

Publishers Notice.

H. A. Darnall the owner, editor and publisher of the Mt. Scott Herald certifies to the above relationship in the publication of the Mt. Scott Herald which is published weekly at Lents, in the state of Oregon.

AGAIN the Telegram has broken forth in a half column of deep solicitude for the wood block. "Wood Block in History" is the theme. The space is devoted to a demonstration given various sorts of paving in the city of Baltimore some fifteen years ago and that were given a six year test.

As the season for spring gardening is upon us with its pleasures and disappointments, its hard work and short time for leisure, that row of peas that was and now is not, expresses, in a measure, the uncertainties of profitable gardening. War is declared upon the mole, collectively and individually—upon any mole responsible for the disappearance of a promising row of young peas; so the pamphlet by David E. Lantz on Use of Poisons for Destroying Noxious Mammals is requested from the Agricultural Department.

There are several aspirants for the county commissionership but they are extremely reticent about explaining their positions. Why not come right out and say the word that will let us know just what they stand for.

Congressman Rainey has introduced a bill to provide for permanent tariff Commission of six members, to serve 12 years each, at \$10.00 per year, with secretaries, clerks, and incidentals not to exceed \$300,000 a year.

Astoria has the promise of a submarine base. Perhaps the child may develop into a full grown naval station, if Astoria is not too anxious for its development.

NOTES OF THE W. C. T. U.

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A very pleasant meeting of Mt. Scott Union was held on Tuesday at the home of Mrs. Donaldson. Mrs. Car, vice-president, presided and was complimented upon her manner of conducting the meeting.

Albany is to have a cheese factory.

Rose Mildew Control

Rose mildew may be kept under control in warm weather by frequently dusting the bushes with the finest dust sulphur, although this will not be effective in the cool weather of spring. The sulphur should be applied with a small blower, covering both surfaces of all leaves with the dust.

Watch Child's Cough

Colds, running of nose, continued irritation of the mucous membrane if neglected may mean Catarrh later. Don't take the chances—do something for your child! Children will not take every medicine, but they will take Dr. King's New Discovery and without bringing or teasing. Its sweet, pleasant Tar Syrup and so effective. Just laxative enough to eliminate the waste poisons.

\$100 Reward, \$100

The readers of this paper will be pleased to learn that there is at least one dreaded disease that science has been able to cure in all its stages, and that is Catarrh. Hall's Catarrh Cure is the only positive cure now known to the medical fraternity.

Health In The Suburbs

BY LORA C. LITTLE

Health is so simple a matter it is incredible to most folks. The mysticism of medicine has been ground and drilled and soaked into us from time immemorial. The formulas vary with time and place, but few are satisfied without a ritual of some sort. The savage beats his tom-tom. The modern regular has his potion, knife, boiled water, white coat, poisoned quill.

There it is, within the reach of everybody, true corrective and prophylactic,—known, too, to clear—seeing minds in every age. Louis Cornaro, broken-down debauchee in his thirties, his death warrant read to him by the learned medical men of his time, turned his back upon them, entered upon the simple abstemious life, returned to health and lived beyond a hundred.

Alfred McCann is the author of a series of newspaper articles on foodless foods which are certain to awaken the public to the error of wholesale food preparation. Grain foods, flour and meal, which are manufactured in large quantities and keep indefinitely, are deprived of their most important elements.

This will decentralize the milling industry, returning it to something like old methods and proportions. This is an example of a return to small businesses which can be prophesied as the result of the growing desire for sane and healthy living.

Doings of Our Neighbors

BREEZY ITEMS CONTRIBUTED BY HERALD REPORTERS AT NEARBY POINTS

PLEASANT VALLEY

Mr. and Mrs. J. H. Nolte entertained friends from the city Sunday. Mr. and Mrs. W. F. Garrison attended church at Damascus Sunday. T. P. Campbell made a business trip to Vancouver last Saturday.

CHERRYVILLE

April showers all right. The grass and vegetation are being pushed ahead rapidly by these gentle rains. The shingle mill at this place received an order lately for 400,000 shingles, the purchaser saying they were the best he ever saw and said he would take a million if they could be gotten out soon.

There is much complaint about our inefficient and inequitable laws. Such laws are the result of sending inefficient representatives to the legislature to enact laws for us. Again it very often happens that good laws are not enforced because of the inefficiency or culpability of officers who are elected to administer the law.

The health teacher (who will be the physician of the future) must learn to inspire his pupils to desire above all things to be useful, and that in the fullest degree of which they are capable. An object in life is the finest aid to securing control of the appetites. It makes one diligent, active, earnest efficient.

There is, however, an idle activity, which is nothing more than the expression of disordered nerves and deficient purpose. Incessant talkers belong to this class. Action of this kind weakens. Persons afflicted thus need to learn first to BE STILL. They will profit by "going into the silence," by definite exercises in concentration.

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A man on lower Holladay street has begun the manufacture of cereals on this plan. He grinds and delivers in small quantities direct to the consumer. His products are excellent, and anybody who would get the full value of his money in stomach satisfaction and health will do well to patronize him.

laws or fail to enforce laws that are good they are guilty of maladministration, and the voters who elected such men to office are guilty of contributory negligence. Therefore every voter should leave no stone unturned to find out what the qualifications of the candidates are who are asking for office.

Brooding with hens is the simplest and easiest way to raise a few chickens and is the method which is used almost exclusively on the average farm. Artificial brooders are necessary where winter or very early chickens are raised, where only Leghorns or other non-sitting breeds of poultry are kept, or where large numbers of chickens are raised commercially.

Hens will brood successfully 10 to 15 chicks early in the brood season, and 18 to 25 in warm weather, depending upon the size of the hen. Powder the hen with a good insect powder before moving her and the chicks to the brood coop. The hen should be dusted every two weeks or as often as necessary until the chickens are weaned.

Character Building

Isn't it a fact that you have a better opinion of yourself, that you face the problems of life with the assurance of a correct solution when you have

Money In The Bank?

Aside from the influences of home and church, the bank adds its share in helping you to help yourself. Make a deposit with us and note results.

THE MULTNOMAH STATE BANK Lents Sta., Portland, Oregon



any reform because they want to continue to rob the people.

The tariff is going to be the main issue say the Republicans. Rate! That means riches beyond dreams for a few, low wages for the laboring class and high prices for the consumers.

The ministerial Association of Portland have decided to extend a call to Billy Sunday to hold a big revival this fall or winter in Portland. The writer is familiar with Sunday's modus operandi, having reported his meetings for a period of five weeks for a newspaper.

Some poor people went forward during the excitement but they were not urged. The ministers are all for it, that is the orthodox ministers, because it booms their business and adds members to their church and as for Sunday he has got get-rich-quick Wallingford beat a mile.

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Hens will brood successfully 10 to 15 chicks early in the brood season, and 18 to 25 in warm weather, depending upon the size of the hen. Powder the hen with a good insect powder before moving her and the chicks to the brood coop. The hen should be dusted every two weeks or as often as necessary until the chickens are weaned.

Brood coops should be made so that they can be closed at night, to keep out cats, rats, and other animals, and

enough ventilation should be allowed so that the hen and chicks will have plenty of fresh air. The hen should be confined in the coop until the chickens are weaned, while the chickens are allowed free range after they are a few days old.

The brood coop should be cleaned at least once a week and kept free from mites. If mites are found in the coop, it should be thoroughly cleaned and sprayed with kerosene oil or crude petroleum. From 1 to 2 inches of sand or dry dirt or a thin layer of straw or gripe hay should be spread on the floor of the coop. Brood coops should be moved weekly to fresh ground, preferably where there is new grass. Shade is very essential in rearing chickens, especially during warm weather; therefore, the coops should be placed in the shade whenever possible.

Pills Best for Liver

Because they contain the best liver medicines, no matter how bitter or nauseating for the sweet sugar coating hides the taste. Dr. King's New Life Pills contain ingredients that put the liver working, move the bowels freely. No gripe, no nausea, aid digestion. Just try a bottle of Dr. King's New Life Pills and notice how much better you feel. 25c. at your Druggist.

NOTICE TO CREDITORS

In the County Court of the State of Oregon, for Multnomah County.

In the Matter of the Estate of Matilda Altman, Deceased.

Notice is hereby given that the undersigned has been appointed executor of the estate of Matilda Altman, deceased, by the County Court of the State of Oregon for the County of Multnomah, and has qualified as such.

All persons having claims against said estate are hereby notified and directed to present the same, properly verified as required by law, to the undersigned executor, at the office of J. J. Johnson, 314 Spaulding Bldg., Portland, Oregon, within six months from the date of first publication of this notice.

Dated and first published April 13, 1916. ARNOLD J. ALTMAN, Executor of the Estate of Matilda Altman, Deceased. J. J. JOHNSON, Atty., 314 Spaulding Bldg., Portland, Ore.

NOTICE OF HEARING FINAL ACCOUNT

In the County Court of the State of Oregon, for the County of Multnomah.

In the Matter of the Estate of William Larson, Deceased.

Notice is hereby given that the undersigned, Charles E. Larson, the executor of the estate of William Larson, deceased, has filed in the County Court of the State of Oregon for the County of Multnomah, his final account as executor of said estate, and that said Court has set and fixed Monday, the 8th day of May, at the hour of 9:30 o'clock in the forenoon of said day at the County Court Room in the Court House of Multnomah County, Oregon, as the time and place for the hearing of said Final Account, together with any objections there may be to the same, and for the settlement of said estate.

Dated and first published March 30, 1916.

CHARLES E. LARSON, Executor of the Estate of William Larson, Deceased. J. J. JOHNSON, 314 Spaulding Bldg., Attorney.