

John's Mother Praises Doctor

There isn't a mother living who won't agree that no half-sick child should be the subject for an experiment with medicines of uncertain merit.



Rich, fruity California Fig Syrup clears the little stomach and bowels gently, harmlessly and in a hurry. It regulates the bowels, gives tone and strength to them and to the stomach;

Superficial Flesh Wounds Try Hanford's Balsam of Myrrh

Garfield Tea Was Your Grandmother's Remedy

For every stomach and intestinal ill. This good old-fashioned herb home remedy for constipation, stomach ills and other derangements of the system



WELL OR MONEY BACK Your Pills eliminated or fee refunded - is the WRITTEN ASSURANCE we give in administering the Dr. C. E. Johnson's non-surgical method of treatment.

Airplane Scared Them An American-made plane recently flew over Senechou, an ancient city in West Hunan, China, on way to the fighting front.



A Sour Stomach

In the same time it takes a dose of soda to bring a little temporary relief of gas and sour stomach, Phillips Milk of Magnesia has acidity completely checked, and the digestive organs all tranquilized.

PHILLIPS Milk of Magnesia

W. N. U., PORTLAND, NO. 9-1930.

The Crippled Lady of Peribonka

By James Oliver Curwood

WNU Service (©, 1929, Doubleday Doran & Co., Inc.)

STORY FROM THE START

Introducing some of the people of the pretty little French Canadian village of Peribonka, particularly the Crippled Lady.

CHAPTER II—Continued

He nodded to Paul, dropped off his rubber coat, and began to fill his pipe as he looked out over the workings.

Paul turned from the window with a fiercely eloquent gesture. At thirty-eight his lean, lithe figure was more like an Indian's than when he was a boy.

Derwent's analytical mind had arrived at the truth of the matter a long time ago. He nodded again and repeated: "I know you don't like it. But it's a great work, just the same."

Paul looked at him with a grim smile, and Derwent surrounded him self with a cloud of smoke.

"Do you think I am quite a fool, Colin? Do you really believe I could be on a job of this kind for three years without getting a pretty accurate measurement of myself? The fraud of it all makes me sick!

Weeks and months and years of gnawing torment had at last broken through the dam Paul had built up about his emotions, and he spoke words which yesterday he would have thought blasphemous.

Wanderers in the Home park at Hampton court are said to have been startled by hearing the gangs of workmen employed in renovating its ditches and copes break into song.

Combination Horse and Dairy Barn Will Pay Dividends for Many Years

My father's millions attend to that. The millions cannot lose. They are all-powerful next to the Lord Jehovah.

He turned toward Derwent again, trying to stem the tide of his emotion with a smile.

"Pardon me. It's a gloomy day and I feel like raving. But I did love that glorious river before we cut it into ribbons. If my father would head his millions the other way and save such things instead of destroying them, I'd be quite happy.

"You owe yourself an apology," Derwent remonstrated, pocketing his pipe. "The engineers and your father's money are making the job a success, at least in the eyes of the world."

"It is good of you to say that," acknowledged Paul. "Funny why I should feel so strangely out of humor today. I think Carla's mother is getting on my nerves. Have you seen her recently?"

"This morning." "And you still insist there is no hope?" "Positively. I had Doctor Thied here come up from Quebec, as you requested. He gives her even less time than Dr. Doctor Rollins agrees with him.

"I know. It's Carla," said Paul. "Sudden sickness and death, like my own mother's isn't so terrible. But seeing it coming, waiting for it, counting the days and weeks—must be horrible. Carla is losing everything she has when her mother goes. I'm wondering what she will do."

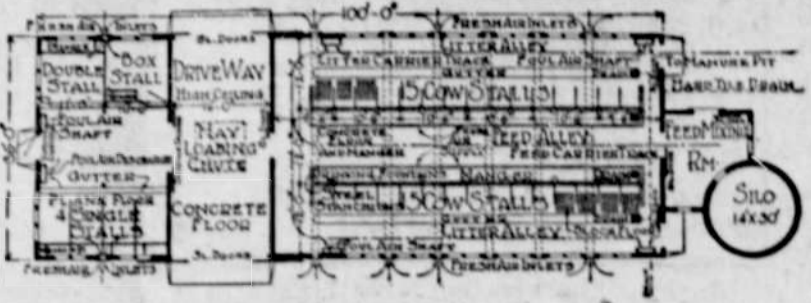
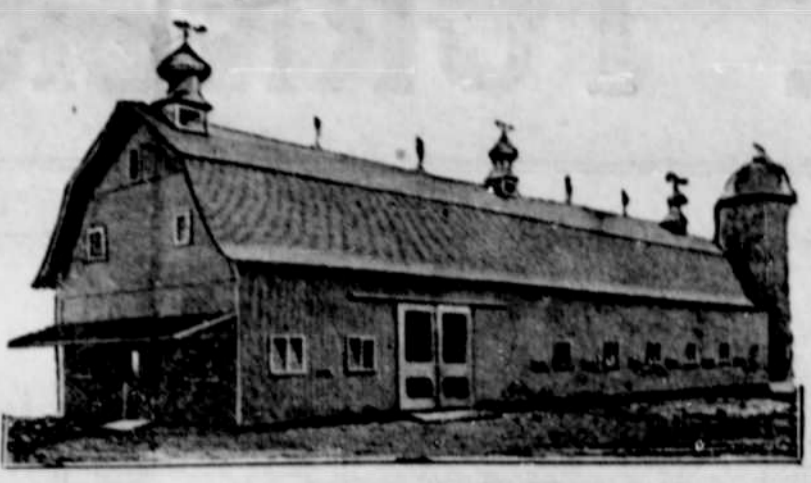
"Go on working among the children. She told my wife that yesterday. When the company's school closes here she will find another. I cannot understand her—quite. She is lovelier than Hebe, and so lovable that half the men I know worship her. Yet she favors one no more than another. She is twenty-five, Lucy-Belle says. They like each other and have had their confidences. Lucy-Belle says there is a love affair in Carla's life a broken one, which makes it impossible for Carla to love any other man or marry."

Paul looked out of the window again, with his back to Derwent. "What a rotter I am to blow up as I did a few minutes ago," he exclaimed. "But I was thinking of Carla and the obstinacy of life. Mine has been one way, Carla's another. I was born rich. I did nothing but grow up; she fought with the pertinacity of her race for an education after her father died, got it, and has been fighting for her own and her mother's existence ever since. I'm a man. She's a woman. I stand here and sympathize with myself and curse my luck for being what I am while she bears up like a soldier under her burdens. I saw her this morning. It was wet, soggy, gloomy, but she smiled. The sadness of all the world is back of that smile, but it doesn't spoil its sweetness or its cheer. She makes me feel how small I am and how inconsequential all this work is down here—if it were mine to give—could I save her mother for her?"

Derwent put on his raincoat. "Why all feel that way about it? And—we're helpless. Lucy-Belle wants you to come over to supper. Will you?" "Thanks. Tell Lucy-Belle she is an angel to think of me so often. I'll come."

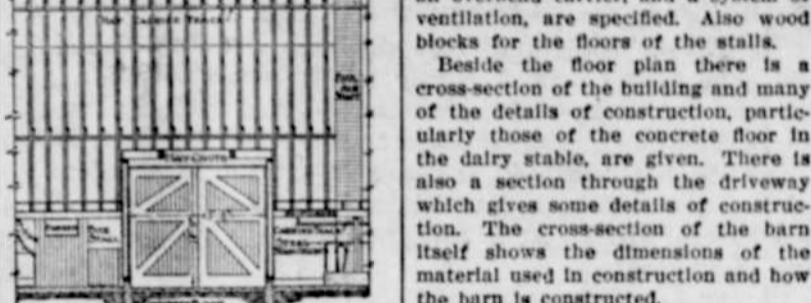
(TO BE CONTINUED)

Combination Horse and Dairy Barn Will Pay Dividends for Many Years



By W. A. RADFORD Mr. William A. Radford will answer questions and give advice FREE OF COST on all problems pertaining to the subject of building work on the farm, for the readers of this paper. On account of his wide experience as editor, author and manufacturer, he is, without doubt, the highest authority on the subject. Address all inquiries to William A. Radford, No. 467 South Dearborn Street, Chicago, Ill., and only enclose two-cent stamp for reply.

While state health laws are rather strict about housing dairy cows and horses in the same barn, the one shown in the accompanying illustration is designed in such a way that it is a dual purpose building. It will be noted that the double door near one end lead into a driveway through the building. At the right is the dairy stable and at the left is the horse stable. But these two stables are separated in such a way that they are really two under the same roof. Tight partition walls with sliding doors shut off both stables from the driveway. At the same time it enables the owner



to store roughage for both the cattle and the horses in the same mow and the hay chute over the driveway facilitates the storing of hay and throwing it down as needed. This barn has a modern gambrel roof and it is 36 feet wide, which has been found to be the right width for economy of space and labor in caring for the animals to be kept in the

Modernize Old Homes by Installing Tile

Old homes as well as new homes may enjoy the advantages afforded by tiles. In remodeling all that is necessary for the tile installation is a strong, rigid foundation such as is provided in floors, walls and ceilings of practically every home. Tiling can be set upon wood, brick, concrete, steel, hollow tile, gypsum and other materials.

Tiled floors are frequently placed directly on top of existing floors. On the other hand, when the surface of the tiled floor is to be on the same plane as that of the old floor, the old floor can be removed, a subfloor built between the joists and the tile work set upon the new base. A concrete bed is applied and the tiles are then neatly set in a mortar bed. Many tiled baths are being installed in old homes during remodeling operations. There is hardly anything that will make a home more modern than installation of a tile bathroom.

Chimneys and Flues Best With Tile Lining

How does fire get into walls? Most often because of a defective flue. Any kind of a chimney stack or fireplace which will heat up the surrounding woodwork or through which sparks can get to surrounding woodwork is defective. If we place woodwork against the chimney stack that is a defective flue. If we support masonry chimneys from wood that is defective. If we fail to line flues with tile these flues are potentially defective and they may become dangerously so at any time.

Floors of Oak Offer Unusual Advantages

Safeguard the family health. Why wear yourself out sweeping and cleaning a carpeted floor? Such a floor is never sanitary, and, of course, you are never satisfied, though you sweep as much as time and health will permit. The thing to do is to lay oak flooring right over the old softwood floor. Then dirt tracked in by playing children is easily removed. There are no cracks to collect dust and disease germs. Your rooms will always look fresh and neat with the least possible attention.

Don't Skimp on Stairs, Home Builders Warned

In building a house, don't economize on stairway space, warns George E. Eichenlaub, an authority on the subject, in the American Architect. "Of all falls occurring in American homes, more than 40 per cent are 'umbles downstairs, and many of these result fatally. Although the average owner gives little thought, a well-proportioned stairway is probably the most important detail of any building from the standpoint of safety and for comfort. Mr. Eichenlaub says. The pitch of the stairway, the height of each step above the lower one, and the width of the tread, or top surface of each step, are factors which not only will determine the possible number of accidents over a course of years, but also will fix—if only sub-consciously—in the minds of residents and visitors an opinion of the comfort or inadequacy of the house as a whole. Mr. Eichenlaub reports he found the ideal stairway in an old hotel, built in 1802, on which an accident had never been recorded. The height of each step was 7 1/4 inches and the tread 12 1/4 inches. "Moreover," he observes, "one ascending the long stairway finds he has mounted without conscious effort, and that he can turn and walk down without wishing to put a hand to the rail."

Year-Round Comfort Insured by Insulation

Though insulation is an actual dollars-and-cents economy, the first home owners who employed it were the wealthy, who didn't have to economize. They regarded insulation as worth its cost in comfort alone. For a home that can't be kept warm in winter is undesirable because of its discomfort and unhealthiness as well as because of its costly upkeep. Also, just as heat is conducted out of a house through ordinary building materials, so it is conducted in during intensely hot summer weather. Insulation stops this. It insures comfort the year round.

HOW TO LIVE LONGER

By JOHN CLARENCE FUNK A. M., Sc. D. Director of Public Health Education, State of Pennsylvania.

Tinkering

THERE are some automobile owners who are forever pulling their machines apart and putting them together again. Evidently they do this under an inflated idea of their mechanical ingenuity, thus hoping to improve upon factory adjustments. As a general rule it is this type of person who is always complaining about his car's poor performance. This tinkering business is bad enough for motor cars, but it is vastly worse for human bodies. The most that can happen to the automobile is that it will be ruined. And money buys another one. Human beings, on the other hand, are not factory products. When injured by tinkering they either remain that way, or pass out of the picture entirely and forever.

Yet, in spite of this well-known fact, it is positively remarkable how many tinkers there are in the United States today. They divide themselves roughly into two classes. Those who show an undue affection for the home remedy and quick product, and those who permit that old hobgoblin worry to influence their imagination to distressing proportions. It is not at all surprising that with so many of these people around that at least 4 per cent (and this is a very conservative estimate) of those who visit doctors have nothing whatsoever wrong with them. Little wonder that advertised cure-alls are so potent! Nor is it any puzzle to understand how so many unfortunates make themselves physically and mentally ill through the power of a vivid imagination.

If people would only realize that to self-diagnose a real or supposed case of disease and then swallow a self-administered dose from a beautifully labeled bottle, represents about the worst type of tinkering on earth, there would be fewer deaths at the wrong time. If for any reason, however, you conclude that you are ill, don't brood over it. Seek advice. If the physician pronounces you sound, let that be that. If actually sick, then follow the doctor's orders. Under no circumstances tinker.

"Breaking" the Kitchen

A FAVORITE sport of the two weeks' vacation sojourner is to attempt to "break" the hotel kitchen. On the theory that the eat-what-you-please plan is an invitation to exhaust the food supply many guests, if actions may be interpreted, are quite convinced that their capacities are equal to the challenge. Vacation stomachs consequently are anything else but stomachs on vacation. In reality they are afflicted with gross abuse every time their owners are at table. Admittedly, eating can be raised to the status of a high-class pleasure. But there is no "class" at all in turning this natural body function into a low sport. Which is exactly what happens when fat dowagers, corpulent men and even average people consistently attempt to embarrass the food stock of a resort hotel. And what is true of these dining room indiscretions also applies to others who, while temperate at the hotel, indulge in a similar crime by stuffing themselves and their children between meals with all sorts of edibles and drinkables. Most certainly one does not want to be disciplined too much when on the annual pilgrimage. And there really is no need for it. Even luxuries have their place. Palatially cooked food has its right to reasonable attention also. But to make eating the main joy of an outing is to overlook the real advantages of fresh air, rest and mental change. Therefore, eat reasonably. Enjoy what you eat to the full. But don't try to "break" the hotel kitchen. You can't do it. Moreover, conceivably you may break yourself in the attempt. (©, 1929, Western Newspaper Union.)

Nature's Long Process in Slate Production

Slate, so geologists tell us, was originally sediment deposited on the ocean bed or lake floor by tidal currents and mountain streams. After years of gradual accumulation this deposit was subjected to tremendous heat and pressure by some convulsion of the earth's surface. A metamorphic rock, the schist, was formed. Clay turned to silica and loess silt was compressed into fine-grained rock, so fine-grained, indeed, that even when completely immersed in water for 48 hours it absorbs less than one-half of 1 per cent of its weight. Here, then, is the raw material for an ideal roofing. Being close-grained natural rock it is preproof, water proof and so nearly weatherproof that the phrase "eternal rock" is a common synonym for everlasting. Yet had nature stopped her manufacturing processes at this point we would never have had any slate roofs. One more characteristic was needed to change that sedimentary rock into slate. So nature again applied tremendous pressure and produced cleavage. Optimist Reflects Joy Optimism is nothing more than a pleasant outlook on life, a sense of satisfaction with the world—what it is, what it is going to be. The optimist reflects the joy of life, and by so doing makes it even more cheerful. —Grit.

New "Big Stick"

In studying measurements of strength, the "yardstick" comes into attention as a pleasing successor to that once celebrated instrument of discipline, the "big stick." —Exchange.

Scientific Safe Feet's Mint Laxative No Taste But It Works Like Gum FOR CONSTIPATION Feen-a-mint

Campaign Currency "What happens out your way when a man uses big money in a political campaign?" "People take his money," answered Senator Sorghum, "but they distrust him. They know that a politician of real experience and sagacity would know how to use big promises instead of cash."—Washington Star.

Relieve COUGHS Quickly with Boschee's Syrup At all drugists

Robot Plays Ten Records An automatic device has been invented that can be built into standard phonograph cabinets to play any number of records up to ten without attention.

Dainty white dresses for baby or daughter made beautiful by Russ Ball Blue. Your Grocer has it.—Adv.

Now Wait 'Till Next Month Visitor—Isn't it difficult to keep your household budget straight? Mrs. Newlywed—My dear, it's terrible. This month I've had to put in two mistakes to make mine balance.

ONE PRESCRIPTION MADE FAMILY DOCTOR FAMOUS



Seldom has any single act been of greater benefit to mankind than that of Dr. Caldwell in 1885, when he wrote the prescription which has carried his fame to the four corners of the earth. Over and over, Dr. Caldwell wrote the prescription as he found men, women and children suffering from those common symptoms of constipation, such as coated tongue, bad breath, headaches, gas, nausea, biliousness, no energy, lack of appetite, and similar things. Demand for this prescription grew so fast, because of the pleasant, quick way it relieved such symptoms of constipation, that by 1888 Dr. Caldwell was forced to have it put up ready for use. Today, Dr. Caldwell's Syrup Pepsin, as it is called, is always ready at any drugstore.

Saved Mistress—Yesterday I wrote something in the dust on the sideboard, and it is still there. Maid—Yes, ma'am. I said to myself, "That must be some important note mistress has made."—Die Mustete (Vienna).

Always say you are feeling fine; if you don't, you are in for a lot of questions.



Looks Young, Feels Fine

"Eight years ago before my last baby was born, I started taking Lydia E. Pinkham's Vegetable Compound. I got such good results that I named her Catherine Lydia. I have six older children and five grandchildren, too. I am 44, but people tell me I look much younger. I am now taking the Vegetable Compound again because of my age. I eat and sleep better and I do all my housework, and my washing. I will do my best to answer letters."—Mrs. H. Dolhonde, 6319 York St., New Orleans, Louisiana.

Lydia E. Pinkham's Vegetable Compound