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DEPEND UPON YOURSELF.

Sometimes it proves to our detriment to be helped over every bad place on our journey of life. We are likely to become weak by depending too largely upon others for assistance. Bear in mind always that the "best help" is "self help." Do not forget this.

The illustrious men and women of the world are those who cultivated self-reliance, who depend upon themselves, who toiled unceasingly for certain ends. This is the spirit which wins. Every obstacle we encounter and overcome will add to our experience and strength and we become fitted for yet harder tasks.

No one can give you an education, nor can he make you a skillful mechanic, however much you and he might desire such to be the case. He may be able to assist you, but in what degree he can help you depends upon yourself, your efforts, your earnestness and appreciation, your attitude and aptitude. Great things are accomplished at the expense of unremitting toil and perseverance. They are the result of pains taken in the ac-

complishment of so-called "little things," and doing them well. If we would rise high enough in any avocation of life to become prominent very few can help us, for they shall not be numerous who are capable of rendering us assistance. From this it is found that if we achieve anything really worth while we must do it by our own efforts and not through the assistance of others. Ponder these statements and see if you cannot find resolution from within you to put to the test some of these statements.

PRIDE.

In our conduct of life it is well for us to exercise pride. But not false pride. Do not allow what you might term pride to keep you from doing any honorable labor which may come to hand. Instead, do it in the best manner possible for you—take pride in doing your work well. Be proud of your name as a good and capable workman. Take pride in the fact that you are so esteemed by those about you.

Rather than allow yourself, through a false conception of things, to become too proud to earn an honorable living, paying for what you get by the reward of earnest labor, be too proud to be a "bum." Do not sponge your living—see that your pride forbids this possibility.

Do not imagine for a moment that labor is a reflection on your pride, for men and women whose opinions are of moment are a unit the wide world over on the honor of labor. Take pride in what you do and try to do your work better and better as time goes on and you become more skilled. Be proud of the fact that you can accomplish more and do it better than "the other fellow."

In order to accomplish great things we must first master the little things in their most minute details. We must