

Church directory

ASSEMBLY OF GOD

660 Jefferson
Pastor, Rev. Terrance Luttrell
Sunday School 9:45 am
Morning Worship 11 am
Youth Service 5 pm
Sunday Evening Service 6 pm
Wednesday Prayer Meeting 7:30 pm

FIRST BAPTIST CHURCH

A and Washington Streets
Pastor, Rev. John Cahill
Sunday Bible Study for all ages 9:45 am
Morning Worship Service 11 am
Evening Worship Service 7:30 pm
Prayer and Bible Study, Wednesdays 7 pm
Nursery provided, all services

VERNONIA BIBLE CHURCH

700 Adams
Sunday Schedule:
Sunday School at 9:45 am. A class for all ages.
Morning Worship Service 11 am
primary church during worship time,
kindergarten through third grade.
Junior High Bible Study at 5 pm at the church
High Schoolers Bible Study at 5 pm at the parsonage

Choir practice at 6 pm
Evening Worship Service 7 pm
Week Day Meetings:
Tuesday—Women's Bible Study at 9:45 am at the parsonage.
Babysitting at the home of Margaret Jackson.
Tuesday Evening—Bible Study at Virgil Snook's home, 7:30 pm. All are welcome.
Wednesday—Bible Study and Prayer Meeting at 7:30 pm

ST. MARY'S CATHOLIC CHURCH

960 Missouri Avenue 429-8841
Pastor, Father Jerome Schmitz
Daily Mass 8:30 am
Sunday Mass 10 am
Birkenfeld, Saturday, 7 pm
CCD Classes, Wednesday, 3:15 to 4:30 pm at Church
Thrift Shop, every Friday from 11 am to 4 pm

CHRISTIAN CHURCH

430 North Street 429-7622
Pastor, Russ Vinyard
Sunday School for all ages 9:45 am
Morning Worship Service (nursery provided) 11 am
Evening Fellowship 6 pm
Monday:
Promesse Choir 3:15 pm
Cherub Choir 4:30 pm
Pilgrim Choir 5 pm

Wednesday:
Ladies Bible Study located at Liz Serafin's home on Bridge Street at 9:30 am with babysitting available.
Adult Choir 7 pm

Monthly:
Sunday School Meeting 2nd Monday 7:30 pm
Congregational Meeting 1st Wednesday 8 pm
C.W.F. 2nd and 4th Wednesdays 1:30 pm
Fellowship Potluck 1st Wednesday 6:30 pm

EVANGELICAL CHURCH

957 State Street 429-8481 or 429-4281
Pastor, Steve Hopper
Sunday School 9:45 am
Morning Worship 11 am
Evening Service 6 pm
Wednesday Fellowship Groups 7 pm

FOURSQUARE CHURCH

850 Madison Avenue 429-1103
Mailing address: Timber Route, Box 135
Pastor, Jack Lindsley 429-7612
Elder, Vincel Kennedy 429-7963
Children's Church 11 am (babies through grade 6)
Morning Worship 11 am
Evening Worship 6 pm
Monday, High School Encounter Group 7 pm at the Fellowship Hall in the Church
Tuesday, Adult Encounter Group 7 pm at the home of Margaret Berndt, Keasy Route, Box 102

Wednesday, Praise and Prayer Service 7 pm. Nursery and pre-school class provided
Thursday, New Beginnings Encounter Group 7 pm at the Fellowship Hall in the Church. Babysitting provided.

Every 3rd Saturday morning, Men's Prayer Breakfast, 8 am

THE CHURCH OF JESUS CHRIST OF LATTER DAY SAINTS

1350 Knott Street
HOLDS ALL MEETINGS ON SUNDAY
Priesthood
Young Men and Young Women
Relief Society
and Primary all begin at 9 am
Sunday School at 10 am
Sacrament Meeting at 10:50 am with dismissal at 12
Nursery provided

Jehovah's Witness

Kindom Hall
Texas Avenue
Sunday Public Meeting 10 am
Sunday Watchtower Study 11 am

MIST BIRKENFELD CHURCH

Pastor, Eldon Shetler
Sunday School 9:45 am
Worship 11 am
Evening Services 6:30 pm at Mist
Prayer Meeting and Bible Study Tuesday 8 pm

NEHALEM VALLEY COMMUNITY CHURCH

In Jewell 755-2376
Pastor, Richard Casad
Sunday School 9:45 am
Worship Service 11 am
Evening Service 7 pm
Prayer Meeting Wednesday 7:30 pm
Ladies Study Group Thursday 10:30 am
SEVENTH-DAY ADVENTIST CHURCH
2nd and Nehalem
Pastor, Larry Boyd 429-6961
Local Elder, Martin Seibert
Community Services Leader, Phyllis Lines
Congregational Singing 9:15 am
Sabbath School Hour 9:30 am
Sabbath School Superintendent, Loretta Seibert
Bible Instructor, Claude Veal
Worship Hour 11 am
Tuesday Night Prayer Meeting 7 pm
Community Services Program Wednesday 7 pm
Visitors are warmly welcomed
EMMANUEL EPISCOPAL CHURCH
Birkenfeld, Dr. Fr. W. Bradley 738-8739
Holy Communion: 2nd & 4th Sundays 9 am
VERNONIA EPISCOPAL CONGREGATION
Ven. Lincoln P. Eng, Archdeacon, Diocese of Ore.
Phone 636-5613
Colleen O'Neil, Lucene Hansen, Lay Readers
Phone 429-2295 (eve) or 429-2355

Vernonians capture County Fair 4-H awards

CLOTHING— Skill Level I - Blue Awards: Chary Vandehey, Aricka Pilgrim.

CLOTHING— Skill Level VI - Blue Award: Becky Nice.

CROCHETING— Blue awards: Chary Vandehey.

KNITTING— Level I - Blue award: Chary Vandehey.

FOODS JUDGING CONTEST, JUNIORS— Blue awards: Jill Budge.

INDIVIDUAL PRESENTATIONS, JUNIOR— Blue awards: Chary Vandehey, Pat Schmidlin.

Red awards: Angie Crabtree, Brady Remson, Jill Budge, Aricka Pilgrim, Billie Worley, Alice Stringfield, Alyssa Skinner.

Intermediates - Blue awards: Christy Skinner, Jody Riley.

Red awards: Kathy Stringfield.

DAIRY GOATS, ALPINE: Senior Doe Kid - Red awards: Alyssa Skinner, Christy Skinner.

Yearling Doe, Red awards: Christy Skinner, Alice Stringfield.

Milking 3 & 4 year Doe, Blue awards: Alyssa Skinner, Chrity Skinner (Grand Champ).

DAIRY GOATS, Milking 3 & 4 year Doe, Blue awards: Alyssa Skinner, (Sr. Grand Champ).

Feeder Wether, Blue awards: Frank Cieloha.

DAIRY GOATS, SPECIAL CLASSES, MARKET WETHER, Red awards: Frank Cieloha, Christy Skinner.

Dam & Daughter, Blue awards: Christy Skinner, Alyssa Skinner.

Dairy Goat Herd, Blue awards: Christy Skinner, Alyssa Skinner.

BEEF SHOWMANSHIP: First Year Junior - Blue awards: Pat Schmidlin.

SHORTHORN: Summer Yearling Heifer - Blue award: Pat Schmidlin (Grand Champion).

JUNIOR FAVORITE FOODS: Blue awards: Aricka Pilgrim, Chary Vandehey.

Red awards: Jill Budge.

DAIRY CATTLE— Junior Heifer Calf - Blue awards: Jill Budge.

Senior Heifer Calf - blue award: Julie Budge (Junior Champion).

RABBIT SHOWMANSHIP: Junior - Blue awards: Brady Remsen.

Red awards: Frank Cieloha, Billy Worley, Angie Crabtree.

Intermediate - Blue awards: Troy Ceballos, Yvonne Robinson, Kathy Stringfield.

Red awards: Jody Riley.

RABBIT BREED CLASSES— Junior Buck - Red award: Kathy Stringfield.

Polish: Pre-Junior Doe - Blue award: Angie Crabtree.

Satin: Pre-Junior Buck - Blue awards: Brandy Remsen.

Crossbred: Junior Doe - Blue awards: Kathy Stringfield.

Intermediate Doe - Red awards: Kathy Stringfield.

Senior Doe - Blue awards: Brandy Remsen.

Intermediate Buck - Red awards: Kathy Stringfield.

Senior Buck - Red awards: Troy Ceballos.

OTHER BREEDS: Intermediate Doe - Blue award: Jody Riley.

Junior Buck - Blue awards: Billy Worley.

Senior Buck - Blue awards: Jody Riley.

Red award: Yvonne Robinson.

DAIRY SHOWMANSHIP — Intermediate, Blue awards: Julie Budge.

GOAT SHOWMANSHIP, Novice Jr., Red awards: Frank Cieloha.

Junior, Blue awards: Alyssa Skinner.

Red awards: Alice Stringfield.

Intermediate, Blue awards: Chisty Skinner.

Fashion Revue, Junior, Blue awards: Diane Port, Chary Vandehey.

FOOD PREPARATION I, Blue awards: Chary Vandehey.

Red awards: Jill Budge.

Dog flu still poses threat

Canine parvovirus or "dog flu" made a lot of news headlines last year. It is still with us and probably will be from now on. The virus causes severe diarrhea and vomiting in dogs. Young dogs are particularly affected. Death can result in the worst cases.

Local St. Helens veterinarians report sporadic outbreaks have been seen throughout the year. They usually follow dry weather. The fear is that there will be another major

outbreak like the one last year.

It is recommended that dogs be given a booster vaccination immediately. Vaccine supplies are ample now but could disappear rapidly if the disease really got going again. Protection given the vaccine seems to last less than one year for most dogs. Thus, re-vaccination prior to the peak disease period is crucial.

Call your veterinarian if you have any questions.

Hints to help fight inflation

The current high rate of inflation is a thorn in the side of nearly every U.S. family. As a result of double-digit inflation, wages are falling farther and farther behind the ever-increasing cost of living. The question on many consumers' minds is, "what can be done to reduce the effects of inflation?"

"The logical first step to take in bringing expenses in line with earnings is to simply spend less," says Charlotte Harter, Oregon State University Extension economic education specialist. Although curbing expenditures is not easy to do, a great deal of savings can often be achieved from simplifying your lifestyle.

Before purchasing a product, ask these questions: Do I really need it to be happy?, What could I use as a substitute?, How long will it last?, Do I really need this product?

"In recent years, many people have purchased durable goods before they needed them, believing that they were saving money by avoiding the price increase on next year's model," Harter says.

"If waiting and 'making do' another year could have saved the finance charges on borrowed money, are these consumers really saving? Bear in mind that the interest rate on loans reflect the current rate as well as future estimates of the rate of inflation."

"During periods of inflation it's a good idea to minimize cash holdings since inflation represents a decrease in the purchasing power of cash. Keep only as much money as necessary in a checking account or investigate NOW accounts and interest-bearing checking accounts. Even the six percent return of a savings account is better than nothing," notes Harter.

Raising the amount of a deductible on auto and other insurance policies could considerably decrease the cost of insurance.

"Look at anticipated returns on investments carefully and try to select those that will pay a return greater than the rate of inflation," Harter suggests. United States Savings Bonds, which pay six to eight percent interest are an example of an investment that does not compete well with inflation.

Certificates of deposit, Treasury bills and notes, money market certificates or a knowledgeable investment in the stock market could keep funds growing as fast as prices.

If possible, try to negotiate a cost of living clause in employment contracts. Unions have been very successful in getting these included, but individuals may find it more difficult.

"It's certainly worth a try since a fixed salary means that the purchasing power of the dollars earned decreases with each increase in the cost of living," she says.

"Examine retirement plans and pensions to determine if they are related to the rate of inflation," says Harter. Social Security is now indexed to increase with the cost of living and, if possible, other retirement plans should also include this feature.

Those persons hardest hit by inflation are those on fixed incomes that do not increase as prices escalate. The retirement income which seems adequate now may not even purchase the necessities of life in the future, so protect those golden years.

"Be aware of all these things when trying to cope with inflation," Harter urges. By curbing expenditures, making wise investments, adjusting insurance policies, planning wisely for retirement, and securing a cost of living clause in employment contracts, consumers can beat the inflationary spiral and maintain their quality of life.

Tree farmers honored

Do you know of anyone doing a good job in taking care of a tree farm or small woodlot? If so, please send or call in your nominations for "Tree Farmer of the Year" to the Columbia County Extension office.

This is a yearly competition, noted Extension Forester Chal Landgren, and the county winner will be selected by a group of local foresters and landowners. These county winners will then be judged statewide and

honored at a Portland Chamber of Commerce Forum luncheon.

Landgren added that weight will be given in the judging to how effectively the property is being managed, as well as how much the condition of the area has been improved.

Anyone interested in participating to call the Extension office at 397-3462 for an application form. Nominations are due by August 14.