assisted in enslaving the native Indians and peons, and the history of the slave camps, published in some of the popular magazines of this country several years ago, read like the bloodiest stories of the Rangers of Australia, the African Slave Trade, or any other record of human brutality ever put into print.

If the affair develops as it appears and our country actually engages with the Mexicans in war, it is to be hoped that Mexico will get a thorough cleaning up, following which the United States should exercise a term as protectorate, to terminate in an election in which the people should be permitted to decide their own destiny. If they decide on American annexation or independence under protection, their decision should be respected.

County Commissioner Holman recommends a free public mending service for automobilists who meet with punctures on the Columbia Highway. Great idea. And in order to install the system properly he should have another set of \$1500 efficiency experts. — Oregonian.

The American men who put Carranza up to it, think they are warriors of Wilson; but they're not—they're traitors to their country.

But who can blame those Texas militiamen for refusing to leave the State with the watermelon season right in the offing?

Do you wonder that the chiropodists are sitting up and taking notice now that so many parades are impending?

The average lazy man gets along so well in this old world that he encourages idleness in others.

These early morning hours are delightful, but one loses sleep trying to enjoy them.

A man's ability should be rated by what he finishes and not by what he begins.

Preparedness is having an umbrella at each end of the day's work.

The struggle with selfishness is the greatest of all conflicts.

## Health In The Suburbs

BY LORA C. LITTLE

The State Agricultural College can furnish government bulletins to all interested in the cold-pack method of canning. A certain amount of garden products will go to waste this summer unless they are canned. Every family with ground space enough should plan to can plenty of the vegetables most appreciated by boys and girls. The corn and peas bought at store are never as tender and sweet as those put up at home. There is no secret about canning these vegetables, but many fail in attempting it. Powders are not needed in the cold-pack method and anyone can succeed, with a little care.

Children tire of potatoes and beans during the winter and often little else is provided. Get into the canning game and have a larger variety of vegetables on your own shelves—better stuff at one-third the cost of inferior stuff.

This, the reader will observe, disposes of the theory held by the "germ" crowd, that the white blood cells are "vigilant policemen" in the body, destroying and expelling bacteria. They are merely masses of waste matter against which the vital forces must strive. If they increase rapidly they will certainly cause death. Hence the advisability of cutting off food when ill. It gives the vital energy time to utilize air and water and burn up and wash out the offending matter.

The bill of fare for a family of five for one week will have to be postponed until the petition work the writer is engaged in is concluded.

### Common Sense About Railroads

Our railroad problem is a great problem to work out, and our destiny is bound up in it. We can only settle it by dealing fairly with the railroads and by regulating them with justice. We want continually better service, faster trains, ever improving accommodations, and more safety. These facilities cost money and the public should be willing to pay for them. Railroads are compelled to pay out constantly increasing sums for taxes, wage increases, and for operating expenses decreed by States. From the public character of the transportation industry, trains must be run whether at a loss or at a profit; for the public must be served. The railroad has no voice in the matter. The people through their accredited agents—the Interstate Commerce Commission and forty-eight State Commissions—regulate the railroad charges.

When we assume to regulate this industry, which means so much to us in every sphere in life, our control must be fair, constructive and sensible.

### Clear Skin Comes From Within

It is foolish to think you can gain a good clear complexion by the use of face powder. Get at the root of the trouble and thoroughly cleanse the system with a treatment of Dr. King's New Life Pills. Gentle and mild in action, do not gripe, yet they relieve the liver by their action on the bowels. Good for young, adults and aged. Go after a clear complexion today. 25c. at your druggist.

### Good Platform for Any Family

Live within your means, save a little money, acquire a little property. Teach your children to not be ashamed to work at any honest labor and shun idleness.

Avoid if possible, having them grow up with the idea of getting soft jobs from the public.

Prepare plain food at home instead of buying high-priced canned stuff and delicatessen supplies.

Teach the girls to make their own clothes, trim their own hats and keep accounts of their expenses.

Let the family respect industries and cultivate harmless and inexpensive amusements.—Pacific Coast Mfg.

### Well Children Are Active

If your child is dull, pale, fretful and wants to lie around, the chances are it is suffering from worms. Kickapoo Worm Killer, a pleasant candy confection, liked by all children is what your child needs. You only give one-half to one lozenge at a time and you get immediate results. Every mother should have a box on hand. 25c. at all druggists.

### Join Our Clean-up Campaign

Let R. J. Steffy do your PAINTING TINTING and PAPER-HANGING

Work Guaranteed. Phone T1417

## SAVE YOUR SURPLUS VEGETABLES BY CANNING

The State Agricultural College can furnish government bulletins to all interested in the cold-pack method of canning. A certain amount of garden products will go to waste this summer unless they are canned. Every family with ground space enough should plan to can plenty of the vegetables most appreciated by boys and girls. The corn and peas bought at store are never as tender and sweet as those put up at home. There is no secret about canning these vegetables, but many fail in attempting it. Powders are not needed in the cold-pack method and anyone can succeed, with a little care.

Children tire of potatoes and beans during the winter and often little else is provided. Get into the canning game and have a larger variety of vegetables on your own shelves—better stuff at one-third the cost of inferior stuff.

### Oregon News Notes

#### SUMMONS

In the Circuit Court of the State of Oregon for Multnomah County.

Vina R. Kalahan, plaintiff, vs George W. Kalahan, defendant, summons.

To George W. Kalahan, the above named defendant:

In the name of the State of Oregon you are required to appear and answer the complaint filed against you in the above entitled cause, on or before the expiration of six weeks from the first publication of this summons, to-wit: on or before Friday, August 4, 1916, and if you fail so to appear and answer, for want thereof plaintiff will apply to this Court for the relief prayed for in her complaint herein, to-wit: For a decree dissolving the bonds of matrimony heretofore and now existing between plaintiff and defendant, upon the grounds that defendant has deserted her and abandoned plaintiff and plaintiff's home for more than one year immediately prior to the commencement of this suit.

This summons is published in the Mt. Scott Herald by order of the Hon. Henry E. McGinn, Judge of the above entitled Court, said order being made on the 21 day of June, 1916.

First publication June 22, 1916.  
John Van Zante & R. R. Merrill,  
Attorneys for Plaintiff.

### WILL MY CHILD TAKE DR. KING'S NEW DISCOVERY?

This best answer is Dr. King's New Discovery itself. Its pleasant sweet syrup, easy to take. It contains the medicines which years of experience have proven best for Croup and Colds. Those who have used Dr. King's New Discovery longest are its best friends. Besides every bottle is guaranteed. If you don't get satisfaction you get your money back. Buy a bottle, use as directed. Keep what is left for Cough and Cold insurance.

The Hawley Paper mills of Oregon City will add another large building and will double its payroll.

Wasco County will vote on \$300,000 road bonds in November.

### Do You Know That

Today is always the best day to clean up?

Fresh air, food, rest—these three combat tuberculosis?

The U. S. Public Health Service has reduced typhoid fever 80 percent in some communities?

Overeating, constipation, lack of exercise, foul air, eye strain, may produce headache?

Polluted drinking water causes many deaths?

An efficient health officer is a good community investment?

Bad teeth handicap children?

Insufficient sleep endangers health?

### Do You Know That

Rural sanitation is a health protection to the city-dweller?

It's foolish to educate a boy and then let him die of typhoid fever?

The U. S. Public Health Service issues a free bulletin on the summer care of infants?

Exercise in the garden is better than exercise in the gymnasium.

Clean water, clean food, clean houses make clean, healthy American citizens?

The State of California has reduced its typhoid death rate 70 per cent in the past ten years?

Rats are the most expensive animal which man maintains?

It is estimated that the average manure pile will breed 100,000 flies per ton?

A bill is being initiated to exempt factory machinery, made-up stock and raw material on hand from taxation. The measure is entitled "an act to encourage manufacturing and help build up manufacturing industries in Oregon, by exempting the above from the burden of taxation."

### DOES SLOAN'S LINIMENT HELP RHEUMATISM?

Ask the man who uses it, he knows. "To think I suffered all these years when one 25 cent bottle of Sloan's Liniment cured me," writes one grateful user. If you have Rheumatism or suffer from Neuralgia, Backache, Soreness and Stiffness, don't put off getting a bottle of Sloan's. It will give you such welcome relief. It warms and soothes the sore, stiff painful places and you feel so much better. Buy it at any Drug Store, only 25 cents.

There is more Catarrh in this section of the country than all other diseases put together, and until the last few years was supposed to be incurable. For a great many years doctors pronounced it a local disease and prescribed local remedies, and by constantly failing to cure with local treatment, pronounced it incurable. Science has proven Catarrh to be a constitutional disease, and therefore requires constitutional treatment. Hall's Catarrh Cure, manufactured by F. J. Cheney & Co., Toledo, Ohio, is the only Constitutional cure on the market. It is taken internally. It acts directly on the blood and mucous surfaces of the system. They offer one hundred dollars for any case it fails to cure. Send for circulars and testimonials. Address: F. J. CHENEY & CO., Toledo, O. Sold by Druggists. Take Hall's Family Pills for constipation.

## Make Your Money Work For You

It's the regularity of the thing that counts. Interest doesn't stop, or even hesitate. It goes right on piling up industriously; accumulating day and night—while you're asleep and while you're awake..... Start a deposit account with us at once and little old 4 per cent. will be on the job night and day every day for you...

## The Multnomah State Bank

Lents Station, Portland, Oregon

## A. D. Kenworthy and Co. Inc.

Funeral Directors,  
TWO ESTABLISHMENTS

PHONE TABOR 5267 5802-4 92nd STREET S. E. IN LENTS  
PHONE TABOR 5895 4615 66th St., Cor. FOSTER ROAD ARLETA

First Class Service Given Day or Night. Close Proximity to Cemeteries Enables Us to Furnish Funerals at a Minimum Expense.