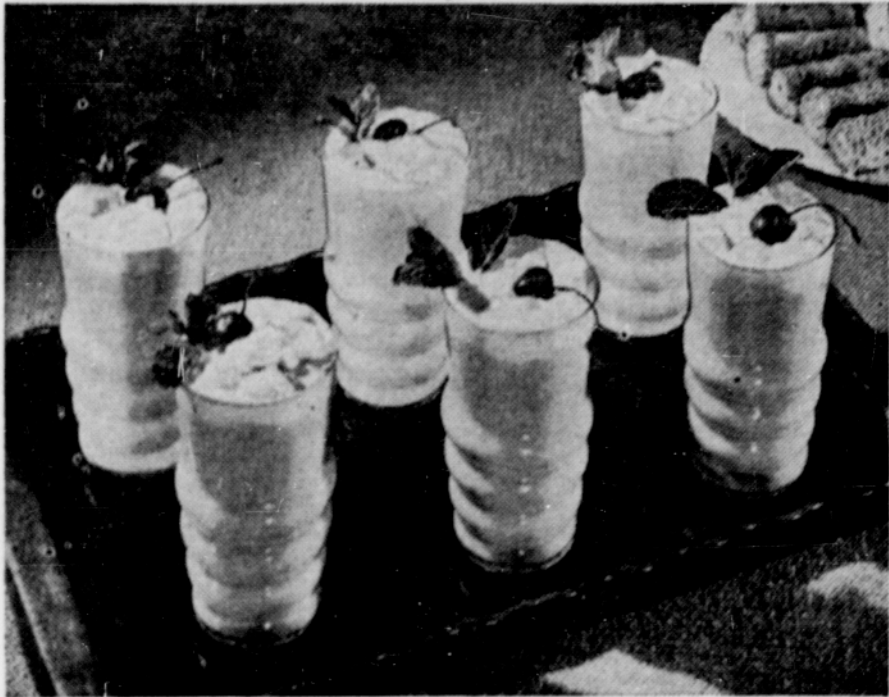


HOUSEHOLD MEMOS... by Lynn Chambers



Refresh Yourself With Chilled Drinks
(See Recipes Below)

Frosty Foods

Along about summertime, there should be a new word added to our vocabularies — cooluscious. That's right, something cool and luscious to make us forget sweltering sun, high temperature and humidity.

In this class of foods come the cool, tinkling drinks, dewey salads and frosty desserts. Even the main dish can be cool, a filling meal salad for those who want hearty foods, jelly tuna or salmon molds with icy cucumber sauce, or heaps of satisfying potato salad.

Whole meals can be made from cool foods, but it's a good idea to have something warm, even if only toasted or heated rolls so the family does not tire of them. Sometimes you'll find a cup of hot tea more cooling with cool foods than an iced drink; other times, it's just the opposite. Let your judgment guide you.

Let's begin with a round-up of cooling drinks, some plain, some partified:

Strawberry Frost.
1 pint strawberries
1 pint lemon ice
Carbonated water

Clean and crush berries. Pour into six glasses. Add lemon ice and stir until well mixed, then fill glasses with carbonated water.

***Fruited Tea.**
(Serves 8)

3 lemons
1 cup boiling water
1 cup granulated sugar
1 quart cold, strong tea
3 oranges, sliced
1/4 cup maraschino cherries
1 cup canned apricots

Squeeze juice from lemons. Cover skins with water and let stand until cool. Drain, pressing water off skins. Combine with sugar, lemon juice. Add tea, orange slices, juice drained from cherries and apricots. Chill. Chop apricots and cherries; add with ice to beverage just before serving.

Save Used Fats!

Cherry Milk Flip.
6 tablespoons canned cherry juice
2 tablespoons corn syrup
Few grains salt
1 cup milk

Lynn Says

Cool Lunch Quickies: For quick summer lunches, store sandwich fillings in tightly covered jars in refrigerator. When ready to serve, take out spread bread:

Try grated carrot with chopped celery, mayonnaise, salt and pepper.

Combine chopped green pepper with salad dressing and spread over sliced tomatoes. This is colorful, too!

Flake leftover salmon, mix with pickle relish, mayonnaise and use on rye or whole wheat bread.

Cold leftover ham loaf is good with mustard or horseradish on pumpernickel bread.

Chopped hard-boiled eggs combined with sliced stuffed olives, softened butter, salt and pepper goes best on toasted white bread.

Lynn Chambers' Point-Saving Menu

*Macaroni Salad
Buttered Asparagus
Pickled Beets
Rolls and Butter
*Strawberry Parfait
Cookies *Fruited Tea
*Recipe given.

Blend cherry juice with corn syrup. Add salt and stir in cold milk. Turn into chilled glass and top with a spoonful of whipped cream, garnish with fresh or canned cherry and a sprig of fresh mint. Yield 1 glass.

Cooling salads may be either the mainstay of the meal, accompaniment to the meat or a dessert. Recipes for each of the types are given here:

***Macaroni Salad.**
(Serves 8)

1 8-ounce package macaroni
3 tablespoons grated onion
1/4 cup chopped green pepper
1/4 cup chopped stuffed olives
1 cup chopped tart red apple
1/4 cup chopped nuts
1 tablespoon lemon juice
1 teaspoon salt
3/4 cup salad dressing

Cook macaroni in boiling salted water until tender. Drain. Rinse with hot water. Chill thoroughly. Add remaining ingredients and toss lightly. Serve in crisp lettuce cups.

Save Used Fats!

Frozen Pear Salad.
(Serves 4)

1/2 pound soft American cheese
1/2 cup top milk
1/4 cup mayonnaise
1 cup cream or evaporated milk, whipped
2 tablespoons sugar
8 halves canned pears
1/4 teaspoon salt
Watercress

Rub cheese through sieve and mix together all ingredients except pears and watercress. Arrange pears, core side down in flat dish and pour over them the cheese mixture. Allow to freeze until stiff, then unmold on watercress.

Desserts that are menu-perfect and point-easy are these:

***Strawberry Parfait.**
(Makes 1 1/2 pints)

1/2 cup sugar
1/4 cup cold water
1 egg separated
1 pint strawberries
1 cup cream or evaporated milk, whipped

Boil sugar and water until syrup forms a thread. Pour over beaten egg yolk, beating constantly. Combine stiffly beaten egg white and beat until cool. Chill, fold in berries which have been pressed through a sieve and whipped cream. Put in refrigerator tray and freeze.

Get the most from your meat! Get your meat roasting chart from Miss Lynn Chambers by writing to her in care of Western Newspaper Union, 210 South Desplaines Street, Chicago 6, Ill. Please send a stamped, self-addressed envelope for your reply.

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Jack Thought It Best Not to Bring in Shop

It was early evening when Jack and Mary were strolling arm in arm in the park. Jack noticed that she was looking rather gloomy.

"What's up, Mary?" he finally asked. "You seem out of sorts."

"I was just thinking you aren't a bit poetic," replied Mary. "You don't call me fancy names like Tom calls Joan. He says she's the apple of his eye and a perfect peach, and other such pretty things."

Jack sniffed contemptuously. "That's all very well," he said, "but you forget that Tom works in a fruit store, while I work in the fish market."

ASK ME ? ANOTHER ?

A quiz with answers offering information on various subjects

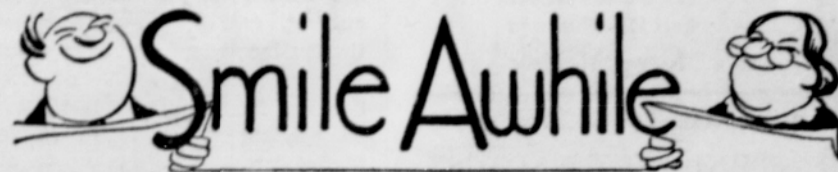
The Questions

1. Which is the longest and which the shortest coast line of the Atlantic, the Pacific and the Gulf coast lines?
2. What prominent American was born and died in the United States, yet wasn't born in any state nor did he die in any state?
3. A hexagon has six sides, an octagon has eight sides, and a paragon—?
4. What is the difference between "flout" and "flaunt"?
5. In what state was the Com-

stock lode, the greatest silver and gold mine discovered?

The Answers

1. Longest, the Atlantic; shortest, the Pacific.
2. Will Rogers was born in Indian Territory and died in Alaska.
3. A paragon is a model of excellence.
4. Flout means to treat contemptuously; flaunt means to display with ostentation.
5. The Comstock lode was discovered in Nevada.



Not Today

"Now we know that the earth is round," said the schoolmaster. "Tell me, Thomas, would it be possible for you to walk round the earth?"

"No, sir," replied Thomas. "And why not?"

"Cause," was the unexpected reply, "I twisted my ankle playing football."

Look Me Up

"Won't you give me your telephone number?" he murmured. "It's in the book," she said.

"Splendid," he sighed. "And what's your name?" "That's in the book, too," she snapped.

Sweet Slumbers

Jasper—My uncle got fired for lying.

Joan — My goodness, what about?

Jasper—About an hour too long in bed every morning.

You can always tell a true American by what he turns up when offered a defense job—it's either his sleeves or his nose.

The Low Down

Hubby — You ought to be ashamed to make me wash the dishes after working all day with a pick and shovel.

Wife—Oh, yes, shoveling in the food and picking your teeth!



Respect Mother-in-Law

The Zulus of South Africa require a man to stand at a distance when he addresses his mother-in-law.



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