

METHADONE

By Walt Klamath, Outpatient Counselor

Recently I attended a Methadone Workshop. It was, at the very least, most interesting. The theory of Methadone treatment is to stabilize people that are addicted to opiates.

These people that are addicted to Heroin will have a difficult time coming down from heroin. They have terrific withdrawals. With the use of Methadone, the withdrawal symptoms are relieved. Then to continue on the use of Methadone. Methadone, too, is an addictive drug, a slight pain killer and will produce Euphoria if a large enough dose is administered. The job of the Methadone clinic, is to give enough Methadone to eliminate the withdrawal symptoms but not enough to cause euphoria.

There has been quite a bit of public controversy about the use of Methadone treatment because of abuse of the program by some clients. Some will sell the Methadone on the street because it brings a good price. But many programs are abused to some extent; this is something that is going to happen regardless of the numbers of controls on a program.

Our society judges people on their productivity, reliability and their family status. A person on Heroin is not "productive" nor any other quality that society is looking for. With the use of a Methadone maintenance program, these people can once again become productive workers and family members. Many with their initiative restored, return to community college or other education programs.

They must get their "fix" every day but many do eventually come off Methadone, too. One drawback of Methadone treatment is that it does not work for everyone, as is true of any treatment program.

Some say it is treating a drug with a drug. This is true. Drug addiction is a disease. Doctors treat heart disease with a drug, they treat diabetes with a drug. Why not treat addiction with a drug? If something will make a worthwhile, productive citizen out of an addict, use it.

There is no sure fire program for the treatment of those of us that have become addicted to chemicals. The AMA estimates that 96 out of 100 addicts will die from their addiction, one will end up in a sanitarium and three will recover.

Father Martin, a popular proponent of AA, estimates that 1 out of 36 people that come through the door of AA will recover. I do not know any figures for the other programs but these are not good figures to start with. If we can increase those numbers in any way, let's go for it!

SILETZ NEWS DEADLINE June 15, 1990

mail articles and B/W photos to:
Siletz News, P.O. Box 549,
Siletz, Oregon 97380



WINNERS*WINNERS*WINNERS



Back Row, Left to Right: Desire' Young, Christina Thompson, Adrien Nelson, Malissa Pearson, Zeb Payne. Front Row, Left to Right: Astra Windom, Hannah Feldner-Shaw, Mona Jones, Adam Trotta.

MCDONALD'S CONTEST WINNERS

Every year the Ronald McDonald house holds a statewide contest to provide artwork for their calendar.

For the past three years Mrs. Kenney's 5th grade class at Siletz School has entered the Ronald McDonald Calendar Contest. Every year over 1000 contestants enter this contest. The students draw pictures of what they like to do with their families.

In the 1989 calendar, the class had six winners out of the fifteen chosen from the State of Oregon. One of these winners was the grand prize winner. They included Jennifer Kriz, Ross Phinney, Angela Kosydar, Jim Stam, Tavie Molina and Alissa Miller.

The 1990 calendar contest winners were: Jamie Retherford, Kristy Nephew, Robert Reed, Shyla Simmons, Tracy Breon and Lisa Buisman.

This year, for the 1991 calendar, the class did exceptionally well. Nine winners out of the fifteen chosen were Siletz students. These winners were: Desire' Young, Christina Thompson, Hannah Feldner-Shaw, Adam Trotta, Zebuli Payne, Astra Windom, Adrien Nelson, Mona Jones and Melissa Pearson. Each of these students received a \$50 savings bond from First Interstate Bank and McDonalds gift certificates to treat their families.

Of the forty-five winners in the past three years, twenty-one have been chosen from Mrs. Kenney's 5th grade class!

The Ronald McDonald House is a home away from home for the families of seriously ill children.

Being a participant in this contest is an effort to help families of sick children and make a real contribution on the part of Oregon Students. The ultimate winners are the Oregon and Northwest Children whose families need and use the Ronald McDonald House in Portland.

"Congratulations to all the Winners and "Thank You" Mrs. Kenney for helping and encouraging our children!

NATIVE AMERICANS NEEDED FOR HISTORICAL PLAY

The Oregon Trail Pageant, held annually in July in Oregon City, features the historical play "Oregon Fever". Native American actors or those wanting to try acting are needed for several small parts. The general cast is all volunteer. The play runs for 17 nights; a two night opening and three weeks at five nights a week. Rehearsals are scheduled in the weeks prior to the opening.

Scenes require an adult couple or possibly family group with two children to portray a Plains group (possibly Sioux); an adult male is needed to portray a Nez Perce at the Oregon Trail crossing of the Snake River. Proper Tribal Dress is important and will be provided if necessary. Technical assistance with language and dress is also invited.

Please contact, As Soon As Possible, Pat Blem (director) at 236-9135 or Dan Stueber at 285-1323.



When we neglect
our children,
we neglect our future

For information about child neglect, write:
Northwest Indian Child Welfare Association,
c/o Regional Research Institute, P.O. Box 751,
Portland, Oregon 97207

SILETZ TRIBAL EVERGREEN

In Siletz Is Now Buying:
Fern (90cents per bunch),
Salal, Huck, Cascara, Moss,
Oregon Grape Root, and all
Herbs.

Call Frank at 444-2223

SECURITY GUARDS NEEDED!!

Security guards are needed for the Nesika Illahee Pow-Wow in Siletz on August 10, 11 & 12. If you wish to apply, please turn in a Tribal application at Confederated Tribes of Siletz Central Office in Siletz or one of the Area Offices in Springfield, Salem or Portland.