

# Makes Healthy Bowels

**T**HIS simple rule of health is daily called attention to by every doctor in the land, whose first question to the patient almost invariably is, "Are your bowels regular?" Yet there's not one person in fifty who takes proper care of the bowels. And the result of this foolish neglect is nine-tenths of all ill-health. If today you are unable to free your body of waste matter at the usual time, or if the act causes straining, pains and discomfort, *don't let that condition occur again tomorrow.* Unless your bowels can carry away the waste materials left after food is digested, decay sets in, the poisons of which, taken up by the blood, increase the risk of Typhoid Fever, Appendicitis, and many other serious diseases. In treating constipation, there is a *right way* and a *wrong way.* The *wrong way* is to take harsh purgatives which even though they do clear the bowels, cause griping and nausea, injure the delicate tissues, and so disturb the normal functions as to cause the return of constipation. The *right way* is to help Nature to produce natural movement, without pain or discomfort, by using

## Rexall Orderlies

**More Than One Hundred Million Were Sold Last Year**

This enormous quantity was used with good results by busy men who suffered from constipation, due to lack of exercise, or indigestion caused by overwork—by children whose parents realize the harmful effect of common purgatives—by old people whose systems cannot stand anything harsh—by women during pregnancy, and after childbirth, when any medicine with a violent action would be particularly dangerous. Many of these people are your neighbors and friends. Ask anyone who has ever used them—they'll tell you Rexall Orderlies satisfied and helped them.

—a gentle laxative in the form of a chocolate-tasting tablet. One of these tablets eaten just before going to bed will help to restore your bowels to normal activity *at a time when, your body being at rest, the medicine can do its best work.* As a result of taking that tablet (or say two, if your case is obstinate), *your bowels will move easily and naturally in the morning.* The use of Rexall Orderlies for a few days afterward will restore normal regularity. Even chronic constipation is benefited by them, and it is not necessary to continue the treatment for a long time, because, instead of driving Nature, they simply help her to help herself.

Sold only at the more than 7,000 Rexall Stores and in this town only by us. In vest pocket tin boxes, 10c, 25c, 50c.

**This Is Our Guarantee—You Risk No Money**

If Rexall Orderlies do not make your bowels act right, tell us so and we'll give back your money without asking a single question. There is no red tape to this guarantee. It means just what it says. You sign nothing. We won't hesitate, or ask you any questions. Your word is enough. If Rexall Orderlies do not do all you expect them to—if you don't feel better after using them and find that they are the pleasantest-acting and best laxative you have ever used, we want you to tell us and get your money back.

## Ontario Pharmacy

Ontario,

Oregon.

Rexall Means "KING OF ALL" — Ours is The Rexall Store in this town.

## Well, What Do You Think of This?

**\$1.18 This Is Our Best Offer \$1.18**

These Four First-Class Magazines and Our Paper, ALL FIVE ONE YEAR, Only



Woman's World, 35c yr. Green's Fruit Grower, 50c yr. Farm Life, 25c yr. Home Life, 25c yr.

**All Five for About the Price of Ours Alone**

This is the biggest bargain in the best reading matter ever offered to our subscribers. It includes our paper—the best weekly published in this part of the state—and the Four Magazines of national prominence shown above, sample copies of which may be seen at our office.

We have never sold our paper alone at less than a dollar a year. But on account of the splendid contract we have made with these big publications we are able to give our readers the four magazines with our paper, all one year for only \$1.18—just 18 cents more than the regular price of our paper alone.

Send us your orders right away, give them to our representative or call and see us when you are in town. As soon as you see these clean, beautiful, interesting magazines you will want them sent to your own home for a year.

**\$1.18 JUST THINK WHAT IT MEANS! \$1.18**  
Our Paper and These Four Standard Magazines ALL FIVE ONE YEAR, ONLY

## The Ontario Argus

Phone 49 J.

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### Don't Forget to Renew That Subscription

#### CHARACTER STUDIES.

Human improvement is from within outward.—Froude.

In every deed of mischief he had a heart to resolve, a head to contrive and a hand to execute.—Gibbon.

Any one must be mainly ignorant or thoughtless who is surprised at everything he sees or wonderfully conceited who expects everything to conform to his standard of propriety.—Hazlitt.

In this world a man must either be an anvil or a hammer.—Longfellow.

To judge human character rightly a man may sometimes have very small experience, provided he has a very large heart.—Bulwer-Lytton.

The man that makes a character makes foes.—Young.

#### BREVITY SERMONS.

Some straw, a room, water, and, in the fourth place, gentle words—these things are never to be refused in good men's houses.—From the Sanskrit.

He who is not prepared today will be less ready tomorrow.—Ovid.

What a wonderful revenue lies in thrift!—Cicero.

When vices forsake us we flatter ourselves that it is we who forsake them.—French Saying.

**You Can Talk to Practically All the People in the Town THROUGH THIS PAPER**

Read Our Advertisements — And Profit by Them

### BRIEF NEWS OF OREGON

Stockholders of the Drain Cannery and Growers' association met and completed a permanent organization.

Oregon granges will meet in their annual three days' business session in Monmouth May 19 to 21, inclusive.

Preparations are being made for a conference of the Intercollegiate Prohibition association in connection with the annual oratorical contest to be held at Pacific College April 10.

An aggregate of \$1600 was paid in fines as the result of indictments returned by the grand jury at Pendleton against gamblers and those who permitted games in their places of business.

Senator Lane has received telegrams from fishermen and commercial bodies of Portland and Astoria, urging him to have the Fish Commission steamer Albatross sent to Alaskan waters next summer.

The Southern Pacific company has paid into the county treasurer of Jackson county \$81,882 in taxes. Balance due of \$70,000 will not be paid until land grant matters have been adjusted.

The only Oregon claim in the omnibus claims bill was stricken out by the senate committee, leaving Oregon without representation. It was the claim of John E. Buller of Lane county.

The last refuge of the canvass back duck in Oregon—Wapato lake at Gaston—is to be drained and Oregon's duck hunters will get few canvass back ducks in the future. Arrangements have been made to drain the lake and use the land for farming purposes.

If the recommendations of Adjutant General Finzer and the commissioned officers of every company in the state are followed by Governor West, the Oregon National Guard will hold its annual encampment in 1915 at the Panama-Pacific Exposition in San Francisco.

When McMinnville College won the intercollegiate oratorical contest in Albany it made the fifth victory that institution has won in the annual state contests and gave it rank next to the University of Oregon for the largest number of contests won in this association.

Active indorsement of the "swat the cigarette" campaign has been made by the city council of Seaside. One ordinance prohibits the sale of tobacco to anyone under the age of 18 years and another provides penalties for misrepresentations of the age of an applicant for tobacco.

Seven counties have availed themselves of the bill passed at the last session of the legislature providing for agricultural and horticultural extension work. The state, under the provisions of the measure, gives an amount equal to that appropriated by each county for the work.

The county court plans to set apart a day on which every man and boy in Linn county will work the roads. The date will be some time in April. According to plans business of all kinds will be suspended throughout the county and the efforts of every resident, irrespective of occupation or vocation, will be devoted to road work.

According to Douglas county nurserymen, about 1500 acres of orchard land will be planted this year in that district. Almost all of this acreage will be given over to prunes, for in the last two years one season's crops on some of the farms has brought in more cash than the land is assessed for.

A county educational rally, to be held in Eugene on Saturday, May 16, and to comprise the final spelling contests of the year, a school children's parade and an exhibition of the work of the manual training and domestic science classes has been announced by E. J. Moore, county superintendent of schools.

The Wallamette Valley Press association at a meeting in Salem went on record as being opposed to further legislation that will hamper the development of the state and indorsed the movement to make Mrs. Abigail Scott Duniway the western representative on the honorary board of women to represent the United States at the Panama-Pacific Exposition.

Practically all the unreserved public land in Baker county, except that lying in arable valleys, has been designated by the secretary of the interior for entry under the enlarged homestead law. Between 900,000 and 1,000,000 acres, mostly in Baker county, together with small tracts in the southern end of Union county, are now subject to entry in 320-acre tracts.

If Governor West's plans materialize, the battleship Oregon, after it leads the water pageant through the Panama Canal at its opening, will find a harbor in Oregon waters. The governor during his recent visit to Washington, D. C., asked the navy department to substitute the Oregon for the Boston, which is now being used by the Oregon Naval Militia. While he received no definite assurance that the substitution would be made, he is satisfied that it will be agreed to by the department.

### NEWS OF GENERAL INTEREST IN IDAHO

#### Important Occurrences Of The Past Week From Cities In Our State

**Woman Prisoner is Sick.**  
Coeur d'Alene.—Mrs. Laura Brown, who was implicated in the shooting of Anna Pressley and Duke Harris at St. Joe several weeks ago and who is in jail in default of bonds pending her trial in the district court on the charge of assault with intent to commit murder, is in a condition of nervous prostration. A trained nurse is attending her.

**"Wet" Petition to Circulate.**  
Lewiston.—Advocates of the saloon have decided to circulate a petition for an election to determine whether Nez Perce county will remain dry territory. At the last local option the city of Lewiston gave a substantial majority to the "wets." Country precincts, however, overcame this majority and the "drys" won.

**Hog Stealing Case is Heard.**  
Nez Perce.—The preliminary examination of Hubert Buckingham was held before Probate Judge Roberts and he was held to answer to the district court in \$500 bail. Buckingham is charged jointly with Lon Reynolds of Ferdinand of stealing eight head of hogs from Frank Pindell near Vollmer. Reynolds has escaped arrest.

**Ghoulish Catch of Salmon Fisherman.**  
Salmon.—The body of George Smith who committed suicide by jumping off the Salmon river bridge about a month ago, was found by C. Davenport nearly a mile down the river. Davenport, while fishing for salmon, caught his hook in Smith's clothes and towed the body to shore.

**After Violators of Game Law.**  
Hailey.—Alex. Fischer of Bellevue was fined \$200 for killing a deer out of season. Wardens are in this vicinity looking for violators of the fish and game laws. Many complaints have been made of excessive catches of trout at the Magic Dam, also that the fish were being sold illegally.

**Culdesac Plans Roundup.**  
Culdesac.—Plans are being perfected for holding a roundup here in May. Al Fomberg is promoting it and appeared before the board to procure a permit to use the grounds where the roundup was held last year.

#### SENTENCE IS SUSPENDED

**Former Shoshone Official Will Stay Out of Pen During Good Behavior.**

Wallace.—John W. Constan, chief deputy sheriff of Shoshone county from 1909 to 1913, who pleaded guilty to the charge of embezzlement of county funds during his tenure of office, was sentenced to from one to 19 years in prison. Constan had nothing to say when the court asked him if he had any legal cause to show why sentence should not be pronounced. Judge Woods announced that in view of the fact that the money had been repaid to the county and other mitigating circumstances, he would suspend the sentence pending good behavior, and released the bondsman. Eight charges of embezzlement were filed against Constan, to one of which, that of embezzling a cash bond of \$300, he pleaded guilty after having entered a plea of not guilty when previously arraigned. The seven other charges have been continued until the next term of court.

#### Important Contest Decided.

Twin Falls.—A desert contest case of nearly three years' standing involving 320 acres of fine land in the vicinity of Dry Creek, near Artesian City, was closed when the secretary of the interior made his decision in favor of the defendant.

#### Cleared of Murder Charge.

Orofino.—Maynard Brown was acquitted of the charge of murdering James Snodgrass. Three ballots were taken. On the first nine were for acquittal, on the second, 11. The killing took place February 25.

#### Idaho to Have Home Industry Week.

Lewiston.—"Home Industry Week" has created considerable interest in this state, and information has just been received here that the governor of Idaho has designated the week of April 13 to 18 for its observance.

#### Trap Shooting at Kellogg.

Kellogg.—J. W. Anderson carried off the record at the shoot of the Kellogg Gun Club, when he scored 42 out of a possible 50 in the two 25-bird events. Ed McCarty formerly holding the record with 41 out of 50.

#### Frost Hurts Idaho Peaches.

Kendrick.—The warm weather has started the early fruit and farmers report that damage has been done to the peaches by frost.