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THE visit of the county commissioners to points in Washington where systematic road building has been in process during the past three years, this last week, is the most commendable event connected with the entire road propaganda, up to this date. The commissioners have had a chance to see all sorts of roads, and they have collected enough data to make them authority on road surfacing material.

Asphaltic, brick, concrete, and wood block roads all came in for investigation and all sorts of samples have been seen. Of one thing we may be sure. They learned that the material used did not insure perfection in construction. They learned that almost any material properly handled, made as nearly a perfect road as could be desired, and that some materials that have been represented as being failures were not only highly satisfactory, but they were very economical. One student of the situation says that this visit will cut down the cost of road building on the 70 miles to be surfaced, over a hundred thousand dollars. If that is true we suggest that the commissioners go again and spend a whole week completing investigations. Yet it is probable that they are practically as well informed as if they had given a more lengthy investigation.

The only people in Portland who feel bad about this visit is the patent pavement booster. He is feeling decidedly blue.

Among the interesting features of this investigation is the attitude of Roadmaster Yeon and Mr. Benson. Mr. Yeon refused absolutely to waste any time looking over Washington roads. Mr. Benson at first said he would go, and at the last moment backed down. Mr. Yeon said he would recommend Warrenite and brick to the county commissioners, and Mr. Benson said he also wanted Warrenite and brick. Of course they are both very much disappointed to think that they are not doing all the thinking for the commissioners. Mr. Yeon took advantage of the opportunity to say that there would be open specifications and competition, that any one could bid on Warrenite, that every contractor might do so. But he considers that "open specifications." Mr. Benson made a joke of himself by saying the adoption of cement would send \$350,000 out of the state to buy that product in Seattle. He did not mention that the laying of Warrenite would necessitate sending a like sum to California, for the D-grade asphalt. He too thinks it perfectly proper to require all contractors to bid on the Warren product, counting that as bidding on open specifications.

Mr. Yeon has changed his views on what open specifications consist of. At a meeting held in Lents he asserted that all kinds of pavement would be given consideration by the county commissioners, and that they would undoubtedly award the contract to the best offer. At a meeting of the County Grange Committee in the East Side Library he declared that all kinds of paving material would be considered and that the one offering the most for the money would be given the contract. When confronted with a copy of the estimates in which Warrenite was the only surfacing material

mentioned he asserted stoutly that that was simply mentioned to make a basis for calculating the probable cost of road improvement, and did not mean that Warrenite would necessarily be used.

He later denied that he had ever expressed any preference for any pavement, yet while attending the session of the Legislature last February as a lobbyist against the Bingham Bill he said in an interview as published in the Telegram on Feb. 9, that he would quit the job as roadmaster unless the commissioners adopted the patented pavement for road improvement in this county. Over a year ago, according to a letter in file in the records of the county commissioners, he advised the court that Warrenite was the proper thing to place on the Base Line road. With all these contradictory statements to face it is surprising that a good many people who have been investigating the road question, doubt Mr. Yeon's sincerity?

The Commissioners by this time are undoubtedly qualified to voice their own opinions and it is to be hoped that they will go about it conscientiously and exercise their own judgment regardless of the influence of Mr. Yeon or Mr. Benson, who have both shown so much diplomacy trying to get this question settled their own way without the voice of the people. It is clear to anyone that they are unduly prejudiced in favor of one kind of material. The Commissioners have seen enough to know there are other forms of road material just as good or better, and that it has been laid quite as economically as this so-called patented mixture.

WE are interested in a remark that has come to our hearing. Certain persons who read the Herald complain that the Herald is too outspoken. In other words the Herald puts the truth, so far as it is able, in plain language, and there are some people who think the truth is an unattainable ideal to be held in veneration, yet never to be put into actual practice. So long as the writer is editor of the Herald we expect to deal in the truth and we expect, too, that some people are going to complain about it. There are a lot of people in the world, and quite few of them right here in Oregon, who claim to be respectable people, who are ready to complain because public matters are not handled on the square, and yet who are too politic to make open opposition, and who, perhaps, were they to make the mistake and elect some official who lived up to the moral and statutory law, would be the first to attempt to tear down that officer's influence. This fact alone causes all malfeasance in the execution of public trust. We cannot hope to raise in moral and intellectual citizenship until people are ready to appreciate the truth and honor and support the citizen who tries to live up to his ideals.

SOMEBODY started the report last week that ex-Cashier Rostad of the Bank had made good his forgeries, and a plea for lenience on the part of the court was being advanced. It appears that any such information as that is all wrong. Mr. Rostad at one time met \$6000 of his defalcations but when he found he was still liable under the laws of the state,

even tho the bank officials might not prosecute him, he then entered suit to recover even that which he had returned. There is no disposition on the part of the court to be lenient with him, particularly when they find the report he has repaid his creditors is false.

In the meantime District Attorney Evans is busy. He is very much of the opinion that the patented pavement is of doubtful legal standing and has been looking up its record. He is also inclined to think it exacts an outrageous royalty for the privilege of doing what anyone can do. He says the county is justified in going ahead on a contract of this size, lay its own pavement and take chances on having to defend itself against the patents, provided that an asphaltic surface is used. The county might save from \$100,000 to \$300,000 and it could afford a contest.

The Herald is not expecting to take a very active part in the approaching city election but with the present line up of candidates it cannot express itself other than to say that for commissioners at the coming election it is our present expectation to show proper appreciation of the men who have held the positions the past year and give them our support for another term. They are thoroughly competent, honest officials, and we believe the record of either Mr. Bigelow or Mr. Brewster will bear the closest scrutiny without reason for legitimate complaint.

TREMONT, KERN PARK, ARLETA

A new dance floor is being laid at the Tremont Park.

L. S. Hobson of Portland has bought the Tremont market.

Mr. Eddy has sold his wood business to B. L. Wilcox.

A. E. Grow is on the sick list this week.

Mr. and Mrs. Geo. Howard will celebrate their china wedding anniversary Friday evening.

Mr. Monroe has sold his interest in the Princess theatre to E. S. McKum and Mr. Hodek.

Miss Mildred Boon has been very ill the past week with inflammatory rheumatism.

There will be an entertainment at the Hoffman school, Friday evening. Admission free. Home-made candies will be sold. Every body come. A fine program will be given.

Health In The Suburbs

BY LORA C. LITTLE

A new book with an old title is "Health and Efficiency," by R. L. Alsaker, M. D. I subjoin a few quotations as the best thing I have to offer this week.

"Excess of fat is a burden. It replaces other tissues and weakens the muscles. It overcrowds the abdominal and thoracic cavities, thus making the breath short and the working of the heart more difficult, also producing a tendency to prolapsus of the various abdominal organs."

People make the mistake of thinking stoutness indicates health. It indicates disease. Going into weight is going into degeneration. As a rule women are at their right weight at twenty and men at twenty-two or twenty-three. This weight they should retain. If twenty or thirty pounds are added to it life will be materially shortened. A healthy body is self-regulating and will be as heavy as it ought to be.

Vigorous adults are often the victims of pneumonia, typhoid fever and tuberculosis. Overeating is chiefly to blame, not the bacteria which are given as the principal cause.

Rheumatism, kidney disease and diseases that manifest in hardening of the various tissues, all being forms of degeneration, are quite common. Again, the principal cause is overeating.

The average American eats fully twice as much as he can digest, assimilate and use to advantage. Many eat three and four times too much. There is much talk of food shortage. The amount of food consumed and wasted annually in the United States is enough to feed 200,000,000 people.

Gluttons often look with the greatest contempt upon the slaves of liquor. But what is the difference?

Those who mix their foods this way

Earnest Eaves is the name of the new blacksmith who succeeds A. Campbell of 68th street.

The street sprinkler has made its appearance on Foster road. It is reported that on May 1st our streets will be oiled.

Mrs. Woolery of 6725, 46th avenue, who has been in St. Vincent's hospital for many months is now at home.

Miss Thompson's room, third grade, closed last month with a percentage of 97 percent, the highest in the building.

Miss Alvena Howard spends the week-end with home folks, and will return to Forest Grove to school early next week.

The Parent-Teacher Circle of the Hoffman school will go in a body to accept Arleta's invitation, Friday afternoon.

The fire boys at Engine 31 have gone back to the soil. A nice garden plot north of the engine house shows that they can turn their hands at farming as well as fighting fires.

FOR SALE—1910 Overland car; 4 Passenger, 4 cylinder, run less than 10,000 miles, several parts new, good tires. Price \$250 cash. H. E. Potter 5323, 72d St. S. E. Tabor 2483.

After a month's vacation with home folks, Rev. J. J. Handsaker, has returned to his work as Field Secretary of Home Missions, in Eastern Washington.

The many friends of Mrs. Johnson, who not long ago resided in Kern Park, will regret to know that she is very ill at her home at 35th and Hawthorne. Mrs. Johnson is the mother of Mrs. Fred Alvord of 6929-46th avenue.

The Greenleaf Furniture and Art Store has moved to 6715 Foster road where they have found larger quarters for their increasing business. In Mrs. Greenleaf's Art Department she is kept busy six days in the week teaching the art in painting china.

Following is the program for the Arleta Parent-Teacher circle at the school Friday afternoon at 3:00 o'clock: Piano solo, Mrs. Doran; Song, Fern and Norman Mahon; Vocal Solo, Miss Holmes; Address, "Vacation Problems," T. J. Gary, Prin. Brooklyn School; General Discussion.

The teachers of the Hoffman school were happily surprised on returning to their rooms after Easter vacation to find the floors and wood-work beautifully oiled and shining. The work was done by the superintendent of properties and has the grateful thanks of teachers and parents for the improvement.

The Laurelwood Epworth League is now in a contest to secure 200 members in five Sundays. The League has taken on new spirit and life in the last few weeks. The meetings are held in the church basement every Sunday evening at 6:20. The topic for this Sunday is "The Promise of Personal Holiness." Rev. Willings is leader. All young people are welcome.

Those who were unable to attend the lecture given at the Laurelwood Methodist church, Tuesday evening was indeed unfortunate. The public demonstration of Patent Medicines given by Dr. Lockwood and the talk on Medical Temperance by Mrs. Mary Mallet were



People Delay the opening of a Bank Account when they could have been building up a fortune in reserve without feeling the small weekly portion they might have withheld from their careless expenditures.

Such an account once begun is watched with as much enthusiasm as the growth of a beautiful flower, or the development of an idolized child. The pleasure one gets in watching such a resource gradually enlarge is not an unworthy one. It ensures you of comfort and safety in maturer years, and is as commendable a resource as a home, beautiful grounds, or domestic animals.

Come in and let us tell you how to begin. Every wage earner should build up this insurance against future uncertainties and want.

THE MULTNOMAH STATE BANK

LENTS, OREGON

both worth going a long ways to hear. The Young Men's Chorus gave two fine selections and Mrs. Mallet sang, by request, her beautiful solo, "The Children."

Mrs. Goodwin of 6804-45th avenue entertained the Swastika Club at her home April 27th. Twelve ladies sat down to a most delicious luncheon. The decorations were in purple and white. The purple and white lilacs being used and the pretty old-fashioned purple and white iris. In the afternoon 500 was played and Mrs. J. McKinley of Mt. Tabor won the first prize, a beautiful brass candlestick and Mrs. Christian won the second prize, a nice bon-bon dish. The guests were Mesdames Long, Williby, Christian, Graff, Drayfus, Potter, Morrison, Benvie, McKinley, Summer, and Henzie. Mrs. Fred McKinley of Woodmere, a daughter of Mrs. Goodwin assisted her mother in entertaining.

A Sluggish Liver Needs Attention

Let your Liver get torpid and you are in for a spell of misery. Everybody gets an attack now and then. Thousands of people keep their Livers active and healthy by using Dr. King's New Life Pills. Fine for the Stomach, too. Stop the Dizziness, Constipation, Biliousness and Indigestion. Clear the blood. Only 25c at your Druggist.

PLEASANT VALLEY

Mr. Prossero of Portland was out Tuesday looking for a location for a home in the Valley.

Mr. and Mrs. J. H. Nolte entertained a number of city friends at their home last Sunday.

Mr. and Mrs. Geo. Robinson and son Lester of Brooklyn, came out and spent Sunday at the home of Mr. and Mrs. Will Richey.

Mr. and Mrs. T. P. Campbell are making preparations to motor to California in their new Hudson car. They expect to be gone two months and will attend the expositions.

Rev. A. J. Ware of Gresham occupied the pulpit at the church last Sunday. J. F. Wing and Godfrey Gasser of Lents were looking after business interest in the Valley one day recently.

Pleasant Valley Grange met in all day session last Saturday. The usual program for the lecture hour was rendered. Rural credits were discussed.

Mrs. Edd Long and daughter Florence of Portland, visited with Mr. and Mrs. W. U. Moore Sunday.

Mr. and Mrs. W. G. Rogers entertained Mrs. Rogers' mother, Mrs. Elwood and Mr. and Mrs. E. E. Heckbert and Mr. L. H. Tarpley, all of Portland, last Sunday.

A. G. Sager of Lents came out Saturday evening and visited over Sunday with his brother, G. N. Sager.

Miss Fannie Keyte of Perrydale is spending a few days this week visiting at the home of Mr. and Mrs. T. P. Campbell.

Mr. McCormick of Irvington was a Valley visitor one day recently.

Miss Esther Revell of Estacada spent the day recently with her friend, Mrs. W. G. Rogers.

Among Pleasant Valley Oddfellows who attended the ninety-sixth anniversary of the organization of that magnificent order were: T. P. Campbell, W. L. Rhoad, Sam Kennitzer, G. N. Sager, and their wives.

Pleasant Valley Grange held a splendid meeting last Saturday, this being their regular meeting day. There were about thirty-five members present and a number of visitors. Among the latter were: W. S. U'Ren, Mr. and Mrs. Suthard and Mrs. Cole of Portland, Mr. Bowlman of Seattle and Mr. and Mrs. J. D. Chitwood of Damascus. Mr. Bowlman delivered an address on the subject of hard surface material for county roads. Mr. U'Ren talked on rural credits and the monetary question.

An excellent program consisting of vocal and instrumental music, recitations and readings. Much credit is due Miss Edna Berke, who had charge of the young people's half hour. Two candidates were initiated in the third and fourth degrees of the order.

Beware of Ointments for Catarrh That Contain Mercury

Mercury will surely destroy the sense of smell and completely derange the whole system when entering it through the mucous surfaces. Such articles should never be used except on prescriptions from reputable physicians, as the damage they will do is ten fold to the good you can possibly derive from them. Hall's Catarrh Cure, manufactured by F. J. Cheney & Co., Toledo, O., contains no mercury, and is taken internally, acting directly upon the blood and mucous surfaces of the system. In buying Hall's Catarrh Cure be sure you get the genuine. It is taken internally and made in Toledo, Ohio, by F. J. Cheney & Co. Testimonials free.

Sold by Druggists. Price 75c per bottle. Take Hall's Family Pills for constipation.

NOTICE OF FINAL ACCOUNT

In the County Court of the State of Oregon for Multnomah County.

In the matter of the estate of Henry E. Pease, deceased. No. 11398.

Notice is hereby given, that the undersigned, administrator of the Estate of Henry E. Pease, Deceased, has filed his final report and account and petition for discharge as administrator with the County Clerk for Multnomah County, Oregon, and that the above court has set the same for hearing and examination on Monday, the 31st day of May, 1915, at the hour of 9:30 o'clock a. m. of said date, at its court room in the County Court House in the City of Portland, said county and state.

Any and all persons interested are hereby notified to file objections, if any, to said final account at or before said hour of hearing.

I, L. PEASE

Administrator of the Estate of Henry E. Pease, Deceased.

Dated April 24th, 1915.

Kalloch Zollinger & McDowell, attorneys for administrator.

Date of first publication April 29.

Date of last publication May 27.

NOTICE OF SHERIFF'S SALE

In the Circuit Court of the State of Oregon for Multnomah County.

J. H. Nash, Plaintiff, vs. J. Crick and Rachel Crick, husband and wife, Frank E. Mason, Estacada Townsite Company, a corporation, and Estacada State Bank, a corporation. Defendants. E. 1603. And

J. H. Nash, Plaintiff, vs. J. Crick and Rachel Crick, husband and wife, Frank E. Mason, Estacada Townsite Company, a corporation, and Estacada State Bank, a corporation. Defendants. E. 1605. And

J. H. Nash, Plaintiff, vs. J. Crick and Rachel Crick, husband and wife, Frank E. Mason, Estacada Townsite Company, a corporation, and Estacada State Bank, a corporation. Defendants. E. 1606. And

J. H. Nash, Plaintiff, vs. J. Crick and Rachel Crick, husband and wife, Frank E. Mason, Estacada Townsite Company, a corporation, and Estacada State Bank, a corporation. Defendants. E. 1607. And

J. H. Nash, Plaintiff, vs. J. Crick and Rachel Crick, husband and wife, Frank E. Mason, Estacada Townsite Company, a corporation, and Estacada State Bank, a corporation. Defendants. E. 1608. And

J. H. Nash, Plaintiff, vs. J. Crick and Rachel Crick, husband and wife, Frank E. Mason, Estacada Townsite Company, a corporation, and Estacada State Bank, a corporation. Defendants. E. 1609. And

J. H. Nash, Plaintiff, vs. J. Crick and Rachel Crick, husband and wife, Frank E. Mason, Estacada Townsite Company, a corporation, and Estacada State Bank, a corporation. Defendants. E. 1610. And

J. H. Nash, Plaintiff, vs. J. Crick and Rachel Crick, husband and wife, Frank E. Mason, Estacada Townsite Company, a corporation, and Estacada State Bank, a corporation. Defendants. E. 1611. And

J. H. Nash, Plaintiff, vs. J. Crick and Rachel Crick, husband and wife, Frank E. Mason, Estacada Townsite Company, a corporation, and Estacada State Bank, a corporation. Defendants. E. 1612. And

J. H. Nash, Plaintiff, vs. J. Crick and Rachel Crick, husband and wife, Frank E. Mason, Estacada Townsite Company, a corporation, and Estacada State Bank, a corporation. Defendants. E. 1613. And

J. H. Nash, Plaintiff, vs. J. Crick and Rachel Crick, husband and wife, Frank E. Mason, Estacada Townsite Company, a corporation, and Estacada State Bank, a corporation. Defendants. E. 1614. And

J. H. Nash, Plaintiff, vs. J. Crick and Rachel Crick, husband and wife, Frank E. Mason, Estacada Townsite Company, a corporation, and Estacada State Bank, a corporation. Defendants. E. 1615. And

J. H. Nash, Plaintiff, vs. J. Crick and Rachel Crick, husband and wife, Frank E. Mason, Estacada Townsite Company, a corporation, and Estacada State Bank, a corporation. Defendants. E. 1616. And

J. H. Nash, Plaintiff, vs. J. Crick and Rachel Crick, husband and wife, Frank E. Mason, Estacada Townsite Company, a corporation, and Estacada State Bank, a corporation. Defendants. E. 1617. And

J. H. Nash, Plaintiff, vs. J. Crick and Rachel Crick, husband and wife, Frank E. Mason, Estacada Townsite Company, a corporation, and Estacada State Bank, a corporation. Defendants. E. 1618. And

J. H. Nash, Plaintiff, vs. J. Crick and Rachel Crick, husband and wife, Frank E. Mason, Estacada Townsite Company, a corporation, and Estacada State Bank, a corporation. Defendants. E. 1619. And

J. H. Nash, Plaintiff, vs. J. Crick and Rachel Crick, husband and wife, Frank E. Mason, Estacada Townsite Company, a corporation, and Estacada State Bank, a corporation. Defendants. E. 1620. And

J. H. Nash, Plaintiff, vs. J. Crick and Rachel Crick, husband and wife, Frank E. Mason, Estacada Townsite Company, a corporation, and Estacada State Bank, a corporation. Defendants. E. 1621. And

J. H. Nash, Plaintiff, vs. J. Crick and Rachel Crick, husband and wife, Frank E. Mason, Estacada Townsite Company, a corporation, and Estacada State Bank, a corporation. Defendants. E. 1622. And

J. H. Nash, Plaintiff, vs. J. Crick and Rachel Crick, husband and wife, Frank E. Mason, Estacada Townsite Company, a corporation, and Estacada State Bank, a corporation. Defendants. E. 1623. And

J. H. Nash, Plaintiff, vs. J. Crick and Rachel Crick, husband and wife, Frank E. Mason, Estacada Townsite Company, a corporation, and Estacada State Bank, a corporation. Defendants. E. 1624. And

J. H. Nash, Plaintiff, vs. J. Crick and Rachel Crick, husband and wife, Frank E. Mason, Estacada Townsite Company, a corporation, and Estacada State Bank, a corporation. Defendants. E. 1625. And

J. H. Nash, Plaintiff, vs. J. Crick and Rachel Crick, husband and wife, Frank E. Mason, Estacada Townsite Company, a corporation, and Estacada State Bank, a corporation. Defendants. E. 1626. And

J. H. Nash, Plaintiff, vs. J. Crick and Rachel Crick, husband and wife, Frank E. Mason, Estacada Townsite Company, a corporation, and Estacada State Bank, a corporation. Defendants. E. 1627. And

J. H. Nash, Plaintiff, vs. J. Crick and Rachel Crick, husband and wife, Frank E. Mason, Estacada Townsite Company, a corporation, and Estacada State Bank, a corporation. Defendants. E. 1628. And

J. H. Nash, Plaintiff, vs. J. Crick and Rachel Crick, husband and wife, Frank E. Mason, Estacada Townsite Company, a corporation, and Estacada State Bank, a corporation. Defendants. E. 1629. And

J. H. Nash, Plaintiff, vs. J. Crick and Rachel Crick, husband and wife, Frank E. Mason, Estacada Townsite Company, a corporation, and Estacada State Bank, a corporation. Defendants. E. 1630. And

J. H. Nash, Plaintiff, vs. J. Crick and Rachel Crick, husband and wife, Frank E. Mason, Estacada Townsite Company, a corporation, and Estacada State Bank, a corporation. Defendants. E. 1631. And

J. H. Nash, Plaintiff, vs. J. Crick and Rachel Crick, husband and wife, Frank E. Mason, Estacada Townsite Company, a corporation, and Estacada State Bank, a corporation. Defendants. E. 1632. And

J. H. Nash, Plaintiff, vs. J. Crick and Rachel Crick, husband and wife, Frank E. Mason, Estacada Townsite Company, a corporation, and Estacada State Bank, a corporation. Defendants. E. 1633. And

J. H. Nash, Plaintiff, vs. J. Crick and Rachel Crick, husband and wife, Frank E. Mason, Estacada Townsite Company, a corporation, and Estacada State Bank, a corporation. Defendants. E. 1634. And

J. H. Nash, Plaintiff, vs. J. Crick and Rachel Crick, husband and wife, Frank E. Mason, Estacada Townsite Company, a corporation, and Estacada State Bank, a corporation. Defendants. E. 1635. And

J. H. Nash, Plaintiff, vs. J. Crick and Rachel Crick, husband and wife, Frank E. Mason, Estacada Townsite Company, a corporation, and Estacada State Bank, a corporation. Defendants. E. 1636. And