

Wives Women Will Adopt This Habit As Well As Men

Glass of hot water each morning helps us look and feel clean, sweet, fresh.

Happy, bright, alert—vigorous and vivacious—a good clear skin; a natural, rosy complexion and freedom from illness are assured only by clean, healthy blood. If only every woman and likewise every man could realize the wonders of the morning inside bath, what a gratifying change would take place.

Instead of the thousands of sickly, anaemic-looking men, women and girls with pasty or muddy complexions; instead of the multitudes of "nerve wrecks," "rundowns," "brain fags" and pessimists we should see a virile, optimistic throng of rosy-cheeked people everywhere.

An inside bath is had by drinking each morning before breakfast, a glass of real hot water with a teaspoonful of limestone phosphate in it to wash from the stomach, liver kidneys and ten yards of bowels the previous day's indigestible waste, sour fermentations and poisons, thus cleansing, sweetening and refreshing the entire alimentary canal before putting more food into the stomach.

Those subject to sick headache, biliousness, nasty breath, rheumatism, colds and particularly those who have a pallid, sallow complexion and who are constipated very often, are urged to obtain a quarter pound of limestone phosphate at the drug store which will cost but a trifle but is sufficient to demonstrate the quick and remarkable change in both health and appearance awaiting those who practice internal sanitation.

We must remember that inside cleanliness is more important than outside, because the skin does not absorb impurities to contaminate the blood, while the pores in the thirty feet of bowels do.—Adv.

Professional Cards

BOSTON CAFE
 ♦ Now open for business ♦
 ♦ WELL COOKED FOOD ♦
 ♦ GOOD SERVICE ♦
 ♦ FAMILY PATRONAGE ♦
 ♦ SOLICITED. ♦
 ♦ Open—6:30 a. m. to 12 p. m. ♦
 ♦ Ontario, Oregon ♦

ONTARIO LAUNDRY
 ♦ DOWNTOWN OFFICE ♦
 ♦ SANITARY BARBER SHOP ♦

F. BRITTINGHAM
 ♦ Truck Transfer ♦
 ♦ Phone 157 M ♦

SAVE TROUBLE
 Ranchers who have machinery must keep them in repair.

WE FIX
 GASOLINE ENGINES
 IRRIGATING PUMPS
 AUTOMOBILES
 All kinds Machinery.
 We specialize on Pumps and Gasoline Engines.
 Our Prices Are Right.

MARSDEN MACHINE SHOP

DR. A. R. ROBERTS
 Dentist
 Between Ontario Pharmacy and Depot.
 Phone 52

M. W. G. HOWE
 DENTIST
 Tel. 117 Ontario, Ore.

TRANSFER, BAGGAGE AND EXPRESS
 JOHN LANDINGHAM

DRS. PRINZING, WEESE & FORTNER
 OFFICE HOURS:
 9 to 12 and 2 to 5
 Office over First National Bank
 Telephone No 33 J Ontario, Ore.

Leslie J. Aker
 ATTORNEY AND ACCOUNTANT
 Specialist on Income and War Revenue Taxes
 Phone 170-J Ontario, Ore.

Classified Advertisements

REGISTERED SHORTHORN BULL for service at Carter Barn. H. H. Tunny. 311f

MILK DELIVERED IN ONTARIO from tuberculin tested cows. Call 206 K-1.—Mrs. A. B. Cain.

FOR RENT—200 acre ranch, partly improved; 5 year lease for further improvements. Box 162, Ontario.

WANTED TO TRADE—Lots in Spokane and Tekoa, Wash., and Ontario, for cows, horses, mchinery or acre tracts. Let me know what you have to offer. Mrs. A. B. Cain, 206-K1.

FOR SALE—House and nine lots for less than the value of the lots; small payment down and balance payable like rent. An exceptional opportunity to acquire a home at a low price. Cheaper than paying rent. Inquire R. W. Swagler, Ontario, Ore. 1f

INSIST on an abstract of title when you purchase or lead money on real estate. **MALHEUR TITLE AND ABSTRACT CO.**, Vale Oregon.

BEAUTIFUL SUBURBAN TEN AND TWENTY acre tracts near Payette to trade for good automobile or other property. L. V. Patch, Boise, Tel. No 658, or B. R. Fitch, Payette. 27 30-35

REWARD — LIBERAL REWARD will be paid for the return to this office of small blue coin purse lost on Oregon street Monday. Finder may keep cash in purse if rings and purse are returned. 29 30-31

SHEPHERDS: ARE YOU SHORT of summer range? I can furnish you the best high summer range in Idaho at a very reasonable figure. Address XXX Ontario Argus. 33 32-33

LOST — SATURDAY, BETWEEN Ontario and K. S. & D. ranch, black and pluk hat. Finder return to Argus for small reward. 34 32-

STRAYED — RED CALF, THREE months old, came to my place three-fourths mile west of Fair grounds the last of June. Owner can have same by paying for feed and this notice. Leonard Gillespie. 35 32-35

LOST—BETWEEN ONTARIO Depot and Fruitland, suit box containing ladies' clothing. Finder notify Mary Bollinger, Fruitland, Idaho. Phone 7-21. 36 32-

SEWING MACHINE FOR SALE—"White" machine in good running order. See Mrs. A. A. Wellington, Ontario. 37 32-

LOST—In Ontario Monday evening, ladies blue serge suit jacket. Finder notify Mrs. George Huntington Curry of Vale and receive reward. 32-31-32-1f

NOTICE OF DISSOLUTION Notice is hereby given that the partnership heretofore existing between Jacob Prinzing, W. J. Weese and E. S. Fortner, under the firm name of Prinzing, Weese & Fortner, has this day been dissolved by mutual consent. Dr. Prinzing has sold his interest in the business to his co-partners, and will retire from the firm and from this field. Doctors Weese and Fortner will continue the practice of medicine and surgery at the same offices under the firm name of Weese & Fortner. All persons knowing themselves indebted to the old firm are requested to call immediately and settle their accounts. Done and dated at Ontario, Oregon, this 20th day of June, 1919. JACOB PRINZING W. J. WEESE E. S. FORTNER

NOTICE TO CREDITORS IN THE COUNTY COURT OF THE STATE OF OREGON, FOR MALHEUR COUNTY

In the Matter of the Estate of Fred J. Kiesel, Deceased. NOTICE IS HEREBY GIVEN, That the undersigned has been appointed by the above entitled Court as the ancillary executor of that part of the estate of Fred J. Kiesel, Deceased, situated in Malheur County, Oregon and that he has duly qualified as such executor.

All persons having claims against said estate are hereby requested to present the same to the undersigned at his office in the City of Ontario, Oregon, duly verified in the manner required by law, within six months from the date of the first publication of this notice. Date of first publication June 26, 1919. Date of last publication July 24, 1919. GILBERT L. KING, Ancillary Executor.

NOTICE OF HEARING ON PETITION TO FORM DRAINAGE DISTRICT IN THE COUNTY COURT OF THE STATE OF OREGON FOR THE

COUNTY OF MALHEUR. Notice is hereby given that a hearing on the following petition will be had at the Court House in the city of Vale, County of Malheur, State of Oregon, on the 4th day of August, 1919, at the hour of one o'clock p. m. of said day, for the purpose of determining whether the prayer of said petition shall be granted. The following is a true and correct copy of said petition, to-wit:

PETITION

IN THE COUNTY COURT OF THE STATE OF OREGON FOR THE COUNTY OF MALHEUR

In the matter of the organization of the VALLEY VIEW DRAINAGE DISTRICT for the drainage of lands situated in Malheur County, in the State of Oregon.

We, the undersigned, being owners of said district, and for the purpose of organizing the same, respectfully make the following statement:

1. The name proposed for such drainage district shall be "VALLEY VIEW DRAINAGE DISTRICT".
2. The boundary lines of the District shall be as follows: Beginning at the quarter corner between Sections 28 and 29, T. 18 S., R. 47 E., W. M.; thence South along the E. 1/4 line of Section 29, to its intersection with the Westerly bank of the Wilson Ditch; thence Southerly along the Westerly bank of said Wilson Ditch to the South line of Section 32, T. 18 S., R. 47 E., W. M.; thence West along the South line of Sections 32 and 31 to its intersection with the Westerly bank of the "Shoestring" Irrigation Ditch, on the south line of the West 1/4 of the West 1/4 of Section 31, T. 18 S., R. 47 E., W. M.; thence in a Northerly direction along the Westerly bank of said "Shoestring" Irrigation ditch to its intersection with the East and West center line of Section 30, T. 18 S., R. 47 E., W. M.; thence East to the point of beginning.

3. That the total acreage included within the said boundary lines of said proposed drainage district is 1542.75 acres, more or less, and is all situated within Malheur County, State of Oregon.

4. That the names of the owners of the lands within the proposed boundary lines of the Valley View Drainage District and the approximate acreage owned by each is as follows:

Name	Acres
Charles Altauchul	169
G. W. Dean	10
D. E. F. Leroy	5
Anna Nesbit	6
Bridget Leroy	35
Gordon Schaefer	5
G. W. Dean	10
W. J. Schaefer	10
Hans Ott	67
In Section 30—	
Martha E. Bennett	16.67
J. F. Bennett	.31
Chas. E. Amidon	39.25
D. T. Downs	103.75
W. H. McEldowney	67
Dr. H. H. Whitney	40
W. G. Beagle	32
In Section 31—	
O. W. Col.	27.75
Anson Von Readen	40
Countryman, Whitney & Henderson	46
Morton Barrows	138
Katherine Beck	150
In Section 32—	
Mrs. Hattie Frakes	20
Chas. Deakay	20
Chas. E. Amidon	20
Will S. Rees	60
E. C. Ingraham	40
Clarence E. Rees	80
Albert Neuhaus	100
Claus H. Moeller	53
W. C. Tensen	59
H. B. Plummer	15
C. E. Rees	14
Will E. Brown	23
Chas. A. Brown	32

That in addition to the lands owned by the above named persons, there are public high-ways, roads, ways, and other right-of-ways, situated within the proposed boundary lines, consisting of county roads, telephone line of the Malheur Home Telephone Company, power line of the Idaho Power Company, the Oregon Short Line Railway, and the Owyhee Ditch Company.

5. That the proposed reclamation is principally for agricultural purposes, and that said reclamation will be conducive to the public health, welfare, and of public utility and benefit.

6. That all of the lands included within the said boundary lines aforesaid fall within the said boundary lines of the proposed district; and all of said lands will be beneficially affected by the proposed works of the proposed district.

7. That the proposed drainage district plans to construct a system of drainage and waste ditches to drain the wet and water logged lands included in said district, and to provide a system for carrying the surplus and waste waters from the irrigated lands in said district. That the benefits of said proposed reclamation will exceed the damage done and the costs of such works, and the best interests of the lands included within such proposed district, as a whole, and of the public at large, will be promoted by the formation and operation of this proposed district.

8. That the formation of a drainage district under the provisions of Chapter 340, Laws of Oregon, 1915, and the laws amendatory thereof, is a proper and advantageous method of accomplishing the reclamation and protection of the lands included therein.

9. That a brief, general, informal statement of the proposed plan of reclamation is as follows: The plan of reclamation tentatively proposed is a covered tile drain with an outlet into the slough east of the Valley View Schoolhouse, this drain following the road along the township line with branches to tap and drain all of the alkali or water-logged areas in Sections 30, 31 and

32. Also a covered tile drain, with outlet into the slough in the North-east quarter of the Northeast quarter (NE 1/4 NE 1/4) of Section 32 and draining the alkali and waterlogged areas in Section 29. These drains to be laid at a proper depth to be hereafter determined as necessary to give thorough drainage, and to be provided with concrete manholes, catch-basins, outlets and other appurtenances which may be found necessary.

10. The signers of this petition hereby agree that they will pay the expenses incurred and any tax or taxes that may be levied against the lands for the purpose of paying the expenses of organizing or attempting to organize the proposed district, and any engineering expenses incurred in connection with such organization or attempt of lands within the proposed drainage district, in event that said district is not organized by order or decree of the above entitled court.

WHEREFORE your petitioners pray that this court make and enter an order and decree declaring the proposed drainage district organized; and that the lands described in said petition, or so much of them as shall be found by the court to be properly included shall be within said district as organized, until investigation and surveys are made that shall permit elimination of lands not properly included; and that said district shall be known as the "VALLEY VIEW DRAINAGE DISTRICT" STATE OF OREGON, County of Malheur.

I, E. C. INGRAHAM, being first duly sworn, depose and say: That I am one of the signers of the foregoing petition to organize the Valley View Drainage District; that I have read the allegations contained therein and verily believe the same to be true.

E. C. INGRAHAM, Subscribed and sworn to before me this 6th day of June, 1919.

W. W. WOOD, Notary Public for Oregon. My commission expires October 17, 1920.

OWNERS OF LAND AND PETITIONERS IN PROPOSED VALLEY VIEW DRAINAGE DISTRICT:
 E. C. Ingraham
 G. W. Dean
 G. W. Dean, Agent for Katherine Beck Irvine
 Bridget Leroy
 W. J. Schaefer
 W. S. Rees
 C. E. Rees
 C. H. Moeller
 W. C. Tensen, by P. Tensen, Agt.
 Albert Neuhaus, by P. Tensen, Agt.
 C. E. Amidon
 C. E. S. Wood, by B. B. Wood
 160 acres under Chas. Altauchul (Blue print map of district attached.)

All persons owning or claiming an interest in the lands described in said petition are hereby notified to appear at said time and place and show cause, if any there be, why the prayer of said petition should not be granted.

Done and dated at my office in Vale, Oregon, this 17th day of June 1919.

A. M. MOODY, County Clerk. First publication June 19, 1919. Last publication July 17, 1919.

NOTICE FOR PUBLICATION DEPARTMENT OF THE INTERIOR, U. S. LAND OFFICE at Vale, Ore. June 4, 1919.

NOTICE is hereby given that Arthur H. Rehm of Ontario, Oregon, who on May 6, 1914, made Homestead Entry No. 93369, for SW 1/4 SE 1/4 Sec. 24, SW 1/4 SW 1/4, Sec. 25, T. 17 S. R. 46 E., and Lot 4, Sec. 2 Township 18 South, Range 46 East, Willamette Meridian, has filed notice of intention to make Final Three Year Proof, to establish claim to the land above described, before Clay M. Stearns, U. S. Commissioner, at Ontario, Oregon, on the 15th day of July, 1919.

Claimant names as witnesses: F. Baker Ball, T. J. Walker, Chas. Beeler, all of Ontario, Oregon; Snoden Ball of Payette, Idaho.

THOMAS JONES, Register.

NOTICE OF SALE OF STATE LANDS

Notice is hereby given that the State Land Board of the State of Oregon will receive sealed bids until 10:00 o'clock a. m., August 12, 1919, for the following described lands, to-wit:

- All of Sections 16 and 36, T. 32 S. R. 42 E.
- All of Sections 16 and 36, T. 33 S. R. 43 E.
- All of Sections 16 and 36, T. 34 S. R. 43 E.
- All of Sections 16 and 36, T. 40 S. R. 47 E.
- All of Sections 16 and 36, T. 40 S. R. 48 E.
- All of Section 16, T. 41 S. R. 44 E.
- All of Section 16, T. 41 S. R. 45 E.
- All of Section 16, T. 41 S. R. 46 E.
- All of Section 16, T. 41 S. R. 47 E.
- All of Section 16, T. 41 S. R. 48 E.

All bids must be accompanied by regularly executed applications to purchase, and check or draft for at least one-fifth of the amount bid. The Board reserves the right to reject any and all bids. Applications and bids should be addressed to G. G. Brown, Clerk State Land Board, Salem, Oregon, and marked "Applications and bid to purchase state lands." G. G. BROWN, Clerk State Land Board. Dated at Salem, Oregon.

Fo. low Solomon's Plan in Selecting Building Material.

"Send me also cedar trees, fir trees, and algnm trees out of Lebanon for I know that thy servants can skill to cut timber in Lebanon; and, behold, my servants shall be with thy servants."

Soloman knew in his day the great and lasting value of fir, cedar and pine in the construction of buildings for permanence. All old residents of Oregon have also had ample opportunity to test the element resisting qualities of the timber which grows in profusion over the mountain slopes of this great state.

"For I know that thy servants can skill to cut timber in Lebanon."

We likewise, in Barber and Emmett, are equipped to cut timbers, and cut them in a manner of excellence never dreamed of by Soloman. Did you ever notice the smooth, velvety surface of a B P board? Soloman was compelled to cover his rough hewn timbers with gold-leaf to hide the surface imperfections. Our method of manufacture brings out all of the beauty of grain so cunningly wrought by nature, leaving an effect far more beautiful than beaten gold.

THERE IS NO PLACE LIKE HOME

AL. CHANCE,
 Sales Manager,
 Ontario, Oregon



Our Allies

This bank is an ally of the farmer, stock-grower, and merchant, bound together by an unwritten law for the advancement of private interests and the development of Ontario and vicinity. You can join this league by becoming a depositor of this Bank.

Ontario National Bank
 Oldest Bank in Grant, Harney & Malheur Counties.

OUR NEW DIRECTORY
 A new directory is now being delivered. Save trouble by destroying your old one.
 IF YOU WANT PROPER LISTING OR A NEW PHONE, ADVISE US AT ONCE
 Every Bell Telephone is a Long Distance Station.
Malheur Home Telephone Co.

Commercial Creamery Co.
 Cash buyers of Cream and Produce
 Place: South of Post Office, Ontario, Oregon
 Your Best Market for Cream, Eggs, Poultry of all kinds