MT.SCOTTHERALD

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descrediting the work of the State Game and Fish Comhas caused considerable annoyance to members of the sporting clubs in Portland. They say there is a serious misunderstand-Game Warden's Department, and judging from the report they furnish it is possible that the funds and disbursements, we quote as follows:

"The Sportsmen Pay the Bills.

| Occasionally we hear the remark that the Fish and Game Commission is spending too much of the taxpayers' money in the protection and propagation of game. The money in the Game Protection Fund, which is spent in the employment of from forty to fifty game wardens, the purchase and the distribution of game birds, animals and game fish, is derived from the "hunters' and anglers' licenses. Not one penny was appropriated for game protection at the last session of the legislature. The Game Protection Fund comes from the pockets of the man who hunts and out the bone. angles. It should be carefully spent to advance the cause for which it is collected.

It must be borne in mind that a good the Game Protection Fund for the year 1913 was incurred by the purchase of the fish distribution car; the property THE GAME PROTECTION FUND FOR 1913 ley and yolk of hard boiled egg over Amount on hand January ; and serve. . \$ 60,777.62 1, 1913.. Income from Sportsmen's Licenses during 1913..... \$108,800.00 -Income from Fines and 8.634.82 Other Sources ... Total Income for 1913 \$178,212.44 Amount expended by Fish 1988 and Game Commission from -----January 1st, 1913 to January 138,474.92 1st, 1914 Balance on hand January

THE introduction of a resolu- the home of her daughter and young tion at the state Grange well when she arrives there.

The national retail liquor-dealers association, through its president. M. mission and the game wardens F. Farley, in response to the request of Everybody's Magazine for a statement of position on the liquor question states that the saloon exists, first, "To supply the craving of human nature," and that "the saloon, as it exists today, 18 just ing about the expenses of the what the people make it and the officers of the law permit." Now people, wake ting slices of stale bread about a half up. Arise to the dignity of your re-

sponsibility-make Oregon dry. The County W. C. T. U. awarded the public is not properly informed prizes in the public school contest on considering the source of their Tuesday evening. Those who approve of this kind of work and are generously inclined may help the county by contributions of cash to assist in meeting these obligations.



FISH soups, chowders or broths are excellent items excellent items for the lenten bill of fare.

When buying a fish for chowder have the dealer remove the head and skin when cleaning it. Then when prepar fire and let cook slowly for about ten ing it for cooking you have only to take

Eels are in season all year. They make a nice broth as follows:

Eel Broth .- Take about a pound of small eels and simmer them in two portion of the total expenditures from quarts of water till the liquor is reduced to a quart. To flavor this soup add a small blade of mace, a bay leaf, two onions and a few peppercorns. Skim well when the broth first upon which the Bonneville Hatchery is bolls up and add salt. Strain through located, and other permanent improve- a thick cloth, thicken and just before ments and equipment at the hatcheries serving add sufficient hot milk to make and the State Game Farm. the soup white. Scatter chopped pars-

Seasonable Soups.

Codfish Chowder .- Take a pound and a half of codfish, a pint of sliced potatoes, one-quarter cupful sliced onions four tablespoonfuls flour, four slices salt pork, a pint milk, boiling water, salt and pepper. Fry out the salt pork, add onlons and cook slowly till they are yellow; then pour in a quart of boiling water and the fish cut in small pleces. Cook until the latter is nearly done, then turn in the potatoes. When butter, one ounce of grated cheese and they are tender add the milk and the 1st, 1914 \$41,737.52 flour dissolved in a little cold water. Season to taste and serve garnished butter them. Then pile the sardine King's New Life Pills. They Purify with water crackers moistened with

a loar and oake in a outtered pan uni-it fo well browned. Serve on a hand some platter on a bed of heart of let tuce leaves and with tomato sauce.

Succulent Vianda,

Lentil Salad .- Take cold bolled len tils, drain them carefully and place on the ice to become very cold. Add one eighth of their weight in tiny cooked onions and an equal amount of celery Heap the salad in a mound on a platter, garuish with slices of beets cut in fancy shapes and cover with a boiled Millard Avenue Presbyterian Church salad dressing

teaspoonful of onion juice and a tablespoonful of flour. Stir these together and add very slowly a cup of cold milk. stirring the sauce until it is creamy and smooth Then mix in a teaspoonful of salt and a dash of pepper.

FISH CANAPES.

THESE relishes give flavor to the otherwise plain Lenten meal. Canapes may be made by cut-

inch thick and in any shape liked. Then they are toasted or sauted until a golden brown. Spread with some savory mixture, such as cheese, fish or meat, and tastefully garnished they add to the attractiveness of the table. The slices of bread may be sauted in fat, butter or olive oll, as you prefer. If you have a fancy cutter to shape them with it is more convenient than using a knife.

Made With Shell Fish.

Crab Canapes .- For these fresh or canned crab meat may be used. For

For the sauce about a dozen hard shelled crabs are needed. Take the meat from the claws and divide the claws lengthwise. Wipe off the shells and put them in the oven to dry. Take out, put into a mortar and pour in four German Evangelical Reformed Church tablespoonfuls of olive oil and pound fine. Then place in a saucepan on the minutes. Take off and press out the oil by squeezing the mixture in a . can cloth. Now take this oil and two 'ablespoonfuls of tarragon vinegar and mix this with the crab meat previously prepared. Cover the six pieces of toast with the sauce and garnish with the claws and add pieces of pickle. cut in fancy shapes or chopped fine; capers, watercress or horseradish sauce.

A Russian Relish.

Caviar Canapes .-- Cut the sandwich bread a third of an inch thick and about two inches square. Toast golden color. Spread each piece with a teaspoonful of Russian caviar. Chop a cold hard bolled egg very fine. Mix with a teaspoonful each of minced parsley and onion. Divide this among the pleces of caviar covered toast. Serve the canapes on a dish on a folded napkin and decorate with quartered lemon and parsley.

Sardine Canapes .- Sardines put up in ofl are required in this case. Take the skin and bone from one-half dozen sardines and pound them in a mortar until smooth. Then mix in one ounce of season with salt and pepper. Make some toast of bread, cut in rounds and best corrective and preventive is Dr. paste on each piece of toast, sprinkle the Blood-Prevent Constip with grated cheese and put in the oven Liver, Kidneys and Bowels in healthy to get thoroughly hot. Serve at once.

At The Churches

9

Arleta Baptist Church

Bible School next Sunday morning at Preaching at 11 a. m. and 7:30 m. B. Y. P. U. meeting at 6:15 p. m. :45. Prayer Meeting Thursday evening at :45. Everybody welcome to any and of these services.

Sunday Services 10:00 a. m. Sabbath Creamed Lentlis.—Take a pint of len-tils, boil, drain and add a cupful of cream sauce. To make the sauce take a tablespoonful of butter and put it into a saucepan. Melt it and add a

St. Peter's Catholic Church

Sundays: Low Mass at 8 a. m. High Mass at 10:30 a. m. Sunday School at 8:30 a. m. Week days: Mass at 8 a. m. Choir Reh arsal, Sunday 12 M.

Seventh Day Adventist Church

Saturday Sabbath school, 10 a. m. Saturdây preaching, 11 a.m. Wednes-day prayer meeting, 7:30 p.m. Sunday preaching, 7:45 p. m.

Lents Friend's Church

Bible school, 9:45; Meeting for worship at 11 o'clock; C. E. Service 6:30 P. M. Preaching 7:30. Praver meeting Thursday eve at 7:45. John Riley, Pastor.

Lents Baptist Church

Lord's Day, June 14. Bible School, 9:45 A. M. Morning worship, 11 A. M. the foundation take a half dozen oval shaped pieces of toast. For the sauce about a dozen hard For the sauce about a dozen hard Broad Way and the Narrow Way." The ordinance of baptism administered at evening service. J. M. Nelson, pastor

S. School 10 A. M. German School Saturday 10 A. M. Y. P. S. Wednesday 8 P. M. Sunday worship 11 A. M. Pentecostal services 11 A. M. Confir-mation. The following class will be admitted into the congregation : Lena Ertler, Josephine Ertler, Franz Ertler, Adelina Schultz. Celebration of the Holy Communion. Offering for benefit of the church erection fund. Germans Germans are invited to attend and bring friends. Th. Schildknecht, Pastor

Kern Park Christian Church.

Morning Sermon subject: "With What Intent." Evening subject: "The Issues Hinging on To-morrows Public School Election." R. T. Maxey, minister.

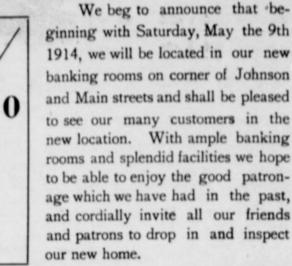
Lents M. E. Church

Preaching 11 A. M. and reception of members. Children services at Bennett chapel 8 P. M. Epworth League 7 P. M. Sunday school and Bible class 9:45. A. M. Preaching services in the evening 8 P. M. Strangers will have a cordial welcome. W. Boyd Moor, Pastor.

Always Lead to Better Health

Serious sickness starts in disorders of the stomach, liver and kidneys. The

Announcement



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Interest

Paid on

Deposits

Time

ginning with Saturday, May the 9th 1914, we will be located in our new banking rooms on corner of Johnson and Main streets and shall be pleased to see our many customers in the new location. With ample banking rooms and splendid facilities we hope to be able to enjoy the good patronage which we have had in the past, and cordially invite all our friends and patrons to drop in and inspect

The Multnomah State Bank UNITED STATES POSTAL DEPOSITORY Lents Sta., Portland, Oregon

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Hay, Feed and Grain

HE Rose Show will be over by the time this issue of the Salmon Soup .- Take a quart of stock, This year's show has had its and cook together. Rub through bility to develop the usual amount of enthusiasm. Whether this sults are not the same.

about breeds, feeding, hatching, marketing, diseases, "show birds," vermin, etc., all of which is eminently practical even to the owner of a small flock. The born street, Chicago.

As an indication of possible improved conditions real estate dealers report more than usual activity within the past two weeks.

NOTES OF THE W. C. T. U.

The Flower Mission anniversary meeting at the home of Mrs. Heald, week was especially interesting and enjoyable. The next meeting will be held at the Evangelical Church on June 23. Mt. Scott Union has made arrange-

ments to hold meetings at some of the rural school houses hereabouts in the near future.

hot milk.

Herald reaches all its readers. a sliced onion and half a can of salmon sieve, add a quart of boiling milk, seacustomary support, and it pro- son with salt, pepper, minced parsley duced the usual amount of noise and celery sait, thicken with butter but it has shown a decided ina- and four and serve with whipped cream.

An Elaborate Chowder.

Haddock Chowder.-Take a half dozwas due to the management or en potatoes, slice thin and place in cold parsley, allowing the greens to drop the times will remain a disputed water. Take a four pound haddock, re- over the cups. Blanch and split the move the skin and bones and cut into almonds. Cut the oranges and grape question, but we suspect that large pleces. Place the fish in cold wa- fruit in small pleces. Mix all together, the general depression has had ter. Fry a large slice of fat pork in an more to do with it than anything agate kettle, cooking it until the fat is cups and place a spoonful of whipped tried out. Peel and slice two medium cream on top of each. else. The roses were never sized onlons into the fat. Dredge with better, people healthier, or deco- flour and then add a layer of the drainrative parades finer but the re-and put in a layer of fish and thus continue with alternate layers until the the pulp with the juice in dainty material is used. Pour on boiling wa- glasses. Two teaspoonfuls of sugar One of the best "chicken ter and cover. Let this boll until the books" that has come our way is potatoes are soft. Then add two cup-

that entitled Success With Hens add a piece of butter the size of an egg. juice, lemon and orange in equal proby Robert Joos. It is a 235 page a dash of pepper and a pinch of salt. volume, filled with practical ideas Let this just come to boll. Split and place in a tureen six or eight water crackers. Pour chowder on these. Serve at once.

> NUTRITIOUS LENTIL DISHES. TENTILS may be served in many

> palatable forms. Dried or canned L lentils are suitable for the follow

book retails at \$1.12 mailed, from ing dishes; if dried lentils are used they Forbes & Co., 443 South Dear- should be soaked in clear, cold water overnight and in the morning drained and rinsed:

Boiled Lentils .- After the lentils have place them in a saucepan and cover pineapple. Beat butter and sugar to a with soft water. Bring them quickly to the boiling point and let them cook and cover with fresh water. Cook them toss them in butter or a little cream, adding a seasoning of salt, pepper and a tiny onion. Serve them very hot and garnished with parsley. The onion may be fried in butter, the butter thickened to a very thin paste with flour and Grays Crossing, on Tuesday of this given a tang with a few drops of vinegar and thus forming a delicate sauce added if one desires a gravy.

Carefully Baked,

a cablegram calling her to Honolulu to with salt, pepper and butter, shape into at your Druggist.

A Delicious Salad.

Grapefruit Salad .- Take two cupfuls of grapefruit, one cupful of quartered oranges, one cupful of almonds, onequarter cupful of French salad dressing and one-half cupful of whipped cream. Cut the grapefruit in halves, save the skins to use as cups in serving. Line the skins with lettuce or marinate with French dressing, fill Grapefruit Cocktail .- Take a chilled

grapefruit and cut it in halves. With a sharp knife take out the seeds and cut out each section of fruit. Serve and one tablespoonful of sherry may be added to each glass.

Another way is to take grapefruit portions. It is then sweetened to taste, flavored with maraschino and diluted just before serving with water and served in glasses with some of the grapefruit pulp and a maraschino cherry.

Refreshing Dishes,

Pineapple Cocktail .- Cut a pineapple into quarters, remove a small portion of the core and grate on a coarse grater. Serve in cockiall glasses, with small pieces of ice.

Pineapple Pudding.-Take a cupful of sugar, a half cupful of butter, a cupbeen soaked all night and then washed ful of cream, four eggs and a grated cream, add to this the beaten yolks of the eggs. Stir in the grated pineapple gently for about an hour. Then drain and the cream, then the whipped whites of eggs. Line a baking dish with a this time until tender. Drain them and layer of puff paste, pour in the pineapple and bake with an under crust.

Cures Stubborn, Itchy Skin Trouches

"I could scratch myself to pieces" is often heard from Eczema, Tetter, Itch, and similiar Shin Eruptions. Don't Scratch-Stop the Itching at once with over the lentils. A little stock may be Dr. Hobson's Eczema Ointment. Its first application starts healin; the Red, Rough, Scaly, Itching Skin soothed by Lentil Loaf .- Take three cupfuls of the Healing and Cooling Medicines. stewed lentils to two cupfuls of cold Mrs. C. A. Einfeldt, Rock Island, Ill., bolled potatoes and a cupful of bread- after using Dr. Hobson's Eczema Ointcrumbs. Add to these a few celery ment, writes: "This is the first time in The president of our Social Purity leaves and run the whole through a nine years I have been free from the vegetable or meat chopper. Season dreadful ailment." Guaranteed. 50 cts.

ation, keep condition. Give you better health by ridding the system of fermenting and gassy foods. Effective and mild. 25 cts. at your Druggist.

Bucklen's Arnica Salve for All Hurts,

Deafness Cannot Be Cured

Deafness Cannot Be Cured by local applications, as they cannot reach only one way to cure deafness, and that is y constitutional remedies. Deafness is to cure deafness, and that is y constitutional remedies. Deafness is to used by an inflamed condition of the mu-cus lining of the Eustachian Tube. When his tube is inflamed you have a rumbling sound or imperfect hearing, and when it is number is inflamed you have a rumbling bound or imperfect hearing, and when it is number is inflamed you have a rumbling sound or imperfect hearing, and when it is number is inflamed you have a rumbling bound or imperfect hearing, and when it is number is inflamed you have a rumbling on the inflamed you have a rumbling of the mucous surfaces. We will give One Hundred Dollars for any mass of Deafness (caused by Charrh) that cannot be cured by Hundred Dollars for any fast of circulars, free. F. J. CHENEY & CO., Toledo, Ohlo. Sold by Druggiets, 75c. Take Hail's Family Pills for constipation.

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