

MT. SCOTT HERALD

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H. A. DARNALL, EDITOR AND MANAGER.

Office Phone: Home D-81. Residence: Tabor 2813

THE primary election is past. Several surprises were given and as many disappointments. The Herald is reasonably satisfied with Evans and Hurlburt. Much to its satisfaction there is no particular complaint, except in one in the nominee for County Superintendent. With five people running it is extremely unfortunate that the least worthy one, according to the view of those acquainted with the winner, should be selected to carry forward the work of educating the young of the county. With this criticism on the judgment of the public we pass the matter over to the voters. The legislative selection is not without its flaws. Some of the number will be rank opponents of the popular standards of public prohibition ideals and others will have hard work to maintain the present status should an effort be made to change the law.

It is strikingly singular that only one of the twelve selected from this county to the lower house was a member of the last house. This simply proves that the Legislating is a game that poor men cannot afford no matter how worthy they are, and that special interests shift their influence to hide their identity. Inexperienced and untried men find the legislature a school for developing information along new lines. It will always be thus until the state takes its legislative branch seriously, pays its members enough to reimburse them for the expense of a campaign, board while in session, reasonable incidental expense, a fair wage and enough to cover the cost of the employee who must take the place on the farm, in the office, or shop, of the one chosen to the duties of a legislator. That will run to twenty or thirty dollars a day, and any man who is worthy to go to the legislature ought to be worth it. The state will get fewer poor laws, and better laws when it pays a decent wage.

The most important conviction in many months occurred last week when Mrs. Hodge was convicted and sentenced for delinquency in the management of her daughter. When the courts get to convicting parents for failure to manage their children there will be more "pep" in paternal attention to duty. These people who "just can't" handle their children deserve no sympathy. The time to begin with a child is when it can be handled. If it is started right it learns to adapt itself to parental authority. If it grows up with the notion it is boss it will continue to assert its wishes in more dangerous periods of development.

We received a note from a California woman the other day inquiring for a copy of our paper so she could get the advertised address of a live Lents real estate agent. As no "live" real estate agent advertisements in our paper we had to refer it to out of Lents people. Enuf sed. Some one lost enough on that to pay for five year's advertising.

Why is it, anyway, that the things we like to eat are not good for us, and the cats we loathe are healthy and wholesome?

The Press Bulletin from the Agricultural College of May 8 is devoted entirely to the construction of silos. Farm folks should send for a copy.

There is nothing the matter with this year's crop of June brides, though the government crop statistics are still lacking.

Any time the rest of the world wishes to form a world union this country will furnish advice and example gratis.

Germany is now in a position to sympathize with that fellow who wanted somebody to help him let go of a bear.

What is needed is a tariff commission that will take the tariff out of politics and stay out of politics itself.

The average man would rather visit a dentist than his wife's relatives.

Some men wouldn't take good advice if it were offered to them in capsules.

Direct Legislation In Oregon

The following constitutional amendments were referred to the people by the legislature at the coming general election, November 7.

Amend. Sec. 15, Art. V., giving the Governor power to veto single items in Appropriation exemption bills.

Amend. Art. IX on tax exemptions by adding section numbered I-B extending exemptions.

Amend. Sec. 6, Art. 11, relating to Negro and Mulatto suffrage restrictions now existing.

Petitions are in circulation proposing initiative measures to be voted on at the same general election:

People's Land and Loan Law, providing that all land rent be collected as public taxes, whether the land is used or not.

This is a new form of Single Tax, and is proposed by W. S. U'Ren and State Labor Federation.

The Sunday legislation bills are being initiated to repeal the antiquated Oregon Sunday law, but one proposes a more drastic law. It is what is known as the One-Day-of-Rest-in-Seven law promoted by a state Sabbath closing organization headed by Rev. Tufis. The act to repeal and abolish the old Oregon Sunday closing law is proposed by the Independent Retail Grocers Association.

The women of Oregon are initiating a bill to abolish compulsory vaccination and medical treatment, making it optional.

Clackamas County Fishermen's Union initiates a bill barring seines, traps and fishweels on the Columbia river.

There will probably be some minor measures for county division or removing county seats and possibly ten bills on the ballot.

The Tax-Eating Profession

For the ten years ending 1915, Oregon tax eaters demanded and collected from the people \$142,000,000.

Considering the average for the ten years, this is over one-fourth of the assessed valuation of the state.

Oregon taxes for 1915 for all purposes, state and local, were in the aggregate the sum of \$23,983,000.

The per capita taxes went up from \$11.42 in 1902 to \$30.50 per capita for the year ending 1913.

While the population increased from 29,000 to 30,000 annually or about 7 1/2 per cent, taxes increased annually 37 per cent.

According to the United States census Montana held the per capita tax record up to 1912, \$26.80 for man, woman and child.

The total bonded indebtedness of Oregon has gone up from \$7.90 per capita in 1890 to \$71.00 per capita in 1913. (U. S. census.)

The total bonded debt at the close of 1915 was \$53,596,825 with an annual interest charge of \$2,788,853.

The above are some of the statements of facts and statistics brought out at the State Taxpayers Convention held at Portland.

Daily Mails

Mails at the Lents postoffice arrive and depart daily, except Sunday, as follows:

Arrive	Depart
6:00 A. M.	7:15 A. M.
12:50 P. M.	12:30 P. M.
3:30 P. M.	5:30 P. M.

The Effects of Alcohol on the Human Body

Alcohol is a very destructive drink and is of no use or value to the human body. It is a frequent cause of typhoid fever, pneumonia, consumption and erysipelas which is a mild disease ordinarily, but would cause the death of an alcoholic.

Dr. Aschaffenburg of Germany carried on a test with typewriters to see if alcohol effected the quickness of the fingers. The wine which Dr. Aschaffenburg gave them contained about two and one-half tablespoons alcohol.

The men drank it fifteen minutes before they began their typewriting. They worked for fifteen minutes each day. In every case but one alcohol hindered and did not help.

In 1909 twenty-five thousand railroad employees of the Northwestern Railroad Company signed a temperance pledge. It was the largest temperance movement any one business concern has ever known.

The nervous system and the brain are the centers of all bodily activity, thought and sensation. The sensible men saw that alcohol damaged their nervous systems and their brains. They could think better and more accurately. They could do more work and harder work.

Alcohol when it is used habitually produces a great change to the liver. Alcohol causes the liver to harden and shrink. The true liver substance gradually quits acting and finally dies. The substance or connective between the liver cells increases in size and hardness. Connective tissue is of no aid to digestion, but simply serves to hold together in one mass all the little liver cells that do the work. When connective tissue increases in size and hardness it crowds into the space occupied by the liver cells and squeezes them out of shape and prevents their proper action. This causes them to die from disuse.

Alcohol effects the kidneys so that they cannot do their proper work. The special work of the kidneys is to rid the body of all waste. If you take alcohol in any form the kidneys cannot throw off the waste material and that causes sickness.

A continual use of alcohol as a beverage causes lasting changes for the worse in muscular structure. The fat cells become too abundant and take the place of the proper muscular tissue. Alcohol also diminishes the power of endurance. A man can stand more cold and more hard work without alcohol than with it.

Alcoholic drinks make the blood much poorer. It causes a fatty matter to be deposited in the walls of the arteries taking the place of the tough elastic material that should form the walls. At the places where the fatty matter collects the walls of the arteries are stretched by blood pressure. They become thin and there is a pronounced bulging. This bulging is liable to burst and the person bleed to death.

Alcohol excites the heart and hurries its beat. Therefore, the heart is overworked and it becomes diseased in time. Alcohol is very dangerous to all parts of the body, taken in any form. Alcohol should never be used unless prescribed by a physician.

Lillie Anderson.

Rail From New York to Buenos Ayres

As a result of the trip of Secretary McAdoo through the South American countries, made with a view of still further promoting the rapidly growing trade between us and those countries, the suggestion has been made that a railroad be constructed "from New to Buenos Ayres," Argentine, South America. This road will be 10,500 miles long, and of this distance only 2,700 miles will need to be built, as the existing lines already cover nearly 8,000 miles of this great distance. The cost of supplying the "missing links" of railroad will only be about \$150,000,000, which will be less than one third of what the Panama Canal has cost us, and will be the most wonderful undertaking ever recorded in the commercial world.

The idea took like wildfire by business men all over the country, as it will be a wonderful promoter of Commerce between North and South America to have this great double track railroad whereby goods can be shipped by quick route from one continent to the other.

RHEUMATIC PAIN STOPPED

The drawing of muscles, the soreness, stiffness and agonizing pain of Rheumatism quickly yield to Sloan's Liniment. It stimulates circulation to the painful part. Just apply as directed to the sore spots. In a short time the pain gives way to a tingling sensation of comfort and warmth. Here's proof—"I have had wonderful relief since I used your Liniment on my knee. To think one application gave me relief. Sorry I haven't space to tell you the history. Thanking you for what your remedy has done for me"—James S. Ferguson, Philadelphia, Pa. Sloan's Liniment kills pain. 25c. at Druggists.

An ice plant of 200 tons daily capacity starts operation at Roseburg.

The Effects of Tobacco

Tobacco is the name of a widely grown plant and especially of its dried and prepared leaves; it is a native of the new world and though now grown almost everywhere was not known until the discovery of America. It is used for smoking, chewing, and snuffing.

The use of tobacco is especially injurious to the young as it stunts growth, weakens the nerves, interferes with digestion and diminishes the appetite. It contains nicotine, which is a violent poison.

The bad effects of tobacco are even worse when used in the form of cigarettes, as they are often drugged with opium, and the enameled paper is usually made by a process involving the use of poisons.

Tobacco affects the body at any age. A teacher can soon detect boys who smoke cigarettes, as it so weakens them physically and mentally that they are unable to make progress in their studies. Boys who smoke are pale and sallow. They are not strong. Their muscles are weak and flabby. They are stupid, and they cannot think well, and are more apt than others to get diseases. Tobacco habitually used by the young has a more serious effect on the nervous system than on any other part of the body. It prevents the brain cells from developing to their full extent and results in a slow and dull mind.

The cigarette habit is certainly dangerous to the youth. The small cost of a single smoke and the mildness of the tobacco tempt boys to form a habit which very few are strong enough to break away from, even when they learn it will gradually weaken the body. Serious sickness, insanity and death have resulted from excessive cigarette smoking.

Some people think that they can smoke without any bad results, because they believe that the burning of the tobacco will destroy the poison. That is not true. The nicotine is drawn into the mouth with the smoke, and is then absorbed into the blood.

Tobacco also affects the athlete as he must have a good heart and the habitual use of this narcotic weakens this organ. He who is in the habit of smoking cigarettes should be careful how he ventures to do anything that will call for sudden, or violent or vigorous use of his muscles or heart.

It is not fair for tobacco users to make the streets and floors unfit for clean, neat people to walk on.

Tobacco smoke poisons the air, and those who live with the tobacco smoker, or breathe the smoke of his cigar or cigarette breathe poisoned air, so the smoker injures the health of others besides himself.

Men are much better off, and do better work, without stimulants than with them, and they are, therefore, absolutely prohibited in some training. The employers of labor in many of the large railroad offices and business houses refuse to hire boys who use tobacco, for, in addition to making boys tired, stupid, and lazy, it makes them irritable and careless of the rights and feelings of others, besides, in many instances, leading to lying and even to stealing.

Invariably the bright student, the boy with the alert mind, the youth who in after years makes good, has never acquired this pernicious habit.

Such facts as these certainly indicate very clearly why a boy should not use tobacco in any form.

Gertrude McIntyre, age 14 years, Areleta School, 9 A.

Keep Your Skin Clear and Healthy

There is only one way to have a clear, healthy complexion and that is to keep the bowels active and regular. Dr. King's New Life Pills will make your complexion healthy and clear, move the bowels gently, stimulate the liver, cleanse the system and purify the blood. A splendid spring medicine. 25c. at your Druggist.

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Portland, Oregon

PLEASANT VALLEY

Mrs. P. J. Berke and daughter, Miss Hazel, were Portland visitors recently.

Mr. and Mrs. John McNemier of Portland were entertained Sunday week ago by Mr. and Mrs. T. P. Campbell at their home.

Chas. Erickson of Portland was out looking after his ranch one day recently.

Mr. and Mrs. T. P. Campbell, Mr. and Mrs. G. N. Sager, Mr. and Mrs. W. U. Moore and Mrs. Elwood attended a lecture delivered at the Evangelical church at Lents Monday, the 8th.

Mrs. Cox of Lents was a visitor at the home of Mr. and Mrs. W. F. Garrison one day recently.

O. N. Blair of Lents was out looking after his place Wednesday.

Fred Olson treated his house to a new coat of paint last week.

Mrs. F. A. Lehman entertained the Ladies Aid last Wednesday afternoon.

John Mitchell has purchased twenty acres of stump land from C. F. Kester son at a consideration of \$2450 cash. The sale was negotiated by T. P. Campbell.

Leslie Berke of Portland was a Sunday visitor at the home of his parents, Mr. and Mrs. P. J. Berke.

Mrs. O'Connell of Montavilla visited over Sunday with her parents, Mr. and Mrs. A. B. Olson.

Grandma Sager of Lents visited with relatives at this place during the fore part of the week.

L. F. Coffman of Lents was looking after business interests hereabouts Tuesday last.

Emmett O'dell was in Gresham on business Monday.

Mrs. Thos. Ellingham of Mt. Tabor was a recent visitor at the home of Mrs. Will Richey.

Irvin Odell of The Dalles was a weekend visitor at the home of his brother, Emmett Odell.

C. M. Harrison of Gresham was a recent caller at the home of J. S. Donaldson.

The social held at the Grange Hall last Saturday night was a success. A large audience was in attendance.

R. Henderson of Bellrose was a Valley visitor Tuesday.

T. R. Berry was looking after business matters in Lents last Tuesday.

C. F. Kesteron, through his agent, T. P. Campbell, has disposed of another tract of land. Mr. Bowen of Portland is the purchaser. The deal was closed Tuesday. This is the third tract sold by Mr. Kesteron within the past month.

Mrs. Fred Olson has leased his farm to J. S. Donaldson and is making arrangements to move with his family to Idaho, where they expect to make their future home.

SUMMONS

In the Circuit Court of the State of Oregon for Multnomah County.

J. W. E. Rawlinson, Plaintiff, vs. D. E. Yeazel, unmarried, and R. H. Campbell and Campbell his wife, Defendants. E. 7696. Summons. To D. E. Yeazel, R. H. Campbell and Campbell, the above named

defendants:

In the name of the State of Oregon you, and each of you, are hereby required to appear and answer the complaint filed against you in the above entitled suit on or before June 16, 1916, said date being more than six weeks from the 4th day of May, 1916, on which date the first publication of this summons is made; and if you fail to so appear and answer said complaint, for want thereof plaintiff will apply to the Court for the relief prayed for in his complaint on file herein, to-wit: For a decree and judgment against you in the sum of \$450.00 with interest thereon at the rate of 8 percent per annum from June 21, 1915, and for the further sum of \$50.00 attorneys' fee and for costs and disbursements herein.

That the mortgage dated December 21, 1912, executed by the above named D. E. Yeazel, covering the following described real property in Multnomah County, Oregon, all of Lot Five (5) in Block Two (2) in Katherine, according to the duly recorded plat thereof, said County and State, be foreclosed and that said property be sold as upon execution, and that you be forever barred and foreclosed from any right, title or interest in or to said mortgaged premises, and will apply to the Court for such other and further relief as may be equitable in the premises.

This summons is served upon you, and each of you, by publication by order of the Honorable J. P. Kavanaugh of the above entitled Court, made and entered on the 29th day of April, 1916, directing such publication to be made in the Mt. Scott Herald once a week for six successive weeks. First publication May 4, 1916.

John Van Zante & R. R. Morrill, Attorneys for Plaintiff.

There is more Catarrh in this section of the country than all other diseases put together, and until the last few years was supposed to be incurable. For a great many years doctors pronounced it a local disease and prescribed local remedies, and by constantly failing to cure with local treatment, pronounced it incurable. Science has proven Catarrh to be a constitutional disease, and therefore requires constitutional treatment. Hall's Catarrh Cure, manufactured by F. J. Cheney & Co., Toledo, Ohio, is the only Constitutional cure on the market. It is taken internally. It acts directly on the blood and mucous surfaces of the system. They offer one hundred dollars for any case it fails to cure. Send for circulars and testimonials.

Address: F. J. CHENEY & CO., Toledo, O. Sold by Druggists, 75c. Take Hall's Family Pills for constipation.

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