

It is interesting to note that in the face of all the outcry about failure to install fire hydrants on newly laid water mains, Commissioner Daily says there have been over 500 hydrants put in within the past two years. As there are less than 5000 hydrants in the entire city it looks as tho the water department, or fire department, which installs the hydrants, has surpassed its successors in providing protection for all parts of the city. This is another case of howl without cause.

G. A. Morrison and H. Rosall were delegates from the South-east Improvement Club last Tuesday relative to the improvement of 72d street. The street needs the improvement bad enough. There is scarcely a well patronized street in the city in as bad a condition as 72d street, yet it appears as tho one or two Commissioners disapprove of its being improved. A big majority of the property owners have petitioned for the improvement.

The local W. C. T. U. commends Mr. Bigelow, Mr. Brewster, Mr. Caldwell and Mr. Adams as suitable men for commissionerships. They call attention to the operation of the new prohibitory law which will come into force during the administration of those who may be elected and urge the consideration of men who can be relied upon to make it effective. All these men are regarded as "safe" on the enforcement of the law.

**The Responsibility of the Teacher**

Few teachers realize the extent to which their students, whether in the primary grades or the university, are following their examples. It is related of William R. Harper, late president of Chicago University, that he was brought to a realization of his responsibility in the following manner: When he was afflicted with cancer and knew that there was nothing before him but a hopeless, lingering illness, he decided that the best thing to do was to take things into his own hands and end it all. He confided his decision to a friend of his, a man who had a broader vision on this point than the great president himself. He referred Pres. Harper to the many students who had been under his influence and said, "Among all these thousands many will face a crisis similar to the one which you face now. Many will reach the decision which you have reached, for they will think, 'It is all right: Prexy did it.'" Dr. Harper saw his responsibility at once and said, "I'll stick it out." What a great thing it would be if all teachers were willing to bear as much as this, in order that their lives might be better examples for those who may come under their influence.

**NOTES OF THE W. C. T. U.**

The next meeting of Mt. Scott Union will be held at the home of Mrs. McKinley, just south of the Friend's Church, on Tuesday, June 8.  
Mrs. Sommerfeldt and Mrs. Richardson have been designated as leaders in the membership contest of the Union. Every member is requested to secure at least one new member. There are many people who are interested in the work of the Union who have been laboring under the belief that they were too busy to join anything. As a matter of fact the busy people are just the ones who make the best members for the reason that busy people have learned how to conserve their energy and time. The work of the world is carried on by busy people, those who realize the importance of prompt action and who know how to do several things at one time. Men who are interested in the uplift of the people are invited to become honorary members. The assistance and advice of these is sought and it is hoped a considerable number will send their names to one or the other of the above named ladies.  
A called meeting of Mt. Scott Union was held this week to consider in what

manner to become more useful in the county organization. There are to be certain activities at W. C. T. U. County headquarters, during the rose festival. Articles to sell are solicited and donations along the line of necessities for lunches are needed.

The Public Welfare Federation having appointed a committee to investigate the fitness of the candidates before the public suggest the following as men trustworthy and fit for the responsibilities of public offices: For auditor, A. S. Barbur; for commissioners, W. L. Brewster, C. A. Bigelow, Geo. W. Caldwell and Wm. Adams. An auditor and two commissioners are to be elected. Two of the four men named as worthy should be elected. The Federation is composed of clubs and societies of Portland, engaged in the moral and religious advancement of society. Much depends upon the future work of the city commissioners. If strong, responsible men are selected to act in this capacity the municipality will pass through the transition from a wet to a dry state without friction and with credit to the community. It is a matter which should be considered seriously by every citizen and every voter should be at the polls on election day ready to cast a ballot for the enforcement of the prohibitory law.

**Horse Power of an Engine**

Very often a farmer wishes to determine the power his engine is giving him. This is not a difficult matter. A "Prony" brake is very simply constructed. Two pieces of 2" x 6" are clamped onto the pulley by means of two bolts. They should be hollowed out to conform to the shape of the pulley. The upper piece is cut long enough to reach out onto the platform of a scale. The end is notched crosswise to rest on the edge of a block or column placed on the platform. The friction of the pulley turning in the brake presses down on the scales. Power is then calculated by this formula:

$$2 \times \text{Pi} \times \text{L} \times \text{W} \times \text{N}$$

H. P. =  $\frac{12 \times 33000}{\text{L}}$  in which Pi is 3.1416, the ratio of diameter to circumference of circle.

L is the length of brake arm in inches, measuring from center of pulley to point bearing on column.  
W is the net weight on scales in pounds. Take tare with brake loose on pulley and engine standing still.

N is the number of revolutions per minute (R. P. M.) while brake is in use.

33000 foot pounds of work per minute is one horse power, hence the figure reduces the power to horse power.

12 reduces the inches, length of arm, to feet.

Take the R. P. M. with a speed indicator. Run the engine with brake on several minutes before taking test to smooth all parts.

Cool the pulley, oil well, and tighten the brake gradually till engine seems to be doing its best, then hold the load steady for at least five minutes taking weight on scales and speed.

E. R. Gross.

**OREGON NEWS NOTES**

Losing \$700 a month from jitney competition forces Salem street cars to one-man pay-as-you-enter crews and slower service.

Under a new law plants buying cream on butterfat basis must take out a state license.

North Bend is planning a three mile sewer to cost \$25,500.

Milwaukie will expend \$40,000 on a municipal water plant.

In order to encourage a large attendance at the Portland Rose Festival June 9, 10 and 11, the railroads centering in that city have announced round trip rates of one and one-third times single fares for that entire week. This will apply to all territory within approximately 200 miles from Portland.

**Value of Improved Roads.**  
The road question is the biggest problem before the people of the United States today. Everybody recognizes the value of improved roads. The farmers all know it, the owners of good horses appreciate it, and the automobile enthusiasts dream about it.

**Drag the Roads.**  
Drag the roads now, and drag them often, and as summer advances the small amount of dust on the road and the absence of deep ruts will be positive proof that the dragging was good maintenance work.

**Health In The Suburbs**

BY LORA C. LITTLE

"Life is so full of a number of things That we all ought to be as happy as kings."

sang Robert Louis Stevenson. And so we ought to be and would be, but that some of us make ourselves unhappy by shutting out a number of things that are meant for our happiness.

Take a neighbor of mine who has never learned to read, and who does not let into his life the fascinating task of learning how. What a poor dark little world he lives in! Little better is the man who can read, but fails to use his art.

Reading is like a great window in your house of life. It lets in the sun, by whose rays you can, if you will, see and know yourself. It lets you out into the great world, in vision, so that you may know how to handle yourself and choose the best, whenever you set foot among its delights and dangers.

Reading saves a lot of tiresome talk. You are a dependent and a good deal of a nuisance if you have to be told all the things that you should have read.

The man who can't read and the man who won't read are only a little way behind the man who reads only the news and the reprint jokes of the newspapers, and the signs and legends of the movies. Such persons are poor with the direst poverty, and of their own choice. They are shutting out all the beauty the poets bring, all the knowledge of science, all the inspiration of essay and biography.

The taste for reading can be cultivated in oneself, it can be instilled into children. Nothing will pay so large dividends of joy, health and growth. A book is a commonplace to the commonplace. It is more to the poet.

"He ate and drank the precious words, His spirit grew robust; He knew no more that he was poor, Nor that his frame was dust, He danced along the dingy days; And this bequest of wings Was but a book. What liberty A loosen'd spirit brings!"

Allied to a healthy taste for reading is a desire to do one's part in the world. The test of a good book, Emerson says, is to have it leave you in a working mood. A few novels may do that, but they are very few. Newspapers help; but the Bible, the best biographies, poetry and essays are needed for inspiration and direction.

Among the thousand or so persons accosted the past week with a request for signature to a petition, was one woman who stands out as a type.

"Oh, I don't vote. I never bother

with anything like that. I have too much to do."

She was making a pink waist for one of her daughters—to wear to a party, she said. She took no interest in any public question, was willing to leave such things to people who wanted to bother their heads.

There is a distinctly swinish flavor about such a life. The trouble is, mankind are not hogs, and living the pig life produces criminals and degenerates to burden those who do bother their heads.

A young correspondent writes—"The reason that I am feeling more awake tonight than usual is that I didn't eat any dinner." Quoted to call attention of readers to the fact that the season has begun in which to clean and clear up soggy, sleepy, tired and short-breathed systems by living largely on fruit. The markets are full of it, the gardens are full of it.

Now if everybody will eat their fill of berries and cherries, for breakfast and luncheon, respectively, and but one cooked meal a day and that at night, a single week will show such wonderful results that something of the kind will be made the rule for the rest of the summer.

Cream and sugar are allowable with the berries. Cherries to be eaten quite alone. Nothing whatever besides fruit to be eaten when that is eaten.

Once a year for a number of years I have been privileged to eat strawberries and cream with a group of twenty to thirty other guests at a country place. Yesterday, as always before, the long table was loaded with cake of many kinds, sandwiches and pickles, sliced meat loaf, etc., etc. The visitors bring this dietetic junk, while the hosts furnish the berries and cream. And persons at table who have done this kind of thing for forty years or so will remark that berries do not agree with them very well!

If any reader wants to feast his friends on berries, let him provide them in liberal quantity, with sugar and plenty of cream, and serve nothing else, and he will be doing a noble deed. But have enough berries! Three quarts to a guest is none too much, for some, and those who are satisfied with less will merely enable the others to have enough. If you would serve guests with berries on smaller allowance, let it be as dessert at a meal containing no starch—that is, no bread, cake, potatoes, rice, pudding or the like.

**Belgium Helpless Anyway Till Spring, Says Commission**

Need of Relief Still Very Urgent, According to Latest Reports From Stricken Land—How Americans Can Send Their Mite  
By WILL IRWIN



BELGIAN REFUGEES IN THE RUINS OF TERMONDE

ACCORDING to the Commission For Relief in Belgium, the American people will probably have to feed the Belgian people all this winter. "We have taken pains to investigate," said one of the commissioners last week, "and the best informed Europeans tell us that there will be no change in the military situation this winter. It means that we must keep up the work until spring breaks or longer."

It has been a race with hunger, this business of feeding 6,500,000 people with supplies gathered a half a world away. All Belgium depends on American food. Half of Belgium is never more than a week ahead of starvation. Often it has come closer than that. Once the province of Limbourg, remote and hilly, was starving. In some communities the people had not eaten for two days, when one of our United States consuls managed to borrow from the Germans enough bread to keep the people alive until an American shipment arrived to repay the loan. Once Captain Lucey, the shipping agent in Holland, had to borrow 10,000 tons of wheat from the Dutch government. Liege and Hamme and historic Ghent were crying for bread, and it was still several days before the next American ship was due at Rotterdam. This was a noble thing for Holland to do since the Dutch themselves are short on food. Yes; it is a race with hunger, and America, now that she has faced the starter, must win! This is America's great and glorious part in the world war of 1914-15.

That every American may have a personal chance to help some Belgian the Commission For Relief in Belgium has arranged its "parcel post plan." Any one who wants to send a package containing between twenty and fifty pounds of nonperishable food need only put a tag on the package, address the tag to the nearest collection depot of the commission, stamp it in the regular way and drop it in the mail chute. If the giver puts on the package tag his name and address, TOGETHER WITH THE LETTER "R," the money he has spent for stamps will be refunded.

Packages mailed from OREGON should be addressed to THEODORE B. WILCOX, MUNICIPAL DOCK, PORTLAND, who is collecting agent for this district.



Men are wishing today that they had started a bank account ten years ago. A bank account started ten years ago would mean a substantial fortune today when property values are at a minimum. Almost any bank account could be traded for a good sized farm now.

But there will be other chances,—if you have the bank account. Begin in a small way now and as times improve, increase your savings. A few years will swell your reserve capital into a substantial fortune.

**We Pay 4 per cent on Time Deposits**  
**THE MULTNOMAH STATE BANK**  
LENTS, OREGON

**Thirty-Six for 25 Cents**

Dr. King's New Life Pills are now supplied in well-corked glass bottles, containing 36 sugar coated white pills, for 25c. One pill with a glass of water before retiring is an average dose. Easy and pleasant to take. Effective and positive in results. Cheap and economical to use. Get a bottle today, take a dose tonight—your Constipation will be relieved in the morning. 36 for 25c., at all Druggists.

The dates for the annual Multnomah County Fair, at Gresham, have been set for September 14th to 18th inclusive.

**An Effective Cough Treatment**

One-fourth to one teaspoonful of Dr. King's New Discovery, taken as needed, will soothe and check Coughs, Colds and the more dangerous Bronchial and Lung Ailments. You can't afford to take the risk of serious illness, when so cheap and simple a remedy as Dr. King's New Discovery is obtainable. Go to your Druggist today, get a bottle of Dr. King's New Discovery, start the treatment at once. You will be gratified for the relief and cure obtained.

**Most Children Have Worms**

And neither Parent or Child know it, yet it explains why your child is nervous, pale, feverish, backward. Often children have thousands of Worms. Think of how dangerous this is to your child. Don't take any risk. Get an original 25c. box of Kickapoo Worm Killer, a candy lozenge. Kickapoo Worm Killer will positively kill and remove the Worms. Relieves Constipa-

tion, regulates Stomach and Bowels. Your child will grow and learn so much better. Get a box today.

**How's This?**

We offer One Hundred Dollars Reward for any case of Catarrh that cannot be cured by Hall's Catarrh Cure.

F. J. CHENEY & CO., Toledo, O. We, the undersigned, have known F. J. Cheney for the last 15 years, and believe him perfectly honorable in all business transactions and financially able to carry out any obligations made by his firm. NATIONAL BANK OF COMMERCE, Toledo, O.

Hall's Catarrh Cure is taken internally, acting directly upon the blood and mucous surfaces of the system. Testimonials sent free. Price 75 cents per bottle. Sold by all Druggists. Take Hall's Family Pills for constipation.

**NOTICE OF FINAL ACCOUNT**

In the County Court of the State of Oregon for Multnomah County.

In the matter of the estate of Henry E. Pease, deceased. No. 11398.

Notice is hereby given, that the undersigned, administrator of the Estate of Henry E. Pease, Deceased, has filed his final report and account and petition for discharge as administrator with the County Clerk for Multnomah County, Oregon, and that the above court has set the same for hearing and examination on Monday, the 21st day of May, 1915, at the hour of 9:30 o'clock a. m. of said date, at its court room in the County Court House in the City of Portland, said county and state.

Any and all persons interested are hereby notified to file objections, if any, to said final account at or before said hour of hearing.

I. L. PEASE

Administrator of the Estate of Henry E. Pease, Deceased.

Dated April 24th, 1915.  
Kalloch Zollinger & McDowall, attorneys for administrator.  
Date of first publication April 29.  
Date of last publication May 27.

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