



PAM THOMPSON began work on Feb. 25 as Executive Secretary at Central Office. Pam moved back to Siletz from Springfield.

Council Note!

RESOLUTION NO. 83-71
DATE APPROVED: March 5, 1983
SUBJECT: Tribal Newsletter
RESOLUTION

WHEREAS, the Siletz Tribal Council is empowered to act on behalf of the Confederated Tribes of Siletz Indians of Oregon pursuant to Article IV, Section 1 of the Tribe's Constitution approved June 13, 1979 by the Acting Deputy Commissioner of Indian Affairs; and,

WHEREAS, the Siletz Tribal Council has deemed it necessary to improve the quality of the Tribal Newsletter; now,

THEREFORE BE IT RESOLVED that the Executive Committee of the Tribal Council review and edit the newsletter before it goes to the printer.

SILETZ TRIBAL COUNCIL

MARY A. FISHER
Tribal Chairman

CERTIFICATION

This Resolution was adopted at a Special Tribal Council meeting held on March 5, 1983 at which a quorum was present, and the Resolution was adopted by a vote of 9 FOR, 0 AGAINST, and 0 ABSTAINING, the Chairman or Vice Chairman being authorized to sign the Resolution.

JOANN MILLER
Council Secretary

NEWSLETTER QUESTIONNAIRE:

- Are you willing to pay a yearly subscription to the Tribal Newsletter?
___ Yes ___ No
- What type of articles would you like to see in this Newsletter? Please attach comments:

Tribal Council would like to hear your comments on the Newsletter. Please address your comments to Tribal Council, P.O. Box 549, Siletz, OR. 97380.

GED Offered

The Siletz Area Employment Program has openings for Native Americans who are interested in obtaining a GED. Native Americans who live in Lincoln, Tillamook or Benton counties, and are interested in at-

tending GED classes or taking GED tests should contact Mary Lane at 444-2536 or 444-2563. She will discuss Program eligibility requirements and explain how our Program can assist you.

Siletz Employment Program

The Confederated Tribes of Siletz has signed a contract with the Department of Labor as a Grantee for a federal Employment Program for Fiscal Year 1983. This Program is similar in nature to the CETA Program of past years. It will include On-the-Job-Training Positions, Work Experience, and Classroom Training.

The new Program will serve eligible Native Americans in the Tribe's entire eight county service area. This year we will be able to serve you in three locations, listed below. Please contact the Employment Counselor serving your county if you need employment assistance.

MARY LANE: serving Native Americans in Tillamook, Lincoln and Benton counties.

Location:
Siletz Area Office
Siletz, Oregon 97380
Phone:
444-2536 or 444-2563

DON HUDSON: serving Native Americans in Marion, Polk and Yamhill counties.

Location:
Salem Area Office
4821 River Road North
Salem, Oregon 97303
Phone:
393-3903 or 393-3911

TAMMY BROWN: serving Native Americans in Linn and Lane counties.

Location:
317 West Broadway, Suite 14
Eugene, Oregon 97401
Phone:
484-6114

Tribal Member Employed by the BIA Forestry

Kenneth Blacketer began work as a Forestry Technician on March 21, 1983. Kennedy moved to Siletz from McMinnville. As a Forestry

Technician his job consists of timber cruising for pre-sale of timber, mapping of Tribal timber land.



JANICE METCALF, pictured; not pictured, Leon Metcalf and Arletta Ackerman.

CHR Weight Loss Tournament Ends

After 90 days of sheer torment going cold turkey on candy and goodies the team of "Leon's Ladies" won the tournament, losing a total of 44½ pounds. The winners were Leon Metcalf, Janice Metcalf and Arletta Ackerman. Nine teams of three participated in this weight loss tournament. The runner up team was the "Taco Trimmers," losing out by 4½ pounds. Team members were Elouise Case, Vernon and Marie Brown. Their team lost a total of 41½ pounds.

The winning team received a total of \$84, split three ways.

Another weight loss tournament will start April 21, 1983; entry fee is \$3 per person. This will be a short individual tournament for 70 days. The total of all entry fees will be paid to the winner June 30, just before the fourth of July.

For more information call Sharon Butler, Siletz Tribal CHR, phone 444-2514 — Siletz, Wednesday, Thursday, Friday.

Community Health Representative

By Maxine Rilatos

On February 16, 1983 — W.I.C. workshop was held at the Chemawa Service Unit with Nonie Harrison, Chemawa Nutritionist, with representatives from Salem, Dallas, Springfield, Eugene and Portland. If you know of someone who may qualify for the WIC program, please call Maxine Rilatos at 444-2514, Monday through Friday.

On March 14, 1983 — Diabetes Workshop, Toppenish, Washington. Diabetes is a condition of too much sugar in the blood and can lead to strokes, heart attacks, blindness, damaged nerves, kidney failure and, in some instances, death. In the past decade, diabetes has become a major health program for the American Indian.

Diabetes has many causes. The two main causes are obesity and heredity. Those who have a weight problem should eat less and exercise more. Foods high in fat are particularly undesirable since they are high in calories and because heart and blood vessel diseases are common in people who eat a lot of fat. Foods high in fat include fatty meats, fried foods, butter and margarine, gravies, salad oils, and cooking oils.

Smoking also increases the risk of heart attack and gangrene and therefore diabetics should not smoke.

FY 83's Annual

Policy on Timber

Use Permits

The policy of issuing free use permits to enrolled Siletz Tribal members will be continued. These products will not be sold or traded.

Tribal members are entitled to:

Fuel Wood: 5 Cords
Shake Bolts: 4 Cords
Posts: 100
Poles: 300
Christmas Trees: 1

Apply for your permit in person at the BIA Forestry office in Siletz. All products may not be available, so please check first. Non-enrolled spouse and/or dependents must be accompanied by the enrolled Siletz member when cutting or hauling.

USDA Warehouse Moves to Siletz

The U.S.D.A. warehouse moved to Art Bensell's general store building in Siletz.

The distribution dates for May are:

May 13 ... 14, Main Distributions
May 20, p.m. if needed.

All distributions are on an appointment basis. All recipients are asked to bring enough boxes to carry their commodities.

Applications for USDA are available at all Area Offices of the Confederated Tribes of Siletz, or call Donnita Burks at 444-2814.

INDIAN CHILD WELFARE PROPOSAL FUNDED

The Tribe has been notified that the proposal for a continuation of its Indian Child Welfare Program has been selected for funding by the Bureau of Indian Affairs. This is the fourth year the Tribe has been successful in competing for an ICW grant. The program will continue basically the same with the new addition of an in-home parent trainer being contracted to provide services to tribal members.

The Passing Of Tribal Members

Lester Joseph Simons, born May 1, 1903, passed away in Portland, Oregon on March 28, 1983, at the age of 79. Interment was at Paul Washington Cemetery in Siletz, March 30, 1983.

Donald George Tronson, born August 30, 1933, passed away in Portland, Oregon on April 2, 1983, at the age of 50. Interment was at Paul Washington Cemetery in Siletz.

Steven Douglas Arden, born July 8, 1954, passed away in Vancouver, Washington March 19, 1983, at the age of 28. Interment was at Vancouver, Washington, March 25, 1983.

Minnie (Arden) Hartt, born March 12, 1925, passed away in Estacada, Oregon April 17, 1983, at the age of 58. Interment was in Estacada, Oregon, April 21, 1983. The Warm Springs Tribe paid respect by holding a "Washat Indian Service" for Mrs. Hartt.