MT.SCOTTHERALD

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being developed in the post- is an assurance of both liability office situation at Lents as the and reliability. present occupant's term is up in No wonder money talks. Isn't June and it is not thought that there a woman's face on the he will be reappointed as the coins? Democrats are very likely to think the place should go to them. However that may be, and regardless of the personality or politics of the aspirants for the place it seems that there is entirely too much outside influence being solicited for assistance in getting this position. On Tuesday another person went to the Who fills this position is of interest only to the people served by the Lents Postoffice. Why a catalogued and upon assembling these man, or politician, in some other town or postal service should meddle with this appointment of planting of tobacco in the different a postmaster here can be ex- colonies and other similar statements of plained only by admitting that no value to the seeker of information for they seem to want to run the whole state. It concerns the people here who the postmaster group of temperance books she "dug might do very well. In fact cigarette topic worth going after. To several of them are highly competent, but it concerns us, only, have your books stamped. Stop just bewho gets it, and particularly no fore you come to the door under the big one not served by this office.

have been doing considerable work on politicians in the city. The sooner we give our congressmen to understand that we are will be at the home of Mrs. McKinley, competent to do our own thinking and boosting, the sooner scott car line. Sirs. Editar Parting and boosting, the sooner ditton will speak on "A Commericalized they will think something of us. Press" and Mrs. McKinley will tell of Let the Portlanders attend to the official papers of the W. C. T. U. their own business. We can do Every person present will be called upthe same.

trading stamp concerns are legitimate and locally productive Union has little right to condemn a man for ordering a suit of clothes from New York City. The profits on both transactions go outside the state.

Bithulithic interests are anticipating a possible contract in Snohomish County, Washington, in the last decade and that if it was temperance nor excercise nor pains by starting a substantial account equally distributed each person would with one of the most influential have more than \$2500 and yet how function. banks in the county. Those are bitulithic methods.

of the old-fashioned, brutal mortgages on farms have more than slowly, breathe MORE. Next cut your into the hands of the medicos, but comic valentine indicates that doubled in number. Banks are, how- food down, omitting all articles you here's hoping. the world is growing more ever, in an exceedingly prosperous conpolite.

It has been demonstrated that the advent of baldness the holders. swelling in his head goes down.

It's funny, but its the truth. The better-looking the girl is the homelier the dub she usually decides to tie up with.

women.

And what has become of the old-time damsel who used to hop up nearly \$35,000 in a little over a on a chair and scream when she saw a mouse?

Rheims are better preparedness mankind will go with the crowd. As arguments than a ton of speeches.

in the Portland Hotel?

Funny none of those "accidental" fires ever occur in a brewery.

Well, didn't Kermit once say that "dad always wants to be the corpse at a funeral?"

Keep in the middle of the road -until you meet an automobile, a and then dodge.

No man can be happy unless | Leland Moore made a business trip to he tries to make others happy. Battle Ground, Wash., last Saturday. Oregon for the logging roads.

ONSIDERABLE interest is What we want from Germany

NOTES OF THE W. C. T. U.

On Monday, a person desiring literature for the cigarette essay contest, went to the Central library but found nothing catalogued under the head "Cigarette." same library calling for "tobacco." An assistant found five different books books it was found they were historical works with such statements as "tobacco used as corrency" in early times, the the present essay contest. Fortunately our own Mrs. Additon chanced to be present and piloting the way to the Some of these candidates up" some live wire connections of the find this collection of books walk down the aisle back of the desk where you clock and the books will be found under Several of these candidates the counter to the right. There are at least three copies of Edith Smith Davis' "Graded Lessons for Teachers" and other books of value.

The next meeting of Mt. Scott Union on 92nd street, just south of the Mt. on to give their idea of the essentials of a good newspaper. Mrs. Walsh has The editor who contends that promised refreshments. Matters will be considered at the business meeting of especial interest to each member of the

CHERRYVILLE

Wild March is on deck once more. Our fine weather got a little set-back

Government statistics show that our wealth increased more than 185 percent getting the use of your body, and no many countless thousands would be glad to exchange everything they have for \$2500. The fact of the matter is that fore, see first to your breathing. tenant farmers have increased at an At any rate the disappearance alarming rate in this period and dition and will contribute liberally to the campaign fund of the party who will looking after his valley farm. continue them in their grab games. Lincoln once said this country could not Wash, who are returning from a trip a man can wear a smaller hat at exist half slave and half free. Neither to California, visited over Sunday at the

Boss Barnes, who Teddy said so many rich things about and who brought suit against him for libel and lost out, says the Republicans can elect anybody this days this week at the home of his year. Let them try "Boob" Penrose of Pa., or Boss Barnes himself. It would be an edifying spectacle to see Teddy and Boss Barnes sitting cheek by jowl Some men look into the muz- in the same Republican convention next zle of a gun to see if it is loaded, June. It would be a more inspiring transacting business in Portland Mon- Association in the assembly hall of the and others fool around married sight than the Rose Carnival at Portland.

Billy Sunday has concluded another. one of his strenuous efforts at Trenton, N. J., and by the same token cleaned month. His system works out fine for himself but it is not enduring. Get up an excitement of any kind, religious, Those recent photographs of financial or political and the mass of Shakespeare once said, "Look! As I blow this feather from my face obeying my breath when I do blow, yielding Deputy of Hood River County, Mr. and What about this Fisherman's to another when he does blow, com-Club that has its headquarters manded always by the greater, just J. Krueder of Lents. such is the lightness of you common men."

> Americans-just ordinary Americans -are coming to the front. We don't hear so much about German-Americans, Swedish-American, Irish - Americans, and other kinds of Americans always putting their own nationality first. Americans are on top for all time in this country and we don't care for any old country systems of either king-craft or priest-craft.

PLEASANT VALLEY

Health In The Suburbs

BY LORA C. LITTLE

used herself and for her condition room unaided. Three days' abstinence blamed others and circumstances over from food and the girl was strong which she had no control. She had the enough to go to the doctor's office.

difficulty in the way of getting well. However I hoped gradually to lead experiences. her to recognize and admit her personal responsibility for her broken health, and at her request gave her a first lesson in health. Constipation was a marked symptom and I saw it to be the chief cause of the trouble which she had come to regard as serious-as indeed it was. I outlined a program to follow for the next two days, when she would return for her next lesson. It was simple and easily carried out, though it involved a radical change in her habits.

I warned her that continuing in her present course would soon bring her to grief and probably to the operating table, whence she would come mutilated, with sound health forever beyond her reach.

Two days later she returned, having put into effect a small part of the regime, while continuing to do certain things which I had forbidden. She was no better, she declared. Her, husband could not endure to see her deprive herself of articles of food to which she was accustomed, and she had decided to go no farther. She paid her bill and went

Tonight's paper brings the news that

she is dead, in a Portland hospital. There was no necessity for it, had she been teachable and earnest. She was comparatively young and possessed of considerable vitality. From childhood she had been food-poisoned, as many are, and had had a variety of ailments all along the years. But these she attributed to hard work, to exposure, to wet feet, to business and family troubles, to anything and everything save herself. She needed to learn that shall have. Every choice that regards

Remember, when some vital function fails, or grows sluggish, you are not must be spared to restore the lost

All function begins with breathing. To restore any failing function there-Breathe as an exercise, breathe abdominally, breathe rythmically, breathe

A. G. Sager of Lents was out Monday

Mr. and Mrs. Martin of Oakesdale, 70 than he could at 20. With can it continue half-bond and half bond- home of Mr and Mrs. T. P. Campbell. Mr. and Mrs. Steadman of Portland

were out one day last week making some improvements on their farm. Edw. Holcomb of Lents visited a few

daughter, Mrs. Frank Eberhard. Mr. and Mrs. McKimmel of Portland

were Sunday visitors of Mr. and Mrs. E. L. Anderson.

tained friends from the city Sunday. loose one of his eyes a few days ago. The the following numbers: accident was caused by a piece of steel breaking and flying from a wedge Mr.

Henrich was using in splitting wood. Pleasant Valley Grange held an interesting session last Saturday. A number of visitors were present, among them were: State Lecturer, Mrs. Minnie E. Hogue and Evelyn; Piano Solo, Miss Bond of Eugene, Mrs. Dunbar, County Mabel Starbird; Vocal Solo (That's the Mrs. C. T. Dickenson of Oswego and T.

Watch Child For Worms

Worms sap child's strength, rob child of food and make child fretful, irritated, nervous. Watch stool and at first sign or suspicion of worms give one-half to one lozenge Kickapoo Worm Killer, a candy worm remover. Gives immediate results, is lavative. Paralyses and removes the worms, improves digestion and general health of child. Continue giving Kickapoo Worm Killer untill all signs of worms are gone. 25c. at your Druggist.

Locomotives and cars are coming to

Three months ago a woman came to know to be clogging-if you do not ask my advice. She wanted to know know, learn what they are. Fresh whether her ailments were curable and fruit alone for a few days will clear what should be done for them. I as your blood and bowels wonderfully. If sured her she was curable, providing you feel faint, it is not due to need of she would take her case in hand intel- food, but because you are choked with ligently and persevere in the required dead matter. As you get rid of this your strength returns. A friend told Although regarded both by her me awhile ago of her daughter who was friends and herself as of superior men- put on a fast by the family doetor. tal and moral fibre, I knew the chief When she began to fast she was ill in trouble lay here. She constantly ex- bed and too weak to walk across the

too common type of mind that cannot | Any sick person who is not willing to endure admission of self-faults. Where- discipline himself does not deserve to ever the trait exists, this is the chief recover, and rarely does. He may be patched up, but real health he never

> The famous Metchnikoff, the man who discovered that sour milk would keep you alive and well indefinitely, is re ported "seriously ill with heart trouble." So do illusions fade.

His theories were based on the gern theory-the good germ destroying the had germ, and in the absence of had germs of course you must be well and immortal. Piffle! And now Metchnikoff himselt is about to admit it, by dying. Will it affect the buttermilk tank industry?

Buttermilk is well enough occasionally, when you want a light meal. As a between-meals drink it is a mistake. If taken in excess it will cause catarrh, even as will sweet milk.

Back in Chicago, Bishop Sumner was charged by medical freedomers with standing in with the medical politicians, whenever they bad something to put over. He was a member of the Chicago school board and was certainly active in getting the regulation adopted that a doctor's certificate was to be the credential admitting a child to school on the opening of the term in September. This was two or three years ago, before he came to us a bishop. Lately he has been back there, and having a troublesome throat, he went to some of the throat experts and was told he must have an operation-tonsils or something. Those suffering from Neuralgia or But he had a banquet engagement where Neuralgic Headache will find one or two he expected to use his throat in a va- applications of Sloan's Liniment will riety of ways, and postponed the opera- give grateful relief. The agonizing pain tion. In the meantime, he evidently gives way to a tingling sensation of had a hunch, and has returned to us comfort and warmth and quiet rest and lies the power of choice, and on our choosing depends the kind of life we though the compact of the surgeon who had become famous the principle of use makes for health for his appendectomies. He suddenly and happiness. Every choice that got a pain in the side himself, and after ignores use and caters to self-indulgence brings its measure of sickness and mistoms and asked for advice. "Appendiliancy by the efforts of Nicholson, Copcitis! sponse. "I don't know about that" he objected. "Why not? I thought you always advise early operation." "Well, I find it looks different when I am the patient." History does not relate whether this experience had the effect of John Ruskin.-Exchange. of moderating the doctor's subsequent zeal for cutting. Nor can one predict that the Bishop will be less enthusiastic hereafter about throwing everybody

GILBERT

Mr. and Mrs. W. Anklam of Bellrose, moved into Montavilla last Saturday.

Mrs. L. A. Farnsworth and son, Jesse, spent two days last week at the home of her sister, Mrs. Farnsworth of McMinn-

Mrs. A. Cook from near Corvallis, has been visiting at the home of Mrs. E. A. Barrick for the past two weeks.

Mr. and Mrs. Coekran and family have moved to Wichita Station.

An entertainment was given last Fri-A. B. Olson and Geo. Taylor were day evening by the Parent-Teachers' Gilbert school. The proceeds of which Mr. and Mrs. W. G. Rogers enter- are to be used in beautifying the school grounds. A large crowd greatly en-Chris Henrich had the misfortune to joyed the program which consisted of

Introductory Remarks, Mr. Ager Violin Solo, Miss Marie Chapman; Vocal Solo, Miss Ileen Yerex; Saxaphone Solo (Holy City, by Adams,) Master Carpenter Staples; Piano Solo, Mrs. Leo Katzky; Character Song, Miss Song of Songs for Me) Geo. D. Burns; Violin Solo, Master Milton Katzky; Duet. Saxaphone and Violin, Master Carpenter and Miss Pearl Staples; Violin Solo, Miss Pearl Staples.

Marshfield will get a \$7500 fruit and regetable cannery.

An Ideal Spring Laxative

A good and time tried remedy is Dr. King's New Life Pills. The first dose will move the sluggish bowels, stimlate the liver and clear the system of waste and blood impurities. You owe it to yourself to clear the system of body poisons, accumulated during the winter. Dr. King's New Life Pitls will do it. 25c. at your Druggist.

Your Bank Account

Is more than half of your business resource. Character, reputation and business ability, all count, but the cash back of a man "talks," when it comes to business interest. This is as true for a farmer as for a merchant. Having one of our check accounts will impress your acquaintances with your financial standing and appeal to them more than cash in hand. For safety and influence carry a bank

THE MULTNOMAH STATE BANK

Lents Sta., Portland, Oregon



Dangers of Draft

Drafts feel best when we are hot and erspiring, just when they are most dangerous and the result is Neuralgia, Stiff Neck, Sore Muscles or sometimes an attack of Rheumatism. In such cases apply Sloan's Liniment. It stimulates circulation to the sore and painful part. The blood flows freely and in a short time the stiffness and pain leaves.

Water Colors.

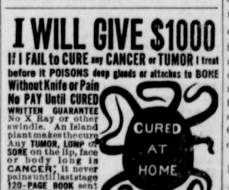
Water color painting was gradually raised from the hard, dry style of the eighteenth century to its present bril-Color society's exhibitions began in 1805 and may be said to mark the real beginning of modern water color painting. The great master, if not creator, of the art was the celebrated Turner. of whom we read so much in the works

Magnetic Storms.

Contrary to the general belief, mag netic disturbances do not begin at the same moment all over the globe. In stead of that they progress around the earth. In the case of abrupt disturb ances, which are usually comparative ly minute in their effect on the com pass needle, the complete passage around the earth requires from three to four minutes. For the bigger effects or for the greater magnetic storms the rate of progression is slow er, so that it would take them half an hour or more to pass around the earth completely

Colds Quickly Relieved

Many people cough and cough-from the beginning of Fall right through to Spring. Others get cold after cold. Take Dr. King's New Discovery and you will get almost immediate relief. It checks your cold, stops the racking, rasping, tissue-tearing cough, heals the inflammation, soothes the raw tubes. Easy to take, Antiseptic and Healing. Get a 50c. bottle of Dr. King's New Discovery today. "It is certainly a great medicine and I keep a bottle of it continually on hand" writes W. C. Jesseman, Franconia, N. H. Money back if not satisfied.



Dr. & Mrs. Dr. CHAMLEY & CO. Chamley Building "Strictly Reliable, Greatest Cancer Specialist Hying 434D & 436E Valencia St., San Francisco St.

Pointers

For TREE **BUYERS** There are two ways of doing most

everything-the right way and the wrong way; the right way produces RESULTS-the wrong way FAIL-This is true with reference to pro-

ducing trees in a Nursery. GOOD soil is necessary to produce

good trees; worn out soil will pro-duce only stante, starved, poorly rooted trees.

The Oregon Nursery Company's policy is NOT TO GROW TREES ON THE SAME GROUND TWO YEARS IN SUCCESSION. This is one reason why our trees are always healthy and vigorous in both root and top. This explains why Inspectors pronounce our trees the cleanest and best they have to examine.

Then too, we use the best grade of seedlings. Instead of using a 3rd grade, we use No. 1. They cost us more but they make better trees; they have more strength and vitality on which to build a tree.

Under our system a crop of trees is produced on the same land but once in from three to four years. In the intervening years, we grow oats, seed it down to Red Clover, cut the first crop for horse feed and the next year's crop plow it under for fertilizer, and thus get it ready for growing trees again.

Our land is therefore always clean, strong and capable of producing trees up to the standard set by our Company many years ago.

We are in the Nursery businesswe believe we know the difference between good and inferior trees. We prefer to produce a tree that is UNSURPASSED, that gives a customer results and proves a credit to us. Such trees cost something to produce but by growing them in large quantities we are able to make price to you very reasonable. They are, after all, the most economical tree for you to plant.

If you are wanting trees this Spring, drop a line to us at Orenco, Oregon. With a stock as complete as any on Continent we can take care of all your needs. OREGON NURSERY COMPANY

> ORENCO, OREGON Reliable Salesmen Wanted.

NOTICE TO CREDITORS In the Circuit Court of the State of Oregon, for the County of Multnomah, in Probate, Department No. 6.

Notice is hereby given that the undersigned has been appointed administratrix of the estate of Ernest Herlihey deceased, by the Circuit Court of the State of Oregon for Multnomah County, and has qualified. All persons having claims against said estate are hereby notified to present them properly verified as by law required to the undersigned at 314 Spalding Bldg, Portland, Oregon, within six months from the date hereof.

Dated and first published February 10

Emma Herlihey, Administratrix

John Van Zante, Attorney. Daily Mails

Mails at the Lents postoffice arrive and depart daily, except Sunday, as follows:

Arrive 6:00 A. M. 12:50 P. M. 3:80 P. M.

Depart 7:15 A. M. 12:30 P. M. 5:30 P. M