

# The Chemawa American

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## PRINTING STAFF

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GORDON HOBUCKET	CALVIN DARNELL
LOUIS JOHN	JOHN McCUSH
HENRY DARNELL	JOHN SERVICE
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## VALUE OF ATHLETICS.

There are many people who incline toward the opinion that athletics are ruinous to a student body. Much depends upon the extent of indulgence as to whether or not the results are beneficial. Like everything else in life, athletics carried to excess will prove detrimental to the general welfare of a student body.

As athletics are carried on at Chemawa they are productive of the greatest good. Mind and body act in sympathy—this has long been a recognized fact. To excel in athletics it is necessary for the athlete to keep himself in the best possible physical condition. A good, strong, clean, healthy body affects the mind. Such a physical condition demands, and produces, a mind of vigor, keenness and cleanliness in keeping with the state of the body.

Here in Chemawa there is continuous evidence of these facts. Such a meet as was held one evening recently would convince any unprejudiced person of the truth of our assertion. The training for

the great fifty-mile race last Saturday brings out the best in our boys and inspires all with a desire for a state of perfect physical condition.

## Brevities

The band concerts on Sunday afternoons are very much enjoyed.

The flower gardens around the school building are looking very nice.

We are getting ready some sample lessons in our school room.

This issue of the American might properly be designated Chemawa's annual race issue.

We had a real weird Indian looking porch bench on the teachers' club porch, but even it has become civilized and donned a sober suit of green.

Mr. and Mrs. Smith took eleven of the girls out walking Monday evening. We all enjoyed ourselves very much, and we hope that they will take us out again in the near future.—H. H.

We have a Normal department now which we hope to make very successful. The teachers this month are Louise Murray, Belle Dillstrom, Tilly Souvenir, Katie Brewer, Calvin Darnell, Loulin Brewer, Margaret Lowry and Vernie Cliffe.

One hundred Indian tents are now erected on the camping ground at the Presbyterian Indian mission on Tutuilla, six miles southeast of Pendleton, Ore., where a great Indian revival is being held by the Umatillas. Parties of Indians from the Yakima, Nez Perce, Flathead, Blackfoot, Warm Spring and other tribes are arriving and the attendance will reach 1,000, it is believed. Ten Nez Perce ministers will preach to the assembled tribes and a ten-days' meeting will be held.—A. G.