

# Girls Scouts tour Cannon Beach

Eighteen fourth, fifth and sixth grade Girl Scouts and their three leaders went to Cannon Beach for a weekend outing March 27, 28 and 29. The girls and leaders had been working on the plans for the weekend for some time and seemed to have everything under control. Their meals were all planned and what they were going to do during the day was well taken care. Something happened their first night out though, that they had not planned on but, as well prepared Girl Scouts, they handled the emergency with the calm and wisdom that the Girl Scouts teach.

The girls were all inside, Cathy Cieloha's van when she noticed there was smoke coming from somewhere. As her girl Scout training taught her, where there is smoke there is fire. She immediately told the girls to get out of the van and to get away from the vehicle. The van was parked next to the "A" frame cabin that they had borrowed for the weekend from leader Linda Dowels good friend. The van was pretty much engulfed in flames by the time the fire

department arrived. Leader Marilyn Fennell had observed an extra gas can on the back of the van and promptly removed it averting an even bigger fire. The van unfortunately, was completely ruined but the girls were all safe and no one was hurt. There were a few things in the van that were lost including Cathy's purse. The girls took up a collection and bought her a new wallet. The "A" frame was singed a little, but suffered no real damage. The rest of the outing went as planned except for one minor incident. The girls were taking a walk along the beach and Cathy had left her jacket lying somewhere along the way, when she came back to retrieve it she found that a dog had decided to relieve itself on it. Poor Cathy, what a weekend! The girls and leaders would like to express their heartfelt thanks to the Budes for the loan of their van and Bill Crabtree for driving down with it and bringing the girls home. The weekend was a real experience for the girls and was handled with expertise by everyone involved.

## The dedication of the fire hall

by Walter C. Mathews

It was in the nineteen fifties-  
Nearly thirty years gone by,  
We thought of the fire danger  
When things were parched and dry.

So a group of men got together  
To form a fire protection board,  
And collect a sum of money-  
Whatever we could afford.

It was slow in getting started,  
Some directors moved away,  
But the records lay in the court house  
Where they are to this very day.

The fire bureau lay dormant  
For nearly twenty-six years.  
People forgot about fires  
And gradually lost their fears.

Along in the later seventies  
More people decided to roam,  
And some of them decided  
That here they would build their home.

And as more young families moved in  
They were not out for perfection,  
But realized we needed medical care,  
And also, fire protection.

A group of these young people  
Took classes on emergency cases,  
And how to administer first aid  
When it was needed at different places.

Our biggest need was an ambulance,  
A safe one, and in good condition,  
So we could transport the sick and injured  
To a hospital, and a physician.

We finally got a used one,  
And it has worked out great,  
Which proves out the old theory-  
Things come to those who wait.

Well, we got the ambulance going,  
But, my friends, that isn't all!  
We needed a place to put it-  
And, also, a fire hall.

So people got together  
And went on a hunting spree,  
To find a good location  
Where our fire hall should be.

We searched up and down the valley  
And would have like to build on a hill,  
Then the Olympic Forest donated a site  
Right close by their sawmill.

They also donated lumber  
And gravel, and that isn't all-  
They gave us a number of other things  
Needed in building a hall.

Everyone helped in this project  
In a number of different ways,  
Some donated loads of cement  
Which helped to fill our four bays.

Some delivered rock and sand  
And various other things,  
They did it out of kindness  
And not to pull some strings.

Others donated their labor  
And helped any way they could,  
Some doing carpenter work-  
Others, cleaning up scraps of wood.

We were helped by so many different folks  
That I will not try to keep tally.  
For if I did, I might leave some out,  
And my name would be "Mud" in the valley!

Now in spite of our donations and help,  
This might seem a bit funny,  
Before our hall was completed-  
We simply ran out of money.

Well, that stopped us in our tracks  
And if effected one and all,  
Because of a lack of money  
To finish our fire hall.

So some of our fireboard leaders  
Went to the county court,  
To find out the real reason  
Why our funds were cut so short.

They had some hot discussions  
And our finances remained pretty slim,  
But they called another meeting  
At Mist - to be held in the gym.

This time there was a big crowd  
Folks came from a long way  
The commissioners from St. Helens  
To hear what we had to say.

There were also state representatives,  
It was a long trip that they made,  
But they drove over the mountain  
Intent on giving us aid.

In just a very short time  
We were again in good condition,  
For we received ten thousand dollars  
From the Columbia County Commission.

This enabled us to finish our hall,  
And to achieve our long sought object  
So I want to give thanks to everyone here  
Who has helped us along with this project.

Now to come to my conclusion-  
May God bless you one and all.  
We are all happy for this dedication  
Of the Mist Birkenfeld Fire Hall.

# Vernonia High School Honor Roll 3rd Quarter

4.00  
April Durst  
Brad Gardner  
Julie Gwin  
Monica Hogan  
Karen Parrow  
Vickie Pitt  
Kathi Rinks  
Leslie Sutherlin

3.99 - 3.33

Sonia Aldrich  
Joe Barela  
Leora Battrick  
Joe Batty  
Brenda Bodenhamer  
Joe Budge  
Julie Buxton  
David Carter  
Brooke Crowston  
Gigi Curl  
Mary Denckla  
Dianne Dickey

3.99 — 3.33 (continued)  
Polli Goodman  
Lana Green  
Barbara Heath  
Heidi Heisterman  
Ken Hostetler  
Debbie Jackson  
Robert Jackson  
Dave Kleinman  
John Laughlin  
Janet Lubbes  
Becky Nice  
Kristi Reinsch  
Angie Remsen  
Heather Remsen  
Larry Rider  
Teresa Robinson  
Melody Sauer  
Ann Serby  
Jewel Shetler  
Kim Stevens  
Tracy Wilkerson  
Jane Wohlfarth  
Brenda Wuest

## Hudson Vitamin Spring Sale Naturally!



Save with Hudson's spectacular sale  
on specially selected vitamins and minerals, including every  
Hudson Ecology Natural Vitamin.

### BUY ONE, GET ONE FREE.

|                                                                                                  |                                                                                                                |                                                                                                            |
|--------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------|
| <b>Vitamin C</b><br>with Rose Hips 1000 mg.<br>Buy 1st \$6.99 Get 2nd FREE!                      | <b>Lecithin 18 grams</b><br>A natural source for B-Complex<br>... 100 capsules<br>Buy 1st \$4.59 Get 2nd FREE! | <b>Potassium</b><br>100 tablets<br>Buy 1st \$3.09 Get 2nd FREE!                                            |
| <b>Selenium</b><br>An essential mineral 50 mcg...<br>100 tablets<br>Buy 1st \$4.69 Get 2nd FREE! | <b>Hi-Po-Vites™</b><br>Our natural daily multivitamin<br>... 60 tablets<br>Buy 1st \$5.49 Get 2nd FREE!        | <b>Garlic Oil</b><br>Odorless, tasteless digestive aid<br>... 100 capsules<br>Buy 1st \$2.99 Get 2nd FREE! |
| <b>Zinc</b> 25 mg. can be drained by stress, replenish<br>Buy 1st \$2.59 Get 2nd FREE!           |                                                                                                                |                                                                                                            |

### BUY ONE, GET ONE HALF PRICE!

Save on Hudson's natural and regular vitamins, minerals and supplements.

|                                                                                   |                                                                                   |                                                                                  |
|-----------------------------------------------------------------------------------|-----------------------------------------------------------------------------------|----------------------------------------------------------------------------------|
| <b>E-KAPS</b><br>natural vitamin E 200 I.U. (100)<br>1st bottle \$6.19 2nd \$3.10 | <b>E-KAPS</b><br>natural vitamin E 400 I.U. (100)<br>1st bottle \$9.49 2nd \$4.75 | <b>Vitamin C</b><br>with Rose Hips 500 mg. (100)<br>1st bottle \$4.89 2nd \$2.45 |
|-----------------------------------------------------------------------------------|-----------------------------------------------------------------------------------|----------------------------------------------------------------------------------|

Regular plus time release vitamins at super savings!

|                                                                 |  |
|-----------------------------------------------------------------|--|
| <b>Vitamin C</b> 250 mg. Buy 1st for \$3.99 Get 2nd for \$2.00  |  |
| <b>Vitamin C</b> 500 mg. Buy 1st for \$6.59 Get 2nd for \$3.30  |  |
| Super savings on our super sizes!                               |  |
| <b>Vitamin E</b> 100 I.U. Buy 1st for \$2.89 Get 2nd for \$1.45 |  |
| <b>Vitamin E</b> 200 I.U. Buy 1st for \$3.67 Get 2nd for \$1.84 |  |
| <b>Vitamin E</b> 400 I.U. Buy 1st for \$6.37 Get 2nd for \$3.19 |  |

|                                                                                                                                                         |                                                                                                                                 |                                                                                                                                                                |
|---------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Ultra Cee™</b><br>Time Release Vitamin C<br>500 mg. 100's<br>Extended Vitamin C protection<br>in a time release tablet.<br>Buy 1st \$5.99 2nd \$3.00 | <b>Stress Formula 600</b><br>Time Release (60)<br>B and C Vitamins replenished<br>by time release.<br>Buy 1st \$6.99 2nd \$3.50 | <b>Ferospace®</b><br>Iron Time Release<br>Capsules (100)<br>Iron released slowly and safely<br>avoiding occasional stomach upset.<br>Buy 1st \$5.49 2nd \$2.75 |
|---------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------|

FREE BONUS TABLETS on Adavite®, Adavite®-M and Adavite®-Z  
Compare to Theragran at a fraction of the cost.

|                                   |                                 |
|-----------------------------------|---------------------------------|
| Adavite®-M (100 + 30 FREE) \$5.29 | Adavite® (100 + 30 FREE) \$5.09 |
| Adavite®-M (180 + 60 FREE) \$8.39 | Adavite® (180 + 60 FREE) \$8.19 |
| Adavite®-Z® (60 + 15 FREE) \$4.79 |                                 |

Available at  
**VERNONIA DRUG**

510 Bridge St., Vernonia

429-6254