

Exchanges

Some time ago we mentioned *The Whirlwind*, Albany High School, and forbore criticism, saying the printer might do better next time. He has. The holiday number of *The Whirlwind* was the neatest in typograph, and most original in design of any exchange received. And the literary material was such as to reflect credit on the young ladies who have most of the work to do.

Academia, of St. Mary's Academy, Portland, mars in a measure the pleasure of reading its pages, by the repeated use of Xmas for Christmas. The use of the abbreviation betokens an unseemly haste at least, if not positive disrespect, and especially so, coming from the publication of a church school.

The Ideal Student.

The ideal student is one who can wholly center his attention and thought upon the subject under discussion. He is the one who, when he enters the class room for mathematics, leaves all thoughts of everything else behind him and is conscious of nothing else but mathematics. Fortunate is the one who possesses this degree of concentration. How to attain this power is a vital point. The best method, probably, is to practice it continually,—entirely centering one's attention upon the subject at hand,—be it a lecture, a sermon or a conversation. Don't let the mind get into the habit of wandering. This habit is too hard to break. We all know how easy it is to find ourselves absorbed in something else when we are attending some lecture. The more we allow our minds to wander in this way, the more we are losing our power of concentration. We never can do justice to two things if we are trying to do them at once. Don't try it!—Exponent, Montana Agricultural College, Bozeman.

There are some two dozen standard "jokes" that are passed from paper to paper during the college year. To this number *The Oregon Monthly* would add this, really, true, and original funny-graph: