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## Physicians Made Health Officers.

That there may be unity of action on all reservations and at all schools with Agency duties, for conserving the health of the Indians the following regulations are hereby prescribed:

1. The regular physician, or contract physician at those places where such is provided in lieu of a regular physician, is appointed the Health Officer of the Reservation and Indians.

2. Where there are other physicians, school, Agency or contract, they are appointed Deputy Health Officers, and will act under the orders of the Health Officer.

3. It shall be the duty of the Health Officer frequently to visit the homes of Indians and Government employes on the reservation, and personally inspect the sanitary condition of the premises and occupants.

4. Where any insanitary conditions prevail he shall direct the responsible occupant promptly to take the requisite measures for remedying them.

5. All orders and directions must be plainly and simply explained, so that the occupants may be able to understand

that they must keep their houses, out-buildings and premises clean so as to avoid the infection of others by communicable germs.

6. Houses where consumptives live or are visiting must be examined and the occupants informed of the general sanitary rules touching this disease. The disinfection of rooms where such patients reside or have died should receive special attention. The spread of this sinister disease is largely due to three things: Ignorance on the part of the general public as to the dangers of household infection, and therefore ignorance of the ways to prevent it; indifference to the risk from sanitary uncleanliness of those in contact with such cases; and lack of ordinary facilities for caring for the poor and friendless, especially Indians.

7. No drastic rules about "cleanliness" should be enforced simply for the sake of requiring conformity to some technical standard, where they may prove oppressive without producing important results good sense should be exercised at all stages of this work; but, on the other hand, the health of the community must not be allowed to suffer