MT.SCOTTHERALD

Entered as Second Class Matter February 19, 1914. At postoffice, Lents, Oregon, Under act of March 9, 1879

Published Every Thursday at Lents, Ore., by the Mr. Scorr PUBLISHING Co. H. A. DARNALL, EDITOR AND MANAGER.

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ing to hear that some one had In the Nature of Things They Simply announced themselves as a candi-Can't Help Being Numerous. date for the county commissioner-In the south especially and in Kentucky more especially a man becomes ship who would guarantee to the a colonel at about forty-seven unless people of the county a square he is of a willful, rebellious, obstreperdeal and no favorites. Some one ous disposition and inclined to stand up for an admitted but rarely exercised who thinks that the county is right not to become known as "colobeing manipulated for special innel.' A man who is not sudden and terests and who will agree to quick in quarrels and who can be put cannot escape becoming "colo fight for a change. Some one apon nel." Many men whose courage is un who knows that things have questioned prefer not to engage in been crooked the past year, that street fights in opposition to an estabthe road work of the county has lished custom. It is the rule rather

been conducted by an incompe- turedly or with concealed impatience tent engineer and by a trust con- when the first three gray hairs appear trolled road master. Some one at the temples and the use of the title begins by popular consent. who has backbone enough to There are, of course, many colonetvote for the thing he believes to under forty. When a governor is inau be right even at the risk of be-staff colonels. A governor who docing relieved of his office. Some not appoint as colonels such of his con one who cannot be hired or stituents as he knows by name is lack bribed or bullied into doing the guisbes the practical politician. Thus ing in the punctiliousness which distin thing that he knows he ought many young men who would have been not to do. Some one who will "leftenants" if they had adopted a military career are made colonels in civil stand for competent county em- life. Another predisposing cause of ployees and that will make the premature colonelcy is the tendency of some men to become fat early in life. quality of service rendered, or A man who measures as much as forty the ability to render satisfactory inches at the waist line and has not service, the standard upon which been convicted of felony is entitled. all county jobs will be filled, and even obliged, to be called "colonel" be fore he is forty .- Louisville Couriernot subvert the interests of the Journal. public by appointing petty po-

HER BORROWED ROBE.

It Brought an Actress the Most Perilous Moment of Her Life.

right thing and is not afraid of all the newspapers in the county. "The only time I ever was a thief saved my life." said Rose Coghlan Some one who thinks doing the "My sister-in-law, Louisa Thornonce. right thing is bigger than drawton, was playing in 'Colleen Bawn' in ing the pay for doing the thing Scotland. I was Anne Chute, one of the bridesmaids, and I always dressed that he knows to be wrong. in Louisa's room with her. Some one who thinks that it "This particular night she was ill, would be possible for him to live and her understudy went on. Now, it even if he didn't have an office.

happened that I had longed and longed to wear a certain costume of Louisa's. When such a man comes to the It wasn't one bit suitable for a girl of front and announces his can- my age in a bridesmaid part, being made of heavy white corded silk with didacy every honest man in the a long court train and all the fixings.

county ought to shout for joy for but I adored it. "I dressed up in ft and went out to the opportunity to give him assistance. Now it may possibly Just as we were ready to go on some be that there is such a candidate one behind me said, 'Rose, your dress

in the field at this time, but if so is on fire!" "I think that is word that can sound in a theaterthe men who are in the race 'Fire!' My train had caught fire from satisfied with the present sys- one of the little gas footlights, unprotected then.

BY LORA C. LITTLE

Health In The Suburbs

Now is the time to go forth and Fresh air, water, and the use of them gather Nature's own salads. Water would make fiving humans out of cress, both varieties of dandelion, nar- these stranded and decaying derelicts. now-leaved dock, horse sorrel, mustard No need to rot before you're dead! -all these while young and tender make good salads. If you would have the finest dandelion salad (the common dandelion) cut the plant off just at the top of the root, pull off the brown outside leaves, then cut off the tips of the green leaves, leaving the white stalks and a bit of the green. This is good liver medicine besides being an appetizer and relish. Mixed with cress or with any other edible green and they label Exhibit of Social Diseases, dressed with one's preferred concoction it may be eaten by the plateful with advantage.

Eggs, remember, call for green accompaniment. So does meat. So do potatoes. A breakfast composed of deadener. Add a lot of radishes, or young onions, or watercress, and you can survive, can keep from atrophying. But you will do well to cut out the coffee, and go light on the toast.

No better thing has been said by any war commentator than that this great sugar. When I have talked against it war has taught great numbers of to mother's clubs I have met with sour necessaries are.

best things, the essential things. Sad sugar flavor lies like a coarse heavy to say, they are likewise the things of blanket over minor and more delicate which people often deprive themselves flavors, smothering, obscuring and supwhen they feel the pinch of hard times, preasing them." And Alfred W. Mc Men out of jobs, and old women who Cann, famous tood expert of the N.Y. are incapacitated from earning money. Globe, compares the food value of sit around the house -- a lot of them do sugar with that of alcohol, as merely a without cleaning up even themselves, calory value. Heat is generated by A door that opens upon a household both, and the body is robbed of its beaded by such unfortunates usually oxygen in the process. Indeed sugar lets out a smell that almost knocks you and alcohol are similar in effect. down. The faces and bands that ap- Hence, the candyshop, as I have said pear are grimy, the hair dingy and un- time and again, is but little better than brushed, the clothing dirty. And all the dramshop. With the rise in sugar this uncleanness is not the dirt of prices perhaps consumption will be rework, but of inaction and accumula-tion of months if not years of body 90 per cent we should still eat more exhalations

Poultry News

PERTINENT PREPAREDNESS flock each year and it is doing the best FOR THE POULTRYMAN

The fertile egg cannot be detected be- object of increasing the egg yield in the fore being set. The round eggs do not influence a keep a full year's record for each hen,

hatch of nearly all pullets, nor the but if that is not possible, a record for long eggs a hatch of cockerels. part of the year would be valuable. For The size and shape of the egg are instance, a record of the first sin

Doctors' museums are to be banished, as the result of the efforts of the Social Hygiene Society. It is said they pander to the morbid and act as magnets to draw diseased persons into the offices of "quacks."

Now if the Social Hygiene Society will do likewise and quit carting about the State the not dissimilar junk which they will oblige the normal-minded public. Their exhibitions and lectures have had the same effect as the museums of the quacks, save that they have herded their panic-sticken to the offices of other doctors, rumor hath it to eggs, toact and coffee is simply a liver the extent of causing some of said doctors to give up all but office practice. It is wonderful how straight a face the very regular doctor can keep while pertorming some of his cleverest tricks.

It is getting the fashion to slam people how unnecessary most of our faces and ridicule. Now Dr. Frank Crane writes on "Smudging out the The things that cost nothing are the finer flavors" with sugar, saying "the sugar than we actually need.

periment Station is trap-nesting a large

it can to furnish the farmers of the state

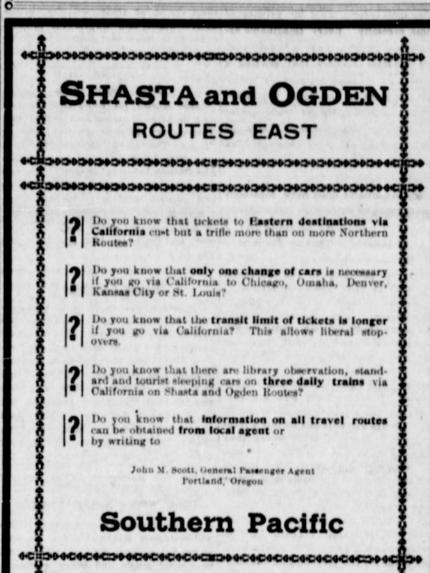
with stock from good layers, with the

state. It is desirable, of course, to

Your Bank Account

Is more than half of your business resource. Character, reputation and business ability, all count, but the cash back of a man "talks," when it comes to business interest. This is as true for a farmer as for a merchant. Having one of our check accounts will impress your acquaintances with your financial standing and appeal to them more than cash in hand. For safety and influence carry a bank account.

THE MULTNOMAH STATE BANK Lents Sta., Portland, Oregon



KENTUCKY COLONELS. T would be extremely refresh-

he has not mentioned it. Are tem? Are they in it for what "The girls in their light dresses were know anything about the job. If any of the men who want the

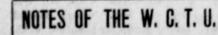
litical henchmen. Some one who

knows when he is doing the

office wants to tell us just what integrity to fill the various public offices. they will do there are a lot of An honest and competent public official honest people in the county who is the first step to good government. In will be glad to give them sup- Oregon every adult individual has the his position squarely there will ferent political bodies select their candibe a chance for an independent dates. If wisdom is exercised in the sely be forthcoming.

and it is necessary that they be sary to register now. It does not mat- The only certain method of separat- enter. The opening into the nest is yourself to clear the system of body filled abundantly.

Everybody would like to know sections C and D of the Columbia age, simply affirm that they have couldn't lay if she wanted to, explain?



dividuals, people of known honesty and dent, Mrs. Carr, on March 28.

they can get out of it? Is it trying to get away from me, and the merely that they think they can nearest man, Hardress, was hand-cuffed. I crushed my train in my fill the job as well as the present hands to smother the creeping flame incumbents? That wouldn't be and backed off down the steps under day, under oath, that he didn't and arms and neck, but the heavy silk dress saved me."-New York World.

Hughes for the Presidential the election this fall and should be awake to the privilege of selection of nomination. Hughes is the only candidates. In one office alone every Republican that can beat Wilson. family is concerned in the selection of High egg production is not a charac- fully answers these requirements. The tion on trap-nests. Hughes petitions are out now the candidates are chosen, it is neces- knowledge goes.

sired to produce. brooding.

Remember the egg was laid for but month's record would be valuable. saying much. One of them ad-beavy cloak over me, and I fainted. I chick. Improper handling of hatching months, beginning November, would be mitted on the stand the other was burned badly around my hands eggs is liable to hinder or defeat that the most profitable fowls in the flock, purpose. and they should be retained for breed-

Select the sitter that has the broody ing early winter layers. inclination well developed. Old hens It has been shown in experiments

The sitter should possess good health year, are usually the poor layers the It is sometimes an advantage to release and be in excellent condition, and not second year. If at the end of a full the hens from the top instead of too nervous or vicious in temperment, year's record all hens that had laid less through the door This can be done will accidently be chosen at the exercised through the primary election, brooding coop is roomy, dry and well average flock do not pay for their keep. operation of releasing the hens may be primary. If he cannot then state at which time the members of the dif- ventilated and free from mites and lice. A great many trap-nests have been more quickly performed. We have started in Oregon now for the vote at the final election. The women factory sitters. -C. C. Lamb, Poultry Bulletin 92, and Oregon Station Cir- top the trouble is overcome. purpose of promoting justice of Oregon are particularly interested in Specialist, O. A. C. Extension Service. cular 4.) The main or essensial points Full explanation as to the construc-

Try a Trap-Nest

It may not be important to beat candidates for the office of county school teristic of any one breed of fowls. The hen, of course, must be numbered by Wilson, but it is important to the superintendent. The women of the trap-nest has demonstrated this. There means of a leg band. The best leg Republicans. Now it is up to the Bepublicans to show Hughes the Republicans to show Hughes for this responsible position. In order that indicates good laying qualities, so As the hen enters this nest her he is essential to their success. to vote at the primaries, the place where far, at any rate, as our present weight closes the door, and it is im- the liver and clear the system of waste

ter if you have registered before, we ing the good layers from the poor is to made just large enough for one hen at a poisons, accumulated during the winter. now have a new registration law. The use the trap-nest and keep a daily time to enter. This is a feature that is Dr. King's New Life Pitls will do it. old law was found to be inadequate in record of eggs laid. It is not always necessary in any trap-nest, in order to 25c. at your Druggist. some ways, so that all must register in the fault of the feed and care that they secure accuarcy. how the contractors found \$2490 order to vote. Among other changes don't do better. It is the misfortune It is necessary to visit the nests two worth of Macadam excavation on voters are not now required to state their of the ben herself very often; she or three times during the day to release

highway. Will some one please passed the legal age-twenty-one years. It requires considerable time to keep be enough nests so that there will al-They must state where born, and give a trap-nest record of a flock of hens. ways be some vacant, otherwise there the name of their father and of their Not every farmer has the time, but if a is liable to be eggs laid on the floor. mother. The registration books will few farmers in every county would trap- For a flock of 50 hens, ten or twelve

importance and should be attended to at the farmers of the county would very visited often enough. once. Take your neighbors with you to likely have stock that were from heavy- The nests may be built singly or in

In the matter of good government the Lents Drug Store and register now. laying trap-nested fowls. Where it is groups. They may be set in the wall nothing is of greater importance than The next meeting of Mt. Scott Union possible for a farmer to devote a little of the house, or they may be set inside the selection of good and competent in- will be at the home of the vice-presi- time to it each day he will be well re- the wall. They may also be made and paid for the labor. The Oregon Ex- set up outside, separate from the house.

transmissible characteristics. months of laying, beginning probably Select for hatching the kind of eggs it is de- in November, would show which were the good winter producers. Those that A discontented mother hen means wouldn't produce well during the first poor results in raising chicks. She six months would not be good fowls to

should be made comfortable in every keep for breeding, and they could be way possible during hatching and killed off. If it isn't possible to keep a six month's record, then a three

usually make better sitters than pullets. that the poor layers during the first

in a good trap-nest are simplicity, tion of trap-nests may be obtained of cheapness and accuracy in operation, the Experiment Station, Corvallie, This trap-nest, when properly made, Ask for circular 19, or other informa-

will move the sluggish bowels, stimlate

close on April 18. This is a matter of nest a flock of hens, in a few years all nests will be sufficient if they are

dreaded disease that science has been able to cure in all its stages, and that he Catarrh. Hall's Catarrh Cure is the only positive cure now known to the medica internity. Catarrh being a constitutional disease, requires a constitutional treat ment. Hall's Catarrh Cure is taken in ternally, acting directly upon the bloo and mucous surfaces of the system, there by destroying the foundation of the dis ease, and giving the patient strength by building up the constitution and assistim, nature in doing its work. The proprietor have so much faith in its curnity pow ers that they offer One Hundred Dollar for last of testimonials. Address: F. J. CHENT & CO., Toledo, C Bold by all Druggists, 75c. The Mail's Family Fills for constipation



An Ideal Spring Laxative

A good and time tried remedy is Dr.

King's New Life Pills. The first dose

\$100 Reward, \$100 readers of this paper will d to learn that there is at least

dreaded disease that science has be able to cure in all its stages, and that Catarrh. Hall's Catarrh Cure is the on

Colds Quickly Relieved

Many people cough and cough-from If you expect the hen to do her best than 100 eggs or 120, were to be killed where there is only one tier of nests, the beginning of Fall right through to port. Under the present doubt- privilege of assisting in the selection of at hatching and raising good early off, it would save the farmers keeping a Occasionally a hen is slow in coming to Spring. Others get cold after coid. ful, hunt in the dark some one persons to place before the voting body chicks this spring, give her a fair lot of fowls at a loss for another year. the door to be let out, and by pulling Take Dr. King's New Discovery and you for the final election. This privilege is chance. See that the hatching and From 25 to 50 percent of the fowls in the nest out or raising the cover, the will get almost immediate relief. It checks your cold. stops the racking, Give the broody hen a trial for a patented and put on the market. The found that with the small active breeds rasping, tissue-tearing cough, heals the couple of days on the nest she is to use State experiment station uses one that's there is not much trouble on this score. inflammation, soothes the raw tubes. candidate and he will most like-ly be forthcoming. the candidates upon each party ticket, that she means business, especially if one is at liberty to make it without usually take their time in coming out Discovery today. "It is certainly a good government is bound to follow, no hens belonging to the egg breeds are fear of prosecution. This trap-nest has and sometimes have to be pulled out, great medicine and I keep a bottle of it A strong movement is being matter which party receives the majority used. They are usually rather unsatis- been in use 10 years. (Utab Station Where they can be reached from the continually on hand" writes W. C. Jesseman, Franconia, N. H. Money back if not satisfied.

NOTICE TO CREDITORS

In the Circuit Court of the State of Oregon, for the County of Multnomah, in Probate, Department No. 6.

Notice is hereby given that the undersigned has been appointed administratrix of the estate of Ernest Herlihey deceased, by the Circuit Court of the State of Oregon for Multnomah County, and has qualified. All persons having claims against said estate are hereby notified to present them properly verified as by law required to the undersigned at 314 Spalding Bldg, Portland, Oregon, within six months from the date hereof.

Dated and first published February 10 1916.

Emma Herlihey, Administratrix John Van Zante, Attorney.

Daily Mails

Mails at the Ler and depart daily, ex	ts postoffice arrive
lows:	produciay, as ion
lows: Arrive 6:00 A. M.	Depart
6:00 A. M.	7:15 A. M.
12:50 P. M.	12:30 P. M.
3:80 P. M.	5:30 P. M.

possible to get out or another hen to and blood impurities. You owe it to

the hens, and there should, of course,