

# MT. SCOTT HERALD

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It is time that the temperance people of the state began to measure up the candidates for the next legislature. There is a movement on to have the present prohibitory law amended to provide for the manufacture of liquor in the state, and for its distribution so far as the present law provides, so many quarts per month per family, but instead of the orders being taken outside the state the money they represent will be turned over to Oregon producers. That is the scheme.

It sounds fine. But it will be remembered that the breweries have been running most of the saloons in the state and they are people responsible for most of the evils incident to the traffic. If they would not conduct the business fairly previous to this what reason have we to believe they will do any better under the conditions named now by them? Any proposed change in the law to permit the manufacture of liquor in this state should be regarded as dangerous.

The State Anti-Saloon League announces its Annual Convention to begin at the White Temple, Tuesday evening, Nov. 16. Some of the most prominent temperance workers in the country will be on hand to advance the cause of national prohibition. The supreme effort of this league now is to line the congressman up for a National Constitutional Amendment. If two-thirds of the members of both houses of Congress support an amendment it will carry. Just now the League is looking particularly after Congressman McArthur, who, rumor said at this time of his election, was on good terms with the liquor men.

The Extension Departments of the Agricultural College are sending out their announcements and programs for the winter short course which begins this winter on the third of January and extends to the 8th. Over 2000 people attended last year. There ought to be more this year. Full information will be supplied by Prof. R. D. Hetzel, Corvallis, Ore.

Looking over the road budget prepared by Mr. Yeon, we are surprised to see so much being provided for upkeep and improvements on the highways that have been built this season. The understanding was that the highways would not need any upkeep except such as the contractors gave to them from time to time.

When ordering your statue you should be sure to see that it is not made of metal capable of being converted into bullets and cartridges. Nobody can tell what will happen to it in case of international complications.

Chicago had a "tight" Sunday meaning that nobody got a drop to drink in any of the city's 7,152 saloons for the first time in many years.

It will be observed that the prospective mistress of the White house doesn't propose to enter it, until after the fall house cleaning is over.

A California young man held his breath ten minutes and lived to tell the tale. This is an advertisement for California's atmosphere.

Give the boaster a chance to make good and watch him fade away.

A bachelor girl is sometimes an old maid who is ashamed to admit it.

This country spends \$50,000,000 a year for cosmetics, and still foreigners say that Americans have had complexions!

If you are dissatisfied with your lot get a real estate man to sell it.

## NOTES OF THE W. C. T. U.

The majority against prohibition in Ohio, in the election this week, has been reduced by one half which is really a splendid result, the work of two years of education. More and more people awake to the wills of the liquor traffic. Ohio is traveling fast and will soon be in the prohibition ranks.

Three states, New York, Massachusetts, and Pennsylvania, in the elections held this week, rejected woman suffrage. This with New Jersey, recently voting, makes four eastern states rejecting votes for women. As an offset for this comes the statement from across the water that on July, 1916 the Danish women will vote for the first time. A new constitutional law conferring suffrage on women goes into effect in June. This action has been hastened by the European war. Let us rejoice; let us be glad for the women of Denmark; let us earnestly hope that this small foot hold upon the old continent will be the beginning for great things in the old world.

In a summary of the labor question on the Pacific coast it has been found that Portland has a greater percent of unemployed than any other coast city. There has been much building going on here right through the summer and the unemployed appear to have flocked here in the hope of getting work. Or is there some other reason?

State Commissioner of Labor, Hoff, was in Lents Tuesday afternoon, Nov. 9 and spoke at the friend's church on "The Labor Problem in Oregon." Unfortunately the afternoon was stormy and the attendance was small but those who heard the talk were well entertained. Mrs. Addison added a few suggestions that suggested some important conditions relative to caring for young women out of work due to business stagnation.

## CHERRYVILLE

November days are dark and dreary. After all these gentle rains are much to be preferred to howling blizzards. C. D. Turner, of Kealsville, Ill., is visiting with his son at the shingle mill south of town.

Freil's new bungalow hotel is rapidly approaching completion and is not only an attractive and commodious residence but is a credit to the community and will do much to keep Cherryville on the map.

The daily Oregonian last Thursday contained a leading editorial in military preparedness and said among other foolish things that by reason of over unpreparedness in 1812 we lost every battle but one, that of New Orleans. How about Plattsburgh where one of the writers ancestors lost a leg and where between five and six thousand green mountain men whipped twice their number of the best trained and prepared soldiers of Europe; also how about Lundey's Lane, Chippewa, Fort George, Fort Stephenson and some 15 others where the Americans were victorious? Talk about preparedness, how about Jackson, he never had any military training in military schools and yet with a bunch of wild pioneers he inflicted a fearful and crushing defeat on the best trained English army that could be produced. Wellington's veterans led by Sir Edward Packenham, a brother-in-law of Wellington, and trained under the great soldier and yet he lost 2100 men at New Orleans and Jackson lost 20 killed and wounded. What's the use? Nobody that is capable of thinking expects anything better in The Oregonian.

The down fall of the Central Christian Church in Portland is another proof that we are badly over churched and that these professional ecclesiastics are heaping burdens on our backs grievous to be borne. Nearly \$10,000,000 tied up in church property in Portland alone and hundreds of people will go hungry and shivering to their wretched beds this winter. When will we quit erecting these costly edifices largely for display and to outshine some theological rival and provide a nice genteel job for some lopsided zealot who has a distorted and exaggerated view of his own particular position or opinion. Egotism generally goes with the religious temperament.

The question, "Resolved that every man physically fit should receive military training," that was discussed at the school house last Friday night was decided in the negative as it was thought not necessary to turn out a lot of brass

bound dudes for the people to support. Taft in a recent article says this great war or rather brutal carnage now raging in Europe would render future wars impossible and Edison says if there is any wars in the future they will be fought by machinists with machines.

Nearly \$30,000 given to Billy Sunday at Omaha lately for a little over a months work. Will some wise acre tell us the reason for deluging this vulgar bialherskite with money without end when thousands of women and children go hungry every day of their lives.

Phil Stonfer, who has been working the past season over in eastern Washington, returned the first of the week and will stay on his K. R. claim this winter. Wm. Webber while cutting wood the first of the week cut his foot quite badly. Dr. Barendrick, of Sandy was called to dress the wound.

At a road meeting held at the school house last Saturday a special tax of 3 mills on the property on this road district was levied for extra road work another season.

A company of Boy Scouts was out from Portland Sunday having marched through the rain from Bull Run. This is a quasi-military organization which in the last analysis is to foster the military spirit now being engendered through the land so that bomb and shell manufacturers and gun factories can falter and groan rich on death, debt and desolation.

## GILBERT

Mr. and Mrs. W. Davis have moved into their new home on Park Drive.

Mr. C. A. Lozier spent a few days this week in Eugene on business.

Fred Dozier returned Monday from Salem where he attended the District Convention of the Epworth League.

J. L. Johnson returned Sunday afternoon after several months "seeing California." He has lots to say about the trip but seems perfectly satisfied to be at home.

Misses Marie and Loretta Chapman of Gilbert are enjoying a visit from their uncle, Mr. Quinn of St. Louis.

## PLEASANT VALLEY

Market Master Eastman paid our burg a flying visit one day not long since.

O. N. Blair, of Lents was out Monday looking after his place.

Fred Olson was doing business in Portland Tuesday.

Mr. and Mrs. Harper, of Portland, were callers at the home of G. N. Sager one day this week.

P. F. Uhlig entertained friends from the city last Sunday.

Mrs. B. H. Burns was in Lents the fore part of the week, looking after business matters.

Geo. Cahill, of Salem, Or. was a Valley visitor Wednesday.

W. N. Moore our busy merchant transacted business in Portland Tuesday.

## Health In The Suburbs

BY LORA C. LITTLE

"Raw peanuts" is not a phrase that makes your mouth water, yet as a diet-cure for people accustomed to bread, potatoes, meat, milk, pie and cake, and suffering from the clogged condition that is invariably in time produced by such a diet, raw peanuts are a wonder.

Have you a too-prominent abdomen? Have you a "pain in the side"? Are you feeling dull and sluggish? Have you headaches? Any of these and many other symptoms will speedily disappear under the influence of a proper peanut ration.

To begin, drop off all the solid foods, the breads, mushes, beans, potatoes, meats, cheese, eggs, and likewise milk. On the first day, eat only apples (raw or cooked) and peanuts. The second day add raisins, dates or figs. The third day, potatoes once, accompanied with a few peanuts, and for the other meals fruit and peanuts. After this, continue for a month the peanuts at one or two meals daily, bread or its grain equivalent three times a week, potatoes or sweet potatoes three times a week, milk or cream in moderation, also vegetables, ad lib.

For the rest, raw peanuts and fresh or dried fruit. Adjusted by common sense to suit the individual case, this will be found the best treatment imaginable for the chronic ails that make life a slow torture to many people. It will (applied with judgment) cure rheumatism, neuritis, neuralgia, gout, and many other troubles resulting from the usual bad diet.

Of shelled peanuts one can eat as many at a meal as he likes. If you do not like them, learn to like them. Take half a dozen to a dozen at a time and chew on them until they are reduced to milk. A bit of something else in the same mouthful will help disguise the slightly acrid taste.

Roasted peanuts are unfit to eat. Boiled peanuts are less harmful, but why spoil their value even in part? Why so waste labor?

Shoes make an interesting study, and one almost forced on us by the peculiar

Mr. and Mrs. J. W. Frost, Sr. visited with friends at Mt. Tabor and vicinity one day recently.

Road Overseer York with a force of men has finished planking the fill over Deep Hollow which enables traffic to get out over the Jenne road.

The entertainment and basket social given by the school last Saturday night proved a grand success. Over \$50 was realized from all sources. Another show put on with similar results and the play shed for the children will be assured.

## First Notice

FREE UNTIL 1916

Have you subscribed yet for The Youth's Companion for 1916? Now is the time to do it, if you are not already a subscriber, for you will get all the issues for the remaining weeks of 1915 free from the time your subscription with \$2.00 is received.

The fifty-two issues of 1916 will be crowded with good reading for young and old. Reading that is entertaining, but not "wishy-washy." Reading that leaves you, when you lay the paper down, better informed, with keener aspirations, with a broader outlook on life. The Companion is a good paper to tie to if you have a growing family—and for general reading, as Justice Brewer once said, no other is necessary.

If you wish to know more of the brilliant list of contributors, from our ex-Presidents down, who will write for the new volume in 1916, and if you wish to know something of the new stories for 1916, let us send you free the Forecast for 1916.

Every new subscriber who sends \$2.00 for 1916 will receive, in addition to this year's free issues, The Companion Home Calendar for 1916.

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