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Dangerous Method.

"What are your usual modes of punishment?" was among the questions submitted to a teacher in a rural district in Ohio. Her answer was, "I try moral suasion first, and if that does not work I use capital punishment." As it was a neighborhood where moral suasion had not been a success, and the children were scarce, the committee took no risks.

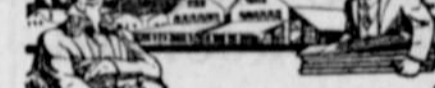
Easy Case to Conduct.

Soft snaps are comparatively few, but the attorney for the defense when a good-looking woman is the defendant shouldn't worry much.—*Acheson Globe.*

How It Sounded.

Reason—"What is your daughter doing at the piano?" Egbert—"Sounds as if she was setting her class yell to music."

Forest to You



Means that you keep the middleman's profit in your pocket when you buy Lumber, Shingles, Lath, Moulding, Doors, Windows and other Building Material from

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Send us a list of what you require for your buildings and we will name you prices delivered at your station and Guarantee to save you Money. Write for our **Illustrated Catalog.**

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Train stops at our door. Place to spend your vacation here this summer. You will find it delightful as well as inexpensive. We have fully furnished Housekeeping Tents, including electric lights and water, from \$5 per week up. Danon every night. Bowling, Pool and Billiards. Surf Fishing and Safe Bathing. For particulars write or call on **WISE DENTAL Co.,** Rooms 211-12 Falling Bldg., 3d at Washington, Portland, Ore., phone A or M 2029; or Bar View, Tillamook Co., Ore.

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Successful Home Remedies. His successful herbal remedies cure all kinds of ailments of men and women without operation, used from the wonderful Chinese herbs, roots, barks and vegetables, which are unknown to the medical science of this country. Write for blank and circulars. Send stamp. **CONSULTATION FREE.** Address **The C. Gee Wo Chinese Medicine Co.** 102 1/2 First St., Portland, Ore. Mention Paper.

P. N. U. No. 29, 1915

WHEN writing to advertisers, please mention this paper.

GETTING RID OF FLY

Only Sure Way Is to Keep Things Cleaned Up.

Prevent Pests Breeding, and There Will Be No Problem to Solve in Hot Weather—Manure Pile and Garbage Pail.

The only rational and sure way to get rid of the fly is to prevent breeding—clean up. Next to keeping the premises cleaned up, the most important thing is to keep the houses well screened. Those that do get into the home should be killed. It is especially important to kill those that appear early in the season. One fly killed now means millions less in August.

The house fly breeds, usually, in fresh manure. The more of this waste that is allowed near the house the more will the dwelling be infested with flies. Not only do flies breed in filth, but they have filthy habits. They are distributors of disease germs of all kinds, including tuberculosis germs. Extreme care should be taken, therefore, to destroy breeding places and to keep filth out of the house.

After you have excluded Mr. Fly from your house next turn your attention to your garbage pail. This is one of the great breeding places for germs of all sorts. Don't be content because the garbage man has emptied your pail. It must be cleaned. If in no other way, put a few newspapers in the bottom of it and burn them. Heat is a simple disinfectant. If possible pour a bit of creolin or an oil disinfectant on the papers and place the cover part way over the pail. This will rid your garbage pail of any germs. Remember that only by sanitation can fevers and various other diseases be prevented.

The department of agriculture has just promulgated the following method: Powdered borax is sprinkled over the manure at intervals of five days. The quantity used is .52 of a pound to eight bushels of manure. The University of Wisconsin recommends the use of arsenic.



A Fly With Germs on Its Legs (Magnified.)

Hutchinson of the department of agriculture says that when manure is so spread out that it rapidly dries out flies will not use it as a place in which to deposit eggs. The department recommends that manure be scattered on the fields and thus be rapidly dried out. This is even more effective than treating it in boxes with borax, iron sulphate or paris green.

To prevent flies from breeding in stable manure several procedures are advised. Some of these are: Prompt removal. From fly to fly—through egg, larva and pupa, the stages when the insect must stay in one place—varies at different seasons of the year. In the hottest weather it is never less than ten days. Therefore, if the manure bins are emptied once a week the flies will not reach maturity in the vicinity where the eggs are laid.

Screening of manure bins. This is even a more difficult procedure than screening a house against flies. The female fly, ready to lay, will try harder to reach a good laying place than flea do to reach a good feeding place. Nevertheless it can be accomplished.

The larvae can be killed according to the method of Forbes. A barrel of a solution of sulphate of iron, two pounds to the gallon, is kept in the stable. Each day some of this solution is sprinkled in the manure box and on the floor where the droppings fall. The cost is about a cent a horse a day. The manure is not harmed. The stable is deodorized.

Number Tags on Fishes. An idea of what is being learned by scientific study of fish life in the waters of the coast of Norway was given by Dr. John Hjort in a recent lecture. Fishes bearing numbered tags have been systematically released during a number of years, and the records of the time and place of release and subsequent capture, with other facts, have been carefully kept. In this way much has been learned of migration and of growth and age as indicated by annual rings on the scales. It has been shown that growth is more rapid in favorable years than in others. The basis of an estimate of the catch of any season to the number of fish available has been obtained, this ratio for the common food fishes being about one to ten.

Inventor Ahead of His Time. Fifty or more years ago a Birmingham, (Eng.) inventor manufactured an airship very much on the lines of the modern Zeppelin, which it was suggested could be used for bomb-dropping in the event of invasion. The idea was laughed at by the scientists of the day as being impossible, and certainly unworthy the attention of any civilized nation. So the man's invention was literally killed by ridicule, and the machine, in which several flights were made as a means of effectually removing any further cause for sarcasm.

Nothing contributes more to life than a fine set of Teeth. A gold and porcelain bridge or a cast aluminum plate will last a life time. Let me examine your mouth and tell you in advance what it will cost.

Dr. Elof T. Hedlund DENTIST
 456-459 Moreau Building, Washington Near Broadway, Portland, Oregon.
 PRICES REASONABLE WORK GUARANTEED

When We Work Best. Autumn and spring are the best seasons of the year for all kinds of work. At a very low temperature both mental and physical work are depressing. Mental work reaches its highest efficiency at a temperature of 25 degrees, while physical work reaches its maximum at 59 degrees for men and 60 degrees for women. Recent investigations show that weather variations are distinctly good for us and promote our mental efficiency.

DOES YOUR SKIN ITCH AND BURN?

If your skin itches and burns with eczema or any such tormenting, unsightly skin disease, simply wash the sore places with resinol soap and hot water, dry and apply a little resinol ointment. The itching stops INSTANTLY, you no longer have to dig and scratch, sleep becomes possible, and healing begins at once. That is because the soothing, antiseptic resinol medication strikes right into the surface, arrests the action of the disease, and almost always restores the tortured, inflamed skin to perfect health—quickly, easily and at little cost.

Prescribed by doctors for twenty years, and acid by all druggists.—Adv.

To Appreciate Colors. Only a few of the great painters have been great "colorists," for the regrettable reason that they could not divinely see color, and to such painters the master colorist has been called crude and garish. The fine thing for everyone is to cultivate the eye to a close and ever observation of all hues and shades in nature, for in that way only one can have the pleasure of the highest appreciation of nature, splendid as the wondrous revelations of the spectrum is in its divination of the composition of rays of light.

All Have Three Forms. All things in the world have three forms; these are gaseous, liquid and solid. Everything is moving from one of these forms into another. For instance, the sputum is a liquid. Dried in the open air, it soon becomes a solid. Then, pulverized, it is taken up by the air and circulates in minute dust particles, some of which are too small to be seen.

Expert in Silver Linings. Hall—"Blythe is a pretty optimistic character, I hear." Wall—"I should say so. If he failed in business, he'd thank heaven he had his health; if he failed in health, he'd thank heaven he had his business, and if he failed in both, he'd say there was no use having one without the other."

Irony. The inventor seldom profits by his production. The Chinese invented gunpowder.—*South Bend Tribune.*

Optimistic Thought. The generous man grows rich in giving.

COULD NOT STAND ON FEET

Mrs. Baker So Weak—Could Not Do Her Work—Found Relief In Novel Way.

Adrian, Mich.—"I suffered terribly with female weakness and backache and got so weak that I could hardly do my work. When I washed my dishes I had to sit down and when I would sweep the floor I would get so weak that I would have to get a drink every few minutes, and before I did my dusting I would have to lie down. I got so poorly that my folks thought I was going into consumption. One day I found a piece of paper blowing around the yard and I picked it up and read it. It said 'Saved from the Grave,' and told me Lydia E. Pinkham's Vegetable Compound has done for women. I showed it to my husband and he said, 'Why don't you try it?' So I did, and after I had taken two bottles I felt better and I said to my husband, 'I don't need any more,' and he said 'You had better take it a little longer anyway.' So I took it for three months and got well and strong."—Mrs. ALONZO E. BAKER, 9 Tecumseh St., Adrian, Mich.



Not Well Enough to Work. In these words is hidden the tragedy of many a woman, housekeeper or wage earner who supports herself and is often helping to support a family, on meagre wages. Whether in house, office, factory, shop, store or kitchen, woman should remember that there is one tried and true remedy for the ills to which all women are prone, and that is Lydia E. Pinkham's Vegetable Compound. It promotes that vigor which makes work easy. The Lydia E. Pinkham Medicine Co., Lynn, Mass.

IN A MUG ON MANTELPIECE

Resting Place of Old Maid Who Believed in Cremation Thus Described by Faithful Domestic.

Mary and Nora had lived as faithful domestics for many years in a home whose only other occupants were two old maids. One of these was a believer in cremation. Nora took a trip to Ireland. During her absence the old maid mentioned died. Her dust was reverently put in an urn above the sitting-room fireplace, where the remaining sister could always have a sense of the departed's presence.

A year later Nora returned, to the surprise of Mary, who gave her a warm welcome. "I'm glad to see ye back," said Mary, taking the wraps. "I'm glad to be back," said Nora—then added—"is there any chance of comin' to live wid ye again?" "There's only the one of them here now," said Mary, reverently. "Where's the other?" asked Nora, in astonishment. "She's up in the mug on the mantelpiece,"—*Pittsburgh Chronicle-Telegraph.*

Resourceful. "What are your constituents going to do about your failure to get an appropriation for Crawfish creek?" "I don't know," replied Senator Sorghum. "Maybe this year it will go dry for keeps. Then we might work up a proposition to loosen up some expenditures by having it paved as a public highway."

Extra Work. "That baseball pitcher has a rather spectacular delivery." "So he has. Do you suppose he hopes to alarm the batter by his contortions?" "Perhaps, or it may be merely his way of showing that he is earning his salary."

THE DAMAGE.



Doubleyew—Was anything broken when you fell on the street? Ecks—"Someone cracked a smile and I broke a few rules of propriety."

No Chance. "You never can tell how a man is going to turn out." "Sometimes you can." "For instance?" "When I see a fellow who would rather stay in bed all day than go out wearing socks that don't match his tie, I know he'll never be the president of a railroad."

Nothing More Useful. "I suppose you have a great deal of poetry to handle in the spring," said the visitor. "Oh, yes," answered the frayed and frazzled editor. "But there are times when a manuscript contains just what I'm looking for." "And what is that?" "Stamps."

Taking a Gloomy View. "What a beautiful edifice that railway station is." "Yes. But I can't say I approve of it," replied Mr. Growcher. "Every time I look at the immense palatial structure I feel sorry for the poor railroads whose desire to elevate public taste has led them to live beyond their means."

His Bread and Butter. "I met Biffers' wife yesterday. Talks all the time, doesn't she?" "Yes." "I never heard Biffers complain about it."

"He'd better not. She supports him by lecturing."—*Cleveland Plain Dealer.*

Helps Some. "A woman is never happy unless she is in style." "Perhaps that is true, but she can get a great deal of comfort out of knowing that some woman is not in style."

The Difference. "How is it that one of those brothers succeeded so well in business while the other went to state prison?" "Well, you see, one forged ahead and the other forged a hand."

A Usual Title. "What is that distinguished-looking Mexican's name?" "I don't remember. Just call him 'general' and the chances are that you won't go wrong."

No Impression. "I know of one place where a wireless call for help would have no effect." "Where is that?" "An intelligence office."

WHY FAMOUS PASTRY COOKS USE K C BAKING POWDER



The patrons of our first class hotels and restaurants are exacting—they demand the best. Women go where the pastry and cakes are noted for their excellence. Men are attracted by hot bread and biscuits—when fresh and moist and light.

The pastry cook with a reputation uses K C Baking Powder because he knows that results are certain; every time everything is as good as his best.

Then, too, with K C Baking Powder he can mix the various kinds of batter before the rush of the meal begins and bake as needed so that every order goes to the table fresh and hot, yet the last he bakes are just as good as the first.

The reasons behind these reasons is that K C is really a blend of two baking powders. One commences to give off leavening gas as soon as moistened. The other requires both moisture and heat to make it active. Dough or batter will remain in a partially leavened condition for hours, and when put in the oven, will come up as light as if mixed a moment before.

For cookies, pancakes, doughnuts and the like, which cannot all be baked at once, K C is indispensable. For all baking the double raise makes doubly certain.

Follow the example of the professional cook and your baking will be equal to his.



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A Safe Used Truck to Buy. A REBUILT FEDERAL is as good value for the money as a new truck. By rebuilt we mean that the truck is entirely taken apart, each part examined and if necessary replaced by a new part made at the Federal factory, the entire truck repainted and refinished, and everything necessary done to make the truck practically as good as new in every detail.

When you buy a rebuilt Federal you are protected by the same policy and interest that we give to all Federal owners. We operate a repair department, in which the workmen are specialists on Federals, our supply of Federal parts is complete, and the stock room organization is high class, which insures the prompt filling of all parts orders. We also operate a service department, which is open day and night, "always at your call." The Federal being a good truck in the first place and protected by a company which is equipped and has the disposition to give you service—is consequently

A SAFE USED TRUCK TO BUY. If you are in the market for a truck from \$1000 to \$1400, we urge you to compare used Federals with new trucks at similar prices. We think we can convince you of their superior value.

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Merchants, Attention!

Will trade elegant Portland, Ore., home, all new and modern, value \$5000, for stock of Shoes or General Merchandise. **Royal Shoe Co., 229 Morrison St. PORTLAND, OREGON**

Insect Feigns Death. The deathwatch beetle has the invariable habit of feigning death when seized or disturbed. The simulation is so persistent that when immersed in water, or even in alcohol, the insect remains perfectly immovable, and will allow itself to be burned alive rather than betray itself. The tick made by the deathwatch resembles that made by tapping the finger nail upon the table—so much so that the insect may be led to recommence his sounds by doing this.

He Comes. "Where do we find the most miserable of men?" exclaimed the exhorter fervently. "You don't have to find him," responded the man in the fourth row, center, "he hunts you up and tells you all about it."—*Philadelphia Public Ledger.*

Show Respect for Bee. Attention is called to the fact that no one ever seems to think of a bee as a bug. Insect is about the worst thing they are ever called.

Uncle Eben. "A well-fed boss," said Uncle Eben, "is a better recommend for de man dat owns him dan fancy harness."

Men Fight On Their Stomachs

Napoleon so said. A man with a weak stomach is pretty sure to be a poor fighter. It is difficult—almost impossible—for anyone, man or woman, if digestion is poor, to succeed in business or socially—or to enjoy life. In tablet or liquid form

Dr. Pierce's Golden Medical Discovery

helps weak stomachs to strong, healthy action—helps them to digest the food that makes the good, rich, red blood which nourishes the entire body. This vegetable remedy, to a great extent, puts the liver into activity—oil the machinery of the human system so that those who spend their working hours at the desk, behind the counter, or in the home are rejuvenated into vigorous health.

Has brought relief to many thousands every year for over forty years. It can relieve you and doubtless restore to you your former health and strength. At least you owe it to yourself to give it a trial. Sold by Medicine Dealers or send for trial box of Tablets—Dr. Pierce's Invalids' Hotel & Surgical Institute, Buffalo, N.Y.

You can have Dr. Pierce's Common Sense Medical Advisor of 1000 Pages for 50c.

