



United States Tires are Good Tires

Tire-buying Economy

Your car must give greater service this year than ever before. It speeds up your work—increases your working power. The highest car economy lies in utmost service. The most economical tires are those which will give you greatest use of your car. That's just what United States Tires will do for you. You can depend on them for continuous service, —most mileage at lowest mileage cost. Equip with United States Tires. Our nearest Sales and Service Depot dealer will be glad to assist you in selection.

'Chain Tread'

WOMEN ASK FOR RATIONING PLAN

American Women Volunteer to Buy Fixed Amounts of Meat, Bread Flour, Sugar and Butter.

PLAN STARTED IN NEW YORK.

Idea Supplements U. S. Food Administration's New Home Card Now in 10,000,000 Homes.

The women of America, who are anxious to do their great part in the winning of the war, are now, as a whole, familiar with the most important aspects of food conservation. The Home Card, both in its original form and in the revised edition for 1918, which provides for two wheatless days, one meatless day a week, in addition to a wheatless meal every day, has been placed by the Food Administration after a vigorous campaign in 10,000,000 American homes. An intelligent and conscientious observance of the Home Card's requirements is all the Food Administration asks of the housewives of the country.

The Food Administration has had a great many requests, however, particularly from the homes of the well-to-do, that it should issue a worked out plan for a voluntary system of rationing.

This desire for a voluntary ration springs from two causes—first, because it is far simpler for the housewife to save food when she has a concrete working plan by which to proceed, and, second, because the loyal women of America desire, unselfishly, to put themselves on the same basis as the women of the Allied countries. The ration proposed by the Food Administration is almost the same as that adopted in England for voluntary observance. All over the United Kingdom, in hundreds of houses there hangs in the front window a card with the stirring pledge, "IN HONOR BOUND WE ADOPT THE NATIONAL SCALE OF VOLUNTARY RATIONING."

The ration recommended by the Food Administration, and adopted first in New York city, whence the idea has spread through the entire country, is the following:

	Weekly Allowance Per Person.
Meat—Beef (fresh, salted, linned and hashed); mutton, lamb and veal (mutton by preference)	2 1/2 lbs.
Butter	1/2 lb.
Cooking Fat (margarine, lard, lard substitutes, vegetable oils)	1/2 lb.
Wheat Flour (for use in cooking gravies, etc., where corn starch, cracker dust or bread crumbs cannot be substituted)	1/2 lb.
Victory Bread (containing at least 20 per cent. of a substitute for wheat flour)	1 1/2 lbs.
Sugar (including all sugar used on the table and in cooking and all sweetmeats and candies, but not that used for canning and preserving)	1/2 lb.

The items listed above are the only ones which are definitely limited. In the case of milk and cream, as much may be used as necessary, and children, of course, must have their full allowance of whole milk. Fish and poultry, any cereal other than wheat, vegetables and fruits and cheese may be used as freely as is desired.

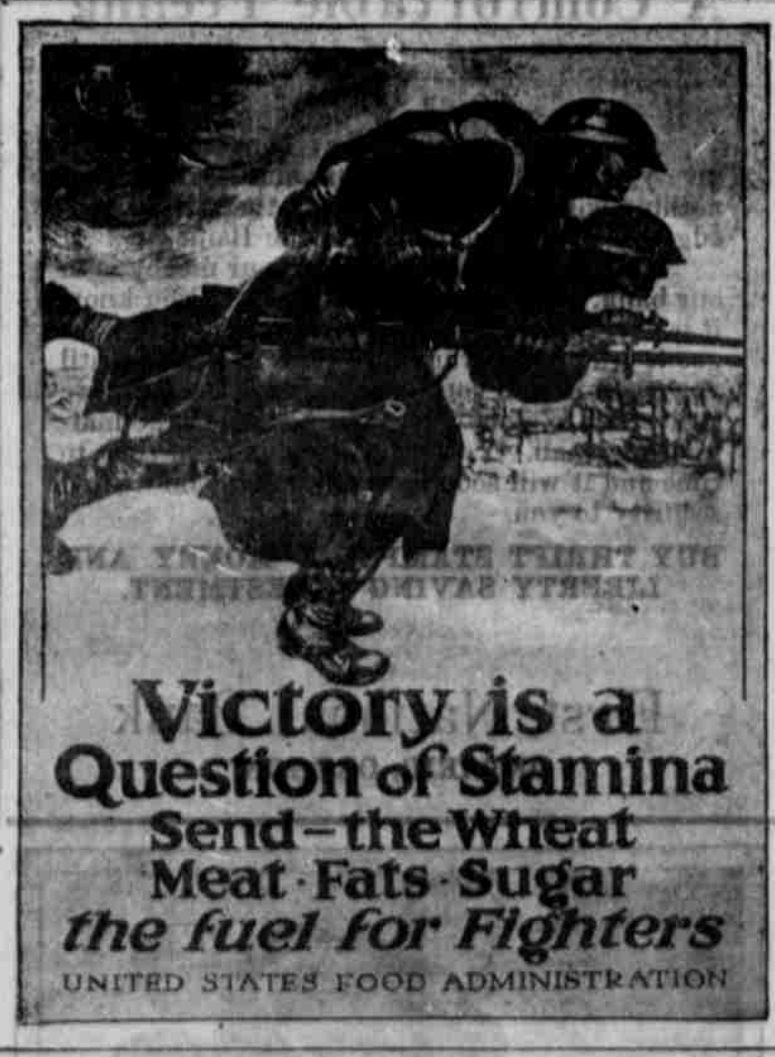
The above ration is in no wise intended to supplant the Home Card, but rather to supplement it. It has been published with the idea that it will be a very real aid to the American woman in her splendid effort to carry out the great food conservation program.

Hay Forks Shovels Garden Tools

ALL NEW GOODS AND PRICES RIGHT

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ONTARIO, OREGON



Victory is a Question of Stamina

Send—the Wheat Meat-Fats-Sugar the fuel for Fighters

UNITED STATES FOOD ADMINISTRATION

TIRE MANUFACTURERS SUPPORT WAR BOARD

Asked regarding Government restrictions on the importation of rubber, and the endeavor of tire manufacturers in co-operation with the Government to restrict the manufacture of unnecessary tire sizes, Mr. J. C. Weston, vice president and director of sales of the United States Tire Company, said:

"The intention of the Government in the control and restriction of the importation of rubber is to conserve shipping space, and the program that has been laid before the manufacturers of rubber goods has won their unanimous support for the War Trade Board and the Shipping Board.

"In addition, the manufacturers of tires are heartily co-operating with the Government program for the eventual elimination of unnecessary tire sizes. This elimination will simplify the problem for each user of the motor car of reducing his cost and making it possible for him to secure the tire size he needs, in good tires, more readily than the market and manufacturing conditions now permit.

"Plans for the withdrawal of certain tire sizes from use by manufacturers of motor cars will not in any way interfere with the manufacture and distribution of the tires to users who need those particular sizes at any time."

Mr. Weston was very insistent in his statement that there is nothing in the present or probable future situation to occasion the slightest apprehension of a shortage of tires for legitimate use.

"However, there was never a time," he said, "when users of motor cars could so well serve the nation as by making the most of their cars in legitimate commercial and passenger service and refusing to board or unnecessarily anticipate their needs by tires of other motor car sizes."

Mr. Weston called attention to the fact that the Government has not at the present time imposed any restrictions on the use of motor cars by the automobilists of the country, but he relied on the patriotism of the owners to exercise a proper discretion in the use of their vehicles, with a view of conserving their cars and tires. Mr. Weston is of the opinion that the motorists of the country can be trusted to cut down mere pleasure-riding to a minimum and to take every possible step to save tires, oil and gasoline.

USE MORE POTATOES.

HELP consume the 1917 record breaking potato crop. Government experts have estimated that over 700,000 extra acres of potatoes were planted last year. The United States Food Administration is endeavoring to push the nation's big potato stocks into channels of trade and has placed potatoes on the list of substitutes that may be bought along with wheat flour.

Potato soup has become a war dish. Here is a recipe that has been tested by United States Food Administration experts. Ingredients needed are three potatoes, one quart of milk, one stick butter, three tablespoons sugar, one and one-half tablespoons salt, one-quarter teaspoon celery salt, one-eighth teaspoon onion salt, one-eighth teaspoon paprika, few grains cayenne and one teaspoon chopped parsley.

Cook potatoes in boiled salted water. When soft run through a strainer. Scald milk with onion, remove onion and add milk slowly to potatoes. Melt the fat, add dry ingredients, stir until well mixed, then stir into boiling soup. Cook one minute, strain and sprinkle with barley.

HOLY ROSARY HOSPITAL NEWS NOTES

Mrs. B. Patterson of Wilder, Idaho, left the hospital Thursday.

Earl Flock, who was operated on last Tuesday, left for his home at Weiser Saturday.

Little Pearl Boyce of Riverside is receiving medical treatment for infected hand at the present time.

Clay Blakely from Juntura is a patient here.

Mrs. Mary Hoffman of Juntura had her adenoids and tonsils removed Thursday.

C. M. Blevin of Huntington is a patient here, admitted Sunday.

Another operation for the removal of tonsils was performed on Miss Fredrica Jinnerson of Payette by Dr. Avey.

Miss Gladys Cronin was operated on Monday.

Another Ontario patient to undergo an operation Monday was John Landeen.

Misses Lee and McDonald, two student nurses at the hospital, were operated on for the removal of the tonsils the first of the week.

Little Margaret Elliott of Payette is a patient of Dr. Avey's.

An operation was performed on L. Adams by Drs. Prinzing and Fortner Saturday.

H. Mallett of Mallet Station had his tonsils removed Friday.

W. J. WEENE, M. D. Internal Medicine.

EDGAR S. FORTNER, M. D. Eye, Ear Nose and Throat

OFFICE HOURS: 9 to 12 and 2 to 5. Office over First National Bank. Telephone No. 33 J. Ontario, Ore.

DR. W. G. HOWE DENTIST Zilon Bldg. Res. 1172

CATHOLIC CHURCH Sunday Services. Low Mass, 8:30 a. m. High Mass, 10:30 a. m. H. A. CAMPO, Pastor

Chi-Namel

Grain your old floors to look like new hardwood. Chi-Namel is a non-toxic, washable, sanitary, long-wearing, easily applied and costs about 2 cents a square foot. Learn about Chi-Namel varnishes, stains and other finishes for home use.

Chi-Namel Store

In your locality will teach you to apply in five minutes. Free. Chi-Namel products are stocked in all metropolitan areas. Check in a local hardware or paint store for high grade service and reliable merchandise.

The Ohio Varnish Co., Cleveland

This means our store

We are exclusive agents for the Chi-Namel products and have in stock a national magazine. We know their quality, and we know just as well as you that every article in our stock.

Chi-Namel Color Varnish, water base, non-toxic, washable, long-wearing, easily applied.

Chi-Namel Wood Stain, water base, non-toxic, washable, long-wearing, easily applied.

Chi-Namel Furniture Polish, water base, non-toxic, washable, long-wearing, easily applied.



FANNIE WARD

in THE SCHOOL FOR HUSBANDS LARRY-PARAMOUNT

COMING TO DREAMLAND, WEDNESDAY, JUNE 5TH.

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