John's Mother Praises Doctor

There isn't a moth er living who won't sick child should be the subject for an experiment with medicines of uncertain When your merit.

child is billous, he dachy, half-sick, feverish, restless, with conted tongue, bad breath, no appetite or energy, you know that nine times out of ten it's a sign his little stomach and bowels need purging. And when you know that for over fifty years leading physicians have endorsed one preparation for this condition, there doesn't seem to be any reason for "trying" things.

Rich, fruity California Fig Syrup clears the little stomach and bowels gently, harmlessly and in a hurry. It regulates the bowels, gives tone and strength to them and to the stomach; and helps to give your child new strength, energy and vitality. Thousands of Western mothers praise it. Mrs. Joseph W. Hill, 4306 Bedford Ave., Omaha, Nebraske, says: "Til never forget the doctor who got me to give my baby boy, John, California Fig Syrup. Nothing else seemed to help his weak bowels. That was when he was just a baby. He suf-fered a good deal before I gave him Fig Syrup, but it stopped his trouble quick. I have used it with him for colds and little upset spells ever since, I consider him a Fig Syrup boy."

Insist on the genuine article. See that the carton bears the word "California." Over four million bottles used a year.

Superficial Flesh Wounds Try Hanford's **Balsam of Myrrh** All dealers are authorized to refund you for the lirst bottle if not suited.

Garfield Tea Was Your



Grandmother's Remedy For every stomach and intestinal ill. This good old-fashloned herb home remedy for constipation, stomach ills and other derangements of the sys-

tem so prevalent these days is in even greater favor as a family medicine than in your grandmother's day.



Airplane Scared Them

An American-made plane recently flew over Senchow, an ancient city in West Hunan, China, on way to the fighting front. The populace in the district had never seen or heard of an airplane, and so when the machine sped above the clouds with its roaring noise, a great consternation was "This must be the nineheaded bird," the farmers and the local gentry shouted, and they took no chance. Immediately the whole town turned out and with gongs and cymbals started to frighten away the mysterious monster.

Sam Feldman, Atlanta grocer, has been robbed seven times by the same man. "I hope he breaks the habit," prays Feldman.



A Sour Stomach

In the same time it takes a dose of soda to bring a little temporary relief of gas and sour stomach, Phillips Milk of Magnesia has acidity completety checked, and the elgestive organs all tranquilized. Once you have tried this form of relief you will cease to worry about your dlet and experience

a new freedom in eating. This pleasant preparation is just as good for children, too. Use it whenever coated tongue or fetid breath signals need of a sweetener. Physicians will tell you that every spoonful of Phillips Milk of Magnesia neutralizes many times its volume in acid. Get the gennine, the name Phillips is Important, Imitations do not act the



W. N. U., PORTLAND, NO. 9-1930. of civilization. Why not turn it into which grows plentifully there.

The Crippled Lady of Peribonka

James Oliver Curwood WNU Service

(2. 1929, Doubleday Dorna & Co., Inc.) STORY FROM THE START

introducing some of the peo ple of the pretty little French Canadian village of Peribonka, particularly the Crippled Lady. idol of the simple inhabitants. Paul Kirke is a descendant of a sister of Molly Brant, sister of Joseph Brant, great Indian chief. He has inherited many Indian characteristics. His father is a powerful New York financier.

CHAPTER II-Continued

He nodded to Paul, dropped off his rubber coat, and began to fill his pipe as he looked out over the workings. "I wish all the boys in the world

could stand in this window and see what's going on down there," he said "That idea gets into my head every time I come here. It would fill 'em with ambition, show 'em what can be done, give 'em something to live and work for. Rotten day, isn't it?" "Rotten," agreed Paul.

"But for a man whe's done that-It ought to be sunshine all the time," added Derwent, fighting his pipe and puffing at it with great contentment. "Splendid work Paul Something to be proud of all your life. Some thing-

"I hate it," interrupted Paul. "I've hated it from the beginning. I've hated t for three years."

Derwent nodded. "I know it." Paul turned from the window with flercely eloquent gesture. At thirty eight his tean, lithe figure was more lke an Indian's than when be was a boy. There was something in the cut his chin, his neck, his shoulders. and the look in his eyes which seemed to set him widely apart from the scene he had moodlly surveyed a moment before. Shadows were hidden behind them, restless and troubled shadows, which revealed themselves only now and then like ghosts whose grief could not always be kept behind walls of flesh. His eyes were a deeper blue than when his mother had known him, and they held a chained some thing which was forever struggling against the powerful will of the man Occasionally the prisoner was re leased, and when this happened there was a singular, fur-seeing, almost poetic beauty in them, and the steel went out of his flesh, so that he seemed all at once to come under the passing warmth of an influence other than that which had become so deep

ly rooted in his life. Derwent's analytical mind had arrived at the truth of the matter a long time ago. He nodded again and repeated: "I know you don't like it. But it's a great work, just the same."

Paul looked at him with a grim smile, and Derwent surrounded him self with a cloud of smoke. "Do you think I am quite a foot.

Colin? Do you really believe I could be on a job of this kind for three years without getting a pretty ac curate measurement of myself? flattery of my friends-everybody treating me as if I were an omnis ciently powerful godhead of som: kind! I tell you it's all a ile, and I hate it. I'm glad I didn't build that outrage down there. I'm glad there isn't a mark of my hand upon it. Good G-d1 1 would die by Inches rather than destroy a beautiful river for a thing like that-desecrate a masterplece for a few dollars' profit. prostitute a gift which God put there when the world was nade, that a few worms like you and me may turn it to our selfish ends. If there is a Power that mounts the storm and walks upon the wind it ought to strike us dead for transforming a paradise

into that!" Weeks and months and years of gnawing torment had at last broken through the dam Paul had built up about his emotions, and he snoke words which yesterday he would have throttled in his breast.

"Fifty million dollars in and about that hole before it is finished. Derwent," he said. "My father's money. That is why I am here. A score of engineers are on this job, and every one of them is better fitted to fill my place than L. They have done the work, not L. Respectfully they submit suggestions when they know they hould be commands. Yet they are slaves to my whims and desires as ong as they remain on this work. I am the strutting figurehead of a financial monarchy. I hate that pit down there. I hate the millions going into it. I take no pride in what seems to thrill you all. If I filled my proper place I would be among the men digging and messing myself with clay. earning my six dollars a day. But I'm here instead. I do not have to succeed simply because I cannot fail.

My father's millions attend to that The millions cannot lose. They are all-powerful next to the Lord Jehovali They get you and hold you, and you cannot break away. My father has never got away from them for a day's play in his life. And they've got me. hate them, but that doesn't help. No matter where I go they follow me

haunt me, tie me hand and foot. grimace at me, and mock me. Sometimes I have had a terrible thought. I would like to see those millions shrivel up and die. I would like to feel the necessities of life with my naked hands. I would like to feel the joy of knowing that I had to work or go hungry. What a thrill that must give one!"

He turned toward Derwent again, trying to stem the tide of his emotion with a smile.

"Pardon me. It's a gloomy day and feel like raving. But I did love that lorious river before we cut it into ribbons. If my father would head his millions the other way and save such things instead of destroying them, I'd be quite happy. As it is, I suppose I must carry on until the d-d thing's finished."

"You owe yourself an apology," Derwent remonstrated, pocketing his pipe "The engineers and your father's oney are making the job : success, of But do you ever think of orale? That's a big thing, a mighty hig thing. And it is what you have kept alive in the camps up and down the river for the last three years. You're too serious, you don't laugh enough, you don't join much in our parties and excitements, but people like you. That is what pulls the trick. Even the old heads, the engineers who worked in Egypt and Panama, love to with you. There isn't a jenious man in the workings. To have made that condition possible is an achievement which makes you the most valuable human asset in the organization."

"It is good of you to say that," acknowledged Paul. "Funny why I should feel so strangely out of humor today. I think Carla's mother is getting on my nerves. Have you seen her recently?"

This morning." "And you still insist there is no

"Positively. I had Doctor Thied re come up from Quebec, as you re quested. He gives her even less time than L Doctor Rollins agrees with him. It can't be more than three or four months, I think. Mrs. Haldan knows she is going to dle and talks to us very calmly about it. She isn't afraid. The thought of it doesn't seem to cast a shadow over her motherly sweetness. She is keeping herself that way for Carla's sake. If it were not for Carla the thing wouldn't be such a tragedy."

"I know. It's Carla," said Paul "Sudden sickness and death, like my own mother's isn't so terrible. seeing it coming, waiting for it, counting the days and weeks-must be horrible. Carla is losing everything she has when her mother goes. I'm wondering what she will do."

"Go on working among the children She told my wife that yesterday. When the company's school closes here she will find another. I cannot un derstand ber-quite. She is loviler than Hebe, and so lovable that half the men I know worship her. Yet she favors one no more than another. She is twenty-five, Lucy-Belle says. They like each other and have had their confidences. Lucy-Belle says there is a love affair in Carla's life, a broken one, which makes it impossible for Carla to love any other man or marry Carla told her that,"

Paul looked out of the window again, with his back to Derwent,

"What a rotter I am to blow up as did a few minutes ago," he exclaimed. "But I was thinking of Carla and the obstinacy of life. Mine has been one way. Carla's another. I was born rich; she came over an immi grant baby. I did nothing but grow up; she fought with the pertinacity of her race for an education after bet father fled, got it, and has been fight ing for her own and her mother's existence ever since. I'm a man. She's a woman. I stand here and sympathize with myself and curse my tuck for being what I am while she bears up like a soldier under ber burdens I saw ber this morning. It was wet. soggy, gloomy, but she smiled. The sadness of all the world is back of that smile, but it doesn't spoll its sweetness or its cheer. She makes me feel how small I am and how inconsequential all this work is down in the pit. I would give all this down here-if it were mine to give-could I save her mother for her!"

Derwent put on his raincont. "We all feel that way about it And-we're helpless. Lucy-Belle wants

you to come over to supper. Will you?" "Thanks. Tell Lucy-Belle she is an

angel to think of me so often. I'll (TO BE CONTINUED)

********************* Writer Would Combine Hermany and Business

come."

Hampton court are said to have been startled by bearing the gangs of work men employed in renovating its ditches and copses break into song. How far have we strayed from Merrie England. when even highwaymen and hangmen sang at their work! We may well pine for a return to the days of Peachum and Macheath. Today errand boys whistle, grooms hiss through their teeth and taxi drivers groan, but only sailors, soldlers on the march and Welsh miners sing at their work. The rest of us confine our singing to the privacy of our baths. Behind tocked doors we outsoar Challapin, but the presence of one fellow creature is enough to reduce us to dumbness.

It was not considered strange that the old-time milkmald crooned at her task. Who expects the modern typist to follow her example? It is frequent-

Wanderers in the Home park at | a blessing by making it harmonious? When every man sings no din of traffic will be heard. "Tis a sure sign work goes on merrily," said Isaac Blekerstaff, "when folk sing at it." If is high time we forsook the idea that work is a penance to be performed in silence in a black coat.

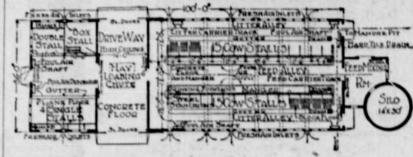
Plants That Glow

Luminous plants have been a source of strange legends in India and Afghanistan. There is a mountain called Sufed Koll in Afghanistan on which the natives believe that gold and silver exist. In springtime the slopes are covered with bushes which at night, from a distance, seem to be on fire, yet when you are close to them there is no sign of flame.

The natives of Simia say that at night the mountains are illuminated by some magical berb, and this is be lieved to be a species of dictamnus

Combination Horse and Dairy Barn Will Pay Dividends for Many Years

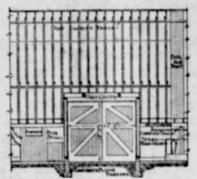




By W. A. RADFORD

Mr. William A. Radford will answer questions and give advice FREE OF COST on all problems pertaining to the subject of building work on the farm, for the readers of this paper. On account of his wide experience as editor, suther and manufacturer, he is, without doubt, the highest authority on the subject. Address all inquiries to Wil-dam A. Radford, No. 407 South Dear-sorn Street, Chicago, Ill., and only in-close two-cent stamp for reply.

While state health laws are rather strict about housing dairy cows and torses in the same barn, the one shown in the accompanying illustration is designed in such a way that it s a dual purpose building. It will be noted that the double doors near one and lead into a driveway through the building. At the right is the dairy stable and at the left is the horse stable. But these two stables are septrated in such a way that they are eally two under the same roof. Tight partition walls with sliding doors shut off both stables from the driveway. At the same time it enables the owner



store roughage for both the cattle and the horses in the same mow and he hay chute ever the driveway faillitates the storing of hay and throwng it down as needed.

This barn has a modern gambrel roof and it is 36 feet wide, which has been found to be the right width for sconomy of space and labor in caring for the animals to be kept in th

Old homes as well as new homes

In remodeling all that is necessary

for the tile installation is a strong,

igid foundation such as is provided in

floors, walls and cellings of practical-

ly every home. Tiling can be set upon

wood, brick, concrete, steel, hollow

Tiled floors are frequently placed

directly on top of existing floors. On

the tiled floor is to be on the same

tions. There is hardly anything that

will make a house more modern than

Best With Tile Lining

How does fire get into walls? Most

often because of a defective flue. Any

kind of a chimney stack or fireplace

which will heat up the surrounding

woodwork or through which sparks

can get to surrounding woodwork is

defective. If we place woodwork

against the chimney stack that is a

lefective flue. If we support masonry

chimneys from wood that is defective.

If we fell to line flues with tile these

flues are potentially defective and they

ille, gypsum and other materials.

neatly set in a mortar bed.

installation of a tile bathroom.

Chimneys and Flues

may enjoy the advantages afforded

by Installing Tile

Modernize Old Homes

by tiles.

may become dangerously so at any

caring for a dairy herd but also in-

creases the health and production of

barn. The length is 100 feet over all.

Space is allotted for thirty cows in

the cow stable and six horses in the

norse stable. It will be noted by the

floor plan that modern barn equip-

ment, including sanitary steel stall

partitions, stanchions, drinking cups,

an overhead carrier, and a system of

ventilation, are specified. Also wood

Beside the floor plan there is a

cross-section of the building and many

ularly those of the concrete floor in

the dairy stable, are given. There is

also a section through the driveway

which gives some details of construc-

tion. The cross-section of the barn

the barn is constructed.

blocks for the floors of the stalls,

All chimneys and flues should start down with the foundations, should be supported by them, should be built soundly from bottom to top, should be lined with tile, should have no wood within three inches of them, should have mineral wool or other incombustible material packed between the masonry and the wood. Measures of this kind eliminate with one clear swoop defective flues as a fire hazard.

Floors of Oak Offer

the other hand, when the surface of Unusual Advantages Safeguard the family health, Why plane as that of the old floor, the old wear yourself out sweeping and cleanfloor can be removed, a subfloor built ing a carpeted floor? Such a floor is between the joints and the tile work never sanitary, and, of course, you are set upon the new base. A concrete never satisfied, though you sweep as bed is applied and the tiles are then much as time and health will permit The thing to do is to lay ouk flooring Many tiled baths are being installed right over the old softwood floor. Then in old homes during remodeling operadirt tracked in by playing children is easily removed. There are no cracks to collect dust and disease germs. Your rooms will always look fresh and neat with the least possible attention

Edge Grain Shingles

Make Good Siding Edge grain shingles of fine quality. completely impregnated with preservative, make a highly satisfactory siding. The appearance is fine. The relative expense of clapboards and shingles depends upon the quality and width of each, Both wide shingles and clapboards are expensive. Breadth for breadth, the shingles run a little less as to first cost. If stained, there is reduced expense for upkeen.

Don't Skimp on Stairs,

Home Builders Warned In building a house, don't econonize on stairway space, warns George E. Elchenlaub, an authority on the subject, in the American Architect. Of all fulls occurring in American homes, more than 40 per cent are cumbles downstairs, and many of these result fatally.

Although the average owner gives it little thought, a well-proportioned stairway is probably the most important detail of any building from the standpoint of safety and for comfort, Mr. Elchenlaub says.

The pitch of the stairway, the height of each step above the lower one, and the width of the tread, or top surface of each step, are factors which not only will determine the possible number of accidents over a course of years, but also will fix-if only sub-consciously-in the minds of residents and visitors an opinion of the comfort or iradequacy of the use as a whole.

Mr. Elchenlaub reports he found the deal stairway in an old hotel, built I the year round.

in 1802, on which an accident had never been recorded. The height of each step was 7% inches and the trend 121/4 Inches.

"Moreover," he observes, "one ascending the long stairway finds he has mounted without conscious effort, and that he can turn and walk down without wishing to put a hand to the rail."

Year-Round Comfort

Insured by Insulation Though insulation is an actual dollars-and-cents economy, the first home owners who employed it were the wealthy, who didn't have to economize.

cost in comfort alone. For a home that can't be kept warm in winter is undesirable because of its discomfort and unhealthiness as well as because of its costly upkeep. Also, just as heat is conducted out of a house through ordinary building ma terials, so it is conducted in during intensely hot summer weather. Insu lution stops this. It insures comfort

They regarded insulation as worth is

HOW TO LIVE LONGER

By JOHN CLARENCE FUNK A. M., Sc. D. Director of Public Health Education

State of Pennsylvanie *********** Tinkering

THERE are some automobile own nachines apart and putting them together again. Evidently they do this inder an Inflated idea of their mechaulent ingenuity, thus hoping to im prove upon factory adjustments. As general rule it is this type of peron who is always complaining about his car's poor performance.

This tinkering business is bad enough for motor cars, but it is vastly worse for human bodies. The most that can happen to the automobile is that it will be ruined. And money buys another one. Human beings, on the other hand, are not factory products. When injured by tinkering they either remain that way, or pass out of the picture entirely and forever.

Yet, in spite of this well-known fact. it is positively remarkable how many tinkerers there are in the United States today. They divide themselves roughly into two classes. Those who show an undue affection for the home remedy and quack product, and those who permit that old bugaboo worry to influence their imagination to distressing proportions.

It is not at all surprising that with so many of these people around that at least 4 per cent (and this is a very conservative estimate) of those who visit doctors have nothing whatsoever wrong with them. Little wonder that advertised cure-alls are so potent! Nor is it any puzzie to understand how so many unfortunates make themselves physically and mentally til through the power of a vivid imagination.

If people would only realize that to self-diagnose a real or supposed case of disease and then swallow a self-administered dose from a beautifulty ia- two mistakes to make mine balance. beled bottle, represents about the worst type of tinkering on earth, there would be fewer deaths at the wrong time.

If for any reason, however, you conclude that you are III, don't brood over it. Seek advice. If the physician pronounces you sound, let that be that, If actually sick, then follow the doctor's orders. Under no circumstances of the details of construction, partic- tinker.

"Breaking" the Kitchen

FAVORITE sport of the two A weeks vacation sojourner is to attempt to "break" the hotel kitchen itself shows the dimensions of the On the theory that the eat-what-you material used in construction and how please plan is an invitation to ex-Dairymen have come to realize that haust the food supply many guests, ti the modern building to house their actions may be interpreted, are quite cows will pay dividends throughout convinced that their capacities are the year it stands, Modern equipequal to 'he challenge. Vacation stomachs consequently are ment not only lessens the labor of

anything else but stomachs on vacation. In reality they are inflicted with the cows. Only a small increase in gross abuse every time their owners the daily flow of milk is necessary to are at table.

pay for a building of this kind over Admittedly, eating can be raised to But there is no "class" at all in turn ing this natural body function into s low sport. Which is exactly what happens when fat downgers, corputent men and even average people consistently attempt to embarrass the food stock of a resort hotel.

And what is true of these dining room indiscretionists also applies to others who, while temperate at the hotel, commit a similar crime by stuffing themselves and their children between meals with all sorts of edibles and drinkables.

Most certainly one does not want to be disciplined too much when on the annual pligrimage. And there really is no need for it. Even inxuries have their place. Paintably cooked food has its right to reasonable attention also. But to make eating the main joy of an outing is to overlook the real advantages of fresh air, rest and mental change.

Therefore, eat reasonably, Enjoy what you eat to the full. But don't try to "break" the hotel kitchen. You can't do it. Moreover, concelvable you may break yourself in the attempt (6. 1929: Western Newspaper Union.)

Nature's Long Process

in Slate Production Slate, so geologists tell us, was originally sediment deposited on the ocean bed or lake floor by tidal current and mountain stream. After years of gradual accumulation this deposit was subjected to tremendous heat and pressure by some convolution of the earth's surface. A metamorpho sis took place. Clay turned to silica and loose silt was compressed into fine-grained rock, so fine-grained. indeed, that even when completely immersed in water for 48 hours it absorbs less than one-half of 1 per cent of its weight.

Here, then, is the raw material for an ideal roofing. Being close-grained natural rock it is preproof, water proof and so nearly weatherproof that the phrase "eternal rock" is a common synonym for everlasting. Yet had nature stopped her manufacturing processes at this point we would never have bad any slate roofs. One more characteristic was needed to change that sedlmentary rock into state. So nature again applied tramendous pressure and produced clear age.

Optimist Reflects Joy

Optimism is nothing more than oleasant outlook on life, a sense of satisfaction with the world-what it is, what it is going to be. The optimist reflects the joy of life, and by so doing makes it even more cheer ful.-Grit.

New "Big Stick"

In studying measurements of strength, the "yardstick" comes into attention as a pleasing successor to that once celebrated instrument of discipline, the "big stick."- Exchange



Campaign Currency

"What happens out your way when a man uses big money in a political campaign?"

"People take his money," answered Senator Sorghum, "but they distrust him. They know that a politician of real experience and sagacity would know how to use blg promises instead of cash."-Washington Star.

Relieve coughs Boschee's Syrup

Robot Plays Ten Records

An automatic device has been in vented that can be built into standard phonograph cabinets to play any number of records up to ten without at

Dainty white dresses for baby or daughter made beautiful by Russ Ball Blue. Your Grocer has it .- Adv.

Now Wait 'Till Next Month Visitor-Isn't it difficult to keep your household budget straight? Mrs. Newlywed-My dear, it's ter-

rible. This month I've had to put in

ONE PRESCRIPTION MADE FAMILY DOCTOR FAMOUS



Seldom has any single act been of greater benefit to mankind than that of Dr. Caldwell in 1885, when he wrote the prescription which has carried his fame to the four

corners of the earth. Over and over, Dr. Caldwell wrote the prescription as he found men, women and children suffering from those common symptoms of constipation, such as coated tongue, had breath, headaches, gas, nausea, biliousness, no energy, lack of

appetite, and similar things. Demand for this prescription grew so fast, because of the pleasant, quick way it relieved such symptoms of constipation, that by 1888 Dr. Caldwell was forced to have it put up ready for use. Today, Dr. Caldwell's Syrup Pepsin, as it is called, is always ready at any drugstore.

Saved

Mistress-Yesterday I wrote something in the dust on the sideboard,

and it is still there. Maid-Yes, ma'am. I said to myself, "That must be some important note mistress has made."-Die Muskete (Vlenna).

Always say you are feeling fine; if you don't, you are in for a lot of questions



Feels Fine

"Eight years ago before my last baby was born, I started taking Lydia E. Pinkham' Vegetable Compound. I go such good results that I named her Catherine Lydia. I have six older children and five grandchildren, too. I am 44, out people tell me I look much younger. I am now taking the Vegetable Compound again because of my age. I eat and sleep better and I do all my housework, and my washing. will do my best to answer let-ters."—Mrs. H. Dolhonde, 6318 York St., New Orleans, Louisiana