

### TRIBUTE TO THE INDIAN WOMAN

I am woman — A Native American Woman  
In the beginning from Holy Supreme Power's  
Love, life unfolded

A breath of purity and innocence  
Unto the land of beauty  
To a life of sun-daylight beauty

Among the berry ravines, the sage brushes  
On the meadow of blue bonnets  
Where the grass is green, she played  
And she hoed too in the garden plots  
The maize and squash plants

She grew into womanhood  
With hair like a raven and maize silk  
She became a mother  
She loves, she cares, she cries  
She is strong and inspirational  
She has a life in her thoughts and dreams

Man cannot have power  
He cannot be chief and leader  
Man cannot have life without woman  
Woman holds the basket of harvest

Juanita Blue Spruce  
San Juan Pueblo, NM



### MOTHER, YOUR SPIRIT LIVES IN US

You walked upon this earth, rich and fruitful with great  
quiet pride, laying clear trails and paths

The snow of the Winter.

The rain of the Summer.

Washed the earth and purified it, leaving your foot-  
prints for all to follow.

Mother, wisest of guides, best of protector, hard work-  
ing patient woman, slow to anger, always with a  
forgiving heart.

Many talents you have to offer, your desire to teach all  
who listen and care.

Let your beauty of smiling face remain with us, en-  
couraging us to go on with lifetime tasks.

Your long black hair like soft rain flows, in which a  
feather is tied, gentle breeze fluffing it.

Fragile feelings hiding in my heart quietly yearning to  
touch you and to be touched by you, Mother.

Through your perseverance our culture lives on.

We look to you to find strength, comfort, added pride  
and dignity in our racial background as well as  
recognition for our beliefs.

Let us not talk of hard times, of sad times, of separa-  
tions, of frightening devisions and wars.

These are made of time and space.

Let us speak of how it is with you now and with our  
people, of what is in your heart, in your eyes.

Those eyes shining bravely have witnessed many  
changes and endless growth.

Honest as the homeward flight of birds.

Let us understand what it is you speak without words,  
of how it was with the Old, of lasting things you  
have preserved for our people, for all creatures of  
the universe, and in all your loving gifts we often fail  
to see and say, Thank You, Mother.

Let future women be responsive to hold steadfast to all  
these traditions and cultural values.

To let them live on without fail eternally from genera-  
tion to generation.

Women of this earth you are the Great Ones, we  
praise you, we honor you, this is your deserved  
glory.

Lucy Yepa-Lowden  
Jemez Pueblo, NM

### WOODCUTTING PARTY

The Tribal Council will be holding a woodcutting party on September 12, 1987, beginning at 9:00 a.m. in Government Hill. Volunteers are needed to assist the Council in cutting, splitting, stacking and loading wood.

The wood is for elders, handicapped and tribal members in need but who are unable to get their own. Anyone in these categories is encouraged to bring their truck. Anyone able to volunteer use of their truck to transport wood, please call Tina at 444-2533 or 1-800-922-1399.

### Volunteers Needed

The Siletz Tribal Council is requesting volunteers to sit on an ad hoc Committee to discuss Honorary Membership or Adoption in the Siletz Tribe. Anyone interested in sitting on this ad hoc Committee should contact Tina Jones, Council Secretary, at 444-2533 or 1-800-922-1399 by August 30th.

To The Editor:

I just received my copy of the Siletz News. I'm glad to see Siletz has a "Just Say No" club. But I'm concerned to see that it appears to be only for children.

The club is a great idea, but I feel we should start with parents. Parents should "Just Say No" first + before they expect their children to do the same. So many parents drill into their children's heads statement by staying away from drugs and alcohol myself. I don't expect them to say "no" unless I do. Don't we owe that much to our children... What our children grow up to be is a reflection of the example set by us as parents! Do your children a favor + "Just Say No!" So they'll do the same.  
Cindy Hill  
Honolulu, Hawaii

## Schoolyard Bullying

By John Hildebrand  
Newsday

(The following article was taken from the Oregonian)

A fifth-grader in San Francisco, complaining of daily harassment by bullies, joined his mother in filing a \$351,000 lawsuit against school officials for allegedly failing to protect him. In Missouri, a seventh-grader who had endured several years' hazing by rural schoolmates suddenly drew a gun from his duffel bag, shot another boy, then killed himself.

Schoolyard bullying, though often ignored by adults, results in misery for many students and in destructive violence for an increasingly well-publicized few. Many teachers and parents still hesitate to intervene in the more routine cases of bullying, in the belief that rough-and-tumble encounters are an inevitable part of growing up. But more and more authorities on child behavior are concluding that such behavior is potentially destructive and ought to be curbed, especially in schools.

"We tend oftentimes to regard bullying as the price you pay for living in certain areas," said Ronald Stephens, executive director of the National School Safety Center, a federally funded project aimed at reducing school crime. "If you settle in New York, you almost expect to be bullied."

Stephens, a former education professor, cites the San Francisco and Missouri cases as evidence of the need to guarantee students' security against hazing.

"There are only three groups of people we require to be someplace + prisoners, mental patients and students," he said. "Prisoners and mental patients have rights. The only ones who don't are kids. A lot of times we put up with treatment of kids that we'd never tolerate for adults."

To heighten public awareness of the issue, a recent conference on the problem of bullying was held at Harvard University, under sponsorship of the School Safety Center. One highlight of the two day session was a presentation by Dan Olweus, a Scandinavian researcher who has found that characteristics of bullies and their victims do not always match public perceptions. Much of Olweus' work has been done in Norway, where the government has received international attention for its 4-year-old campaign against school bullying.

Contrary to popular belief, Olweus said, schoolchildren who are fat or who wear glasses are no more likely than classmates to be targets of bullying. Victims, he said, tend to be singled out because of traits that are psychological rather than physical: extreme passivity or sensitivity to criticism, a feeling that they are failures.

Nor are students necessarily more vulnerable in cities than elsewhere, Olweus contended. As evidence, he cited data from nearly 400 Scandinavian schools indicating that victims of bullying are found in roughly equal proportions in both urban and non-urban communities. About 10 percent of all schoolchildren are victimized, added Olweus, who is spending the current year as a visiting researcher at Stanford University.

## Children Learn What They Live

*If a child lives with criticism,  
He learns to condemn.*

*If a child lives with hostility,  
He learns to fight.*

*If a child lives with ridicule,  
He learns to be shy.*

*If a child lives with shame,  
He learns to feel guilty.*

*If a child lives with tolerance,  
He learns to be patient.*

*If a child lives with encouragement,  
He learns confidence.*

*If a child lives with praise,  
He learns to appreciate.*

*If a child lives with fairness,  
He learns justice.*

*If a child lives with security,  
He learns to have faith.*

*If a child lives with approval,  
He learns to like himself.*

*If a child lives with acceptance, and friendship,  
He learns to find love in the world.*

Dorothy Law Nolte

Conditions in Scandinavian cities, which are relatively small and homogeneous, are not entirely comparable to those in the United States. But in this country, too, there seems to be ample evidence that bullying is more than an urban problem.

New York's suburbs for example, are marred by pervasive school hazing, according to Nathaniel Floyd, another conference participant. As a school psychologist in Westchester County, Floyd said he observed widespread intimidation of students in hallways between class periods. Particularly disturbing, Floyd said, was the failure of school staff to do much in the way of stopping such behavior, even when they are assigned to hall patrols.

Disregard for young victims is not the only reason that adults ignore student aggression. Another reason, according to Olweus, is that adults often fail to understand the nature of bullies. Frequently, bullies are regarded rather sympathetically, as insecure youths driven to aggression by a sense of academic failure. But Olweus' research suggests the reverse: that children's disruptive behavior is likely to result in poor grades.

While bullies often suffer from parental neglect, that experience produces cruelty more often than anxiety.

Efforts to curb bullies are small in scale compared to recent campaigns in some other countries. Most notable is Norway, which was so jolted in 1982 by the suicides of two young hazing victims that it launched a nationwide effort to end such abuse. With advice from Olweus, booklets with practical suggestions for dealing with bullies were sent to schools throughout the country, and smaller folders were distributed to parents as well.

One approach, urged by Olweus, is for teachers to hold class meetings on the subject of bullying. Teachers, he said, should ensure that all students know that such behavior is unacceptable and will result in punishments such as isolation or loss of privileges. When hazing occurs, he added, teachers or principals should arrange meetings between bullies, victims and parents, to discuss ways of avoiding further confrontation.

The message, according to Olweus, is simply this: "We will not tolerate bullying in our school and will see to it that it comes to an end."

If your child has this problem in his/her school take this article (or send) to the school officials, the principal, the school board also. With a short letter that you will not tolerate this kind of behavior to your child anymore. Try to go through channels to get your problem resolved but if you do not get satisfaction then go to the top! This kind of behavior leaves a lasting impression with children who go through it. Our children will have enough problems growing-up without having this kind of burden added on.