

System.

To succeed at anything without system and constant attention to details is impossible. Nothing else is so important as order and system. Organization is the secret of success. There can be no perfect organization unless every detail is provided for.

Boys and girls should be taught how to organize every detail of their personal necessaries and habits. When they are filling positions of trust and responsibility, this valuable acquirement and ability will enable them to organize their work and carry it through successfully.

The farmer, merchant, teacher or instructor who has no defined plans or prescribed course to follow drifts around, jumping here and there and accomplishing nothing, where the man or woman who fearlessly outlined their work and its every detail, and carried it out faithfully is bound to succeed no matter how large or small the undertaking.

A great many people never succeed although they almost work themselves to death. Why is it? The reason is they do not know how to organize their work and carry out its details carefully.

Why Do We Grow Humpback and Lop-Sided.

The Indians of two or three generations ago did not need to be reminded of the proper way in which to lie in bed. Some in this generation do not need advice in this particular, but the following hints from Will Carleton's Magazine, may open the eyes of others who are growing careless and may be getting bed-deformity:

Many people wonder why they are growing bowlegged, humpbacked, or knock-kneed, or lopsided, when they are so careful all day to keep in fairly correct attitudes, says the writer.

Let such examine and consider their attitudes while in bed—which time, of course,

occupies a considerable number of hours out of the twenty-four.

Some, in order to get warm quickly, hump themselves up into an old-fashioned interrogation-point, with their chins on their breasts.

Some double their knees as if they were supplicating the god morpheus to continue his ministrations to them until morning shall come.

Some prop their heads on pillows, throwing the chins against their throats in a way that would strangle them if Nature were not on hand to prompt them to gasp till they get air enough to live on.

Some clasp their hands together over the head, as if they were posing them for a sculptor or a grave stone. This has a tendency to contract and weaken the stomach.

And so on and so on.—Any one can trace errors in his somnolent postures, if he will hold his attention upon them for a while.

Lie as you would lie.—[Will Carleton's Magazine.]

We Indians may not do these things, but what we too frequently do, is to cover our heads with the bed-covers and breathe the poison over and over again that comes from our bodies. This is a worse habit than to lie in a crooked position. We need good air when we sleep, if we would be healthy.

Wanted.—To exchange some of our beautiful roses for snow-balls, and lilies with some of our Eastern friends.

It is not uncommon to see 12 to 14 freight cars standing any day on the Chemawa siding unloading building materials, school supplies etc. etc., and loading potatoes, onions, hay, etc., for shipment to Portland and San Francisco.

Louis, Daniel, and Peter John and Rebecca Charles are our latest arrivals. The AMERICAN bids them welcome and to partake of the advantages which are offered to them here in the way of a Literary and Industrial education.