

### Summer Constipation Dangerous

Constipation in summer-time is more dangerous than in the fall, winter or spring. The food you eat is often contaminated and is more likely to ferment in your stomach. Then you are apt to drink much cold water during the hot weather, thus injuring your stomach. Colic, Fever, Ptomaine Poisoning and other ills are natural results. Po-Do-Lax will keep you well, as it increases the bile, the natural laxative, which rids the bowels of the congested poisonous waste. Po-Do-Lax will make you feel better. Pleasant and effective. Take a dose tonight. 50c. at your Druggist.

### Daily Mails

Mails at the Lents postoffice arrive and depart as follows:

Arrive	Depart
6:50 A. M.	8:20 A. M.
12:40 P. M.	12:45 P. M.
3:10 P. M.	5:20 P. M.

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### LODGE DIRECTORY.

Shiloh Circle No. 19, Ladies of G. A. R. meets 1st and 3d Saturday evenings in I. O. O. F. hall, Lents. Lillah Maffett, Pres., Carrie Ingles, Sec'y.

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## Doings of Our Neighbors

BREEZY ITEMS CONTRIBUTED BY HERALD REPORTERS AT NEARBY POINTS

### DAMASCUS.

Mrs. Judd, who has been visiting her daughter Mrs. Walter Hall, returned to her home at Eagle Creek taking with her, her small grandson Claton, who will remain there during the rest of the summer.

Quite a crowd of Damascus Young folks took a trip to the Clackamas River, Sunday. Lunch was served in good old fashion picnic style, and every one enjoyed a good time.

Ruby Burr, who has been visiting friends at Gresham, has returned home. Damascus was well represented at the Firemens picnic at Estacada Sunday. All who went reported a good time.

Mr. H. T. Burr, daughter Gladys and son Roger spent Sunday at the home of Mr. and Mrs. Burson of Gresham.

The four teachers from Damascus, the Misses Lillian Freadoy, Gladys Burr, Nellie Roach and Lizzie Roach, left for the Willamette Valley Chautauqua grounds where they will attend training school.

### CHERRYVILLE

Oh! How dry I am! No signs of any rain in this neck of the woods.

Probably we will want the rain to stop later on as much as we want it to start now.

Everybody talking war news and the daily papers are surely doing a big business. Hard on the base ball men however, as they surely are not in it, neither are the politicians.

August Berdenstein and Miss Dolly Williams were united in marriage at Vancouver last Friday and returned home Sunday. August was born in August, is named August and was married in August. Three of a kind is hard to beat.

If you have coin, I'll shake your hand In any kind of weather, But if you're broke, please understand I'll shake you altogether.

The awful destruction of life at Liege, Belgium, is a sad commentary on our boasted Christian civilization. Nothing to it.

Mrs. McMahon of Portland was visit-

ing at the home of Mr. and Mrs. Geo. B. Couper last Saturday and Sunday. Prof. Couper has purchased a drag saw run by a gasoline engine and he says it works fine and will be a great help to him in clearing his land.

Archie Averill has begun the erection of a new house for Mr. and Mrs. Berdenstein on their ranch north of town.

Sam Cox, Ira Flynn and Vincent Friel went over the mountains to work in an irrigation ditch last week. They expect to be gone about two months.

### CORBETT

Fred Reed was in Portland on business Saturday.

Mrs. Amanda Stockton of Albany is visiting her sister, Mrs. Lewis Murshon.

Mrs. Stocton is a W. C. T. U. worker and is endeavoring to interest the young people in a silver medal oratorical contest. Several have expressed their willingness to enter.

Mr. and Mrs. Henry Nelsen, nee May Littlepage, of Portland were the guests of Miss Ethel Smith Sunday.

Miss Myrtle Dunn of Portland is the guest of her aunt, Mrs. L. Benfield.

Mrs. Eva Fox and little daughter of Troutdale visited her parents, Mr. and Mrs. W. H. Reed, Friday and Saturday. Jennings Elton of Astoria has been in the vicinity the past two weeks visiting friends.

Grandma Chamberlain, who has been in declining health for some time, passed away Monday afternoon at the home of her daughter, Mrs. Will Rogers.

Rev. and Mrs. Fagan left for Mosier Monday after having spent three weeks here in evangelistic work. Twelve members were added to the church.

### BELROSE

The Sunday School picnic of Bennett Chapel M. E. Church, which was held at Bull Run Park August 6, proved to be a splendid success, not only paying all expenses, but without a dissenting voice all were pleased. Expressions of pleasure were heard on all sides during the return trip. The electric company has made many friends by their courteous acts in accomodating the crowd.

### WOODMERE

Miss Nellie and Georgia Fawcett are spending a few weeks at the beach.

Mr. and Mrs. S. J. Allen and little Kathryn have returned from Sheperds Springs. Mr. Allen is much improved in health and is again at his old position he has held for seven years with the Otis Elevator Co.

Mrs. Percy Harvis is on the sick list. Dr. Hess is attending her.

Mrs. Hobson and children are at the beach.

Mr. and Mrs. James Withereff are rejoicing over a birth of a son. Dr. McSloy reports both mother and child to be in the best of health.

Much sympathy is being extended to Mr. and Mrs. Gessell in the death of their daughter in the Islands. It is hoped that Mrs. Gessell may soon be among us again.

Mr. and Mrs. A. Shulenberg and family are at Seaside for a few days.

There are many improvements being added to St. Pauls Church at Woodmere, this summer. The choir seats have been enlarged and new carpet been layed on the altar platform, and a new altar has been added. To those who saw the mission when Rev. Taylor and Dr. Van Waters took charge of it would scarcely know it now.

St. Pauls Ladies Guild meet the second and fourth Wednesdays at 2 p. m. A. L. Godwin, president.

The Vestry men meet the second Sunday in each month after the afternoon service. Any one wishing information as to these organizations can receive the same by calling Rev. Taylor, Woodlawn 591, Mr. L. Gessell at Lents Pharmacy or Richard B. Wood, Tabor 2010.

Choir meets every Saturday evening at 8 p. m. Robt. Doval, chorister, E. Dorian, organist.

### \$100 Reward, \$100

The readers of this paper will be pleased to learn that there is at least one dreaded disease that science has been able to cure in all its stages, and that is Catarrh. Hall's Catarrh Cure is the only positive cure now known to the medical fraternity. Catarrh being a constitutional disease, requires a constitutional treatment. Hall's Catarrh Cure is taken internally, acting directly upon the blood and mucous surfaces of the system, thereby destroying the foundation of the disease, and giving the patient strength by building up the constitution and assisting nature in doing its work. The proprietors have so much faith in its curative powers that they offer One Hundred Dollars for any case that it fails to cure. Send for list of testimonials. Address: F. J. CHENEY & CO., Toledo, O. Sold by all Druggists, 75c. Take Hall's Family Pills for constipation.

### Entertainment At Sycamore

Sycamore citizens will be entertained Saturday evening by an all star Vaud eville Company. A good crowd is expected. There will be a small admission charge.

### Card Of Thanks

We wish to express our appreciation of the many kindnesses and expressions of interest shown by numerous friends and acquaintances during the illness and at since the departure of our beloved husband and father, Wm. J. Darnell. The short residence in this community did not appear to have made the interest in his suffering and the sympathy extended us for his loss any less noticeable and we must truly say that our public sympathy has exceeded our expectations.

Mrs. Elvira Darnell and Family.

Letter heads, envelopes, cards, bill heads, auction notices and posters, dodgers, announcements, etc. at Mt. Scott Pub. Co., office, Lents.

## At The Churches

### Arleta Baptist Church

10 a. m. Bible School.  
11 a. m. Preaching service.  
7:30 p. m. Evening services.  
6:15 p. m. B. Y. P. U. meeting.  
7:45 Prayer meeting.  
Everybody welcome to any and all of these services.

### Millard Avenue Presbyterian Church

10 a. m. Sabbath School.  
11 a. m. Morning worship.  
6:45 p. m. Y. P. S. C. E.  
7:30 p. m. Evening worship.  
7:30 p. m. Thursday, midweek service.  
8 p. m. Thursday, choir practice.  
Rev. Wm. H. Amos, Pastor.

### Lents M. E. Church

Rev. J. Stanford Moore will preach at 11 a. m. Bennett Chapel 3 p. m., and in the evening 8 p. m.  
9:45 a. m. Sunday School and Bible Class.  
7 p. m. Epworth League.  
The Fourth Quarterly Conference of the Lents Charge will be held Aug. 30. Dr. James Moore will preach on Sunday evening and hold Quarterly Conference Monday.  
W. Boyd Moore, pastor.

### St. Peter's Catholic Church

Sundays:  
8 a. m. Low Mass.  
10:30 a. m. High Mass.  
8:30 a. m. Sunday School.  
12 M. Choir rehearsal.  
Week days: Mass at 8 a. m.

### Seventh Day Adventist Church

10 a. m. Saturday Sabbath School.  
11 a. m. Saturday preaching.  
7:30 p. m. Wednesday, Prayer meeting.  
7:45 p. m. Sunday preaching.

### German Evangelical Reformed Church

10 a. m. Sunday School.  
10 a. m. Saturday, German school.  
8 p. m. Wednesday, Y. P. S.  
11 a. m. Sunday worship.  
Th. Schildknecht, Pastor.

### Lents Friend's Church

9:45 a. m. Bible School, Clifford Barker, Superintendent.  
11 a. m. Preaching.  
3 p. m. Junior C. E.  
7 p. m. Christian Endeavor  
8 p. m. Preaching.  
John Riley, Pastor.

### Kern Park Chirstain Church

Corner 69th St. and 46th Ave. S. E.  
10 a. m. Bible School.  
11 a. m. and 8 p. m. preaching service.  
7 p. m. Christian Endeavor  
8 p. m. Thursday, mid-week prayer meeting.  
8:45 p. m. Thursday, Bible Study Class.  
A cordial welcome to all who will attend any all services.  
R. Tibbs Maxey, Minister.

### St. Pauls Episcopal Church

One block south of Woodmere station. Holy Communion the first Sunday of each month at 8 p. m. No other services that day.  
Every other Sunday the regular services will be as usual.  
Evening Prayer and sermon at 4 p. m. Sunday School meets at 3 p. m. B. Boatwright, Supt., L. Maffett, Sec. Rev. O. W. Taylor, Rector.

### MT. SCOTT CENTER OF TRUTH.

Meeting every Sunday evening at 8:00 p. m. Three doors east of 82d St., Grays Crossing, Portland, Ore.

### Infection and Insect Bites Dangerous

Mosquitoes, flies and other insects, which breed quickly in garbage pails, ponds of stagnant water, barns, musty places, etc., are carriers of disease. Every time they bite you, they inject poison into your system from which some dread disease may result. Get a bottle of Sloan's Liniment. It is anti-septic and a few drops will neutralize the infection caused by insect bites or rusty nails. Sloan's Liniment disinfects Cuts, Bruises and Sores. You cannot afford to be without it in your home. Money back if not satisfied. Only 25c at your Druggist.

## Tremont, Kern Park and Arleta

### NOTES OF THE W. C. T. U.

A band of white ribboners representing every union in the county, assembled at the Kenworthy Chapel and preceded the remains of Mr. Additon to the Evangelical Church, last week, where the funeral services were held.

A number of persons from outside unions were present including Miss Pitman and Mrs. Hoffman of Forest Grove; Mrs. Jennie Hosmer and Mrs. Lizzie Norris of Eugene; Mrs. Nancy Kulper of Dayton, bearing the Yamhill county floral tribute. The ladies of the G. A. R. placed a beautiful silk flag above the heart, after which the white ribboners each dropped a white carnation in the casket and then passed on to form a ring which reached around the entire church, a loving circle of human hearts filled with sympathy and sustaining love for the widowed sister.

Mrs. A. S. Additon, recently widowed, came up from her home in California to attend the funeral of her husband's father. She returned home in Berkeley on Friday, to be with her mother who is ill.

Mrs. Jennie Hosmer of Eugene, an old time friend of Mrs. L. F. Additon spent a few days here, returning to her home on Monday.

Mrs. Additon has been the recipient of many beautiful letters, among them is one from the acting president of the National Woman's Temperance Union, Miss Anna A. Gordon, giving voice to the thought that in work—in service to others—battered hearts can best be comforted. She says in her letter: "You have our heartfelt sympathy in your loneliness and sorrow. May God comfort you. I am sure you will find our blessed work a solace."

On Tuesday of this week Mt. Scott Union met at the new Fankhauser home just beyond Johnson Creek. On account of the postponement and because of the extremely debilitating weather the number present in no manner represented the interest taken in this new home by the members of the union, who, one and all, earnestly desire for Mr. and Mrs. Fankhauser a long and happy life full of usefulness and prosperity in their new quarters.

An Evangelistic Institute, under the auspices of the Multnomah County Womens Christian Temperance Union, will be held in the First Methodist church, Third and Taylor Streets, Tuesday, August 20, beginning at 10:30. The topics for the day are Peace, and the Oregon Dry Campaign, and the program, which is in charge of Mrs. Alice Hanson and Mrs. Mattie Sluth has been arranged with special reference to those important subjects. Prominent Portland clergymen will participate, and those attending will surely gain help and inspiration.

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