

Ontario Meat & Grocery Co.

Ontario, - - Oregon
Phone 3

Wholesalers and Retailers of Meat Products
Retail Groceries, Fruits, Etc.

Everything
Good to Eat

Hollow Concrete.

According to the Brückenbau, the production of hollow concrete bodies completely inclosed, which has hitherto only been possible within certain limits, is made easier by the new patent system of Stefan Rohm of Munich, who proposes to inclose a block of ice of the required shape in concrete. Of course, small openings or channels would be left, by means of which the thaw water could escape. In this way it is possible to produce not only small concrete bodies with hollow centers but large ones as well. The process can be applied to artificial stone.

Perhaps Snakes Couldn't Get There

Why are there no snakes in Ireland? The answer is: Because snakes had their cradle elsewhere and couldn't cross the Irish sea. They originated, apparently, in Asia and spread easily over Europe, and got across in considerable numbers into Great Britain, by aid of a now submerged "land bridge," but the Irish sea was too deep for that kind of bridge, and so snakes and toads never reached the Emerald Isle, and few reptiles of any kind succeeded in getting there. It is an old saying that "God is good to the Irish."—Chicago American.

Left the Secretary Guessing.

The following story is told of the late Jonquin Miller, the "poet of the Sierras." A certain club desired the poet to address an annual meeting, for which an elaborate program had been prepared. The secretary wrote a letter to Miller, telling him of the purpose of the gathering and requesting his co-operation. In due time there came an answer from the poet. It was in his own hand and covered four pages. In vain the secretary puzzled over the manuscript. He passed it on to the president, the board of directors and the members in turn, but all failed to decipher the scrawl. The question before the club was, "Has Miller accepted or has he declined?" The secretary finally sent the following note to the poet: "My Dear Mr. Miller—Your letter received, but I have been unable to determine whether you have accepted or declined our invitation. If you will be present on the date mentioned, will you kindly make a cross at the bottom of this letter? If it will be impossible for you to appear, will you kindly draw a circle?" In due time the letter came back, but the secretary could not decide whether the poet had drawn a cross or a circle!

Look and Feel Clean, Sweet and Fresh Every Day

Drink a glass of real hot water
before breakfast to wash
out poisons.

Life is not merely to live, but to live well, eat well, digest well, work well, sleep well, look well. What a glorious condition to attain, and yet how very easy it is if one will only adopt the morning inside bath.

Folks who are accustomed to feel dull and heavy when they arise, splitting headache, stuffy from a cold, foul tongue, nasty breath, acid stomach, can, instead, feel as fresh as a daisy by opening the sluices of the system each morning and flushing out the whole of the internal poisonous stagnant matter.

Everyone, whether ailing, sick or well, should, each morning, before breakfast, drink a glass of real hot

water with a teaspoonful of limestone phosphate in it to wash from the stomach, liver, kidneys and bowels the previous day's indigestible waste, sour bile and poisonous toxins; thus cleaning, sweetening and purifying the entire alimentary canal before putting more food into the stomach. The action of hot water and limestone phosphate on an empty stomach is wonderfully invigorating. It cleans out all the sour fermentations, gases, waste and acidity and gives one a splendid appetite for breakfast. While you are enjoying your breakfast the water and phosphate is quietly extracting a large volume of water from the blood and getting ready for a thorough flushing of all the inside organs.

The millions of people who are bothered with constipation, bilious spells, stomach trouble, rheumatism; others who have sallow skins, blood disorders and sickly complexions are urged to get a quarter pound of limestone phosphate from the drug store which will cost very little, but is sufficient to make anyone a pronounced crank on the subject of internal sanitation. —Adv.

Condensed Report of First National Bank of Ontario Oregon

As made to the Comptroller of the Currency, at
the close of business June 30, 1919.

RESOURCES		LIABILITIES	
Loans and Discounts	\$495,672.19	Capital	\$50,000.00
Overdrafts	237.93	Surplus and Profits	51,375.92
Bond and War Assets	55,815.18	Circulation	12,500.00
Real Estate and Fixtures	55,537.4	Federal Reserve Bank	45,200.00
Stock in Federal Reserve Bank	5,000.00	DEPOSITS	732,173.90
Other Assets	204,099.42		
	\$891,309.88		\$891,309.88

A "ROLL O' HONOR BANK" is one possessing Surplus and Profits in excess of Capital, thus giving tangible evidence of Strength and Security. Of the 25,000 Banks in the United States, only one in ten occupies this proud position.
WE ARE AMONG THE NUMBER

REGRETS ARE BAD!

After it's all over don't wish you had gone to the

MALHEUR COUNTY FAIR

but come and take in all the fun. Special arrangements have been made with the O. S. L. Railroad for a one and one half passenger rate for the round trip.

The three "B's" have been working over-time to make this Fair "The Best Yet."

BIG---time all the time from the word "GO"
BIGGER---displays of exhibits than ever before
BIGGEST---and fastest program ever staged

September 9, 10, 11, 12

These will be days never to be forgotten. The old will be amused and the young instructed.

The Race Horses are "raring to go"
The Stock is in prime condition
The Exhibits are the pick of the land
AND

We are glad to have you come

Liberal Premiums Large Purses Open House

THE FAIR OF FAIRS

ONTARIO, OREGON

H. H. TUNNY, President

F. LESLIE BODY, Secretary



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"Take it from Me"

says the Good Judge



Wise tobacco chewers long since got over the big-chew idea. A little chew of this real quality tobacco gives them better satisfaction and they find their chewing costs even less. With this class of tobacco, you don't need a fresh chew so often and you find you're saving part of your tobacco money.

THE REAL TOBACCO CHEW
put up in two styles

RIGHT CUT is a short-cut tobacco

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