

Indian Legend

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a hole in the roof large enough to let the smoke out, and a very small door.

The little lizard got there before them, and he and the Coyote were already roasting some of the bear's meat for dinner.

The bears could smell the meat cooking and it made them all the angrier, especially when the Coyote would taunt them by holding a piece of meat up toward the hole in the roof and ask them if they wanted a piece.

They tried to tear the house down, but the more they tore at it the larger and stronger it got, so they had to go home beaten.

Since then the lizards have always lived in the rocks as they are still afraid of the bears, and the Coyote always goes sneaking around with his head down and does everything on the sly because he was so deceitful.

The bears became so angry at the lizards that they haven't gotten over it to this day and that is why they are so cruel.

Chemawa's Bill of Fare.

(Revised)

SUNDAY

BREAKFAST—Mush, Hash, Bread, Gravy, Prune Butter, Coffee.

DINNER—Bologna Sausage, Mashed potatoes, Creamed Carrots, Bread, Gravy, Peas, Milk.

SUPPER—Baked Beans, Bread, Butter, Ginger Bread, Canned pears or prunes alternated, Tea.

MONDAY

BREAKFAST—Mush, Steamed potatoes,

Bread, Gravy, Prune sauce, Coffee.

DINNER—Vegetable soup, Roast beef with gravy, Steamed potatoes without jackets, Bread, Milk.

SUPPER—Pork and Beans, Peach sauce, Bread, Gravy, Tea.

TUESDAY

BREAKFAST—Mush, Fried potatoes, Bread, Gravy, Syrup, Coffee.

DINNER—Meat potpie, Potatoes roasted with drippings in roaster, Rutabagas mashed and seasoned with milk, Bread, Milk.

SUPPER—Steamed potatoes without jackets, Gravy or Butter, prune sauce, Bread, Tea.

WEDNESDAY

BREAKFAST—Mush, Steamed potatoes, Bread, Gravy, Prune Butter, Coffee.

DINNER—Mutton fricassée with meat or dumplings, Mashed potatoes, pickled beets, Bread, Milk.

SUPPER—Baked Beans, Creamed Carrots, Bread, Gravy, Apple sauce, Tea.

THURSDAY

BREAKFAST—Mush, Fried potatoes, Bread, Gravy, Syrup, Coffee.

DINNER—Soup, Steak with gravy, Steamed potatoes without jackets, Bread, Milk.

SUPPER—Rutabagas mashed, Parsnips, Bread, Gravy, Roly Poly, Tea.

FRIDAY

BREAKFAST—Mush, Steamed potatoes, Bread, Gravy, Prune butter, Coffee.

DINNER—Fish with milk gravy, Mashed potatoes, Pickled beets, Bread, Milk.

SUPPER—Pork and beans, Bread, Gravy, Canned prunes, Tea.

SATURDAY

BREAKFAST—Mush, Fried Potatoes, Bread, Gravy, Prune sauce, Coffee.

DINNER—Roast beef with gravy, Steamed potatoes without jackets, Parsnips, Bread, Milk.

SUPPER—Steamed potatoes without jackets, Bread, Gravy, Prune sauce, tea.