

**IF YOU HAVE ANY NEWS
GET IT TO THE EDITOR**

"It is not enough for a live community that advertising should be correctly used to stimulate business and to promote general prosperity. The home newspaper is a social and intellectual thing as well as a medium of business. One cannot serve the community better than by seeing that interesting items get to the editor. The editor is no mind reader: call him up and tell him. To do so is the neighborly thing, the kindly thing—a courtesy not to the publisher alone but to everyone in the district who might be interested in your little item."

Whenever Eric W. Allen, head of the department of journalism at the University of Oregon, speaks in a town, he urges the citizens to get behind their home paper in both a business and a news way on the ground that the newspaper can be made a wonderful agency for building up a community. By a "successful community," Mr. Allen means not merely the community whose business men are prospering, and whose laborers are all at work, but the community that is a real social and intellectual center. He looks to the home paper as the most powerful means with-

in reach of bringing about this kind of "success."

"If you can once get all your people into the way of voluntarily pouring these interesting scraps of news into the weekly paper, you will add immensely to the general friendliness of the community," says Mr. Allen. "You will be helping to make your town the kind of place where people want to stay and to which former residents will want to come back."

"So try to get ideas into the paper. Write a little for it once in a while. Don't let the editor do all the thinking for the town. If you publish ideas, you start others to thinking, and you raise by just so much the general level of intelligence."

"Encourage the home paper to be a business, social and intellectual center of the community. It will richly repay."

How to Cure Colds

Avoid exposure and drafts. Eat right. Take Dr. King's New Discovery. It is prepared from Pine Tar, healing balsams and mild laxatives. Dr. King's New Discovery kills and expels the cold germs, soothes the irritated throat and allays inflammation. Search as you will, you cannot find a better cough and cold remedy. Its use over 45 years is a guarantee of satisfaction.

LOCAL AND PERSONAL

All church, society, personal and local news not published for profit, free; notices of entertainments, conducted for profit, published at a 25c minimum, of 50 words. Announcements and card of thanks, same rate. Advertising rates quoted on request.

WANTED—4 tons small potatoes. G. N. Sager, Gresham, Ore. Phone 71.

Mr. and Mrs. Peters of 80th street, have moved to Rainier, Oregon, where he will be employed in the mills.

FOUND—Bunch of Keys, near 96th street and 70th avenue. Owner may take keys by paying for this notice.

Lou McKinley is preparing to take care of all the joy riders in town with his three seated sleigh, provided they come to him for the service.

"Grandpa" Hummel is having a serious time. The cold weather has laid him up with a severe cold and rheumatism.

Mrs. McDowell has been quite sick for several days but it is hoped that nothing serious will result. A bad cold and tendency toward pneumonia seems to be the trouble.

Miss Roxana Shroyer, of Lents school, was called from her work on Tuesday by the death of her invalid mother. The mother will be sent to Pontiac, Ill., and Miss Shroyer will accompany her.

Sehenerman Bros., returned from Camas Saturday morning where they have been engaged in some construction work. They report Camas is in a thriving condition.

Eggiman Brothers are open with their market again. But this time they will be found on Foster road near the post office. E. P. Tobin and T. Y. Cadwell are responsible for the quick work on the new building.

Mt. Scott Lodge, Oddfellows, has installed a new gas heating system in its hall which appears to be just the thing, convenient, economical and clean. The hall will be much better heated now than ever before.

Mrs. Lora Little, a frequent contributor to the Herald, is one of the leading contributors to the "Truth Teller," a newspaper published at Battle Creek, Michigan, devoted to liberal views on the treatment of disease.

Eureka Rebekah Lodge entertained its friends on Friday evening at a watch party. The evening was stormy, a good many people went down town, so the attendance was not large, but they had a good program and social which met with the approval of those who came.

Miss Nell Moran, fourth grade teacher at Lents, spent part of the holidays at Estacada, and while there participated in a run-away in which a frightened driver threw away the lines. The team ran over a cow, threw the lady out, and gave her a bad shaking. She reported for duty Tuesday.

Joe Grasseus has bought the Duke Market and will continue to run it as "Duke's Market," although Duke Brothers are entirely out of it. Mr. Grasseus is an experienced butcher, well prepared to handle the business he has purchased.

Wilson Morrill, Zella Landon and Ethel Hull, were representatives of Franklin high school before the pupils in Lents schools Tuesday morning, who told the upper grades about the work of the high school. They made very enthusiastic presentations and created a lot of interest among their school friends here, for the new high school.

Joseph Krotch of Damascus, 75 years of age, died Sunday, Jan. 24, at his home. He had been living in Oregon thirteen years. He died of pneumonia. Four sons and four daughters, a wife and several grandchildren mourn his death. Rev. Sorenson conducted the funeral in connection with Kenworthy, on Tuesday, and he was buried at Damascus.

Rev. Nelson returned from Kansas City last week where he was called by the illness of his father. He says the winter has been quite a mild one up to the time he left, but it is somewhat worse since. He does not think Kansas City has been struck by any remarkable business revival, yet.

W. D. Hayman of Bellingham, son-in-law of F. R. Alexander of Lents, is visiting the Alexanders at "Dogwood Place" near Lents Junction. Mr. Hayman has been in the employ of the Puget Sound Navigation Company for the past eight years, as Freight Clerk, Ticket Agent and Purser. He comes highly recommended. He has bought a lot in Dogwood Place and will make his home here.

FOODS THE TURKS EAT.

Pilaff is the National Dish, and but Little Meat is Used.

Vegetables, fruits and grains are the staples of the Turkish kitchen. Breakfast on the Bosporus consists of a small cup of Turkish coffee and a roll. At noon there is a bowl of sour milk (yaourt) and bread. Thick Turkish coffee is taken again in the afternoon to keep up appetites for the principal meal, which comes at night. This meal includes, probably, pilaff (meat and rice), several kinds of vegetables, pastry and thick coffee. The workman's meal is still more simple—a chunk of bread and an onion or a bunch of grapes.

There are, however, some dishes upon the Turkish bill of fare which the returned westerner never ceases to regret. Pilaff is one. It is a food as national with the Turk as the potato with the Irish, as the cabbage with the German. It takes a multitude of forms, but its basic quality, its quality of being pilaff, is derived from rice being cooked in such a way as to preserve each grain firm and distinct. The rice is unpolished and in cooking takes on a gelatinous coat. Sometimes it is boiled in mutton fat, a rich, smooth, inviting dish. Sometimes bits of roast mutton are mingled with it, when it becomes a meat pudding of delicious flavor. It is cooked with small currants and pine nuts, fragrant and spicy. It is stuffed with dates and flavored with orange peel; but, whatever its form, it is one of the treasured memories of a visit to the near east.

Eggplant is the foundation of another favored Turkish dish. It is stuffed with chopped onions and rice and cooked in oil. It is also stuffed with meat marrows and rice and steamed until it becomes a culinary inspiration. The westerner, furthermore, learns to enjoy many of the milk foods prepared by the Turks. Yaourt, cultured milk as thick as sour cream, prepared from the rich milk of the buffalo cow, is a satisfaction to the most pampered diner. Chicken breast milk, made from grated chicken breasts; jelly-like rice milk, starchy pudding, eaten with sugar and rosewater, and yaourt, with chopped nutmeats, are other dishes.

The Turks are fond of sweets. They prepare a kind of bread which they soak in honey and eat with cream. They also prepare pastry in strings soaked in honey. Meats, with the exception of mutton, are poor in Turkey, but then the Turk is a good deal of a vegetarian.

The Turkish porter, or hamal, dines on a chunk of bread costing a cent, together with a melon or a bunch of grapes or an onion or a piece of cheese, to the cost of another cent, and considers his meal complete. Yet his daily toll consists in carrying packing cases, pianos and other knickknacks around on his back to the astonishment of every visitor acquainted only with the prowess of porters in the west. This rugged Turkish burden bearer eats a dinner at night which costs about 4 cents—a bowl of pilaff with bits of meat in it.—National Geographic Society Bulletin.

GILBERT

Bennett Chapel gave a children's program on Thursday before Christmas. Every member of the school got a bag of candy.

Mr. Van Blaricom is recovering from a protracted case of Grippe, slowly.

Robert Henderson was laid up with a severe case of bad cold on New Year's day.

Mr. and Mrs. George Mann and family have returned from The Dalles where they spent a week visiting friends and relatives.

A few members and friends of the Bennett Chapel Methodist Church, spent Thursday clearing the church yard. The women served lunch at noon after which all worked, either cleaning the church, or out in the yard. They expect to meet again as soon as possible and finish the clearing.

Johnie Brant is reported on the sick list this week.

The new hall belonging to the Bellrose Community Club has been completed. The members donated the work, some working on Sundays as they were anxious to get it ready for the house-warming that was given a short time ago.

H. Height has returned from Salem where he visited friends and relatives for a short time.

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Fresh Vegetables

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Main St Lents, Oregon

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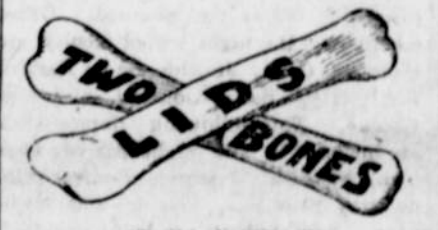
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