

## Sugarless Christmas Candies

"Hooverizing" Department Conducted in the Interest of Those Who Are Striving to do Their Bit, by Miss Leona Rader, Teacher of Domestic Science Ontario High School.

**Christmas Candies**  
As the holidays approach we begin to wonder just what we are going to do this year for candy, since if we are going to continue Hooverizing we must not use much sugar. There are however many new and delightful ways of using honey, corn syrups, molasses, fruits and nuts. It is surprising how many delightful sweets can be made from these little known, and little used products. These recipes have been tested with excellent results.

**Maple or Chocolate Pop-Corn Squares**

Boil together, two pounds of brown or maple sugar, a pint of new milk, an a fourth teaspoon of cream of tartar. When the syrup makes a soft ball in cold water, add 2 tablespoons of butter-substitute; stir it gently and remove from the stove; add a teaspoon of vanilla or maple flavoring. Set the pan in a vessel of cold water and beat until it begins to cool.

Then pour into greased straight sided pans and strew thick with popcorn. While soft cut into squares but cut again in the same lines when cold. Wrap the pieces in waxed paper. Chocolate bars may be used by adding a half cake of bitter chocolate. Coconut may be used instead of popcorn.

**Pinoche**

1c. sour cream  
1c. chopped nuts  
4c. brown sugar  
butter size of walnut  
Boil 20 minutes, add 1c. chopped nut meats, flavor with vanilla. Beat until it begins to thicken, then turn into a buttered shallow pan.

**Vermont Maple Kisses**

1 pound Maple or Brown sugar  
3/4c. milk  
1/2c. Nut meats  
1T. corn syrup  
pinch of cream of tartar  
First cook the sugar, milk and corn syrup to the soft ball stage, then

remove from the fire and set sauce pan in cold water. When the mixture begins to cool beat it until creamy. Make balls of the cream and roll them in finely chopped nuts. These are splendid when dipped in chocolate.

**Molasses Cream Coconut Patties**

2c. Brown Sugar  
1c. Molasses  
1/2c. milk  
1c. grated coconut  
pinch of cream of tartar  
Stir the ingredients together. Place over steady fire, stirring continually to keep coconut from sticking. When the soft ball stage is reached pour the hot candy on a marble slab or large platter that has been sprinkled with cold water. Allow to cool until mass can be handled comfortably and then stir and knead with the hands. The more the mixture is kneaded the more creamy it will become. If it begins to crumble before it is perfectly cold knead into it a little cream or milk to soften it. Drop in lumps on oiled paper.

**Brown Sugar Foam**

3c. light brown sugar  
1/4t. Cream of tartar

1c. chopped nut meats  
1 egg white  
1/4t. vanilla  
1c. water  
Cook sugar, water, and cream of tartar together until soft ball forms in cold water. Meanwhile beat the egg white till stiff and dry. When the mixture is sufficiently cooked pour very slowly on to the egg white beating constantly. When all is added stir in nuts and vanilla cut into squares.

### TOWN TOPICS TERSELY TOLD

Mrs. J. Prinzling spent Wednesday in Caldwell.

Mrs. J. W. McCulloch returned Saturday from Boise.

J. P. Dunlway of Vale played Santa Claus in Ontario today.

Mr. and Mrs. Clague and daughter of Jordan Valley arrived in Ontario today to be the guests of Mr. and Mrs. J. R. Blackaby. Mr. Clague was one of the pioneers of the Jordan country

and having recently sold his interests' conspicuous by their absence. Each there has "come out" to enjoy the laugh from the audience, and there are many, comes from a new idea by that funny woman of the films, Miss Alice Howell, Dec. 25 and 26.

In the CENTURY COMEDY, "BALLOONATICS," featuring Alice Howell, shown at the Dreamland Theatre, is introduced some very new comedy ideas. The old time pie slinging and other kindred stunts are being heard last week.



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